

GOLD NUGGET TRIATHLON - Official Results

16-May-10

Anchorage, Alaska

Timing and Results by Up and Running Event Management

T1 plus T2				
Place	Bib	Name	Rank	Transition Split
1	1	Shannon Donley	1	0:02:21
2	3	Amber Stull	2	0:02:22
3	9	Natasha Bergt	4	0:02:28
4	43	Chloe Miller	6	0:02:31
5	5	Larrell Lockard	7	0:02:32
6	10	Najeeby Quinn	8	0:02:32
7	8	Suzanne Wheattall	9	0:02:37
8	800	Carolyn Barry	10	0:02:42
9	15	Carrie Setian	11	0:02:45
10	28	Corrie Smith	12	0:02:46
11	2	Kikkan Randall	13	0:02:47
12	44	Karina Packer	14	0:02:49
13	1051	Kristi Senden	15	0:02:52
14	1031	Amy MacKenzie	16	0:02:53
15	75	Kim Kersten	17	0:02:54
16	365	Kari Baurick	18	0:02:54
17	23	Deana Watson	19	0:02:55
18	22	Cindy Tuckwood	20	0:02:56
19	7	Jenny Kimball	21	0:02:57
20	361	Ashley Van Hemert	22	0:02:57
21	19	Laurel Brady	23	0:02:58
22	34	Nancy Meade-Miller	24	0:03:01
23	26	Christina Lindh	25	0:03:01
24	14	Katie Ronsse	26	0:03:02
25	13	Shannon Titzel	27	0:03:05
26	69	Colleen Franks	28	0:03:07
27	25	Sara Miller	29	0:03:09
28	33	Janet Mamikunian	30	0:03:09
29	42	Kinsey Loan	31	0:03:10
30	16	Katie Povolo	32	0:03:10
31	60	Taylor Way	33	0:03:10
32	40	Lynnetta Marcellus	34	0:03:14
33	36	Angela Conroy	35	0:03:15
34	38	Allison Melocik	36	0:03:16
35	448	Cassie Barsalou	37	0:03:17
36	4	Kristi Waythomas	38	0:03:17
37	18	Danelle Vanholstyn	39	0:03:18
38	39	Joleen Smith	40	0:03:19
39	439	Audrey Paule	41	0:03:19
40	20	Lise Falskow	42	0:03:19
41	21	Erin Beam	43	0:03:21
42	1444	Jordan Iverson	44	0:03:22
43	31	Nichole Rehm	45	0:03:22
44	1278	Jill Simek	46	0:03:24
45	993	Anne Barnett	47	0:03:24
46	35	Kelly Van Hoek	48	0:03:25
47	1048	Julie McCormick	49	0:03:25
48	72	Georgina Scorer	50	0:03:25
49	71	Jill McLeod	51	0:03:25
50	49	Rachelle Kanady	52	0:03:28

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T1 plus T2				
Place	Bib	Name	Rank	Transition Split
51	1064	Jessie Donahue	53	0:03:28
52	104	Laura Eakes	54	0:03:28
53	1300	Bonnie Wanat	55	0:03:28
54	46	Annie Liotta	56	0:03:28
55	1424	Kelly Ford	57	0:03:28
56	30	Lauren Spinelli	58	0:03:30
57	45	Kate Backstrum	59	0:03:30
58	37	Elizabeth Walker	60	0:03:30
59	1006	Angela Sorrentino	61	0:03:31
60	1197	Jeri Stenberg	62	0:03:31
61	50	Jamie Evans	63	0:03:32
62	82	Stacy Dayley	64	0:03:32
63	1172	Lana Davis	65	0:03:32
64	617	Suanne Unger	66	0:03:34
65	6	Danelle Winn	67	0:03:34
66	172	Lindsey Viltrakis	68	0:03:35
67	32	Katy Rosane	69	0:03:36
68	1364	Sarah Dauth	70	0:03:36
69	1255	Cory Lehl	71	0:03:37
70	892	Tarrin Reed	72	0:03:37
71	885	Sissy Adams	73	0:03:38
72	944	Heidi Beer	74	0:03:38
73	41	Kristi Shea	75	0:03:39
74	27	Claire Norton-Cruz	76	0:03:39
75	524	Patti Phillips	77	0:03:40
76	47	Emily Rogers	78	0:03:40
77	658	Wendy Pallozzi	79	0:03:41
78	709	Amy Adams	80	0:03:41
79	1178	Amy Erickson	81	0:03:41
80	768	Ena Burr	82	0:03:42
81	1124	Lauren Devine	83	0:03:42
82	77	Elizabeth Hooper	84	0:03:42
83	735	Kristan Kelly	85	0:03:44
84	684	Tina McMaster-Goerin	86	0:03:44
85	29	Sarah Hunter	87	0:03:44
86	634	Janet Smalley	88	0:03:45
87	407	Mykaela McMullen	89	0:03:45
88	449	Kari Konrath- Bera	90	0:03:45
89	218	Sara Falcone	91	0:03:46
90	1004	Bethanne Clary	92	0:03:46
91	406	Jamie Bursell	93	0:03:46
92	460	Heather Williams	94	0:03:47
93	392	Diane Loopstra	95	0:03:47
94	86	Melissa Worden	96	0:03:49
95	712	Trude Rylandsholm	97	0:03:49
96	1426	Holly McCune	98	0:03:50
97	771	Lori Manion	99	0:03:50
98	1320	Julie Vogler	100	0:03:50
99	539	Karma Roth	101	0:03:51
100	129	Rose Van Hemert	102	0:03:52

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T1 plus T2

Place	Bib	Name	Rank	Transition Split
101	979	Patti Liotta	103	0:03:52
102	123	Christina Waters	104	0:03:53
103	1362	Cindy Cooper	105	0:03:54
104	84	Tyra Smith-Mackinnon	106	0:03:54
105	698	Brook Evingson	107	0:03:55
106	1134	Liz Briggs	108	0:03:55
107	1311	Kirsten Olson	109	0:03:56
108	1508	Jamie Shearer	110	0:03:56
109	106	Mireya De La Pena	111	0:03:56
110	560	Erica White	112	0:03:56
111	102	Dawn Dinwoodie	113	0:03:57
112	558	Margaret Griffin	114	0:03:58
113	839	Jennifer Hillman	115	0:03:58
114	1440	Kristin Wilkinson	116	0:03:58
115	1128	Carla Beam	117	0:03:59
116	223	Thomissa Comellas	118	0:04:00
117	1215	Kelly Kelley	119	0:04:00
118	550	Alex Okeson	120	0:04:00
119	1108	Rachel McCartan	121	0:04:00
120	1169	Maureen Haggblom	122	0:04:00
121	211	Laura Crews	123	0:04:02
122	1299	Paula Davies	124	0:04:02
123	24	Jennifer Henderson	125	0:04:03
124	458	Missy Anderson	126	0:04:03
125	216	Allison Ross	127	0:04:03
126	597	Kelsey Young	128	0:04:03
127	817	Cathy Janigo	129	0:04:04
128	95	Lisa Johnston	130	0:04:04
129	1198	Sarah Callaway	131	0:04:04
130	323	Karli Arntz	132	0:04:05
131	531	Sherri Roberds	133	0:04:05
132	1244	Jaime Locke	134	0:04:07
133	1013	Elaine Flagg	135	0:04:07
134	772	Melissa Kemberling	136	0:04:07
135	99	Janine Johnson	137	0:04:07
136	474	Lauren Bradley	138	0:04:08
137	212	Petra Davis	139	0:04:08
138	588	Karen Bronga	140	0:04:08
139	1321	Karen Divelbiss	141	0:04:09
140	1318	Kim Ward	142	0:04:09
141	1305	Jill Blackstone	143	0:04:10
142	220	Mackenzie Wonders	144	0:04:11
143	144	Jennifer Armentrout	145	0:04:11
144	88	Stephanie Walden	146	0:04:12
145	219	Lauren Hess	147	0:04:12
146	1460	Bethany Ray	148	0:04:13
147	761	Jodi McLaughlin	149	0:04:13
148	1281	Bonnie Dearnoun	150	0:04:13
149	1500	Lori Froehle	151	0:04:14
150	85	Kim Rivera	152	0:04:14

