

GOLD NUGGET TRIATHLON
MAY 16, 2010
ANCHORAGE, ALASKA
Official Results
Timing and Results by Up and Running Event Management

SCHOOL TEAM Results

1. Southside Triathletes
01:15:54 01:17:33 01:18:34 01:22:05 01:22:28 = 06:36:34
44 Karina Packer, 25 Sara Miller, 47 Emily Rogers, 45
Kate Backstrum, 223 Thomissa Comellas
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BUSINESS TEAM Results

1. Conocophillips
01:20:47 01:21:51 01:24:52 01:30:54 01:34:35 = 07:12:59
71 Jill McLeod, 72 Georgina Scorer, 712 Trude
Rylandsholm, 521 Mary Aschoff, 1274 Mona Bremont
2. Dames_ Organic_ Wild & Le
01:16:16 01:24:57 01:40:11 01:44:32 02:00:56 = 08:06:52
38 Allison Melocik, 1172 Lana Davis, 1163 Colleen Wilt,
1235 Kacy Hillman, 1240 Jessica Semmler
3. Pediatric Therapy Gaitors
01:22:11 01:31:32 01:39:51 01:53:32 01:59:36 = 08:26:42
144 Jennifer Armentrout, 687 Virginia McGill, 504 Tracy
Berry, 821 Maggie Ridges, 671 Carrie Gray
4. Uskh
01:33:20 01:34:52 01:44:35 01:52:58 02:04:16 = 08:50:01
1012 Cindi Pannone, 879 Kimberly Elliott, 445 Kimberley
Kaplun, 967 Annie Brace, 626 Stephanie Shanklin
5. Anthc Tri-Umpfers
01:29:28 01:34:16 01:59:15 02:14:00 02:33:21 = 09:50:20
772 Melissa Kemberling, 679 Karen Doster, 373 Caren
Barlowe, 381 Anne Lanier, 376 Janet Kelly
6. Team Scf
01:45:31 01:55:51 01:57:09 02:14:24 02:34:37 = 10:27:32
337 Becky Crawford, 344 Anna King, 330 Tess Johnson, 343
Brett Brown, 196 Natalee Kline

OPEN TEAM Results

1. Juneau Kookettes
01:17:10 01:20:32 01:22:31 01:23:11 01:27:19 = 06:50:43
406 Jamie Bursell, 85 Kim Rivera, 86 Melissa Worden,
84 Tyra Smith-Mackinnon, 88 Stephanie Walden
2. On Board To Tri
01:05:19 01:19:25 01:25:40 01:30:20 01:34:00 = 06:54:44
1 Shannon Donley, 27 Claire Norton-Cruz, 127 Betsy
Haines, 129 Rose Van Hemert, 51 Sheila Reilly
3. World Beanies
01:21:15 01:25:36 01:30:32 01:32:34 01:33:53 = 07:23:50
36 Angela Colroy, 887 Kristin Krom, 1436 Megan Jamieson,
546 Kelin Colberg, 693 Anna Harrison
4. Team Capstone
01:23:33 01:27:45 01:28:37 01:29:44 01:35:57 = 07:25:36
539 Karma Roth, 457 Renee Parsley, 410 Magan Wiggs, 735
Kristan Kelly, 1464 Kelsey Johnson
5. Permafrosties
01:27:15 01:29:20 01:33:02 01:33:20 01:33:44 = 07:36:41
1115 Tina Moronell, 526 Julie Austerman, 1321 Karen
Divelbiss, 1114 Mary Ann Chisholm, 1467 Lora Reinbold
6. Team Trionics
01:29:49 01:30:27 01:33:27 01:33:46 01:43:22 = 07:50:51
469 Marietta Hall, 905 Stacey Smith, 558 Margaret Griffin,
434 Robby Bear, 805 Jenia Jarrett
7. Akcakes
01:29:21 01:29:42 01:36:20 01:37:40 01:38:32 = 07:51:35
496 Angela Santiago, 910 Amie Wu, 383 Patricia Ruth
Atchinson, 394 Christine Cadogan, 397 Jessica Pennington
8. Delta Divas
01:20:09 01:31:57 01:43:23 01:44:53 01:46:04 = 08:06:26
22 Cindy Tuckwood, 431 Sondra Winter Winters, 570
Danielle Mason, 532 Heather Magee, 553 Ellen Clark
9. Team Shazam
01:24:21 01:36:57 01:40:08 01:41:18 01:46:30 = 08:09:14
493 Mary Krysinski, 1032 Lori Laing, 1043 Mara Lamb, 1046
Emily Longbrake, 114 Beth Baker
10. Wine Hoes
01:29:47 01:33:09 01:43:36 01:44:42 01:49:18 = 08:20:32
819 Tia Froehle, 380 Dana Debernardi, 763 Andrea Soland,
685 Deela Roe, 729 Nicole Knox
11. Valley Rookies
01:20:49 01:41:35 01:42:08 01:47:41 01:48:45 = 08:20:58
40 Lynnetta Marcellus, 922 Heidi Snavley, 718 Rachel
Kroon, 1529 Amber Finley, 815 Stacy Holohan
12. Nikiski Chicks
01:22:07 01:37:00 01:45:48 01:46:44 01:49:57 = 08:21:36
771 Lori Manion, 742 Rena Kornstad, 760 Breta Brown, 778
Rebekah Hartley, 433 Nicole Carr
13. 5 Fish +1 Tri-Ing For Fun
01:32:01 01:38:50 01:41:10 01:43:49 01:48:45 = 08:24:35
923 Andrea Tesch, 392 Diane Loopstra, 990 Heather Leba,
938 Carmen Olito, 372 Jennifer Carpenter

