

**2019 Gold Nugget Triathlon Volunteers***As of May 9, 2019 @ 3:00pm*

<b>Name</b>	<b>Task</b>	<b>Shift</b>
Dana Aasland	Food, T-shirts & Gear (Finish Area)	May 19 4:00 pm - 6:30 pm
Kate Abbott	Bike Area Set Up (Sat)	May 18 8:30 am - 12:00 pm
Victoria Ables	Bib Pick Up (Tues)	May 14 4:00 pm - 6:00 pm
Sissy Adams	Pool Lap Counter	May 19 8:00 am - 11:30 am
Rebecca Agalawatta	Bike Check In (Sat)	May 18 12:30 pm - 3:00 pm
Morgan Aldridge	Pool Deck Volunteer	May 19 1:30 pm - 3:30 pm
Joanne Allan	Pool Lap Counter	May 19 11:00 am - 2:00 pm
Amanda Andersen	T1 Racer Assistance	May 19 10:30 am - 2:00 pm
Donna Annone	Banquet Help	May 20 4:45 pm - 6:15 pm
Maggi Arend	Bike Area Set Up (Sat)	May 18 8:30 am - 12:00 pm
Shawna Arend	Bike Area Set Up (Sat)	May 18 8:30 am - 12:00 pm
Alison Arians	Spectator and Participant Support (Sat)	May 18 12:30 pm - 3:00 pm
Jennifer Armentrout	Food, T-shirts & Gear (Finish Area)	May 19 1:30 pm - 4:30 pm
Quincy Arms	Pool Deck Volunteer	May 19 11:00 am - 2:00 pm
Melanie Armstrong	Pool Lap Counter	May 19 8:00 am - 11:30 am
Sue Armstrong	T1 Racer Assistance	May 19 3:30 pm - 6:00 pm
Catherine Arnatt	T2 Racer Assistance	May 19 10:30 am - 2:00 pm
Stephanie Arnold	Bike Return	May 19 12:30 pm - 2:30 pm
Ellen Arvold	T2 Racer Assistance	May 19 10:30 am - 2:00 pm
Henry Ash	Bike Area Set Up (Sat)	May 18 8:30 am - 12:00 pm
Rhoda Baines	Food, T-shirts & Gear (Finish Area)	May 19 4:00 pm - 6:30 pm
Jo Ballagh	Bib Pick Up (Sat)	May 18 12:30 pm - 3:00 pm
Francisca Barnett	Food, T-shirts & Gear (Finish Area)	May 19 10:30 am - 2:00 pm
Tanya Barnett	Bib Pick Up (Tues)	May 14 4:00 pm - 6:00 pm
Cassandra Barsalou	Pool Lap Counter	May 19 8:00 am - 11:30 am
Jennifer Barsalou	Pool Lap Counter	May 19 8:00 am - 11:30 am
Madison Barsalou	Pool Lap Counter	May 19 8:00 am - 11:30 am
Brenda Batangan	T2 Racer Assistance	May 19 10:30 am - 2:00 pm
Erin Beam	Pool Lap Counter	May 19 1:30 pm - 3:30 pm
Layla Beam	Pool Lap Counter	May 19 1:30 pm - 3:30 pm
Heidi Beer	Pool Lap Counter	May 19 11:00 am - 2:00 pm
Angele Bell	Bike Check In (Sat)	May 18 2:30 pm - 5:30 pm
Katie Bender	Pool Lap Counter	May 19 11:00 am - 2:00 pm
Kate Bentley	Spectator and Participant Support (Sat)	May 18 12:30 pm - 3:00 pm
Kate Bentley	Pool Lap Counter	May 19 11:00 am - 2:00 pm
Kate Bentley	Bike Return	May 19 2:00 pm - 4:00 pm
Natasha Bergt	T1 Racer Assistance	May 19 10:30 am - 2:00 pm
Christine Bingham	Clean Up & Recycling	May 19 8:30 am - 11:30 am
Anna Bjorn-Roli	Pool Deck Volunteer	May 19 8:00 am - 11:30 am
Karen Blaney	Bike Check In (Sat)	May 18 12:30 pm - 3:00 pm
Karen Blaney	Pool Lap Counter	May 19 11:00 am - 2:00 pm
Karen Blaney	Pool Lap Counter	May 19 8:00 am - 11:30 am
Jennifer Boehm	Pool Deck Volunteer	May 19 8:00 am - 11:30 am
Renae Bookman	Banquet Help	May 20 4:45 pm - 6:15 pm
Merrileigh Boring	Pool Lap Counter	May 19 1:30 pm - 3:30 pm
Susan Bradley	Bike Check In (Sat)	May 18 12:30 pm - 3:00 pm

