

SWIM RESULTS
 2014 GOLD NUGGET TRIATLON
 May 18th, 2014
 Bartlett Hight School, Anchorage, AK

Place	No.	Name	Town	St	Age	S	Swim
1	3	Larrell Lockard	Anchorage	AK	39	F	6:03.00
2	15	Shannon Titzel	Anchorage	AK	43	F	6:19.30
3	168	Madeleine Oakley	Anchorage	AK	16	F	6:22.60
4	20	Kendal Williams	Anchorage	AK	16	F	6:22.70
5	167	Naomi Oakley	Anchorage	AK	13	F	6:33.70
6	1147	Mairin Hayden	Anchorage	AK	25	F	6:34.70
7	4	Erin Beam	CHUGIAK	AK	43	F	6:38.60
8	242	Lilly Harris	Anchorage	AK	17	F	6:39.00
9	1627	Amy Stielstra	Wasilla	AK	32	F	6:42.10
10	1022	Ripple Sato	Anchorage	AK	16	F	6:42.70
11	10	Jenny Kimball	Anchorage	AK	43	F	6:43.50
12	126	Lauren Langford	Anchorage	AK	25	F	6:45.40
13	244	Sarah Harris	Anchorage	AK	15	F	6:46.10
14	129	Megan Hawkins	Anchorage	AK	16	F	6:49.40
15	128	Kendra Paskvan	Anchorage	AK	19	F	6:54.50
16	1167	Bronwen Nicholls	Anchorage	AK	26	F	6:56.40
17	70	melinda greig-walk	anchorage	AK	56	F	6:59.10
18	12	Laura Gardner	Anchorage	AK	31	F	6:59.60
19	180	Claire Norton-Cruz	Anchorage	AK	34	F	7:00.20
20	524	Erin Gibson	Anchorage	AK	24	F	7:01.80
21	65	liz odell	Anchorage	AK	30	F	7:02.40
22	1180	Stephanie Kuhns	Anchorage	AK	29	F	7:05.60
23	14	Samantha Wuttig	Fairbanks	AK	43	F	7:07.30
24	29	Beth Paynter	Eagle River	AK	38	F	7:08.20
25	42	joleen white	anchorage	AK	40	F	7:08.40
26	1	Amber Stull	Anchorage	AK	36	F	7:08.80
27	225	Bridget McBride	ANCHORAGE	AK	35	F	7:10.00
28	1116	Alina Rykaczewski	Anchorage	AK	24	F	7:13.10
29	950	sylvia gates	Eagle River	AK	19	F	7:14.00
30	139	Eliza Zugg	Palmer	AK	18	F	7:15.00
31	498	Alyssa Hampton	Anchorage	AK	16	F	7:15.60
32	1105	Erin Widby	Anchorage	AK	25	F	7:16.80
33	18	Sara Miller	anchorage	AK	38	F	7:18.20
34	21	Andrea Kettler	Anchorage	AK	30	F	7:18.80
35	7	Kinsey Loan	Eagle River	AK	21	F	7:20.00
36	49	Heather Wolfe	Anchorage	AK	27	F	7:27.10
37	1024	Piper Sato	Anchorage	AK	14	F	7:27.70
38	1063	Anna Jemmings	Anchorage	AK	17	F	7:28.10
39	1549	Elizabeth Housh	Eagle River	AK	24	F	7:31.60
40	239	Colny Tucker	Eagle River	AK	63	F	7:31.90
41	1523	amy woodward	Eagle River	AK	36	F	7:32.70
42	75	Jamie Brakora	Anchorage	AK	19	F	7:36.00
43	1062	Rebecca Jemmings	Anchorage	AK	38	F	7:40.00
44	16	Annie Liotta	Anchorage	AK	21	F	7:40.20
45	27	Jodi McLaughlin	Anchorage	AK	40	F	7:40.70
46	1576	Isabella Watsjold	Eagle River	AK	13	F	7:41.80
47	1066	Rachael Gano	Anchorage	AK	29	F	7:45.80
48	1108	Jennifer Pickett	Anchorage	AK	32	F	7:47.10
49	100	Kris Merizon	Chugiak	AK	42	F	7:47.30
50	55	Jolie Johnsen	Anchorage	AK	41	F	7:50.00

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Place	No.	Name	Town	St	Age	S	Swim
51	62	Julia Smith	Anchorage	AK	42	F	7:53.90
52	230	Shannon King Hamle	Anchorage	AK	39	F	7:56.90
53	1276	Katie Bisson	Anchorage	AK	38	F	7:57.20
54	1083	Krista Cook	JBER	AK	26	F	7:58.10
55	1290	Lori Deschamps	Anchorage	AK	43	F	7:58.20
56	46	Katie Povolo	anchorage	AK	38	F	7:58.20
57	24	Jenifer Kohout	anchorage	AK	50	F	7:58.30
58	1100	Dana Jaworski	Anchor Point	AK	36	F	7:59.90
59	307	Staci Gulsvig	Anchorage	AK	30	F	8:00.00
60	1490	Elinor Harrington	Chugiak	AK	31	F	8:00.20
61	1070	Holly Willman	Anchorage	AK	34	F	8:00.30
62	822	Rebecca Perkins	Anchorage	AK	16	F	8:00.90
63	22	Corrie Smith	Anchorage	AK	34	F	8:02.10
64	31	Lisa Keller	Anchorage	AK	50	F	8:02.90
65	112	Mia Costello	Anchorage	AK	46	F	8:03.00
66	760	Rikki Peck	Anchorage	AK	25	F	8:03.70
67	1136	Teresa Dearborn	Anchorage	AK	44	F	8:04.90
68	116	Kacy Hillman	Anchorage	AK	32	F	8:05.10
69	138	Aicha Hull	Anchorage	AK	36	F	8:05.70
70	957	Meghan Wieten-Scot	Anchorage	MI	30	F	8:06.40
71	1075	Sondra Winters	Delta Junction	AK	35	F	8:07.40
72	258	Merrileigh Boring	Anchorage	AK	42	F	8:08.60
73	6	Danielle Dalton	Anchorage	AK	35	F	8:10.90
74	1073	Maryann Keane	Fairbanks	AK	34	F	8:13.10
75	1300	Emily Cooper	Anchorage	AK	28	F	8:13.70
76	896	Leah Kinard	Anchorage	AK	34	F	8:15.10
77	40	Cory Lehl	Kenai	AK	32	F	8:15.10
78	1388	Torrey Hunter	Anchorage	AK	34	F	8:15.20
79	47	Molly Elliott	Anchorage	AK	27	F	8:16.10
80	425	kathleen oconnor	haines	AK	50	F	8:16.10
81	1362	Laura West	Anchorage	AK	23	F	8:17.10
82	700	LeeAnne Clifton	Sutton	AK	30	F	8:17.70
83	8	Carrie Setian	Huntington Beach	CA	34	F	8:18.80
84	322	Jenelle Bloomfield	Anchorage	AK	35	F	8:18.90
85	1465	Cassie Green	Anchorage	AK	28	F	8:19.20
86	1520	Jordin Thompson	Eagle River	AK	27	F	8:20.40
87	293	Renee Millard	Wasilla	AK	38	F	8:21.10
88	17	Deana Watson	Anchorage	AK	43	F	8:21.10
89	84	Elizabeth Calabro	Anchorage	AK	36	F	8:21.40
90	1231	Emily Rohloff	Anchorage	AK	22	F	8:21.80
91	1048	Amanda Van Flein	Anchorage	AK	11	F	8:23.60
92	974	Molly McLaughlin	Anchorage	AK	11	F	8:24.10
93	110	Kristan Kelly	Fairbanks	AK	46	F	8:26.00
94	1356	Samantha Matsuoka	Anchorage	AK	25	F	8:26.00
95	1460	Nicole Weir	Anchorage	AK	24	F	8:26.40
96	1087	Katra Wedeking	Girdwood	AK	40	F	8:29.00
97	848	Katie Peichel	Anchorage	AK	12	F	8:29.80
98	1572	Robin Gray	Eagle River	AK	39	F	8:30.10
99	151	Anna Fischer	Anchorage	AK	33	F	8:30.20
100	597	cassie smith	Anchorage	AK	41	F	8:31.50