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Place	Bib	Name	Rank	Transition Split
151	693	Anna Harrison	153	0:04:15
152	48	Susie Holway	154	0:04:15
153	483	Elizabeth Calabro	155	0:04:15
154	127	Betsy Haines	156	0:04:16
155	66	Andria Hayes	157	0:04:16
156	846	Carleen Ulbrich	158	0:04:16
157	1326	Julie Osgood	159	0:04:17
158	1224	Durelle Smith	160	0:04:17
159	1490	Marian Frost	161	0:04:17
160	206	Tsaina Mahlen	162	0:04:17
161	462	Chloe Cook	163	0:04:18
162	205	Gabrielle Markel	164	0:04:18
163	1336	Ronda Lund	165	0:04:18
164	836	Tana Stone	166	0:04:18
165	213	Rachel Irons	167	0:04:19
166	207	Amanda Rasmussen	168	0:04:19
167	222	Tristan Ramey	169	0:04:21
168	1550	Lilly Harris	170	0:04:21
169	493	Mary Krysinski	171	0:04:21
170	1015	Jan Chard	172	0:04:22
171	715	Bronwyn Haynes	173	0:04:22
172	863	Kelly Smith	174	0:04:22
173	1116	Celeste Hamre	175	0:04:22
174	388	Julie Wrigley	176	0:04:22
175	1360	Tricia Perkins	177	0:04:23
176	879	Kimberly Elliott	178	0:04:23
177	788	Harriet Paule	179	0:04:24
178	1014	Katee Chard	180	0:04:24
179	1093	Hannah Iverson	181	0:04:25
180	80	Stacey Kolstad	182	0:04:26
181	500	Eeva Latosuo	183	0:04:26
182	809	Nancy Wingate	184	0:04:26
183	598	Jennifer Mahlen	185	0:04:27
184	1464	Kelsey Johnson	186	0:04:27
185	923	Andrea Tesch	187	0:04:28
186	1236	Marion Woods	188	0:04:28
187	1410	Jane Tuomi	189	0:04:29
188	469	Marietta Hall	190	0:04:30
189	592	Sarah Badten	191	0:04:30
190	1211	Carla Vizzerra	192	0:04:30
191	1083	Casey King	193	0:04:30
192	540	Judy Woodland	194	0:04:30
193	1196	Pamela Hershberger	195	0:04:31
194	137	Carrie Bjorn-Roli	196	0:04:31
195	780	Sadie Smith	197	0:04:31
196	721	Sandra Woods	198	0:04:31
197	1165	Lisa Smith	199	0:04:32
198	860	Monica McTeague	200	0:04:32
199	555	Carla Goldberg	201	0:04:33
200	971	Katrina Cain	202	0:04:33

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T1 plus T2				
Place	Bib	Name	Rank	Transition Split
201	526	Julie Austerman	203	0:04:34
202	1545	Diana Byerly	204	0:04:34
203	1391	Kwai-Fung (fi Kotter	205	0:04:34
204	501	Elisabeth Angeles	206	0:04:34
205	559	Bonnie Cudnohufsky	207	0:04:34
206	795	Sue Parry	208	0:04:36
207	856	Sara Anderholm	209	0:04:37
208	589	Annie Ronsse	210	0:04:37
209	925	Kristen Ratcliffe	211	0:04:37
210	408	Amber O'Brien	212	0:04:38
211	126	Diane Barnett	213	0:04:38
212	1258	Pamy Winders	214	0:04:38
213	250	Kathryn Roberts	215	0:04:39
214	1168	Amanda Amodemo	216	0:04:39
215	1170	Mary O'Grady	217	0:04:40
216	1132	Melanie Keddington	218	0:04:40
217	1449	Heather Donner	219	0:04:41
218	596	Tanya Iden	220	0:04:41
219	1350	Jennifer Jackson	221	0:04:41
220	1139	Jennifer Stenberg	222	0:04:41
221	405	Carey Ballard	223	0:04:41
222	51	Sheila Reilly	224	0:04:42
223	1225	Irene Jordet	225	0:04:42
224	629	Elizabeth Anderson	226	0:04:42
225	1208	Mira Hopkins	227	0:04:43
226	610	Amy Klein	228	0:04:43
227	530	Kaiya Kaltenborn	229	0:04:43
228	465	Theresa Hampton	230	0:04:44
229	221	Teagan Yutzenka	231	0:04:44
230	101	Sarah Hardin	232	0:04:44
231	457	Renee Parsley	233	0:04:44
232	427	Katie Seybert	234	0:04:44
233	517	Katie Anderson	235	0:04:44
234	489	Leah Zumwalt	236	0:04:44
235	1110	Rachel Johnson	237	0:04:45
236	997	Tara Fleming-Chatwel	238	0:04:45
237	828	Jordan Pruszenski	239	0:04:45
238	1114	Mary Ann Chisholm	240	0:04:45
239	974	Meaghan Howard	241	0:04:45
240	1547	Kimberly Bush	242	0:04:45
241	911	Megan Ritter	243	0:04:46
242	1027	Karin Evans	244	0:04:48
243	532	Heather Magee	245	0:04:48
244	1113	Hannah Xavier	246	0:04:49
245	521	Mary Aschoff	247	0:04:49
246	1330	Katie Swenson	248	0:04:49
247	805	Jenia Jarrett	249	0:04:49
248	1137	Abigail Blackstone	250	0:04:49
249	1040	Tricia Kenney	251	0:04:49
250	718	Rachel Kroon	252	0:04:50

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T1 plus T2				
Place	Bib	Name	Rank	Transition Split
251	773	Sandra Estenson	253	0:04:51
252	816	Marika Athens	254	0:04:51
253	840	Jodi Hanson	255	0:04:51
254	783	Suzanne Lafrance	256	0:04:51
255	1485	Helen Strothers	257	0:04:51
256	1159	Debbie Boots	258	0:04:52
257	1381	Emily Crittenden	259	0:04:53
258	118	Alane Hughes	260	0:04:53
259	1313	Michelle Turinsky	261	0:04:54
260	1265	Ana Jager	262	0:04:54
261	443	Colleen Newgaard	263	0:04:55
262	1297	Lisa Demer	264	0:04:56
263	497	Katherine Bowers	265	0:04:56
264	1425	Lana Metcalf	266	0:04:56
265	1540	Tawnya Ax	267	0:04:56
266	98	Keri Clark	268	0:04:56
267	1287	Anne-Marie Freudenthal	269	0:04:57
268	57	Cindy Hendel	270	0:04:58
269	476	Jennifer Schwartz	271	0:04:58
270	699	Erin Widener	272	0:04:59
271	1193	Staci Kruger	273	0:04:59
272	380	Dana Debernardi	274	0:05:00
273	1407	Alana Davis	275	0:05:00
274	100	Jennifer Ticknor	276	0:05:00
275	1292	Maggi Arend	277	0:05:00
276	1447	Jennifer Schultz	278	0:05:01
277	887	Kristin Krom	279	0:05:01
278	1035	Heidi Conway	280	0:05:01
279	56	Lani Keller	281	0:05:01
280	1045	Jenny Sheasley	282	0:05:02
281	202	Hannah Chandler	283	0:05:02
282	1409	Amber Winkel	284	0:05:02
283	548	Stephanie Lentfer	285	0:05:02
284	1181	Hannah Marx	286	0:05:02
285	1548	Kristine Keddington	287	0:05:02
286	81	Cynthia Mullis	288	0:05:02
287	1205	Sara Turner	289	0:05:03
288	1399	Alice Anderson	290	0:05:03
289	1276	Nancy Collins	291	0:05:03
290	1267	Maura Wharton	292	0:05:03
291	442	Brenda Bowles	293	0:05:03
292	1492	Mary Johannes	294	0:05:04
293	1445	Jana Smith	295	0:05:04
294	466	Emily Locke	296	0:05:05
295	105	Katrina Cooper	297	0:05:05
296	576	Dana Grubb	298	0:05:05
297	1403	Angela Harris	299	0:05:06
298	672	Nancy Kragt	300	0:05:07
299	1097	Donna Keese	301	0:05:07
300	1057	Erin Edin	302	0:05:07

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T1 plus T2

Place	Bib	Name	Rank	Transition Split
301	1079	Olivia Peterson	303	0:05:07
302	1453	Victoria Clark	304	0:05:07
303	875	Charissa Phillips	305	0:05:07
304	1125	Chris Lundgren	306	0:05:08
305	203	Jessica Haines	307	0:05:08
306	1118	Robin Iverson	308	0:05:08
307	1509	Christian McCormick	309	0:05:08
308	1510	Colleen Shendow	310	0:05:08
309	702	Katie Cyr	311	0:05:09
310	248	Naomi Whitty	312	0:05:09
311	1504	Lona Sims	313	0:05:09
312	704	Carol Cyr	314	0:05:09
313	518	Emma Westwick	315	0:05:09
314	1033	Ashley Lanier	316	0:05:09
315	363	Joy Backstrum	317	0:05:10
316	912	Heather Hoff	318	0:05:10
317	852	Anna Widman	319	0:05:10
318	1361	Deborah Ratcliffe	320	0:05:10
319	777	Jeanne Fischer	321	0:05:10
320	913	Erika Bennett	322	0:05:10
321	122	Pam Cassidy	323	0:05:11
322	473	Samantha Sloan	324	0:05:11
323	759	Faith Hewlett	325	0:05:11
324	525	Carla Williams	326	0:05:12
325	1385	Michelle Nesbett	327	0:05:12
326	604	Kathleen Redmond	328	0:05:12
327	1029	Grace Lenorman	329	0:05:12
328	1378	Haley Tatom	330	0:05:13
329	881	Lara Lockard	331	0:05:13
330	1386	Shannon Casey	332	0:05:13
331	1049	Dianne Prince	333	0:05:13
332	606	Regina Smith	334	0:05:13
333	742	Rena Kornstad	335	0:05:14
334	1544	Haylee Donovan	336	0:05:14
335	1285	Robyn McGhee	337	0:05:14
336	252	Gretchen Clark-Ross	338	0:05:14
337	959	Davianna Olert	339	0:05:14
338	854	Nancy Bishop	340	0:05:14
339	646	Jeanette Tapley	341	0:05:14
340	605	Sue Gordon	342	0:05:15
341	1115	Tina Moronell	343	0:05:15
342	1041	Ginger Cooley	344	0:05:15
343	93	Luann Piccard	345	0:05:15
344	1076	Dede Schwartz	346	0:05:16
345	570	Danielle Mason	347	0:05:16
346	1217	Rosemary Hill	348	0:05:16
347	1529	Amber Finley	349	0:05:16
348	1082	Kimberly Sledgister	350	0:05:16
349	580	Kristin Morrow	351	0:05:16
350	1439	Amber Hahn	352	0:05:16