**2019 Gold Nugget Triathlon Volunteers***As of May 9, 2019 @ 3:00pm*

<b>Name</b>	<b>Task</b>	<b>Shift</b>
Gail Braten	Clean Up & Recycling	May 19 11:30 am - 2:00 pm
Ruth Bratz	Volunteer Check In	May 19 6:00 am - 10:00 am
Jaylee Brendel	Pool Deck Volunteer	May 19 7:30 am - 11:30 am
Eleanor Brogan	Bike Check In (Sat)	May 18 2:30 pm - 5:30 pm
Ellyn Brown	Pool Lap Counter	May 19 8:00 am - 11:30 am
Diane Brozovsky	Pool Lap Counter	May 19 8:00 am - 11:30 am
Anna Bryant	Food, T-shirts & Gear (Finish Area)	May 19 8:00 am - 11:00 am
Kristi Bryers	Spectator and Participant Support	May 19 6:30 am - 11:00 am
Susan Bury	Bike Return	May 19 12:30 pm - 2:30 pm
Kimberly Bush	Pool Lap Counter	May 19 1:30 pm - 3:30 pm
Laura Butcher	Ambiance Set Up	May 19 6:00 am - 8:00 am
Justin Calvin	Pool Lap Counter	May 19 8:00 am - 11:30 am
Issa Camahuali	Pool Lap Counter	May 19 11:00 am - 2:00 pm
Issa Camahuali	Ambiance Set Up	May 19 6:00 am - 8:00 am
Rianne Campbell	Pool Lap Counter	May 19 11:00 am - 2:00 pm
Collette Carpenter	Bib Pick Up (Sat)	May 18 2:30 pm - 5:30 pm
Stacy Carpenter	Bib Pick Up (Sat)	May 18 2:30 pm - 5:30 pm
Helen Carroll	Bib Pick Up (Wed)	May 15 4:00 pm - 6:00 pm
Rebecca Carroll	Bike Return	May 19 10:30 am - 1:00 pm
Theresa Castellanos	T2 Racer Assistance	May 19 10:30 am - 2:00 pm
Joey Caterinichio	Pool Lap Counter	May 19 1:30 pm - 3:30 pm
Hiroimi Chambers	Bib Pick Up (Sat)	May 18 2:30 pm - 5:30 pm
Andrea Chang	Bike Check In (Sat)	May 18 2:30 pm - 5:30 pm
Mel Chapman	Pool Lap Counter	May 19 1:30 pm - 3:30 pm
Kerry Clark	Spectator and Participant Support (Sat)	May 18 2:30 pm - 5:30 pm
Melanie Clark	Spectator and Participant Support (Sat)	May 18 12:30 pm - 3:00 pm
Nicole Clark	Bike Area Set Up (Sat)	May 18 8:30 am - 12:00 pm
Dianna Clemetson	Bike Return	May 19 12:30 pm - 2:30 pm
Elene Cole	Bike Area Set Up (Sat)	May 18 8:30 am - 12:00 pm
Cindy Cooper	Bike Area Set Up (Sat)	May 18 8:30 am - 12:00 pm
Emily Cooper	Pool Lap Counter	May 19 8:00 am - 11:30 am
Jeff Cooper	Bike Area Set Up (Sat)	May 18 8:30 am - 12:00 pm
Jinny Cooper	Pool Lap Counter	May 19 1:30 pm - 3:30 pm
Robin Cope	Bike Area Set Up (Sat)	May 18 8:30 am - 12:00 pm
Claire Coppel	Pool Lap Counter	May 19 1:30 pm - 3:30 pm
Molly Cornish	Bib Pick Up (Wed)	May 15 5:30 pm - 7:00 pm
Debbie Corral	Bike Check In (Sat)	May 18 2:30 pm - 5:30 pm
Sarah Coulson	Bike Check In (Sat)	May 18 2:30 pm - 5:30 pm
Kristen Culver	Pool Lap Counter	May 19 8:00 am - 11:30 am
Sandi Culver	Pool Lap Counter	May 19 8:00 am - 11:30 am
Ashley Dahlman	Pool Deck Volunteer	May 19 8:00 am - 11:30 am
Robin Dahlman	Pool Deck Volunteer	May 19 8:00 am - 11:30 am
Bonnie Dearnoun	Pool Deck Volunteer	May 19 7:30 am - 11:30 am
Lisa Decora	Pool Lap Counter	May 19 8:00 am - 11:30 am
Heather Dekalb	Bib Pick Up (Tues)	May 14 5:30 pm - 7:00 pm
Heather Dekalb	Bike Area Set Up (Sat)	May 18 8:30 am - 12:00 pm