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101	1494	Stacie Gracey	Chugiak	AK	37	F	8:33.10
102	844	Danielle Holness	Anchorage	AK	21	F	8:33.50
103	9	Danelle Winn	Anchorage	AK	46	F	8:33.50
104	847	KC Kent	Girdwood	AK	21	F	8:33.70
105	1082	Erin Schumacher	Anchorage	AK	44	F	8:34.10
106	99	Lisa Johnston	Anchorage	AK	33	F	8:35.00
107	1532	Lindsay Bahn	Eagle River	AK	28	F	8:35.30
108	852	April Watts	Chugiak	AK	39	F	8:35.80
109	1095	Kathy Keck	Anchorage	AK	55	F	8:36.70
110	1031	Stacy Carpenter	Anchorage	AK	40	F	8:37.50
111	1496	Allison Devine	Chugiak	AK	16	F	8:37.70
112	1089	Eloise Brown	Anchorage	AK	42	F	8:38.70
113	1092	Chelsie Morrison-H	Anchorage	AK	24	F	8:39.20
114	169	Irene Bembenek	Anchorage	AK	17	F	8:39.20
115	1346	Megan Soule	anchorage	AK	39	F	8:40.00
116	83	Laura Johnston	Anchorage	AK	43	F	8:40.20
117	1207	Te'Audra Sanders	Anchorage	AK	26	F	8:40.70
118	13	Martha marlow	Anchorage	AK	36	F	8:41.20
119	742	Hannah Farr	Chugiak	AK	10	F	8:41.40
120	967	Jennifer Burns	Eagle river	AK	45	F	8:42.10
121	211	Emilee Sawyer	Seward	AK	29	F	8:42.30
122	1190	Lauren Hess	Anchorage	AK	22	F	8:43.30
123	213	Erin Diel	Anchorage	AK	25	F	8:43.30
124	1280	Bethany Essary	Anchorage	AK	30	F	8:43.50
125	227	Ann Lovejoy	Anchorage	AK	39	F	8:43.50
126	692	Alyssa Frothingham	Fairbanks	AK	25	F	8:43.90
127	11	Natasha Bergt	Anchorage	AK	54	F	8:44.10
128	337	Tana Stone	Anchorage	AK	36	F	8:44.50
129	1422	Jennifer Slaughter	Anchorage	AK	41	F	8:45.10
130	36	Mary Fischer	Kenai	AK	48	F	8:46.40
131	1157	Joelle Coulter	Anchorage	AK	47	F	8:46.60
132	1625	Jessica Moyer	Seattle	WA	32	F	8:48.10
133	1201	Darcie Brodsky	Anchorage	AK	28	F	8:48.60
134	328	Mackenzie Moen	Anchorage	AK	25	F	8:49.50
135	174	Alice Michaelson	Anchorage	AK	16	F	8:50.10
136	1505	Hannah Babin	Chugiak	AK	16	F	8:50.50
137	774	Heather Sweetser	Palmer	AK	47	F	8:50.90
138	1150	claire Coppel	Anchorage	AK	55	F	8:51.30
139	296	Julie Hanson	Eagle River	AK	44	F	8:53.60
140	1519	Sara McCormick	Eagle River	AK	35	F	8:54.20
141	1109	Jennifer Armentrou	Anchorage	AK	35	F	8:55.80
142	37	Jennifer Henderson	Anchorage	AK	37	F	8:56.10
143	130	Karen Hawkins	Anchorage	AK	51	F	8:56.20
144	228	Dianne Prince	Anchorage	AK	49	F	8:57.40
145	1381	Haley Johnston	Anchorage	AK	24	F	8:58.30
146	1238	Ellie Mitchell	Anchorage	AK	13	F	8:59.00
147	32	Jill McLeod	Anchorage	AK	47	F	8:59.30
148	1344	Elaina Hveding	Anchorage	AK	38	F	8:59.80
149	1273	Emily Henderson	Anchorage	AK	35	F	9:00.20
150	1214	Jenny Lynes	Anchorage	AK	26	F	9:00.40