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Place	Bib	Name	Rank	Transition Split
351	626	Stephanie Shanklin	353	0:05:16
352	485	Julie Larweth	354	0:05:17
353	682	Meg Cronin	355	0:05:17
354	612	Mary Jackson	356	0:05:17
355	209	Hailey Hosken	357	0:05:17
356	689	Karen Thomas	358	0:05:18
357	58	Paola Banchemo	359	0:05:18
358	214	Erica Conway	360	0:05:19
359	595	Veronica Smith	361	0:05:19
360	874	Kayle Blackmore	362	0:05:19
361	513	Rebecca Palsha	363	0:05:19
362	663	Tana Myrstol	364	0:05:19
363	1356	Roxanne Brandenburg	365	0:05:19
364	882	Eileen Pickett	366	0:05:19
365	649	Amy Brumbaugh	367	0:05:20
366	432	Rachel Glaister	368	0:05:20
367	826	Amy Scharpf	369	0:05:20
368	1089	Cynthia Sykes	370	0:05:21
369	631	Zoe Morris	371	0:05:21
370	1042	Crystal Miller	372	0:05:21
371	1185	Molly Hickox	373	0:05:22
372	775	Katherine Lindstrom	374	0:05:22
373	628	Whitney Froehlich	375	0:05:22
374	922	Heidi Snavley	376	0:05:23
375	638	Tiffiney French	377	0:05:23
376	1162	Gretchen Carrick	378	0:05:23
377	1037	Hannah Briggs	379	0:05:23
378	368	Isabel Mills	380	0:05:24
379	815	Stacy Holohan	381	0:05:24
380	1531	Alaina Prince	382	0:05:25
381	428	Kathy Seybert	383	0:05:25
382	935	Allison Thomas	384	0:05:25
383	537	Carmen Devore	385	0:05:25
384	1219	Janelle Roberts	386	0:05:26
385	523	Amy Sebbby	387	0:05:26
386	713	Desiree Gill	388	0:05:26
387	1431	Tayvia Wright	389	0:05:26
388	991	Kristin Dulik	390	0:05:26
389	1536	Rebecca Keddington	391	0:05:27
390	739	Brandi Ozio	392	0:05:28
391	1436	Megan Jamieson	393	0:05:28
392	292	Leslie Echols	394	0:05:28
393	1450	Erika Ammann	395	0:05:29
394	395	Emily Becker	396	0:05:29
395	394	Christine Cadogan	397	0:05:29
396	124	Susan Dietz	398	0:05:30
397	1368	Megan Olson	399	0:05:30
398	700	Janice Habermann	400	0:05:30
399	848	Sandra Marrs	401	0:05:31
400	760	Breta Brown	402	0:05:31

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T1 plus T2				
Place	Bib	Name	Rank	Transition Split
401	385	Joanna Reast	403	0:05:31
402	719	Jan Darch	404	0:05:31
403	872	Saira Bradner	405	0:05:32
404	905	Stacey Smith	406	0:05:32
405	1210	Deborah Corral	407	0:05:32
406	389	Donna Van Flein	408	0:05:32
407	995	Shaina Seidner	409	0:05:33
408	441	Therese Lewandowski	410	0:05:33
409	706	Cyndie Fox	411	0:05:33
410	1025	Marielle Volper	412	0:05:33
411	434	Robby Bear	413	0:05:34
412	114	Beth Baker	414	0:05:34
413	83	Marcia Davis	415	0:05:34
414	1496	Kate Johnson	416	0:05:35
415	1394	Katherine Moody	417	0:05:35
416	992	Temperance Tinker	418	0:05:36
417	1522	Anna Kupilik	419	0:05:36
418	1266	Teresa Blackmore	420	0:05:36
419	908	Allison Devine	421	0:05:36
420	1018	Rose Theisen	422	0:05:37
421	1150	Deann Denter	423	0:05:37
422	1274	Mona Bremont	424	0:05:38
423	1422	Kyndall Carey	425	0:05:38
424	1461	Kristy Clay	426	0:05:38
425	1470	Shea Christianson	427	0:05:38
426	1273	Jennifer Dobson	428	0:05:38
427	1107	Amanda Clayton	429	0:05:38
428	599	Tracey Wollenberg	430	0:05:38
429	339	Mary Ahumada-Holm	431	0:05:39
430	1518	Megan Carle	432	0:05:39
431	464	Angela Toci	433	0:05:39
432	1229	Sarah Jensen	434	0:05:39
433	53	Barbara Norton	435	0:05:39
434	581	Charmaine Holt	436	0:05:39
435	582	Cinnamon Williams	437	0:05:40
436	898	Tapia Hansen	438	0:05:40
437	750	Chelsie Morrison-Heath	439	0:05:41
438	92	Angela Piccard	440	0:05:41
439	1487	Michelle Richards	441	0:05:41
440	238	Lynn Gray	442	0:05:41
441	796	Kristina Swenor	443	0:05:41
442	927	Jana Linfield	444	0:05:41
443	1261	Cathy Coon	445	0:05:41
444	116	Kathy Davis	446	0:05:42
445	514	Jonel Schenk	447	0:05:42
446	562	Leah Patton	448	0:05:42
447	278	Jan Barron	449	0:05:43
448	919	Laura Brainard	450	0:05:44
449	282	Heather Brooks	451	0:05:45
450	741	Catherine Irwin	452	0:05:45

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Timing and Results by Up and Running Event Management

T1 plus T2				
Place	Bib	Name	Rank	Transition Split
451	1371	Alexandra Jernstrom	453	0:05:45
452	379	Nina Menghini	454	0:05:45
453	409	Kendra Paskvan	455	0:05:45
454	620	Susan Bury	456	0:05:45
455	139	Janet Thibert	457	0:05:46
456	584	Debbi Heinen	458	0:05:46
457	198	Margaret Petersen	459	0:05:46
458	1517	Misty Campbell	460	0:05:46
459	683	Heather Hogge	461	0:05:46
460	1458	Hannah Booher	462	0:05:47
461	490	Kendra Anyan	463	0:05:47
462	1524	Janelle Williams	464	0:05:47
463	696	Volanni Munro	465	0:05:47
464	504	Tracy Berry	466	0:05:47
465	438	Echo McDonald	467	0:05:47
466	107	Barbara Wong	468	0:05:47
467	850	Leah Besh	469	0:05:47
468	382	Carolynn Greene	470	0:05:48
469	1507	Annette Alward	471	0:05:48
470	472	Kari Wiederkehr	472	0:05:48
471	370	Shannon King Hamlett	473	0:05:48
472	61	Kory Keller	474	0:05:49
473	1448	Jeannie Sato	475	0:05:49
474	1026	Makenna Okeson	476	0:05:49
475	799	Madeleine Oakley	477	0:05:49
476	76	Chasity Huddleston	478	0:05:49
477	1396	Jocelyn Waggoner	479	0:05:49
478	1467	Lora Reinbold	480	0:05:49
479	819	Tia Froehle	481	0:05:51
480	770	Tara Degeorge	482	0:05:51
481	732	Jennifer Flanagan	483	0:05:51
482	988	Susan Lewis	484	0:05:51
483	1488	Ashley Stramp	485	0:05:51
484	918	Janet Morrone	486	0:05:53
485	1327	Dawn Medema	487	0:05:53
486	1070	Chelsea Ryan	488	0:05:53
487	1451	Jennifer Correnti	489	0:05:53
488	933	Charla Lee	490	0:05:53
489	1493	Charlotte Stender	491	0:05:54
490	1420	Jennifer Slaughter	492	0:05:54
491	1065	Leslie Jones	493	0:05:54
492	1335	Julie Perry	494	0:05:54
493	353	Michelle Pitner	495	0:05:54
494	1406	Cecelia Maher	496	0:05:54
495	1541	Sierra Motsinger	497	0:05:54
496	793	Amy Brassard	498	0:05:55
497	1323	Alyssa Bash	499	0:05:55
498	859	Rebecca Cuniberti	500	0:05:55
499	215	Sonja Rosmanith	501	0:05:56
500	669	Kimberly Mancuso	502	0:05:56

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T1 plus T2				
Place	Bib	Name	Rank	Transition Split
501	920	Mary Shreves	503	0:05:56
502	600	Jennifer Barsalou	504	0:05:56
503	858	Jessie Westin	505	0:05:56
504	1367	Brenda Johanson	506	0:05:57
505	1282	Heather Riley	507	0:05:57
506	145	Laurel Stutzer	508	0:05:58
507	864	Liane Nagata	509	0:05:58
508	367	Veronica Pope	510	0:05:59
509	751	Brooke Degnan	511	0:05:59
510	571	Andrea Dittrich	512	0:05:59
511	692	Nicole Stopa	513	0:05:59
512	556	Ina Cloud	514	0:06:00
513	1279	Angie Brennan	515	0:06:00
514	533	Katherine Henk	516	0:06:00
515	1302	Laurie Lacy	517	0:06:00
516	870	Kristen Keifer	518	0:06:00
517	766	Jessica Spuhler-Popiel	519	0:06:00
518	677	China Stone	520	0:06:01
519	557	Ellie Farmer	521	0:06:01
520	1226	Katie Sechrist	522	0:06:02
521	1286	Emily Rhodes	523	0:06:02
522	915	Dianna Clemetson	524	0:06:02
523	54	Trudy Keller	525	0:06:02
524	1423	Emily Jensen	526	0:06:02
525	1459	Ariel Olson	527	0:06:03
526	945	Alicia Clemetson	528	0:06:03
527	1433	Renee Millard	529	0:06:03
528	1344	Catherine Goolsby	530	0:06:03
529	1020	Teanna Hehlin	531	0:06:04
530	1400	Kristi Neptun	532	0:06:04
531	763	Andrea Soland	533	0:06:04
532	317	Stacy Carpenter	534	0:06:05
533	522	Lori Paajanen	535	0:06:05
534	181	Karen Reid	536	0:06:05
535	909	Cynthia Franzen	537	0:06:05
536	1462	Anissa Riley	538	0:06:05
537	743	Kelsey Ratcliffe	539	0:06:06
538	1192	Aimee Moss-Agnew	540	0:06:06
539	806	Nancy Murphy	541	0:06:06
540	1087	Cherie Jernstrom	542	0:06:06
541	1220	Sharon Bohjanen	543	0:06:06
542	904	Kirsten Patrick	544	0:06:06
543	1513	Meghan Johnson	545	0:06:07
544	1438	Aleshia Quennell	546	0:06:07
545	1221	Pamela Okeson	547	0:06:07
546	964	Ronda Aspengren	548	0:06:07
547	978	Jennifer Estabrook	549	0:06:07
548	984	Megan Young	550	0:06:07
549	578	Anne Sheehy	551	0:06:07
550	239	Valerie Maeker	552	0:06:07