**2019 Gold Nugget Triathlon Volunteers***As of May 9, 2019 @ 3:00pm*

<b>Name</b>	<b>Task</b>	<b>Shift</b>
Heather Dekalb	Banquet Help	May 20 4:45 pm - 6:15 pm
Heather Dekalb	Banquet Help	May 20 5:45 pm - 7:00 pm
Heather Dekalb	Banquet Help	May 20 8:00 pm - 9:00 pm
Stephanie Deraimo	Pool Lap Counter	May 19 1:30 pm - 3:30 pm
Lori Deschamps	Spectator and Participant Support (Sat)	May 18 12:30 pm - 3:00 pm
Michelle Dickson	Bib Pick Up (Wed)	May 15 5:30 pm - 7:00 pm
Susie Dietz	Bike Check In (Sat)	May 18 2:30 pm - 5:30 pm
Madison Dietz Pawlak	Bike Check In (Sat)	May 18 2:30 pm - 5:30 pm
Breeayne Dinius	Food, T-shirts & Gear (Finish Area)	May 19 10:30 am - 2:00 pm
Karen Divelbiss	Bib Pick Up (Wed)	May 15 4:00 pm - 6:00 pm
Karen Divelbiss	Pool Lap Counter	May 19 1:30 pm - 3:30 pm
Kathleen Doherty	Pool Lap Counter	May 19 11:00 am - 2:00 pm
Maggie Donnelly	Pool Lap Counter	May 19 8:00 am - 11:30 am
Haylee Donovan	Bib Pick Up (Sat)	May 18 12:30 pm - 3:00 pm
Kylie Duby	Bib Pick Up (Sat)	May 18 12:30 pm - 3:00 pm
Kathryn Duder	Bib Pick Up (Tues)	May 14 4:00 pm - 6:00 pm
Kathryn Duder	Bib Pick Up (Tues)	May 14 5:30 pm - 7:00 pm
Kathryn Duder	Clean Up & Recycling	May 19 2:00 pm - 5:00 pm
Martha Dunn	Pool Lap Counter	May 19 1:30 pm - 3:30 pm
Kari Dupree	Bib Pick Up (Tues)	May 14 4:00 pm - 6:00 pm
Kari Dupree	Pool Lap Counter	May 19 1:30 pm - 3:30 pm
Lindsey Durrell	Banquet Help	May 20 8:00 pm - 9:00 pm
Kristina Eaton	T1 Racer Assistance	May 19 10:30 am - 2:00 pm
Lydia Ekstrom	Food, T-shirts & Gear (Finish Area)	May 19 1:30 pm - 4:30 pm
Beverly Eliason	Banquet Help	May 20 5:45 pm - 7:00 pm
Alissa Engelby	Bike Check In (Sat)	May 18 2:30 pm - 5:30 pm
Ivy Eski	Bib Pick Up (Wed)	May 15 4:00 pm - 6:00 pm
Joey Eski	Bib Pick Up (Wed)	May 15 4:00 pm - 6:00 pm
Sandra Estenson	Bike Area Set Up (Sat)	May 18 8:30 am - 12:00 pm
Hewlett Faith	Pool Lap Counter	May 19 8:00 am - 11:30 am
Adele Fetter	Bib Pick Up (Tues)	May 14 5:30 pm - 7:00 pm
Amanda Fischer	Spectator and Participant Support	May 19 10:30 am - 2:30 pm
Jared Fischer	Spectator and Participant Support	May 19 10:30 am - 2:30 pm
Jeanne Fischer	Banquet Help	May 20 5:45 pm - 7:00 pm
Jennifer Flanagan	Spectator and Participant Support (Sat)	May 18 8:00 am - 11:30 am
Arran Forbes	Pool Lap Counter	May 19 11:00 am - 2:00 pm
Laura Foster	Bike Check In (Sat)	May 18 2:30 pm - 5:30 pm
Cindy Freistone	Pool Deck Volunteer	May 19 1:30 pm - 3:30 pm
Sarah Freistone	Pool Lap Counter	May 19 1:30 pm - 3:30 pm
Sarah Freistone	Pool Lap Counter	May 19 11:00 am - 2:00 pm
Tamara Freistone	Pool Lap Counter	May 19 1:30 pm - 3:30 pm
Amber Garcia	Bib Pick Up (Tues)	May 14 5:30 pm - 7:00 pm
April Garza	Banquet Help	May 20 8:00 pm - 9:00 pm
Nicole Gdula	T1 Racer Assistance	May 19 7:00 am - 11:00 am
Michelle Geidl	Bike Check In (Sat)	May 18 12:30 pm - 3:00 pm
Kalima Glascott	Bib Pick Up (Sat)	May 18 12:30 pm - 3:00 pm