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151	218	Emily Poray	Anchorage	AK	35	F	9:00.90
152	718	Lisa Kelly	Anchorage	AK	36	F	9:00.90
153	33	Jenny Jemison	Anchorage	AK	28	F	9:01.00
154	1210	cecilia reagle	anchorage	AK	25	F	9:02.40
155	826	Elly Neeser	Anchorage	AK	10	F	9:02.50
156	429	Hanna Wuttig	Fairbanks	AK	12	F	9:03.00
157	1561	Heidi Minshew	Eagle River	AK	30	F	9:03.40
158	443	Stacey Buckelew	homer	AK	35	F	9:03.60
159	1068	Diana Burbank	Anchorage	AK	31	F	9:03.90
160	39	Katie Way	Anchorage	AK	43	F	9:04.60
161	1153	Jessica Miranda	Anchorage	AK	24	F	9:05.10
162	183	Amanda Odegard	Anchorage	AK	27	F	9:05.20
163	588	Molly McCormick	Douglas	AK	49	F	9:05.30
164	1259	Naomi Torrance	Anchorage	AK	33	F	9:05.40
165	952	Malaika Tesson	Anchorage	AK	27	F	9:05.80
166	1215	susie dietz	Anchorage	AK	45	F	9:05.80
167	196	Katera Seybert	ANchorage	AK	16	F	9:06.60
168	412	Deidra Burns	JBER	AK	30	F	9:07.50
169	97	Kristin Morrow	Kenai	AK	42	F	9:07.70
170	1372	Kelly Ingram	Anchorage	AK	27	F	9:08.50
171	30	Carleen Ulbrich	Anchorage	AK	43	F	9:08.70
172	216	cynthia decker	anchorage	AK	55	F	9:09.10
173	150	LeeAnn Burns	Eagle River	AK	27	F	9:09.10
174	1053	Ariel Feucht	eagle river	AK	12	F	9:09.40
175	1416	COLLEEN WILT	Anchorage	AK	27	F	9:10.00
176	1484	Julie Storlie	Anchorage	AK	23	F	9:10.20
177	968	Rebecca Kilfoyle	Anchorage	AK	26	F	9:10.70
178	850	Amanda Moser	Anchorage	AK	32	F	9:11.40
179	1012	Gretta Pickett	Anchorage	AK	15	F	9:11.50
180	1088	Rebecca Wurster	ANCHORAGE	AK	30	F	9:11.60
181	594	KIELAH ODEM	EAGLE RIVER	AK	13	F	9:12.40
182	963	Christina Nordstro	Anchorage	AK	39	F	9:12.90
183	1047	Donna Van Flein	Anchorage	AK	47	F	9:13.40
184	164	Alisa Tijerina	Anchorage	AK	33	F	9:13.70
185	1041	Krystal Nelson	Anchorage	AK	41	F	9:13.80
186	448	Ronda Aspengren	Anchorage	AK	39	F	9:14.00
187	1104	Merry DePalatis	Anchorage	AK	26	F	9:15.90
188	1125	Kelly Donnelly	Anchorage	AK	28	F	9:16.20
189	125	Lynn Kent	Girdwood	AK	54	F	9:17.40
190	1553	Haylee Donovan	Eagle River	AK	30	F	9:18.00
191	127	Judith Abrahams	Anchorage	AK	39	F	9:18.10
192	1592	Jennifer Midlo	Ealge River	AK	43	F	9:18.10
193	897	Brooke Therrien	Anchorage	AK	26	F	9:19.10
194	119	Julie Osgood	Anchorage	AK	49	F	9:20.30
195	1391	Kelleigh Shea	Anchorage	AK	26	F	9:20.30
196	1609	Emily Longbrake	Palmer	AK	28	F	9:20.70
197	1077	Amanda Hegna	Eagle River	AK	34	F	9:21.10
198	1060	Kaija Grisham	Anchorage	AK	12	F	9:21.30
199	1299	Katie McKillip	Anchorage	AK	32	F	9:21.40
200	67	priya hajari	bellevue	WA	39	F	9:21.40

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201	1595	Maggie Porter	Girdwood	AK	34	F	9:21.40
202	1192	Suzanna Caldwell	Anchorage	AK	26	F	9:22.20
203	26	Rosalyn Singleton	Eagle River	AK	57	F	9:22.70
204	1134	Mary Ann Renkert	Anchorage	AK	58	F	9:23.10
205	1539	Suzanne Armentrout	Eagle River	AK	42	F	9:23.70
206	19	janet mamikunian	Anchorage	AK	52	F	9:23.80
207	210	Elizabeth Conway	ANCHORAGE	AK	23	F	9:24.30
208	1274	Katie Rall	Anchorage	AK	23	F	9:24.90
209	1454	Stephanie Spring	Anchorage	AK	28	F	9:25.60
210	1451	Renee Rudd	Anchorage	AK	53	F	9:28.50
211	1432	Jeannette Lee	Anchorage	AK	34	F	9:28.70
212	528	Jennie Sodergren	Valdez	AK	31	F	9:29.10
213	525	Dana Brokofsky	Anchorage	AK	33	F	9:29.50
214	217	Emily Jensen	Chugiak	AK	16	F	9:30.00
215	1277	Lindsey Durrell	Anchorage	AK	29	F	9:30.30
216	1223	Lucille Baranko	Anchorage	AK	30	F	9:31.00
217	990	Mary Krynski	Eagle River	AK	55	F	9:31.20
218	1481	Nikelle Kruger	Anchorage	AK	25	F	9:31.90
219	1085	Laura Chartier	Anchorage	AK	29	F	9:32.10
220	496	Bonnie Dearmoun	Anchorage	AK	32	F	9:32.40
221	1225	Stephanie Seward	Anchorage	AK	35	F	9:32.40
222	1111	Jess Klain	Anchorage	AK	28	F	9:33.60
223	552	Deborah Warner	Anchorage	AK	53	F	9:33.90
224	1491	Lauren Devine	Chugiak	AK	14	F	9:33.90
225	1187	Erin Marbarger	Anchorage	AK	27	F	9:34.50
226	1030	Riley Simes	Anchorage	AK	12	F	9:35.20
227	1224	Megan Carle	Anchorage	AK	34	F	9:37.20
228	1112	Cody Block	Anchorage	AK	23	F	9:37.30
229	115	lori bodwell	Fairbanks	AK	47	F	9:38.00
230	1411	Megan Chelf	Anchorage	AK	27	F	9:38.00
231	982	Sissy Adams	Anchorage	AK	51	F	9:38.20
232	1337	Kelley Tompkins	Anchorage	AK	25	F	9:38.70
233	306	Rebecca Palsha-Hop	Anchorage	AK	36	F	9:39.80
234	529	Gianna McCune	Valdez	AK	33	F	9:40.10
235	1581	Clare Cook	Eagle River	AK	16	F	9:40.70
236	1557	Miranda Dordan	Eagle River	AK	19	F	9:41.00
237	1587	Shelene Sainsbury	Eagle River	AK	37	F	9:41.20
238	58	Angela Piccard	Anchorage	AK	20	F	9:41.30
239	1349	Mirna Estrada	Anchorage	AK	29	F	9:41.70
240	303	Julie Vogler	Anchorage	AK	42	F	9:41.90
241	1603	Michelle Roth	JBER	AK	50	F	9:42.10
242	1230	Diana Carter	Anchorage	AK	41	F	9:42.30
243	519	Megan Carlson	Anchorage	AK	29	F	9:42.30
244	1151	Martha Robinson	Anchorage	AK	51	F	9:42.90
245	1094	Angelina Ferucci	Anchorage	AK	11	F	9:43.20
246	1529	Meghan Card	Eagle River	AK	28	F	9:43.50
247	1220	Joy Davis	Anchorage	AK	29	F	9:43.80
248	1394	Nadia Dworian	Anchorage	AK	14	F	9:44.90
249	243	Angela Harris	Anchorage	AK	47	F	9:45.30
250	95	Hanna Young	Homer	AK	25	F	9:45.30