14. Sexy Six
01:31:19 01:37:00 01:44:14 01:46:29 01:46:49 = 08:25:51
1027 Karin Evans, 1447 Jennifer Schultz, 638 Tiffiney French,
442 Brenda Bowles, 1445 Jana Smith
15. The Chums
01:27:02 01:41:52 01:42:23 01:42:54 01:53:12 = 08:27:23
596 Tanya Iden, 595 Veronica Smith, 513 Rebecca Palsha,
1297 Lisa Demer, 311 Mary Groot Bluemink
16. Salty Girls
01:35:51 01:37:58 01:39:19 01:44:16 01:58:06 = 08:35:30
1125 Chris Lundgren, 278 Jan Barron, 1157 Riley Bennett,
1162 Gretchen Carrick, 1156 Erin Carrick
17. Naturally Amazing
01:38:53 01:41:21 01:47:05 01:47:46 01:50:41 = 08:45:46
750 Chelsie Morrison-Heath, 1187 Hannah Papa, 931 Mackenzie
Morrison-Heath, 1272 Elizabeth Matthews, 930 Allison Tyner
18. Dimond Girls
01:28:58 01:38:58 01:39:10 01:51:01 02:07:48 = 08:45:55
1208 Mira Hopkins, 1056 Gretchen Hopkins, 1107 Amanda Clayton,
1257 Kim Crocker, 1283 Leah Hopkins
19. School Of Nursing
01:23:11 01:40:21 01:53:05 01:55:09 02:06:56 = 08:58:42
1426 Holly McCune, 858 Jessie Westin, 602 Jessica Daniels,
557 Ellie Farmer, 1271 Sonja Daniels
20. Team Hockey Mom 1
01:28:09 01:45:00 01:55:35 02:00:57 02:01:14 = 09:10:55
720 Susan Casey, 572 Heather Plucinski, 335 Andrea Burnham,
827 Joellen Rochow, 495 Michelle Lekites
21. Wild Things
01:40:35 01:45:32 02:03:20 02:04:01 02:04:44 = 09:38:12
1498 Cinda Devine, 1458 Hannah Booher, 1124 Lauren Devine,
1243 Penny Booher, 1549 Heidi Booher
22. Fab 4 & Company
01:48:00 01:52:40 01:58:33 02:00:36 02:02:51 = 09:42:40
1388 Elaine Todd, 1264 Terri Woodworth, 1146 Annette Funk,
1302 Laurie Lacy, 1245 Lisa May
23. Capable Crew
01:38:56 01:58:53 02:04:59 02:09:41 02:10:52 = 10:03:21
691 Carolyn Knueppel, 70 Ann Ashley, 895 Laura Schulz,
401 Renae Sather, 68 Angela Stewart
24. Polar Dancers
01:46:11 01:56:40 02:01:09 02:07:38 02:13:41 = 10:05:19
891 Candice Snow, 1416 Jennifer Moore, 1514 Jusdi McDonald,
1092 Jane Haiar, 871 Elizabeth Hunt
25. The Girlfriends
01:45:41 01:51:13 01:59:57 02:01:48 02:41:11 = 10:19:50
448 Cassie Barsalou, 673 Tina Sellers, 73 Susan Reeves,
600 Jennifer Barsalou, 333 Madison Barsalou
26. Team Hockey Mom 2
01:34:55 01:52:43 02:01:06 02:36:38 02:36:54 = 10:42:16
1204 April Watts, 1253 Jennifer Cottle, 740 Julie Schultz,
190 Heather Johnson, 1270 Robin Johnson
27. Puma
02:00:36 02:07:33 02:08:58 02:21:47 02:40:17 = 11:19:11
353 Michelle Pitner, 262 Dana Kane, 349 Michelle Smith,
200 Jenny Lang, 181 Karen Reid