**2019 Gold Nugget Triathlon Volunteers***As of May 9, 2019 @ 3:00pm*

<b>Name</b>	<b>Task</b>	<b>Shift</b>
Sami Glascott	Bike Check In (Sat)	May 18 12:30 pm - 3:00 pm
Robyn Goff	Ambiance Set Up	May 19 6:00 am - 8:00 am
Valerie Goulet	Bike Return	May 19 12:30 pm - 2:30 pm
Catherine Graham	Bike Return	May 19 10:30 am - 1:00 pm
Jill Griffin	Spectator and Participant Support (Sat)	May 18 12:30 pm - 3:00 pm
Veronica Griffith	Pool Deck Volunteer	May 19 8:00 am - 11:30 am
Emma Haddix	Bike Area Set Up (Sat)	May 18 8:30 am - 12:00 pm
Emma Haddix	Bike Return	May 19 10:30 am - 1:00 pm
Emma Haddix	Banquet Help	May 20 4:45 pm - 6:15 pm
Sharon Harbuck	Food, T-shirts & Gear (Finish Area)	May 19 8:00 am - 11:00 am
Jennifer Hardy	Ambiance Set Up	May 19 6:00 am - 8:00 am
Ethan Harlan	T2 Racer Assistance	May 19 7:00 am - 11:00 am
Helen Harmon	Pool Lap Counter	May 19 8:00 am - 11:30 am
Hugh Harmon	Pool Lap Counter	May 19 8:00 am - 11:30 am
Anne Harper	Ambiance Set Up	May 19 6:00 am - 8:00 am
Susannah Harper	Bib Pick Up (Wed)	May 15 5:30 pm - 7:00 pm
Jodi Harskamp	Pool Lap Counter	May 19 8:00 am - 11:30 am
Lorelei Hass	Pool Lap Counter	May 19 8:00 am - 11:30 am
Colin Hawkins	Spectator and Participant Support	May 19 10:30 am - 2:30 pm
Colin Hawkins	Spectator and Participant Support	May 19 2:00 pm - 6:45 pm
Colin Hawkins	Spectator and Participant Support	May 19 6:30 am - 11:00 am
Esther Hayes	Banquet Help	May 20 4:45 pm - 6:15 pm
Bronwyn Haynes	Pool Deck Volunteer	May 19 1:30 pm - 3:30 pm
Olivia Heath	Bib Pick Up (Sat)	May 18 12:30 pm - 3:00 pm
Marieke Heatwole	Spectator and Participant Support	May 19 6:30 am - 11:00 am
Raeanne Hebnes	Food, T-shirts & Gear (Finish Area)	May 19 8:00 am - 11:00 am
Lili Henry Rhodes	Pool Deck Volunteer	May 19 11:00 am - 2:00 pm
Lili Henry Rhodes	Announcer Assistant (Finish Area)	May 19 2:00 pm - 4:30 pm
Derek Hensel	Bike Area Set Up (Sat)	May 18 8:30 am - 12:00 pm
Mary Hensel	Bike Check In (Sat)	May 18 12:30 pm - 3:00 pm
Mary Hensel	Banquet Help	May 20 4:45 pm - 6:15 pm
Lauren Hess	Bike Return	May 19 10:30 am - 1:00 pm
Ashley Hicks	Bike Return	May 19 2:00 pm - 4:00 pm
Ashley Hicks	Bike Return	May 19 2:00 pm - 4:00 pm
Rosemary Hill	T2 Racer Assistance	May 19 1:30 pm - 5:30 pm
Rosemary Hill	T2 Racer Assistance	May 19 10:30 am - 2:00 pm
Rosemary Hill	T2 Racer Assistance	May 19 7:00 am - 11:00 am
Jessy Hilliard	Bib Pick Up (Sat)	May 18 2:30 pm - 5:30 pm
Jessy Hilliard	T1 Racer Assistance	May 19 3:30 pm - 6:00 pm
Renee Hilliard	Pool Lap Counter	May 19 1:30 pm - 3:30 pm
Shannon Hilton	Pool Lap Counter	May 19 8:00 am - 11:30 am
Ben Hoffman	Pool Lap Counter	May 19 8:00 am - 11:30 am
Nicki Holmen	T2 Racer Assistance	May 19 7:00 am - 11:00 am
Helen Holmes	Bike Check In (Sat)	May 18 12:30 pm - 3:00 pm
Dawn Humenik	Pool Lap Counter	May 19 1:30 pm - 3:30 pm
Lauren Hundrup	Bib Pick Up (Sat)	May 18 2:30 pm - 5:30 pm