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251	1244	Kelsey Cartwright	Anchorage	AK	23	F	9:45.50
252	143	Betsy Haines	Anchorage	AK	53	F	9:45.70
253	1146	Tiffany Hall	Anchorage	AK	32	F	9:46.20
254	1329	Anneleise Loescher	Anchorage	AK	33	F	9:46.50
255	1140	tina moronell	Anchorage	AK	49	F	9:47.40
256	223	liane nagata	Anchorage	AK	43	F	9:47.40
257	682	Betsy Eisses	Anchorage	AK	55	F	9:47.70
258	1081	Haley Highley	Eagle River	AK	34	F	9:47.70
259	198	EMILY BECKER	ANCHORAGE	AK	41	F	9:48.20
260	86	sue parry	girdwood	AK	56	F	9:48.50
261	77	Chelsea Casey	Anchorage	AK	27	F	9:48.60
262	1434	Kelly Rosencrans	Anchorage	AK	27	F	9:49.50
263	691	sarah Apsens	Fairbanks	AK	26	F	9:50.20
264	820	Kyndall Powers	Fairbanks	AK	31	F	9:50.40
265	1264	Tessa Beedle	Anchorage	AK	22	F	9:50.60
266	1315	Amy Hart	Anchorage	AK	29	F	9:50.80
267	1620	Cindy Sykes	Palmer	AK	62	F	9:51.40
268	137	Ellyn Brown	Anchorage	AK	61	F	9:51.60
269	1044	Alexandra Thomas	anchorage	AK	13	F	9:51.60
270	1358	LynnAnn Tew	Anchorage	AK	47	F	9:52.00
271	1606	Holly Fisk	Lakewood	CO	29	F	9:52.50
272	828	Alina Wyatt	Fairbanks	AK	42	F	9:52.50
273	1141	Emily Hudyma	Anchorage	AK	29	F	9:53.00
274	956	Margaret Grinnell	Anchorage	AK	25	F	9:54.40
275	208	Lauren Hundrup	Anchorage	AK	28	F	9:54.60
276	885	Mara Hill	Anchorage	AK	23	F	9:54.60
277	1164	Trill Gates	Anchorage	AK	46	F	9:55.10
278	989	Amanda Krysinski	Anchorage	AK	25	F	9:56.30
279	1071	Angela Kuest	Anchorage	AK	39	F	9:56.70
280	1240	Ilia Mahns	Anchorage	AK	12	F	9:56.80
281	231	Suzanne Smith	Eagle River	AK	38	F	9:57.00
282	25	Hannah Booher	Chugiak	AK	15	F	9:57.00
283	63	Jennifer Weber	Valdez	AK	36	F	9:57.50
284	69	Marcia Davis	Anchorage	AK	56	F	9:57.90
285	61	cindy cooper	anchorage	AK	57	F	9:59.60
286	53	Lia Keller	Anchorage	AK	38	F	10:00.30
287	1564	Caitlin Ward	Eagle River	AK	23	F	10:00.60
288	1622	Susie Shutts	Palmer	AK	26	F	10:01.10
289	456	Rebecca Agalawatta	Eagle River	AK	34	F	10:01.10
290	1367	Cullen Harper	Anchorage	AK	37	F	10:01.40
291	1486	Rebecca Gitzen	Anchorage	AK	29	F	10:01.70
292	305	Kristen Drummond	Anchorage	AK	30	F	10:02.30
293	38	Sarah Freistone	Anchorage	AK	19	F	10:02.50
294	1483	Liz Ciufo	anchorage	AK	25	F	10:02.60
295	1122	Linda Barnack	Anchorage	AK	27	F	10:03.00
296	1374	Lauren Smayda	Anchorage	AK	31	F	10:03.10
297	629	Mandy McConnell	Anchorage	AK	32	F	10:03.30
298	997	Kara Moore	Eagle River	AK	34	F	10:03.80
299	546	Christy McGrew	Anchorage	AK	32	F	10:04.00
300	41	Ashley Van Hemert	Anchorage	AK	32	F	10:04.20

SWIM RESULTS
 2014 GOLD NUGGET TRIATLON
 May 18th, 2014
 Bartlett Hight School, Anchorage, AK

Place	No.	Name	Town	St	Age	S	Swim
301	1107	Rebecca Jarnagin	Anchorage	AK	35	F	10:04.30
302	172	Kimberley Garner	Anchorage	AK	39	F	10:04.50
303	1271	Sara Bergsagel	Anchorage	AK	28	F	10:04.70
304	214	Robby Bear	Anchorage	AK	54	F	10:04.90
305	655	Regan Mies	Anchorage	AK	29	F	10:05.40
306	398	Shannon Morley	Delta Junction	AK	33	F	10:05.90
307	1183	Jane Tuomi	Anchorage	AK	38	F	10:05.90
308	1064	Amy Shindle	Anchorage	AK	22	F	10:06.00
309	1208	Megan Nicolet	Anchorage	AK	33	F	10:06.10
310	752	Donna Craig	Eagle river	AK	38	F	10:07.70
311	1074	Brandy Baker	Delta Junction	AK	35	F	10:08.70
312	1046	Linda Ulrich	Anchorage	AK	40	F	10:09.40
313	1563	Marina Critchett	Eagle River	AK	24	F	10:09.40
314	1500	Brittany Dschaak	Chugiak	AK	27	F	10:09.50
315	1446	Carey Carpenter	Anchorage	AK	37	F	10:09.60
316	1243	Tamsin Kurth	Anchorage	AK	38	F	10:09.80
317	943	Kristine de Leon	Fairbanks	AK	24	F	10:10.50
318	1212	Melissa Falcone	Anchorage	AK	27	F	10:10.50
319	1253	Devon Rust	Anchorage	AK	36	F	10:10.50
320	440	Crystal Curran	Anchorage	AK	27	F	10:11.50
321	1302	Alexis Furin	Anchorage	AK	37	F	10:11.50
322	1397	Emily Long	Anchorage	AK	32	F	10:11.90
323	1114	Jennifer Whitelock	anchorage	AK	34	F	10:11.90
324	368	Brenna McCarron	Homer	AK	13	F	10:12.20
325	335	Terri Lemons	Anchorage	AK	38	F	10:12.80
326	866	Katharine Thomas	Anchorage	AK	30	F	10:13.80
327	1531	Brandy Stepetin	Eagle River	AK	32	F	10:14.10
328	59	Sarah Mixsell	Anchorage	AK	12	F	10:14.20
329	131	Jennifer Kueter	Anchorage	AK	41	F	10:14.80
330	1117	Leah Zumwalt	Anchorage	AK	29	F	10:14.80
331	246	Patricia OGorman	Anchorage	AK	65	F	10:15.10
332	1174	Renee Robertson	Anchorage	AK	35	F	10:15.80
333	894	Sarah Yoder	Anchorage	AK	27	F	10:15.80
334	1091	Nina Menghini	Anchorage	AK	54	F	10:15.90
335	60	Jennifer Schrage	Anchorage	AK	42	F	10:16.00
336	1413	Monica Mcteague	Anchorage	AK	36	F	10:17.20
337	1156	Allison Ramsay	Anchorage	AK	29	F	10:17.30
338	1132	Hannah Ruff	Anchorage	AK	24	F	10:17.30
339	509	Jennifer Lancaster	SOLDOTNA	AK	40	F	10:17.40
340	1389	Laura Baker	Anchorage	AK	33	F	10:17.50
341	256	Tana Luna	Chugiak	AK	39	F	10:17.60
342	1161	Kirsten Schultz	Anchorage	AK	26	F	10:18.00
343	1427	Heather Githens	Anchorage	AK	32	F	10:18.60
344	954	Johna Beech	Kenai	AK	36	F	10:19.10
345	1101	Ashley Lanier	Anchorage	AK	30	F	10:19.10
346	591	Debbie Boots	Anchorage	AK	51	F	10:20.10
347	292	Karissa Good	Anchorage	AK	17	F	10:21.00
348	252	Heidi Booher	Chugiak	AK	13	F	10:21.20
349	694	amie greer	Fairbanks	AK	32	F	10:21.80
350	507	Alexis Kaferstein	Seward	AK	36	F	10:21.80