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Timing and Results by Up and Running Event Management

T1 plus T2				
Place	Bib	Name	Rank	Transition Split
551	138	Patricia Geitz	553	0:06:08
552	229	Katie Straley	554	0:06:08
553	1163	Colleen Wilt	555	0:06:08
554	1253	Jennifer Cottle	556	0:06:08
555	349	Michelle Smith	557	0:06:08
556	865	Clair Degeorge	558	0:06:09
557	752	Meagan Bauer	559	0:06:09
558	117	Carol Waters	560	0:06:10
559	553	Ellen Clark	561	0:06:10
560	1202	Traci Bradford	562	0:06:10
561	286	Justine Sanders	563	0:06:10
562	520	Marisa Vandyke	564	0:06:10
563	1077	Lena Lawhead	565	0:06:11
564	1145	Casey Randall	566	0:06:11
565	1479	Sarah Harris	567	0:06:11
566	1351	Paige Tribou	568	0:06:11
567	519	Kathleen Buss	569	0:06:12
568	1277	Elizabeth Miller	570	0:06:12
569	65	Elizabeth Babaian-Kibala	571	0:06:12
570	546	Kelin Colberg	572	0:06:13
571	729	Nicole Knox	573	0:06:14
572	1304	Jennifer Comeau	574	0:06:14
573	681	Patti Brassard	575	0:06:14
574	1397	Amanda Morell	576	0:06:15
575	279	Samantha Roscovius	577	0:06:15
576	1468	Nicole Kelpé	578	0:06:15
577	1398	Adrienne McVey	579	0:06:15
578	55	Lia Keller	580	0:06:15
579	960	Cheryl Keegan	581	0:06:16
580	1332	Whitney Harness	582	0:06:16
581	1497	Sarah Wiles	583	0:06:16
582	1175	Maya Carle	584	0:06:17
583	1264	Terri Woodworth	585	0:06:17
584	1465	Tina Oswald	586	0:06:17
585	1235	Kacy Hillman	587	0:06:17
586	733	Michelle Spillane	588	0:06:17
587	1370	Anita Johnson	589	0:06:17
588	543	Bridget Brown	590	0:06:17
589	866	Beth Balen	591	0:06:18
590	1056	Gretchen Hopkins	592	0:06:18
591	486	Dana Aasland	593	0:06:19
592	744	Yeghsa Vartanian	594	0:06:19
593	1005	Heather Wilson	595	0:06:19
594	1537	Lindsay Hall	596	0:06:19
595	894	Margaret Blabey	597	0:06:19
596	1463	Grace Schmidt	598	0:06:19
597	281	Mary Carol Miller	599	0:06:20
598	686	Emily Brassard	600	0:06:20
599	423	Jennifer Morris	601	0:06:20
600	110	Jayne Wilson	602	0:06:20

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T1 plus T2

Place	Bib	Name	Rank	Transition Split
601	1254	Aviva Hirsch	603	0:06:20
602	1512	Jennie Perry	604	0:06:21
603	125	Diane Mohwinkel	605	0:06:21
604	204	Angeline Ebnet	606	0:06:21
605	834	Anne Burr	607	0:06:21
606	67	Jamey Hooper	608	0:06:22
607	611	Heather Jensen	609	0:06:22
608	410	Magan Wiggs	610	0:06:22
609	910	Amie Wu	611	0:06:22
610	1301	Paula York	612	0:06:22
611	1103	Jeanne Hickman	613	0:06:23
612	261	Dakota Volkman	614	0:06:23
613	1355	Nerissa Dumayas	615	0:06:23
614	1259	Brittany McCormick	616	0:06:23
615	335	Andrea Burnham	617	0:06:24
616	1141	Theresa Westerlund	618	0:06:24
617	687	Virginia McGill	619	0:06:25
618	886	Ellen Holt	620	0:06:25
619	1283	Leah Hopkins	621	0:06:25
620	1034	Kristen Newcomer	622	0:06:25
621	422	Krysten Ginocchio	623	0:06:26
622	297	Stacie Wilson	624	0:06:26
623	1147	Katherine Dingman	625	0:06:27
624	621	Helena Wierzbicki	626	0:06:27
625	648	Jessica Badgley	627	0:06:28
626	416	Lisa Anderson	628	0:06:29
627	450	Maggie Stang	629	0:06:29
628	109	Elizabeth Senaga	630	0:06:29
629	1164	Linda Leary	631	0:06:29
630	650	Jacquelyn Rother	632	0:06:29
631	1050	Rachel Hopkins	633	0:06:29
632	572	Heather Plucinski	634	0:06:31
633	1203	Alicia Marvin	635	0:06:31
634	661	Stephanie Lyken	636	0:06:31
635	618	Kendal Williams	637	0:06:31
636	63	Susan Fison	638	0:06:31
637	1482	Dawn Gardner	639	0:06:31
638	902	Jessica Ham	640	0:06:31
639	754	Laurie Sammons	641	0:06:32
640	225	Jennifer Ostendorf	642	0:06:32
641	459	Jennifer Morley	643	0:06:32
642	577	Jennifer Bostick	644	0:06:32
643	541	Fauna Hancock	645	0:06:32
644	1119	Kimberly Buskirk	646	0:06:33
645	1387	Laura Dana	647	0:06:33
646	1207	Kelly Turnage	648	0:06:33
647	1012	Cindi Pannone	649	0:06:34
648	396	Leah Mullenbach	650	0:06:34
649	906	Ruth Paterson	651	0:06:35
650	1095	Stephanie Berglund	652	0:06:35

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Timing and Results by Up and Running Event Management

T1 plus T2				
Place	Bib	Name	Rank	Transition Split
651	1017	Elaine Hulse	653	0:06:35
652	720	Susan Casey	654	0:06:35
653	165	Tiphani Engman	655	0:06:35
654	1520	Melisa Wharton	656	0:06:35
655	623	Colleen Libbey	657	0:06:36
656	512	Gina Pollard	658	0:06:36
657	690	Gianna Thornton	659	0:06:36
658	1442	Lisa Weimer	660	0:06:36
659	1016	Danielle Grubb	661	0:06:36
660	867	Kate McGrain	662	0:06:37
661	1446	Glenda Denny	663	0:06:37
662	821	Maggie Ridges	664	0:06:37
663	551	Rebecca Gerik	665	0:06:37
664	950	Amy Haley	666	0:06:37
665	293	Heather Fuller	667	0:06:38
666	413	Melinda Wilhelm	668	0:06:38
667	670	Jean Adamson	669	0:06:38
668	96	Skye McRoberts	670	0:06:39
669	1498	Cinda Devine	671	0:06:39
670	426	Fiona Peichel	672	0:06:39
671	275	Marcelina Williams	673	0:06:39
672	1230	Rachel Faria	674	0:06:39
673	338	Nancy Gehm	675	0:06:41
674	876	Sara Jokela	676	0:06:41
675	989	Jessica Norton	677	0:06:41
676	454	Mary Fischer	678	0:06:42
677	1021	Jamie Saleh	679	0:06:42
678	1314	Elizabeth Brennan	680	0:06:43
679	747	Sarah Martin	681	0:06:43
680	230	Amy Stone	682	0:06:43
681	398	Cara Dixon	683	0:06:43
682	728	Jane Lanford	684	0:06:44
683	232	Jennifer Aklestad	685	0:06:44
684	594	Kristine Burton	686	0:06:44
685	542	Janet Platt	687	0:06:45
686	429	Ann Lovejoy	688	0:06:45
687	1218	Jenna Gruenstein	689	0:06:45
688	1121	Katherine O'Grady	690	0:06:46
689	955	Alyson Thorne	691	0:06:46
690	1413	Jody Stahl	692	0:06:46
691	503	Melanie Dittrich	693	0:06:46
692	662	Michelle Keegan	694	0:06:47
693	119	Stephanie Trombley	695	0:06:47
694	1315	Lindsey Hovden	696	0:06:47
695	360	Rikki Keen	697	0:06:47
696	1063	Nadia Johnson	698	0:06:48
697	1228	Lauri Lingafelt	699	0:06:48
698	1543	Ann Jennings	700	0:06:48
699	1184	Alea Kappel	701	0:06:49
700	134	Cynthia Decker	702	0:06:49