**2019 Gold Nugget Triathlon Volunteers***As of May 9, 2019 @ 3:00pm*

<b>Name</b>	<b>Task</b>	<b>Shift</b>
Linda Jacob	Bike Check In (Sat)	May 18 12:30 pm - 3:00 pm
Delynn James	Bike Check In (Sat)	May 18 12:30 pm - 3:00 pm
Angie Jensen	Ambiance Set Up (Finish Area)	May 19 7:00 am - 9:00 am
Kira Johannes	Bike Return	May 19 7:00 am - 11:00 am
Mark Johannes	Bike Return	May 19 7:00 am - 11:00 am
Anita Johnson	Pool Lap Counter	May 19 8:00 am - 11:30 am
Kristine Johnson	Pool Lap Counter	May 19 8:00 am - 11:30 am
Tessa Johrendt	Bib Pick Up (Tues)	May 14 5:30 pm - 7:00 pm
Callie Jones	T2 Racer Assistance	May 19 7:00 am - 11:00 am
Kathleen Judy	Bike Check In (Sat)	May 18 2:30 pm - 5:30 pm
Brittany Keener	Ambiance Set Up	May 19 6:00 am - 8:00 am
Brianne Keifer	Bike Return	May 19 2:00 pm - 4:00 pm
Kristen Keifer	Pool Deck Volunteer	May 19 11:00 am - 2:00 pm
Holly Kent	Pool Lap Counter	May 19 11:00 am - 2:00 pm
Thay Khambay	T2 Racer Assistance	May 19 10:30 am - 2:00 pm
Kristine Kincaid	Bike Check In (Sat)	May 18 12:30 pm - 3:00 pm
Debra Kinn	Bib Pick Up (Sat)	May 18 12:30 pm - 3:00 pm
Andrew Kirk	Bike Return	May 19 12:30 pm - 2:30 pm
Tanya Kirk	Bike Return	May 19 12:30 pm - 2:30 pm
Rodney Kleedehn	T2 Racer Assistance	May 19 7:00 am - 11:00 am
Sarah Kleedehn	Pool Lap Counter	May 19 1:30 pm - 3:30 pm
Amy Klein	Pool Lap Counter	May 19 1:30 pm - 3:30 pm
Amy Klein	Pool Lap Counter	May 19 11:00 am - 2:00 pm
Beth Knorr	Volunteer Check In	May 19 6:00 am - 10:00 am
Erin Knotek	Bib Pick Up (Sat)	May 18 12:30 pm - 3:00 pm
Carol Koford	Pool Lap Counter	May 19 11:00 am - 2:00 pm
Rebecca Koford	Bike Check In (Sat)	May 18 2:30 pm - 5:30 pm
Tamra Kornfield	Volunteer Check In	May 19 9:30 am - 12:30 pm
Judy Krier	Pool Deck Volunteer	May 19 7:30 am - 11:30 am
Ruth Kroona	Bike Return	May 19 2:00 pm - 4:00 pm
Mary Krynski	Bike Check In (Sat)	May 18 12:30 pm - 3:00 pm
Rebecca Kurtz	Pool Lap Counter	May 19 11:00 am - 2:00 pm
Christina Lam	Banquet Help	May 20 4:45 pm - 6:15 pm
Ashley Lang	Pool Lap Counter	May 19 8:00 am - 11:30 am
Calvin Langschwager	T2 Racer Assistance	May 19 10:30 am - 2:00 pm
Vonice Larsen	Bike Area Set Up (Sat)	May 18 8:30 am - 12:00 pm
Stacey Ledgerwood	Pool Deck Volunteer	May 19 11:00 am - 2:00 pm
Sandra Lee	Bib Pick Up (Sat)	May 18 2:30 pm - 5:30 pm
Sandra Lee	Pool Lap Counter	May 19 1:30 pm - 3:30 pm
Jim Leonard	Pool Lap Counter	May 19 8:00 am - 11:30 am
Kelly Lessens	T2 Racer Assistance	May 19 7:00 am - 11:00 am
Kristen Lewis	Bib Pick Up (Tues)	May 14 4:00 pm - 6:00 pm
Shelly Lindell	Pool Lap Counter	May 19 11:00 am - 2:00 pm
James Lombardo	Pool Lap Counter	May 19 11:00 am - 2:00 pm
Samantha Longacre	Pool Lap Counter	May 19 8:00 am - 11:30 am
Elizabeth Lopez	Pool Deck Volunteer	May 19 8:00 am - 11:30 am

**2019 Gold Nugget Triathlon Volunteers***As of May 9, 2019 @ 3:00pm*

<b>Name</b>	<b>Task</b>	<b>Shift</b>
Ann Lovejoy	Pool Lap Counter	May 19 1:30 pm - 3:30 pm
Sandra Lowther	Banquet Help	May 20 4:45 pm - 6:15 pm
Amanda Loy	Pool Lap Counter	May 19 1:30 pm - 3:30 pm
Madalene Mandap	T2 Racer Assistance	May 19 10:30 am - 2:00 pm
Karen Mansfield	Pool Lap Counter	May 19 11:00 am - 2:00 pm
Christine Marcinkiewicz	Bike Check In (Sat)	May 18 2:30 pm - 5:30 pm
Amelia Marshburn	Bike Check In (Sat)	May 18 2:30 pm - 5:30 pm
Heather Marshburn	Bike Check In (Sat)	May 18 2:30 pm - 5:30 pm
Mathias Martetschlaeger	Bike Area Set Up (Sat)	May 18 8:30 am - 12:00 pm
Lee Mcauliffe	T1 Racer Assistance	May 19 10:30 am - 2:00 pm
Molly Mccammon	Pool Lap Counter	May 19 8:00 am - 11:30 am
Jolene Mcdowell	Finish Area Take Down	May 19 4:30 pm - 6:30 pm
Addie Mcewen	T1 Racer Assistance	May 19 7:00 am - 11:00 am
Ben Mcgarry	T2 Racer Assistance	May 19 10:30 am - 2:00 pm
Jerry Mcgarry	T2 Racer Assistance	May 19 10:30 am - 2:00 pm
Mark Mcgarry	T2 Racer Assistance	May 19 10:30 am - 2:00 pm
Jodi Mclaughlin	Bike Check In (Sat)	May 18 2:30 pm - 5:30 pm
Bill Mendenhall	Bike Area Set Up (Sat)	May 18 8:30 am - 12:00 pm
Christi Meyn	Pool Lap Counter	May 19 8:00 am - 11:30 am
Hope Meyn	Pool Deck Volunteer	May 19 8:00 am - 11:30 am
Kris Miller	Pool Deck Volunteer	May 19 8:00 am - 11:30 am
Jackie Minge	Bike Return	May 19 12:30 pm - 2:30 pm
Joann Mitchell	Food, T-shirts & Gear (Finish Area)	May 19 8:00 am - 11:00 am
Maggie Mitchell	Food, T-shirts & Gear (Finish Area)	May 19 8:00 am - 11:00 am
Neil Mitchell	Spectator and Participant Support	May 19 10:30 am - 2:30 pm
Mary Mize	Pool Deck Volunteer	May 19 1:30 pm - 3:30 pm
Wendy Moe	Bib Pick Up (Wed)	May 15 5:30 pm - 7:00 pm
Diane Mohwinkel	Bike Return	May 19 10:30 am - 1:00 pm
Jill Montague	Pool Deck Volunteer	May 19 1:30 pm - 3:30 pm
Christine Moore	Volunteer Check In	May 19 12:00 pm - 4:00 pm
Heidi Moore	Volunteer Check In	May 19 12:00 pm - 4:00 pm
Jennifer Moore	Pool Lap Counter	May 19 1:30 pm - 3:30 pm
Reyna Moore	Pool Lap Counter	May 19 1:30 pm - 3:30 pm
Sarah Morehouse	Pool Lap Counter	May 19 1:30 pm - 3:30 pm
Mandy Morell	Bike Return	May 19 12:30 pm - 2:30 pm
Christina Morgan	Ambiance Set Up	May 19 6:00 am - 8:00 am
Tammy Morton	Spectator and Participant Support (Finish)	May 19 2:30 pm - 6:00 pm
Ericka Mulder	Bike Check In (Sat)	May 18 12:30 pm - 3:00 pm
Glenna Muncy	Pool Lap Counter	May 19 11:00 am - 2:00 pm
Sarah Nash	Pool Lap Counter	May 19 1:30 pm - 3:30 pm
Jackie Neal	Pool Lap Counter	May 19 8:00 am - 11:30 am
Kristen Newcomer	T1 Racer Assistance	May 19 3:30 pm - 6:00 pm
Michael Oblath	Pool Lap Counter	May 19 8:00 am - 11:30 am
Kaitlyn O'Brien	T1 Racer Assistance	May 19 3:30 pm - 6:00 pm
Patricia O'Gorman	Pool Deck Volunteer	May 19 1:30 pm - 3:30 pm
Mary Ogrady	Bike Check In (Sat)	May 18 12:30 pm - 3:00 pm