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Place	No.	Name	Town	St	Age	S	Swim
351	1430	Debbie Kivi	Anchorage	AK	43	F	10:22.30
352	1593	Maggie Donnelly	Girdwood	AK	51	F	10:22.70
353	898	Amy Mick	Anchorage	AK	30	F	10:22.70
354	1319	Lindsey Larson	Anchorage	AK	23	F	10:23.00
355	1473	Sydney Tarzwell	Anchorage	AK	35	F	10:23.20
356	165	Kristin Sullivan	Anchorage	AK	32	F	10:23.50
357	1311	Kimberly Buskirk	Anchorage	AK	43	F	10:23.70
358	28	Jill Simek	Anchorage	AK	40	F	10:23.80
359	1113	Ana Avila	Anchorage	AK	30	F	10:24.30
360	78	Paola Banchemo	Anchorage	AK	44	F	10:24.30
361	192	Alesia Thon	Anchorage	AK	47	F	10:25.60
362	1375	Margaret Dworian	Anchorage	AK	14	F	10:25.90
363	298	Heather Huff	Kenai	AK	38	F	10:26.20
364	857	Nicole Jones-Vogel	Anchorage	AK	33	F	10:26.30
365	450	Zella Aspengren	Anchorage	AK	9	F	10:26.50
366	34	Heidi Beer	Anchorage	AK	45	F	10:27.40
367	173	Erin McLeod	Anchorage	AK	15	F	10:28.30
368	1489	Heather Alvarado	Anchorage	AK	40	F	10:28.90
369	274	Amy Koehn	Anchorage	AK	37	F	10:29.00
370	964	Sabra Marchand	Anchorage	AK	34	F	10:29.20
371	590	Sheila Swanson	Anchorage	AK	48	F	10:30.20
372	224	Lauren Gaither	Anchorage	AK	16	F	10:31.00
373	45	Ashley Mortenson	Kodiak	AK	29	F	10:31.00
374	428	Layla Beam	CHUGIAK	AK	12	F	10:31.80
375	1600	Nicole Correa	JBER	AK	28	F	10:32.50
376	1246	Pamela Kauveiyakul	Anchorage	AK	31	F	10:32.80
377	1051	Ivy Eski	Anchorage	AK	11	F	10:33.30
378	302	Lisa Marin	Anchorage	AK	53	F	10:33.30
379	988	Kiera Puls	Anchorage	AK	13	F	10:33.30
380	605	catherine reyes	Chino Hills	CA	32	F	10:33.80
381	565	Carmen Thomas	Sutton	AK	49	F	10:34.40
382	1314	Brooke Degnan	Anchorage	AK	43	F	10:34.70
383	1221	Tracey Anderson	Anchorage	AK	34	F	10:34.90
384	1322	Alisa Carroll	Anchorage	AK	45	F	10:35.20
385	483	Cathy Coon	Anchorage	AK	49	F	10:35.30
386	1120	Christina Grande	Anchorage	AK	31	F	10:36.10
387	1269	Ashley Schaber	Anchorage	AK	33	F	10:36.60
388	657	Valerie McKenney	Soldotna	AK	54	F	10:37.50
389	1027	Lucy Teaford	Anchorage	AK	13	F	10:37.80
390	855	Sierra Sill	eagle river	AK	15	F	10:38.00
391	1009	Laura McLaughlin	Anchorage	AK	41	F	10:38.20
392	1131	Stacy Dayley	Anchorage	AK	45	F	10:38.30
393	1049	Virginia Gates	Anchorage	AK	49	F	10:38.40
394	978	Stephanie DeRaimo	Anchorage	AK	29	F	10:38.50
395	767	Rachel Cella	Anchorage	AK	37	F	10:38.60
396	1118	katie miller	Anchorage	AK	33	F	10:38.80
397	500	Amy Alderfer	Homer	AK	39	F	10:38.90
398	155	Marietta Hall	ANCHORAGE	AK	44	F	10:38.90
399	1330	Amy Benson	Anchorage	AK	37	F	10:39.00
400	1304	Lynda Limon	Anchorage	AK	47	F	10:39.00