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T1 plus T2				
Place	Bib	Name	Rank	Transition Split
701	445	Kimberley Kaplun	703	0:06:49
702	587	Kelsey Tranel	704	0:06:49
703	249	Regan Duhadway	705	0:06:49
704	803	Maria McLaughlin	706	0:06:49
705	478	Betsy Paskvan	707	0:06:50
706	178	Miranda Burzinski	708	0:06:50
707	980	Catherine Steele	709	0:06:50
708	928	Rebecca Hoshaw	710	0:06:51
709	1098	Kenya Pace	711	0:06:51
710	1474	Shannon Foster	712	0:06:51
711	74	Micaela Jones	713	0:06:51
712	128	Margorie Keene	714	0:06:52
713	990	Heather Leba	715	0:06:53
714	667	Rachel Andeer	716	0:06:53
715	1043	Mara Lamb	717	0:06:54
716	1129	Anna Cha	718	0:06:54
717	545	Sara Lundemo	719	0:06:54
718	1484	Christin Hubble	720	0:06:54
719	1329	Christine Carsten	721	0:06:54
720	880	Cara Bethe	722	0:06:54
721	940	Susan Ratcliffe	723	0:06:55
722	1054	Erin Shaw	724	0:06:55
723	1341	Karen Heath	725	0:06:55
724	1001	Karen Simmons	726	0:06:55
725	91	Idamarie Piccard	727	0:06:55
726	274	Karen Rhoades	728	0:06:55
727	1000	Mary Burr	729	0:06:55
728	1136	Sophie Wenzel	730	0:06:55
729	691	Carolyn Knueppel	731	0:06:56
730	1414	Madeleine Boutet	732	0:06:56
731	291	Genista James	733	0:06:56
732	1495	Cheryl Milline	734	0:06:57
733	708	Nelda Dodge	735	0:06:57
734	994	Maryjane Hadaway	736	0:06:58
735	421	Millie Spezialy	737	0:06:58
736	444	Joey Eski	738	0:06:58
737	94	Kelly Grawunder	739	0:06:58
738	1213	Sarah Rud	740	0:06:59
739	1377	Tanya Weaver	741	0:06:59
740	1272	Elizabeth Matthews	742	0:06:59
741	1443	Melissa Peterson	743	0:07:00
742	1365	Dawn Paulson	744	0:07:00
743	665	Selena Moore	745	0:07:00
744	510	Dona Endsley	746	0:07:01
745	812	Paxson Lowther	747	0:07:02
746	1295	Brandi White	748	0:07:02
747	1058	Christie Cowee	749	0:07:02
748	1432	Valerie Rettmann	750	0:07:03
749	637	Angela Powell	751	0:07:03
750	1290	Victoria Thorson	752	0:07:03

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T1 plus T2				
Place	Bib	Name	Rank	Transition Split
751	1415	Ashley Rousson	753	0:07:03
752	327	Amber Pell	754	0:07:03
753	1532	Amanda Pugh	755	0:07:03
754	972	Denali Blackmore	756	0:07:03
755	1324	Lee Anne Hellesto	757	0:07:04
756	837	Leha Manderson	758	0:07:04
757	1549	Heidi Booher	759	0:07:04
758	1430	Anne Blount	760	0:07:05
759	900	Desiree Dietz	761	0:07:05
760	1457	Grace Harris	762	0:07:06
761	1373	Breanne Bash	763	0:07:06
762	827	Joellen Rochow	764	0:07:06
763	1348	Janelle Abad	765	0:07:07
764	938	Carmen Olito	766	0:07:07
765	496	Angela Santiago	767	0:07:08
766	1514	Jusdi McDonald	768	0:07:08
767	963	Linda Westwick	769	0:07:08
768	1086	Summer Ashcraft	770	0:07:08
769	59	Mary Barkley	771	0:07:09
770	849	Jane Nelson	772	0:07:09
771	705	Marisa Glieco	773	0:07:09
772	679	Karen Doster	774	0:07:09
773	1102	Leah Doster	775	0:07:09
774	1263	Erin Schumacher	776	0:07:11
775	265	Susan Baker	777	0:07:11
776	1044	Mary Herrick	778	0:07:12
777	342	Jessica Jennings	779	0:07:12
778	1204	April Watts	780	0:07:12
779	738	Tiffany Thomas	781	0:07:13
780	758	Kathleen Adams	782	0:07:13
781	1038	Riann Anderson	783	0:07:13
782	90	Christine Keene	784	0:07:14
783	1222	Jennifer Adler	785	0:07:14
784	636	Maureen O'Keefe	786	0:07:14
785	378	Lora Jorgensen	787	0:07:14
786	502	Ilana Kerschbaum	788	0:07:15
787	310	Judith Williamson	789	0:07:15
788	1395	Rebekah Jensen	790	0:07:16
789	810	Valarie Coscia	791	0:07:16
790	871	Elizabeth Hunt	792	0:07:16
791	1094	Emily Fette	793	0:07:17
792	566	Michelle Thomas	794	0:07:17
793	300	Linda Edwards	795	0:07:17
794	1084	Celia Rozen	796	0:07:18
795	823	Angelica Marriott	797	0:07:18
796	1061	Deborah Knox	798	0:07:18
797	862	Stephanie Spezialy	799	0:07:19
798	1322	Jennifer Ballinger	800	0:07:20
799	1429	Gretchen Dana	801	0:07:20
800	977	Sarah Smith	802	0:07:20

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Timing and Results by Up and Running Event Management

T1 plus T2				
Place	Bib	Name	Rank	Transition Split
801	1234	Alice Hurn	803	0:07:21
802	1002	Sara Ratana	804	0:07:21
803	878	Teri Wooten	805	0:07:21
804	373	Caren Barlowe	806	0:07:22
805	891	Candice Snow	807	0:07:22
806	753	Kim Madden	808	0:07:23
807	73	Susan Reeves	809	0:07:23
808	1109	Vanesa Breshock	810	0:07:24
809	455	Stephanie Schroeder	811	0:07:24
810	1233	Jane Garrard	812	0:07:24
811	271	Amanda Williams	813	0:07:24
812	498	Valerie McKenney	814	0:07:24
813	397	Jessica Pennington	815	0:07:25
814	183	Kate Crowley	816	0:07:25
815	197	Mary Sliwinski	817	0:07:26
816	311	Mary Groot Bluemink	818	0:07:26
817	1154	Kimberly Chaitoff	819	0:07:26
818	1291	Katie Bozone	820	0:07:27
819	1411	Val Jokela	821	0:07:27
820	1068	Brenda Knorr	822	0:07:28
821	1526	Christina Holmgren	823	0:07:29
822	208	Avery Underwood	824	0:07:29
823	651	Jane Wiley	825	0:07:29
824	1191	Stephanie Burchell	826	0:07:29
825	1345	Kayla Washington	827	0:07:30
826	1046	Emily Longbrake	828	0:07:30
827	79	Kristy Grawunder	829	0:07:30
828	924	Tobi Ashby Dunham	830	0:07:30
829	575	Anne Olson	831	0:07:31
830	402	Betti Walters	832	0:07:31
831	565	Cydney Reynolds	833	0:07:32
832	722	Stacey Rother	834	0:07:32
833	348	Claudia Hopper	835	0:07:32
834	319	Maureen McGlone	836	0:07:33
835	456	Abigail Huddleston	837	0:07:33
836	358	Lark Shellhamer	838	0:07:33
837	985	Terry Slaven	839	0:07:34
838	1008	Emily Carpenter	840	0:07:34
839	934	Jenna Weaver	841	0:07:35
840	778	Rebekah Hartley	842	0:07:35
841	1404	Joyce Bamberger	843	0:07:36
842	868	Rosa Guerra	844	0:07:37
843	375	Amanda Duvall	845	0:07:37
844	1157	Riley Bennett	846	0:07:37
845	716	Mary Janis	847	0:07:37
846	685	Deela Roe	848	0:07:37
847	1171	Kathleen Judy	849	0:07:38
848	966	Maria Harmse	850	0:07:38
849	175	Kathy McCue	851	0:07:38
850	266	Elaina Hveding	852	0:07:39