**2019 Gold Nugget Triathlon Volunteers***As of May 9, 2019 @ 3:00pm*

<b>Name</b>	<b>Task</b>	<b>Shift</b>
Catherine Opinsky	Pool Lap Counter	May 19 11:00 am - 2:00 pm
Haide Oyao	Food, T-shirts & Gear (Finish Area)	May 19 4:00 pm - 6:30 pm
Sharon Oyao	Food, T-shirts & Gear (Finish Area)	May 19 4:00 pm - 6:30 pm
Lies Packer	Bike Return	May 19 3:30 pm - 5:30 pm
Audrey Pahl	Food, T-shirts & Gear (Finish Area)	May 19 8:00 am - 11:00 am
Cheryl Paine	Pool Lap Counter	May 19 8:00 am - 11:30 am
Debbie Paine	Pool Lap Counter	May 19 8:00 am - 11:30 am
Diane Palmer	Bike Check In (Sat)	May 18 12:30 pm - 3:00 pm
Lena Palmer	Ambiance Set Up	May 19 6:00 am - 8:00 am
Sue Parry	Bib Pick Up (Tues)	May 14 4:00 pm - 6:00 pm
Cindi Parsons	Spectator and Participant Support (Sat)	May 18 2:30 pm - 5:30 pm
Cindi Parsons	Pool Lap Counter	May 19 1:30 pm - 3:30 pm
Keri Parsons	Bike Check In (Sat)	May 18 2:30 pm - 5:30 pm
Kelly Pasch	Pool Lap Counter	May 19 11:00 am - 2:00 pm
Harriet Paule	Volunteer Check In (Finish Area)	May 19 11:00 am - 2:00 pm
Harriet Paule	Bike Return	May 19 3:30 pm - 5:30 pm
Grace Pawlak	Bike Check In (Sat)	May 18 2:30 pm - 5:30 pm
Christine Pemble	Pool Deck Volunteer	May 19 8:00 am - 11:30 am
Tricia Perkins	Bib Pick Up (Wed)	May 15 4:00 pm - 6:00 pm
Megan Perkins-Norgaard	Pool Lap Counter	May 19 8:00 am - 11:30 am
Idamarie Piccard	Bib Pick Up (Tues)	May 14 4:00 pm - 6:00 pm
Idamarie Piccard	Bib Pick Up (Wed)	May 15 4:00 pm - 6:00 pm
Idamarie Piccard	Bike Check In (Sat)	May 18 2:30 pm - 5:30 pm
Idamarie Piccard	Banquet Help	May 20 8:00 pm - 9:00 pm
Anna Pieper	Pool Lap Counter	May 19 1:30 pm - 3:30 pm
Anna Pieper	Announcer Assistant (Finish Area)	May 19 9:00 am - 12:00 pm
Donna Pierce	Bib Pick Up (Tues)	May 14 5:30 pm - 7:00 pm
Donna Pierce	Bike Area Set Up (Sat)	May 18 8:30 am - 12:00 pm
Alecia Pike	Bib Pick Up (Sat)	May 18 2:30 pm - 5:30 pm
Robelyn Pounds	Pool Lap Counter	May 19 8:00 am - 11:30 am
Dianne Prince	Pool Lap Counter	May 19 1:30 pm - 3:30 pm
Heide Provencher	Pool Lap Counter	May 19 8:00 am - 11:30 am
Deanna Pruhs	Finish Area Take Down	May 19 4:30 pm - 6:30 pm
Sarah Rabinowitz	Spectator and Participant Support (Sat)	May 18 12:30 pm - 3:00 pm
Kelcie Ralph	Pool Deck Volunteer	May 19 11:00 am - 2:00 pm
Madeline Ramuglia	T1 Racer Assistance	May 19 3:30 pm - 6:00 pm
Ginette Raygor	Bib Pick Up (Sat)	May 18 2:30 pm - 5:30 pm
Hilary Rea	Bib Pick Up (Wed)	May 15 4:00 pm - 6:00 pm
Kathleen Redmond	Pool Lap Counter	May 19 11:00 am - 2:00 pm
Kayla Reifel	Food, T-shirts & Gear (Finish Area)	May 19 1:30 pm - 4:30 pm
Kerry Reifel	Food, T-shirts & Gear (Finish Area)	May 19 1:30 pm - 4:30 pm
Laurel Renkert	Pool Lap Counter	May 19 11:00 am - 2:00 pm
Mary Ann Renkert	Pool Lap Counter	May 19 1:30 pm - 3:30 pm
Gloria Reyes	Banquet Help	May 20 5:45 pm - 7:00 pm
Chelsea Rhodes	Pool Lap Counter	May 19 11:00 am - 2:00 pm
Michelle Richards	Bib Pick Up (Sat)	May 18 12:30 pm - 3:00 pm