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Place	No.	Name	Town	St	Age	S	Swim
401	686	Anna-Marie Benson	Fairbanks	AK	44	F	10:39.10
402	1042	Carter Nelson	Anchorage	AK	12	F	10:39.20
403	1630	Sarah Palenske	Wasilla	AK	30	F	10:39.50
404	134	Mackenzie Hawkins	Anchorage	AK	11	F	10:39.50
405	1102	Amy Anderson	Anchorage	AK	30	F	10:39.50
406	1133	Kelli Murphy	Anchorage	AK	26	F	10:40.00
407	247	Emma Rea	Anchorage	AK	27	F	10:40.60
408	536	Kristina Walters	Anchorage	AK	35	F	10:41.00
409	297	Suzanne Smerjac	anchorage	AK	34	F	10:41.60
410	1128	Emily Biering	Anchorage	AK	18	F	10:41.70
411	1255	Stephanie Schmidt	Anchorage	AK	33	F	10:41.70
412	1080	Allison Erickson	Eagle River	AK	39	F	10:42.10
413	1106	Margaret Stroble	Anchorage	AK	54	F	10:42.10
414	1145	Becky Paul	Anchorage	AK	33	F	10:42.60
415	1378	Rose Theisen	anchorage	AK	45	F	10:43.70
416	979	Amy Klein	Anchorage	AK	44	F	10:43.90
417	1078	kai sims	Eagle river	AK	34	F	10:44.10
418	854	Kathy Kartchner	Auke Bay	AK	51	F	10:44.10
419	93	Renee Parsley	Fairbanks	AK	41	F	10:44.40
420	1536	Anne Bott	Eagle River	AK	35	F	10:44.60
421	1262	Rachel Pompe	Anchorage	AK	41	F	10:44.80
422	1513	Kelly Alzaharna	Douglas	AK	51	F	10:45.10
423	1013	Christine Potter	Anchorage	AK	46	F	10:45.60
424	537	Madeleine Day	Anchorage	AK	13	F	10:45.60
425	585	marian mamikunian	Anchorage	AK	12	F	10:45.80
426	1148	katrina mejia	Anchorage	AK	35	F	10:45.90
427	1045	michelle thomas	anchorage	AK	51	F	10:46.00
428	1076	Brinna Wojtalewicz	Eagle River	AK	29	F	10:46.10
429	823	Bonnie Wanat	Eagle River	AK	55	F	10:46.10
430	819	Harriet Paule	Anchorage	AK	65	F	10:46.20
431	124	Sondra Tompkins	Anchorage	AK	48	F	10:46.30
432	1580	Julia Eichler	Eagle River	AK	35	F	10:46.50
433	184	Marian Frost	Chugiak	AK	56	F	10:46.70
434	1249	Randi Hegseth	Anchorage	AK	45	F	10:47.00
435	234	Crystal Epperheime	Kenai	AK	15	F	10:47.00
436	1028	Kelly Parsons	Chugiak	AK	49	F	10:47.00
437	1037	meredith Service	Anchorage	AK	25	F	10:47.20
438	895	Samantha Mellen	Anchorage	AK	28	F	10:48.50
439	1043	hannah thomas	anchorage	AK	11	F	10:48.70
440	663	Kendra Deutsch	Fairbanks	AK	28	F	10:49.20
441	639	Sarah Christiansen	Anchorage	AK	26	F	10:49.50
442	1039	Connie Service	Anchorage	AK	27	F	10:50.10
443	1237	Katherine Tompkins	Anchorage	AK	25	F	10:50.50
444	1364	Sarah Lindsey	Anchorage	AK	37	F	10:50.60
445	801	Jessica Blaney	peoria	AZ	23	F	10:50.60
446	91	Rita Miller	Anchorage	AK	67	F	10:50.70
447	1386	Megan McKay	Anchorage	AK	27	F	10:51.00
448	1345	Carmen Springer	Anchorage	AK	29	F	10:51.10
449	301	Ruth Sandstrom	Anchorage	AK	49	F	10:51.70
450	1602	Cayla Wentz	JBER	AK	22	F	10:51.80

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Place	No.	Name	Town	St	Age	S	Swim
451	237	MEL CHAPMAN	Anchorage	AK	46	F	10:52.00
452	757	Rachael Gaedeke	Anchorage	AK	37	F	10:52.40
453	1086	Regina Burzinski	Anchorage	AK	31	F	10:52.80
454	713	ingrid klinkhart	Anchorage	AK	48	F	10:53.00
455	1478	ashleigh farris	Anchorage	AK	31	F	10:53.40
456	1218	maria klein	anchorage	AK	42	F	10:53.60
457	1425	Megan Rowland	anchorage	AK	28	F	10:54.00
458	1205	Sara Kamahela	Anchorage	AK	24	F	10:54.20
459	1182	Lora Jorgensen	Anchorage	AK	44	F	10:54.30
460	962	Karissa Rollman	Wasilla	AK	34	F	10:54.90
461	182	Jennifer Greene	Anchorage	AK	40	F	10:54.90
462	976	stephanie schroede	Anchorage	AK	45	F	10:55.30
463	1526	Xinghua Turner	Eagle River	AK	16	F	10:55.50
464	905	Jennifer Gates	Anchorage	AK	32	F	10:55.70
465	1169	Carina Welker	Anchorage	AK	15	F	10:55.80
466	206	Kristy De Yong	Anchorage	AK	34	F	10:56.10
467	1409	Madeline Ramuglia	Anchorage	AK	27	F	10:56.20
468	1390	Michaela Struck	Anchorage	AK	28	F	10:56.40
469	194	Francisca Barnett	Anchorage	AK	32	F	10:56.70
470	748	claire Bond	eagle river	AK	17	F	10:56.70
471	1239	Jo Ballagh	Anchorage	AK	28	F	10:57.10
472	329	Mona Bremont	anchorage	AK	53	F	10:57.30
473	1400	Kristen Keifer	Anchorage	AK	29	F	10:57.40
474	947	Katy Grant	Anchorage	AK	47	F	10:57.40
475	1423	Julie Lina	Anchorage	AK	51	F	10:57.40
476	1538	Kristen Newcomer	Eagle River	AK	30	F	10:57.80
477	586	julie mccormick	Anchorage	AK	44	F	10:58.20
478	808	Mary Burr	Anchorage	AK	15	F	10:58.20
479	1573	Chris Lundgren	Eagle River	AK	49	F	10:58.70
480	1537	Jessica Diab	Eagle river	AK	35	F	10:59.10
481	1501	Erica McCaslin	Anchorage	AK	42	F	10:59.20
482	582	Devin Kelly	Anchorage	AK	23	F	10:59.50
483	1543	Sierra Humphrey	Eagle River	AK	19	F	11:00.00
484	276	Kayla Clark	Fairbanks	AK	40	F	11:00.10
485	958	Jennifer Parkhurst	Wasilla	AK	29	F	11:00.20
486	1263	Kelsey Johnson	anchorage	AK	28	F	11:00.40
487	402	Hilary Adams	Delta junction	AK	22	F	11:00.80
488	229	Laura Coulombe	Anchorage	AK	24	F	11:01.10
489	1185	Christy Jordan	Anchorage	AK	41	F	11:01.20
490	1363	Sarah Andrus	Anchorage	AK	26	F	11:01.90
491	1601	Kristy Estrada	Jber	AK	28	F	11:02.40
492	295	Kari Brookover	Anchorage	AK	50	F	11:02.50
493	698	Morgan Olszewski	Fairbanks	AK	31	F	11:03.20
494	399	Meghan Lene	Delta Junction	AK	31	F	11:03.50
495	157	Molly Young	Anchorage	AK	31	F	11:03.60
496	89	kimberly bush	Anchorage	AK	44	F	11:03.60
497	1588	Alyssa Hargis	Eagle river	AK	11	F	11:03.70
498	1546	Bev Lewanski	Eagle River	AK	63	F	11:03.90
499	506	Amanda Roder	Milwaukee	WI	29	F	11:03.90
500	618	Erika Kahill	ANCHORAGE	AK	36	F	11:04.20