GOLD NUGGET TRIATHLON - Official Results

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Anchorage, Alaska

Timing and Results by Up and Running Event Management

T1 plus T2

Place	Bib	Name	Rank	Transition Split
851	688	Patrice Vermillion	853	0:07:40
852	554	Pattie Welch	854	0:07:40
853	1081	Katrina Chambon	855	0:07:40
854	404	Jamie Patterson-Simes	856	0:07:40
855	1237	Tanya Scott	857	0:07:40
856	1187	Hannah Papa	858	0:07:41
857	774	Teresa Campoamor	859	0:07:41
858	121	Jackie Morrison-Price	860	0:07:41
859	748	Dedra Cannon	861	0:07:41
860	1402	Joyce Sexton	862	0:07:42
861	1032	Lori Laing	863	0:07:42
862	453	Jennifer Gingrich	864	0:07:44
863	482	Luemma Balise	865	0:07:44
864	630	Shannon Morley	866	0:07:45
865	941	Susan Whiton	867	0:07:45
866	1384	Alissa Wardwell	868	0:07:45
867	1161	Glenna Schoening	869	0:07:46
868	547	Katrina Mejia	870	0:07:46
869	625	Laura Hartz	871	0:07:46
870	1434	Julia Westwick	872	0:07:47
871	1122	Lois Olson	873	0:07:47
872	734	Heather Reier	874	0:07:48
873	251	Senya Roscovius	875	0:07:48
874	1100	Jennifer Clark	876	0:07:48
875	1250	Barbara Kagerer	877	0:07:48
876	355	Rebecca Van Wyck	878	0:07:48
877	725	Merry Chadwick	879	0:07:49
878	853	Diane Thomas	880	0:07:49
879	1060	Cindy Freistone	881	0:07:49
880	369	Samantha Maloney	882	0:07:49
881	1158	Susan Halvor	883	0:07:49
882	1317	Michelle Croswhite	884	0:07:49
883	308	Rosalie Lebaron	885	0:07:50
884	622	Carole Comeau	886	0:07:50
885	710	Christina Logan	887	0:07:50
886	1106	Mary Hensel	888	0:07:51
887	499	Linda Brandon	889	0:07:51
888	241	Tiffany Flowers	890	0:07:51
889	888	Christine Bond	891	0:07:51
890	1074	Nancy Moses	892	0:07:51
891	1186	Zoe Xavier	893	0:07:52
892	569	Ivy Eakes	894	0:07:52
893	78	Chelsea Seagars	895	0:07:53
894	1111	Stephanie Galbraith	896	0:07:53
895	384	Stacy Schmitz	897	0:07:54
896	226	Ashley Mufti	898	0:07:54
897	640	Kellylee Mann	899	0:07:54
898	372	Jennifer Carpenter	900	0:07:55
899	463	Kathleen Shepro	901	0:07:55
900	97	Susan Mitchell	902	0:07:56

GOLD NUGGET TRIATHLON - Official Results

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Anchorage, Alaska

Timing and Results by Up and Running Event Management

T1 plus T2

Place	Bib	Name	Rank	Transition Split
901	1408	Kandis Price	903	0:07:56
902	782	Juanita Luna	904	0:07:58
903	70	Ann Ashley	905	0:07:59
904	1245	Lisa May	906	0:07:59
905	387	Susan Garner	907	0:08:00
906	644	Mary Goolie	908	0:08:01
907	1284	Allyssa Davis	909	0:08:02
908	664	Mona Saunders	910	0:08:03
909	574	Selena Clemetson	911	0:08:04
910	727	Melinda Hulm	912	0:08:04
911	1416	Jennifer Moore	913	0:08:04
912	657	Susan Kubitz	914	0:08:04
913	1127	Amanda Ayer	915	0:08:05
914	1243	Penny Booher	916	0:08:05
915	986	Janis Reynolds	917	0:08:06
916	1123	Lynn Hallford	918	0:08:06
917	1104	Irène Persson-Gamble	919	0:08:06
918	967	Annie Brace	920	0:08:07
919	694	Kristin Wognild	921	0:08:07
920	1183	Jodi Kay	922	0:08:07
921	1466	Lisa Weston	923	0:08:08
922	1388	Elaine Todd	924	0:08:08
923	377	Penelope Adams	925	0:08:08
924	965	Barbara Espeland	926	0:08:09
925	1138	Lori Olson	927	0:08:09
926	415	Amber Morey	928	0:08:09
927	1296	Dawn Hansen	929	0:08:09
928	383	Patricia Ruth Atchinson	930	0:08:09
929	1078	Stephanie Snyder	931	0:08:10
930	601	Linda Graham	932	0:08:10
931	475	Jennifer Avery	933	0:08:10
932	1309	Christa Metzger	934	0:08:11
933	1148	Jolene McDowell	935	0:08:11
934	1223	Emily Karr	936	0:08:13
935	217	Katie Cartee	937	0:08:14
936	1293	Heather Hoyt	938	0:08:15
937	1454	Ruth Merriner	939	0:08:15
938	1088	Kelly Foster	940	0:08:15
939	983	Heather Huff	941	0:08:15
940	949	Sandra Lowther	942	0:08:15
941	538	Rachel Delaney	943	0:08:15
942	786	Andrea Ritter	944	0:08:16
943	1174	Hilary Butler	945	0:08:16
944	1511	Kim Davis	946	0:08:16
945	1483	Sarah Johnson	947	0:08:17
946	113	Jennifer Tibbetts	948	0:08:17
947	1441	Crystal Strebe Necessar	949	0:08:17
948	1246	Ripple Sato	950	0:08:17
949	1352	Joan Nelson	951	0:08:18
950	643	Angeline Jensen	952	0:08:18

GOLD NUGGET TRIATHLON - Official Results

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Anchorage, Alaska

Timing and Results by Up and Running Event Management

T1 plus T2				
Place	Bib	Name	Rank	Transition Split
951	494	Carina Welker	953	0:08:19
952	201	Vicke Kukowski	954	0:08:19
953	179	Hannah Pasol	955	0:08:19
954	785	Michelle Theriault	956	0:08:19
955	306	Katharina Whitley	957	0:08:19
956	961	Monica Workman	958	0:08:20
957	779	Sadie Huffer	959	0:08:20
958	390	Jeri Wallin	960	0:08:20
959	447	Therese Foley	961	0:08:20
960	1476	Angela Endres	962	0:08:21
961	1257	Kim Crocker	963	0:08:21
962	187	Anh Smallwood	964	0:08:21
963	1101	Sarah Freeman	965	0:08:21
964	189	Kathryn Winsor	966	0:08:21
965	973	Katharine Laforest	967	0:08:21
966	337	Becky Crawford	968	0:08:22
967	341	Becky Steen	969	0:08:22
968	245	Averie Wells	970	0:08:22
969	1334	Maryellen Summer	971	0:08:23
970	987	Joann Mitchell	972	0:08:24
971	790	Amanda Hays	973	0:08:24
972	930	Allison Tyner	974	0:08:25
973	371	Shelby Zuehlsdorff	975	0:08:25
974	931	Mackenzie Morrison-Heath	976	0:08:25
975	132	Ciana Dragano	977	0:08:26
976	401	Renae Sather	978	0:08:27
977	838	Barbara Smith	979	0:08:28
978	996	Lois Epstein	980	0:08:28
979	1022	Catherine McLaughlin	981	0:08:28
980	506	Erika Stoye	982	0:08:29
981	1240	Jessica Semmler	983	0:08:29
982	1319	Martha Strike	984	0:08:29
983	1519	Kathryn Desimine	985	0:08:29
984	564	Kimberly Halstead	986	0:08:30
985	765	Jessequa Parker	987	0:08:30
986	1160	Sara McCormick	988	0:08:31
987	1530	Jill Singleton	989	0:08:32
988	487	Carrie Howard	990	0:08:32
989	1188	Alexa Filanowicz	991	0:08:33
990	749	Laura Binkowski	992	0:08:33
991	1073	Jennifer Dilhuly	993	0:08:34
992	259	Julene Quinlan	994	0:08:35
993	641	Johana McMahan	995	0:08:35
994	1059	Carol Sheldon	996	0:08:36
995	671	Carrie Gray	997	0:08:36
996	1011	Michelle Semerad	998	0:08:36
997	333	Madison Barsalou	999	0:08:36
998	1469	Colleen Marinucci	1000	0:08:36
999	391	Erin Wiese	1001	0:08:37
1000	277	Deedee Brandeberry	1002	0:08:37

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Anchorage, Alaska

Timing and Results by Up and Running Event Management

T1 plus T2

Place	Bib	Name	Rank	Transition Split
1001	1294	Molly Hayes	1003	0:08:38
1002	1366	Lana Cates	1004	0:08:38
1003	1152	Lacey Centeno	1005	0:08:38
1004	89	Cindy Keene	1006	0:08:39
1005	1280	Alysyn Patotzka	1007	0:08:39
1006	585	Dawniel Dupee	1008	0:08:40
1007	1249	Tammy Gongliewski	1009	0:08:41
1008	68	Angela Stewart	1010	0:08:41
1009	1521	Anne Kessler	1011	0:08:44
1010	1421	Kiana Farr	1012	0:08:45
1011	1528	Jackie Oney	1013	0:08:45
1012	440	Annalisa Delozier	1014	0:08:46
1013	1167	Krista-Marie Linegar	1015	0:08:47
1014	130	Jeannette Duenow	1016	0:08:47
1015	451	Suzanne Little	1017	0:08:47
1016	1003	Bronwyn Patrick	1018	0:08:47
1017	305	Carmen Pell	1019	0:08:48
1018	1189	Kelly Day	1020	0:08:48
1019	1126	Anne Applegate	1021	0:08:48
1020	1353	Donna Baldwin	1022	0:08:50
1021	171	Melba Rodriguez	1023	0:08:50
1022	186	Savannah Ericksen	1024	0:08:51
1023	242	Vickie Hood	1025	0:08:51
1024	781	Cortni Hostetler	1026	0:08:51
1025	260	Beth Amrich	1027	0:08:52
1026	1374	Kathleen McCoy	1028	0:08:53
1027	284	June Takagi	1029	0:08:55
1028	237	Laura Brooks	1030	0:08:56
1029	1151	Automme Circosta	1031	0:08:56
1030	163	Jeanine Firmin	1032	0:08:56
1031	787	Liz Odell	1033	0:08:56
1032	1380	Erin Binek	1034	0:08:59
1033	240	Debra Topham	1035	0:08:59
1034	792	Amy Oney	1036	0:08:59
1035	1190	Karen Gonne'-Harrell	1037	0:09:00
1036	624	Catherine Xavier	1038	0:09:00
1037	1143	Vera Hershey	1039	0:09:00
1038	567	Anika Doehl	1040	0:09:01
1039	313	Barbara Williams	1041	0:09:01
1040	764	Maryann Leenstra	1042	0:09:02
1041	433	Nicole Carr	1043	0:09:02
1042	374	Denise Carey	1044	0:09:03
1043	942	Kara Marciniac	1045	0:09:04
1044	446	Amy Larsen	1046	0:09:05
1045	769	Felicia Cassel	1047	0:09:05
1046	740	Julie Schultz	1048	0:09:07
1047	1135	Cara Housh	1049	0:09:08
1048	418	Hattie Little-Burgener	1050	0:09:08
1049	573	Anita Wright	1051	0:09:09
1050	847	Maddy Moore	1052	0:09:10