**2019 Gold Nugget Triathlon Volunteers***As of May 9, 2019 @ 3:00pm*

<b>Name</b>	<b>Task</b>	<b>Shift</b>
Michelle Richards	Bike Return	May 19 10:30 am - 1:00 pm
Toya Rivers	Bike Area Set Up (Sat)	May 18 8:30 am - 12:00 pm
Anna Rix	Bike Check In (Sat)	May 18 12:30 pm - 3:00 pm
Jill Rogers	Pool Lap Counter	May 19 8:00 am - 11:30 am
Celia Rozen	Pool Lap Counter	May 19 11:00 am - 2:00 pm
Mari Rueter	T2 Racer Assistance	May 19 1:30 pm - 5:30 pm
Kathy Rumsey	T2 Racer Assistance	May 19 7:00 am - 11:00 am
Rena Sather	Spectator and Participant Support	May 19 10:30 am - 2:30 pm
Mikayla Savikko	Bike Check In (Sat)	May 18 12:30 pm - 3:00 pm
Jennifer Schmidt	Bike Area Set Up (Sat)	May 18 8:30 am - 12:00 pm
Alexxa Schubert	T2 Racer Assistance	May 19 1:30 pm - 5:30 pm
Stacey Schubert	T2 Racer Assistance	May 19 1:30 pm - 5:30 pm
Tiffany Schuyler	Bike Return	May 19 12:30 pm - 2:30 pm
Tiffany Schuyler	Pool Lap Counter	May 19 8:00 am - 11:30 am
Meredith Schwartz	Spectator and Participant Support (Sat)	May 18 12:30 pm - 3:00 pm
Elly Scott	T1 Racer Assistance	May 19 10:30 am - 2:00 pm
Pheng Scott	Pool Lap Counter	May 19 8:00 am - 11:30 am
Kathy Seybert	Pool Deck Volunteer	May 19 1:30 pm - 3:30 pm
Katie Seybert	Pool Deck Volunteer	May 19 1:30 pm - 3:30 pm
Shana Sharp	Volunteer Check In (Sat)	May 18 12:00 pm - 2:30 pm
Sue Sheard	Bib Pick Up (Wed)	May 15 5:30 pm - 7:00 pm
Jennifer Sheasley	Bib Pick Up (Wed)	May 15 5:30 pm - 7:00 pm
Heather Sia	Pool Lap Counter	May 19 11:00 am - 2:00 pm
Bernadette Simmons	Volunteer Check In	May 19 9:30 am - 12:30 pm
Katherine Sind	Pool Lap Counter	May 19 8:00 am - 11:30 am
Shauna Slater	Pool Lap Counter	May 19 11:00 am - 2:00 pm
Amy Smith	Pool Deck Volunteer	May 19 1:30 pm - 3:30 pm
Jennifer Smith	Bib Pick Up (Tues)	May 14 4:00 pm - 6:00 pm
Aviana Sorich	Pool Lap Counter	May 19 1:30 pm - 3:30 pm
Mary Kay Sorich	Pool Lap Counter	May 19 1:30 pm - 3:30 pm
Helena Spector	Bib Pick Up (Tues)	May 14 5:30 pm - 7:00 pm
Helena Spector	Bib Pick Up (Wed)	May 15 4:00 pm - 6:00 pm
Millie Spezialy	Bike Check In (Sat)	May 18 12:30 pm - 3:00 pm
Millie Spezialy	Banquet Help	May 20 4:45 pm - 6:15 pm
Cable Starlings	Clean Up & Recycling (Finish Area)	May 19 2:30 pm - 5:30 pm
Meg Stehn	Volunteer Check In (Sat)	May 18 12:00 pm - 2:30 pm
Meg Stehn	Volunteer Check In (Sat)	May 18 2:00 pm - 5:00 pm
Meg Stehn	Volunteer Check In	May 19 12:00 pm - 4:00 pm
Meg Stehn	Volunteer Check In	May 19 6:00 am - 10:00 am
Meg Stehn	Volunteer Check In	May 19 9:30 am - 12:30 pm
Brandy Stepetin	Bike Area Set Up (Sat)	May 18 8:30 am - 12:00 pm
Hannah Stepetin	Bike Area Set Up (Sat)	May 18 8:30 am - 12:00 pm
Tana Stone	Bib Pick Up (Tues)	May 14 5:30 pm - 7:00 pm
Tana Stone	Bib Pick Up (Wed)	May 15 4:00 pm - 6:00 pm
Tana Stone	Bike Check In (Sat)	May 18 12:30 pm - 3:00 pm
Kristina Storlie	T2 Racer Assistance	May 19 10:30 am - 2:00 pm