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Place	No.	Name	Town	St	Age	S	Swim
501	1165	Kimberly Marek	Anchorage	AK	25	F	11:04.30
502	1213	Leah Kenney	Anchorage	AK	37	F	11:04.70
503	1487	Diane Brozovsky	Anchorgae	AK	53	F	11:05.30
504	103	Julie Patchin	Anchorage	AK	42	F	11:05.70
505	166	Susan Oakley	Anchorage	AK	49	F	11:06.50
506	846	Crystal Hoyos	Fairbanks	AK	44	F	11:06.90
507	803	Heather Courrier	Anchorage	AK	42	F	11:07.20
508	121	Abby Patchin	Anchorage	AK	13	F	11:07.40
509	1384	Jenna Gruenstein	Anchorage	AK	32	F	11:08.20
510	688	Catherine Livingst	Fairbanks	AK	38	F	11:08.30
511	123	Patti Liotta	Anchorage	AK	54	F	11:08.40
512	82	Taylor Way	Anchorage	AK	17	F	11:08.60
513	1284	Micheal Tuttle	anchorage	AK	29	F	11:08.70
514	1395	Jennifer Page	Anchorage	AK	39	F	11:08.90
515	699	Mary kate Green	Homer	AK	35	F	11:09.40
516	1241	Jessica Burk	Anchorage	AK	31	F	11:09.60
517	1339	Maggi Arend	Anchorage	AK	60	F	11:09.80
518	467	Rena Kornstad	Kenai	AK	40	F	11:10.00
519	1257	Danielle Blanchard	Anchorage	AK	30	F	11:10.00
520	98	Kristy Grawunder	Anchorage	AK	59	F	11:10.20
521	1545	Lisa Geis	Eagle River	AK	38	F	11:10.40
522	1305	Heather Leba	Anchorage	AK	30	F	11:10.50
523	1110	Aimee Gasser	Anchorage	AK	32	F	11:10.90
524	522	Valerie Martinez	palmer	AK	31	F	11:11.70
525	1599	Catrina Kranich	JBER	AK	29	F	11:11.70
526	197	Madeline Moore	Anchorage	AK	19	F	11:11.70
527	1475	Maria Weiss	Anchorage	AK	19	F	11:12.00
528	907	Judy Kitagawa	Anchorage	AK	53	F	11:13.80
529	445	Julie Kane	Anchorage	AK	38	F	11:13.90
530	1404	Rebecca Windt	Anchorage	AK	34	F	11:14.00
531	912	Kelly McFarlane	JBER	AK	43	F	11:14.40
532	1096	Sarah Peters	Anchorage	AK	16	F	11:14.60
533	397	Danielle Bunselmei	Delta Jct.	AK	22	F	11:14.70
534	1522	Jennifer Sees	Eagle River	AK	39	F	11:14.80
535	454	Erin Sivitz	Anchorage	AK	14	F	11:15.30
536	220	Andrea Wilson	Anchorage	AK	37	F	11:16.70
537	623	Amanda Lotz	Anchorage	AK	26	F	11:16.80
538	142	Mary Vollendorf	Anchorage	AK	44	F	11:16.90
539	1512	Barbara Nawrocki	COCOA BEACH	FL	56	F	11:17.40
540	1327	Jonel Schenk	Anchorage	AK	44	F	11:17.60
541	1477	Amy Brumbaugh	Anchorage	AK	41	F	11:17.80
542	684	Celine Siddall	Fairbanks	AK	30	F	11:18.00
543	1649	Mary SHREVES	Willow	AK	60	F	11:18.00
544	965	Kathleen Doherty	Anchorage	AK	32	F	11:18.10
545	304	Mary Cox	Anchorage	AK	56	F	11:18.40
546	57	LuAnn Piccard	Anchorage	AK	53	F	11:18.70
547	1226	Austin Quinn-David	Anchorage	AK	34	F	11:19.70
548	185	sierra sadler	Anchorage	AK	25	F	11:19.70
549	1408	MargI PETERSEN	Anchorage	AK	50	F	11:19.80
550	646	Beth Kutymba	Eagle River	AK	49	F	11:20.00

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Place	No.	Name	Town	St	Age	S	Swim
551	1261	Adrienne Dahlgren	Anchorage	AK	34	F	11:20.20
552	88	Karma Roth	Fairbanks	AK	44	F	11:20.30
553	1270	Tessa Johrendt	Anchorage	AK	29	F	11:20.40
554	1124	Heather Flugel	Anchorage	AK	29	F	11:21.10
555	273	Shaina Kilcoyne	Anchorage	AK	31	F	11:21.20
556	616	Maggie McCarron	Homer	AK	21	F	11:21.40
557	1306	riann anderson	ANCHORAGE	AK	18	F	11:21.80
558	1646	Amy Campbell	Wasilla	AK	31	F	11:22.40
559	1194	Lorraine Hebert	Anchorage	AK	47	F	11:22.50
560	1406	Molly Sharp	Anchorage	AK	31	F	11:22.90
561	553	Amanda Todd	Anchorage	AK	15	F	11:23.00
562	630	Tina Harness	Moss Court	AK	28	F	11:23.90
563	147	Katie Miller	Anchorage	AK	30	F	11:24.20
564	601	Angie Glover	Anchorage	AK	32	F	11:24.50
565	1294	Katlyn White	Anchorage	AK	17	F	11:25.30
566	562	Shasta Miller	Anchorage	AK	27	F	11:25.70
567	1079	Carrie Gray	EAGLE RIVER	AK	38	F	11:26.20
568	23	Wendy Moe	Anchorage	AK	43	F	11:27.30
569	1160	Brooke Volkman	Anchorage	AK	35	F	11:27.60
570	1154	Andalyn Pace	Anchorage	AK	36	F	11:27.60
571	598	payton smith	Anchorage	AK	10	F	11:27.90
572	945	Rebecca Van Wyck	Anchorage	AK	36	F	11:28.00
573	1193	Debra Kinn	Anchorage	AK	59	F	11:29.00
574	1542	Erin Carrick	Eagle River	AK	28	F	11:29.00
575	219	Rebekah Jensen	Chugiak	AK	18	F	11:29.00
576	1010	Maria McLaughlin	Anchorage	AK	19	F	11:29.40
577	487	Kali Bergeron	ANCHORAGE	AK	25	F	11:29.80
578	403	Michele Walker	Seward	AK	43	F	11:30.40
579	685	Renna Hoener	Fairbanks	AK	28	F	11:30.90
580	1129	Katherine Jernstor	Anchorage	AK	30	F	11:31.30
581	414	Anne Blount	Anchorage	AK	46	F	11:31.70
582	409	Theresa Westerlund	Chugiak	AK	34	F	11:32.10
583	1516	Reilly Hall	Eagle River	AK	13	F	11:32.70
584	531	Denali Blackmore	Anchorage	AK	23	F	11:32.70
585	465	Krista Etzwiler	Homer	AK	41	F	11:33.10
586	64	Kelsey Tranel	Anchorage	AK	25	F	11:33.30
587	1155	Emily Garhart	Anchorage	AK	29	F	11:33.40
588	1055	Ann Jennings	Anchorage	AK	23	F	11:33.50
589	858	Hannah Bertrand	Anchorage	AK	24	F	11:33.90
590	1644	Sonja Mackey	Wasilla	AK	39	F	11:34.60
591	1551	brandi white	eagle river	AK	34	F	11:35.20
592	118	Alane Hughes	Soldotna	AK	51	F	11:35.40
593	687	Susan Frei Carson	Fairbanks	AK	38	F	11:35.60
594	79	Kelly Grawunder	Anchorage	AK	42	F	11:35.60
595	900	leann ketterer	Anchorage	AK	35	F	11:36.30
596	505	Heather Plucinski	Eagle River	AK	44	F	11:36.60
597	366	Vicky Cranor	Valdez	AK	48	F	11:36.80
598	955	Laura Schneller	Wasilla	AK	37	F	11:36.90
599	992	Cinda Devine	Chugiak	AK	47	F	11:37.20
600	1143	jennifer Lindsay	Anchorage	AK	33	F	11:37.40