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Anchorage, Alaska

Timing and Results by Up and Running Event Management

T1 plus T2

Place	Bib	Name	Rank	Transition Split
1051	602	Jessica Daniels	1053	0:09:11
1052	331	Denise Demetree	1054	0:09:11
1053	269	Martha Christenson	1055	0:09:12
1054	627	Kathleen Lynch	1056	0:09:12
1055	264	Aurora Williams	1057	0:09:13
1056	1331	Amber Jenkins	1058	0:09:14
1057	1478	Malaika Durbin	1059	0:09:16
1058	393	Kelly Brakora	1060	0:09:16
1059	256	Tamara Von Gemmingen	1061	0:09:17
1060	330	Tess Johnson	1062	0:09:17
1061	1260	Shawn Rogers	1063	0:09:18
1062	583	Jill Frankford	1064	0:09:18
1063	479	Tisha Sutton	1065	0:09:19
1064	1023	Abigail Harding	1066	0:09:19
1065	843	Kathy Robinson	1067	0:09:20
1066	936	Susan Oakley	1068	0:09:20
1067	1538	Julie Holden	1069	0:09:21
1068	168	Annie Harkelrode	1070	0:09:21
1069	1523	Mary Witthus	1071	0:09:22
1070	873	Heather Shelley	1072	0:09:22
1071	982	Carolyn Downie	1073	0:09:23
1072	1288	Susanna Kelly	1074	0:09:23
1073	678	Shiway Wang	1075	0:09:24
1074	193	Kathryn Cuddy	1076	0:09:25
1075	635	Kendra Remsen	1077	0:09:25
1076	1369	Helen Hamner	1078	0:09:26
1077	1195	Abby Gahm	1079	0:09:27
1078	1072	Julie Overbaugh	1080	0:09:27
1079	294	Britt Cooper	1081	0:09:28
1080	1333	Alexis Kaferstein	1082	0:09:28
1081	954	Beverly Harrison	1083	0:09:28
1082	424	Joy Sparrow	1084	0:09:29
1083	1491	Lu Gallego	1085	0:09:30
1084	350	Beverley Williams	1086	0:09:31
1085	544	Tara Adams	1087	0:09:32
1086	903	Graylin Simes	1088	0:09:32
1087	673	Tina Sellers	1089	0:09:33
1088	593	Kerynn Fisher	1090	0:09:33
1089	1306	Aimee Rathbun	1091	0:09:34
1090	515	Diddy Hitchins	1092	0:09:34
1091	731	Lisa Venner Gill	1093	0:09:34
1092	794	Ella Smith	1094	0:09:35
1093	981	Jani Pepe	1095	0:09:35
1094	647	Amy Baker	1096	0:09:37
1095	1534	Tasha Bolt	1097	0:09:37
1096	1499	Megan Hedman	1098	0:09:38
1097	767	Janet Hepplewhite	1099	0:09:39
1098	703	Holly Mitchell	1100	0:09:41
1099	195	Beatrice Williams	1101	0:09:41
1100	435	Nicole Votaw	1102	0:09:41

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Anchorage, Alaska

Timing and Results by Up and Running Event Management

T1 plus T2

Place	Bib	Name	Rank	Transition Split
1101	1055	Terise N'Ha Caitriona	1103	0:09:41
1102	1092	Jane Haiar	1104	0:09:44
1103	619	Rebecca Jarnagin	1105	0:09:44
1104	1024	Barbara Amy	1106	0:09:45
1105	590	Deborah Warner	1107	0:09:45
1106	1382	Onni Tibor	1108	0:09:46
1107	431	Sondra Winter Winters	1109	0:09:48
1108	807	Shannon Harcourt	1110	0:09:48
1109	399	Anna Ogena	1111	0:09:48
1110	1503	Gail Heineman	1112	0:09:48
1111	1075	Bobbi Bobby	1113	0:09:50
1112	857	Elaine Hodl	1114	0:09:52
1113	549	Janett Phelps	1115	0:09:53
1114	824	Peggie Huff	1116	0:09:55
1115	1053	Judy Besh	1117	0:09:55
1116	262	Dana Kane	1118	0:09:56
1117	869	Sherille Vanhorn	1119	0:09:57
1118	1156	Erin Carrick	1120	0:09:58
1119	1505	Erin O'Hara	1121	0:09:58
1120	346	Peggy Shaskan	1122	0:09:59
1121	1262	Mariah Knox	1123	0:09:59
1122	917	Helen Perkinson-Siek	1124	0:10:01
1123	962	Ann Rappoport	1125	0:10:01
1124	411	Andrea Thompson	1126	0:10:02
1125	861	Ann-Marie Foust	1127	0:10:03
1126	1247	Joanne Ballagh	1128	0:10:03
1127	1527	Amber Garcia	1129	0:10:04
1128	528	Bonnie Callahan	1130	0:10:06
1129	1268	Haykey Harris	1131	0:10:08
1130	1066	Sarah Freistone	1132	0:10:08
1131	1142	Makenna Rhodes	1133	0:10:10
1132	425	Betty Venth	1134	0:10:10
1133	236	Darla Jones	1135	0:10:11
1134	344	Anna King	1136	0:10:13
1135	352	Jessica Williams	1137	0:10:13
1136	430	Amanda Todd	1138	0:10:14
1137	883	Lorri Winchester	1139	0:10:14
1138	1146	Annette Funk	1140	0:10:15
1139	272	Engel Goodnight	1141	0:10:16
1140	802	Paige Nelson	1142	0:10:16
1141	1036	Natalie Sook	1143	0:10:16
1142	417	Lynn Botwinick	1144	0:10:17
1143	1393	Keri Hubbard	1145	0:10:18
1144	1241	Michelle Coffman	1146	0:10:18
1145	1456	Tammie Barker	1147	0:10:18
1146	253	Toni Taylor	1148	0:10:20
1147	791	Cassandra Rense	1149	0:10:22
1148	295	Amber Mobley	1150	0:10:23
1149	1085	Brenda Moore	1151	0:10:23
1150	357	Susan Konyot	1152	0:10:24

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Anchorage, Alaska

Timing and Results by Up and Running Event Management

T1 plus T2

Place	Bib	Name	Rank	Transition Split
1151	509	Katy Owen	1153	0:10:25
1152	303	Adele Fetter	1154	0:10:25
1153	516	Lori Hansen	1155	0:10:25
1154	1201	Linda Yarborough	1156	0:10:32
1155	376	Janet Kelly	1157	0:10:32
1156	452	Sharry Miller	1158	0:10:32
1157	1131	P McKenzie	1159	0:10:34
1158	714	Cheryl Campbell	1160	0:10:35
1159	231	Deanna Blazejewski	1161	0:10:36
1160	343	Brett Brown	1162	0:10:36
1161	948	Marianne Daniels	1163	0:10:37
1162	579	Lisa Losordo-Santo	1164	0:10:38
1163	1486	Laura Richardson	1165	0:10:39
1164	968	Karen Blaney	1166	0:10:43
1165	1007	Victoria Mejia	1167	0:10:45
1166	801	Patricia Ott	1168	0:10:45
1167	324	Leslie Andrews	1169	0:10:46
1168	615	Jordin Schultz	1170	0:10:47
1169	228	Anne Kincaid	1171	0:10:50
1170	1418	Lauren Chapman	1172	0:10:51
1171	1080	Elaine Bozone	1173	0:10:52
1172	956	Ashleigh Farris	1174	0:10:52
1173	270	Jennifer Witt	1175	0:10:53
1174	1177	Roma Boyer	1176	0:10:53
1175	480	Rena Anderson	1177	0:10:56
1176	675	Amanda Fitzgerald	1178	0:10:58
1177	325	Cynthia Walsh	1179	0:10:58
1178	52	Judy Sedwick	1180	0:10:58
1179	511	Margaret Sullivan	1181	0:10:58
1180	258	Karla Weise	1182	0:10:59
1181	655	Leslie Lance	1183	0:11:00
1182	437	Vanessa Munro	1184	0:11:00
1183	736	Kelsie Lance	1185	0:11:01
1184	1067	Paige Graham	1186	0:11:01
1185	283	Tiana Taylor	1187	0:11:02
1186	1303	Elene Cole	1188	0:11:04
1187	896	Taryn Wiese	1189	0:11:04
1188	359	Christine Petersen	1190	0:11:06
1189	1501	Anna Bryant	1191	0:11:09
1190	756	Denali Daniels	1192	0:11:10
1191	505	Keryl Hoffman	1193	0:11:11
1192	495	Michelle Lekites	1194	0:11:14
1193	932	Heidi Valantas	1195	0:11:14
1194	568	Robyn Elkins	1196	0:11:14
1195	1179	Brandi Muller	1197	0:11:15
1196	1239	Rebecca Swensen	1198	0:11:18
1197	276	Joy Atrops-Kimura	1199	0:11:21
1198	298	Jaime Hoglin	1200	0:11:21
1199	108	Kiersten Jedlicka	1201	0:11:22
1200	953	Sarah Hill	1202	0:11:24