**2019 Gold Nugget Triathlon Volunteers***As of May 9, 2019 @ 3:00pm*

<b>Name</b>	<b>Task</b>	<b>Shift</b>
Shari Storlie	T2 Racer Assistance	May 19 7:00 am - 11:00 am
Monica Terrones	Pool Lap Counter	May 19 8:00 am - 11:30 am
Lynnann Tew	Bike Area Set Up (Sat)	May 18 8:30 am - 12:00 pm
Brooke Therrien	Bike Check In (Sat)	May 18 12:30 pm - 3:00 pm
Joanne Thomas	Pool Deck Volunteer	May 19 7:30 am - 11:30 am
Beta Rae Thompson	Bike Area Set Up (Sat)	May 18 8:30 am - 12:00 pm
Judy Thompson	Ambiance Set Up	May 19 6:00 am - 8:00 am
Yvonne Thompson	Bike Check In (Sat)	May 18 2:30 pm - 5:30 pm
Claire Todd	Spectator and Participant Support (Sat)	May 18 8:00 am - 11:30 am
Gerri Tokar-Hines	Pool Lap Counter	May 19 8:00 am - 11:30 am
Amber Treadway	T1 Racer Assistance	May 19 1:30 pm - 4:00 pm
Amber Treadway	Pool Lap Counter	May 19 11:00 am - 2:00 pm
Brian Trimble	T2 Racer Assistance	May 19 1:30 pm - 5:30 pm
Mary Trimble	T2 Racer Assistance	May 19 1:30 pm - 5:30 pm
Mark Turberville	Food, T-shirts & Gear (Finish Area)	May 19 1:30 pm - 4:30 pm
Amy Utlej	Pool Lap Counter	May 19 8:00 am - 11:30 am
Sherrille Van Horn	Bib Pick Up (Sat)	May 18 2:30 pm - 5:30 pm
Rebecca Venot	Pool Lap Counter	May 19 11:00 am - 2:00 pm
Alicia Vernon	Ambiance Set Up	May 19 6:00 am - 8:00 am
Kelli Vey	Bib Pick Up (Sat)	May 18 12:30 pm - 3:00 pm
Kelli Vey	T2 Racer Assistance	May 19 10:30 am - 2:00 pm
Kelli Vey	Banquet Help	May 20 4:45 pm - 6:15 pm
Kelli Vey	Banquet Help	May 20 8:00 pm - 9:00 pm
Kayla Vujovich	T2 Racer Assistance	May 19 10:30 am - 2:00 pm
Bonnie Wanat	Banquet Help	May 20 8:00 pm - 9:00 pm
Carol Waters	Pool Lap Counter	May 19 11:00 am - 2:00 pm
Jennifer Watson	Pool Lap Counter	May 19 11:00 am - 2:00 pm
Ashley Weaver	T2 Racer Assistance	May 19 10:30 am - 2:00 pm
Katra Wedeking	Bike Return	May 19 12:30 pm - 2:30 pm
Ilana Weisberg	Bib Pick Up (Wed)	May 15 5:30 pm - 7:00 pm
Candace White	Bike Check In (Sat)	May 18 12:30 pm - 3:00 pm
Heather White	Pool Lap Counter	May 19 1:30 pm - 3:30 pm
Heather White	Pool Lap Counter	May 19 11:00 am - 2:00 pm
Burke Wick	Pool Lap Counter	May 19 8:00 am - 11:30 am
Cheril Wilcox	Bib Pick Up (Tues)	May 14 4:00 pm - 6:00 pm
Carol Ann Willard	Volunteer Check In (Sat)	May 18 2:00 pm - 5:00 pm
Carol Ann Willard	Pool Lap Counter	May 19 11:00 am - 2:00 pm
Savannah Willis	Bib Pick Up (Wed)	May 15 5:30 pm - 7:00 pm
Savannah Willis	Bike Area Set Up (Sat)	May 18 8:30 am - 12:00 pm
Linda Wilson	Bike Check In (Sat)	May 18 2:30 pm - 5:30 pm
Karen Witthoef	Food, T-shirts & Gear (Finish Area)	May 19 1:30 pm - 4:30 pm
Brooke Wood	T1 Racer Assistance	May 19 10:30 am - 2:00 pm
Cynthia Worrell	T1 Racer Assistance	May 19 10:30 am - 2:00 pm