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Timing and Results by Up and Running Event Management

T1 plus T2

Place	Bib	Name	Rank	Transition Split
1201	309	Sonya Vaughn	1203	0:11:25
1202	133	Lisa Keller	1204	0:11:28
1203	901	Kristine Muller	1205	0:11:29
1204	436	Barbara Story	1206	0:11:31
1205	285	Brooke Kopecky	1207	0:11:32
1206	329	Sheryl Warmbold	1208	0:11:35
1207	185	Dana Pasol	1209	0:11:35
1208	818	Susan Lamb	1210	0:11:36
1209	536	Alana Malloy	1211	0:11:36
1210	166	Diana Vollmar	1212	0:11:38
1211	639	Kristen Phillips	1213	0:11:40
1212	676	Sheila Selkregg	1214	0:11:45
1213	1325	Lynette Nish	1215	0:11:46
1214	1515	Kristy Harvey	1216	0:11:48
1215	280	Lynnette Warren	1217	0:11:50
1216	884	Cathy Brandal	1218	0:11:51
1217	1390	Aoife Freeman	1219	0:11:52
1218	999	Shelley Biss	1220	0:11:52
1219	1340	Ellen Provost	1221	0:11:53
1220	652	Sharon Chamard	1222	0:11:53
1221	200	Jenny Lang	1223	0:11:54
1222	315	Larissa Thompson	1224	0:11:55
1223	998	Pam Smith	1225	0:11:57
1224	1047	Kelly Bussnt	1226	0:12:00
1225	958	Julie Oney	1227	0:12:00
1226	233	Carrie Connaker	1228	0:12:01
1227	845	Erin Kinavey Wengers	1229	0:12:01
1228	811	Charlene Hampton	1230	0:12:02
1229	1182	Julie Denny	1231	0:12:05
1230	1133	Claudia Flaherty	1232	0:12:05
1231	1071	Kelsey Fuller	1233	0:12:05
1232	461	Robae Robinson	1234	0:12:06
1233	937	Cierra Reynolds	1235	0:12:06
1234	290	Taylor Wilson	1236	0:12:07
1235	210	Kaitlyn Hosken	1237	0:12:07
1236	1437	Jennifer Fujimura	1238	0:12:11
1237	680	Aubrey Campbell	1239	0:12:11
1238	724	Beth Beyer	1240	0:12:11
1239	334	Geysa Aldebot	1241	0:12:11
1240	813	Olga Duarte	1242	0:12:16
1241	362	Patti Judd	1243	0:12:16
1242	1269	Teri Seward	1244	0:12:16
1243	1308	Jessica Rauchenstein	1245	0:12:17
1244	288	March Williams	1246	0:12:17
1245	633	Paula Cullenberg	1247	0:12:19
1246	1392	Kathleen Duhadway	1248	0:12:21
1247	508	Robyn Dahl	1249	0:12:24
1248	603	Kelsie Remsen	1250	0:12:25
1249	591	Yvette Rifley	1251	0:12:25
1250	1256	Sarah Klimoff	1252	0:12:26

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T1 plus T2

Place	Bib	Name	Rank	Transition Split
1251	176	Nicole Engman	1253	0:12:27
1252	745	Claire Trujillo	1254	0:12:33
1253	808	Kimberly Osburn	1255	0:12:33
1254	492	Mandy Keogh	1256	0:12:36
1255	1091	Mary Waltz	1257	0:12:40
1256	1502	Debbie Pugh	1258	0:12:40
1257	946	Judy Gonsalves	1259	0:12:42
1258	1489	Misty Walton	1260	0:12:43
1259	304	Margaret (peg Ammann)	1261	0:12:47
1260	1271	Sonja Daniels	1262	0:12:47
1261	381	Anne Lanier	1263	0:12:48
1262	841	Anna Trujillo	1264	0:12:49
1263	1028	Kathy Anglin	1265	0:12:51
1264	1155	Jane Serie	1266	0:12:58
1265	400	Emily Reast	1267	0:12:59
1266	366	Katrina Burbage	1268	0:13:03
1267	420	Anna Straka	1269	0:13:05
1268	656	Cortney Johnson	1270	0:13:09
1269	326	Janet Petersen	1271	0:13:09
1270	177	Frankie Weber	1272	0:13:10
1271	1200	Amber Treadway	1273	0:13:14
1272	797	Caitlan Baldwin	1274	0:13:17
1273	929	Jackie Cason	1275	0:13:18
1274	1312	Breanna Pace	1276	0:13:19
1275	939	Avigail Curry	1277	0:13:19
1276	488	Mary Hammes	1278	0:13:20
1277	1275	Sonia Lipker	1279	0:13:21
1278	586	Cherie Shirey	1280	0:13:21
1279	529	Brittany Keener	1281	0:13:25
1280	174	Mary Despain	1282	0:13:34
1281	842	Tara Thornton	1283	0:13:37
1282	196	Natalee Kline	1284	0:13:51
1283	711	Sandy Stevens	1285	0:13:59
1284	789	Pattie Moeller	1286	0:14:03
1285	916	Heidi Burmeister	1287	0:14:03
1286	190	Heather Johnson	1288	0:14:04
1287	62	Kathryn Anderson	1289	0:14:12
1288	1328	Rebecca Turek	1290	0:14:15
1289	243	Mary Pflughoft	1291	0:14:18
1290	895	Laura Schulz	1292	0:14:20
1291	1494	Renee Petty	1293	0:14:21
1292	246	September Martin	1294	0:14:22
1293	255	Lisa Booth	1295	0:14:29
1294	318	Holly Poulos	1296	0:14:37
1295	312	Wendy Poulos	1297	0:14:41
1296	1062	Rena Queja	1298	0:14:55
1297	832	Jennifer Bowes	1299	0:14:56
1298	534	Ashley Schaber	1300	0:14:58
1299	1342	Leslie Runyon	1301	0:15:04
1300	1199	Jessica Wuttke	1302	0:15:09

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T1 plus T2

Place	Bib	Name	Rank	Transition Split
1301	660	Karen Dannehy	1303	0:15:19
1302	829	Becky Wallace	1304	0:15:20
1303	299	Disa Congdon	1305	0:15:22
1304	1473	Bonnie Smith	1306	0:15:33
1305	356	Maureen Hansen	1307	0:15:35
1306	668	Sherri Poling	1308	0:15:42
1307	695	Mary Banaszak	1309	0:15:46
1308	164	Jana Latham	1310	0:15:46
1309	471	Jennifer Dobbs	1311	0:15:46
1310	1227	Tracy Morrison	1312	0:15:59
1311	632	Rosa Meehan	1313	0:16:05
1312	943	Gretchen Wehmhoff	1314	0:16:06
1313	332	Cynthia Neff	1315	0:16:10
1314	889	Courtney Abel	1316	0:16:14
1315	1375	Margaret King	1317	0:16:18
1316	607	Courtney Fleischman	1318	0:16:24
1317	1427	Lee Gahm	1319	0:16:26
1318	316	Nicolette Palmer	1320	0:16:28
1319	314	Kate Wilson	1321	0:16:30
1320	1194	Lynda Limon	1322	0:16:39
1321	289	Theresa Langberg	1323	0:16:48
1322	899	Sarah Nicholson	1324	0:16:53
1323	608	Wendy Leseman	1325	0:16:56
1324	757	Kristy Peterson	1326	0:16:59
1325	322	Sonja Daum	1327	0:17:00
1326	653	Michelle Dannehy	1328	0:17:14
1327	1105	Wendy McKinnon	1329	0:17:28
1328	301	Julie Neff	1330	0:17:44
1329	184	Mary Grenier	1331	0:18:01
1330	1270	Robin Johnson	1332	0:18:49
1331	188	Jennifer Parkhurst	1333	0:18:50
1332	1069	Marti Scherbert	1334	0:18:54
1333	199	Hanna Daum	1335	0:18:54
1334	273	Karen Engstrom	1336	0:18:55
1335	320	Bronwen Brugge	1337	0:19:18
1336	257	Jodi Walton	1338	0:20:08
1337	1010	Ashley Rymer	1339	0:20:37
1338	1455	Tamsin Kurth	1340	0:20:38
1339	844	Laura Schneller	1341	0:20:57
1340	1166	Carleen Hall	1342	0:22:36
1341	328	Karen Lawton	1343	0:23:31
1342	307	Melinda Osburn	1344	0:23:54
1343	224	Deborah Morgan	1345	0:23:55
1344	654	Megan Garner	1346	0:24:05
1345	1030	Dupree Walker	1347	0:24:09
1346	254	Vonice Larsen	1348	0:25:48
1347	947	Caitlin McHale	1349	0:26:27
1348	723	Noelle Flodin	1350	0:28:22
1349	336	Shannon Gragg	1351	0:28:55
1350	180	Maureen Jones	1352	0:29:54

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Timing and Results by Up and Running Event Management

					T1 plus T2	
Place	Bib	Name	Rank	Transition	Split	
1351	726	Carrie Curtis	1353	0:31:01		
1352	893	Cassandra Aglietti	1354	0:31:47		
1353	263	Teresa Scott	1355	0:33:37		
1354	730	Jane Heisel	1356	0:35:34		
1355	1140	Paula Williams	1357	0:36:16		
1356	890	Samantha Bacon	1358	0:41:49		
1357	227	Suesue Nunley	1359	0:42:15		
1358	798	Debbie Flodin	1360	0:48:59		