SWIM RESULTS
 2014 GOLD NUGGET TRIATLON
 May 18th, 2014
 Bartlett Hight School, Anchorage, AK

Place	No.	Name	Town	St	Age	S	Swim
601	755	Tegan Hanlon	Anchorage	AK	23	F	11:37.70
602	1517	Cheryl Duda	Eagle River	AK	44	F	11:38.00
603	271	Laura moore	Anchorage	AK	37	F	11:38.40
604	146	Tina McMaster-Goer	Eagle River	AK	50	F	11:38.40
605	1258	Malia Klein	Anchorage	AK	35	F	11:38.80
606	906	Jennifer Gilhuly	Anchorage	AK	25	F	11:38.80
607	821	Tricia Perkins	Anchorage	AK	53	F	11:39.70
608	762	Jennifer Jobe	Anchorage	AK	25	F	11:39.90
609	1186	Holly Flores	Anchorage	AK	39	F	11:40.40
610	1556	Lindsey Ingram	Eagle River	AK	31	F	11:40.70
611	1139	Erika Bennett	Anchorage	AK	43	F	11:41.00
612	1499	Marguerite Humm	Chugiak	AK	37	F	11:41.50
613	1418	Michelle Nesbett	Anchorage	AK	34	F	11:41.80
614	634	Jackie Cason	Anchorage	AK	52	F	11:41.90
615	294	Julie English	Kenai	AK	36	F	11:42.00
616	404	Kristi Senden	Eagle River	AK	40	F	11:42.70
617	1198	Anita Johnson	Anchorage	AK	44	F	11:42.80
618	980	Lorelei Hass	Eagle River	AK	48	F	11:42.90
619	1444	Courtney Smith	Anchorage	AK	26	F	11:43.00
620	209	Lesley Yamauchi	Anch	AK	61	F	11:43.00
621	1254	Whitney Andersen	Anchorage	AK	24	F	11:43.20
622	784	Monica Oakley	Anchorage	AK	31	F	11:43.50
623	1405	Brittney Hyden	Anchorage	AK	28	F	11:43.80
624	199	Mary DuHoux	Anchorage	AK	58	F	11:44.10
625	72	Diane Mohwinkel	anchorage	AK	72	F	11:44.30
626	706	Kelsey Johannes	ANCHORAGE	AK	11	F	11:44.50
627	109	Karla Taylor-Welch	Fairbanks	AK	58	F	11:44.60
628	845	Shanann Hoyos	Fairbanks	AK	21	F	11:44.90
629	1005	Kathleen Rumsey	Anchorage	AK	32	F	11:45.30
630	1007	Nancy Kragt	Anchorage	AK	46	F	11:45.90
631	1637	Hailey Nelson	Wasilla	AK	23	F	11:46.00
632	1441	Courtney Abel	Anchorage	AK	29	F	11:46.20
633	381	Lori Annis	anchorage	AK	25	F	11:46.60
634	812	Meghan Fay	Palmer	AK	30	F	11:46.80
635	1482	Amanda Soliai	Anchorage	AK	32	F	11:47.70
636	1320	Kris Widby	Anchorage	AK	55	F	11:48.40
637	647	Makenzie Kutya	Eagle River	AK	19	F	11:49.60
638	102	sharie morton	Anchorage	AK	53	F	11:49.70
639	203	Cindy Freistone	Anchorage	AK	50	F	11:49.70
640	178	Amy Utley	Anchorage	AK	44	F	11:50.20
641	1126	Summer Neuroth	Anchorage	AK	39	F	11:50.20
642	772	Julia Sadowski	Anchorage	AK	43	F	11:50.70
643	1640	September Reynaga	Wasilla	AK	30	F	11:50.70
644	998	Averie Wells	Anchorage	AK	14	F	11:50.90
645	344	Josephine Beavers	Anchorage	AK	31	F	11:51.50
646	1196	Shea Simasko	Anchorage	AK	27	F	11:51.90
647	539	Amy Hollon	anchorage	AK	38	F	11:52.40
648	1052	jennifer feucht	eagle river	AK	41	F	11:53.00
649	1084	Stacia Rustad	kenai	AK	39	F	11:53.00
650	2	Shannon Donley	Anchorage	AK	42	F	11:53.10

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Place	No.	Name	Town	St	Age	S	Swim
651	1365	Callie Jones	Anchorage	AK	28	F	11:53.20
652	1466	JIMIN HWANG	Anchorage	AK	28	F	11:53.70
653	1488	Danielle Eby	Anchorgae	AK	47	F	11:53.70
654	560	Jennifer Ticknor	Kenai	AK	39	F	11:53.70
655	1281	Olivia Heath	Anchorage	AK	27	F	11:54.40
656	1176	Jeannette Levine	Anchorage	AK	28	F	11:55.50
657	370	Melissa Anderson	Eagle River	AK	50	F	11:55.60
658	355	Melinda Gabriel	JBER	AK	31	F	11:56.00
659	204	Tamara Freistone	Anchorage	AK	17	F	11:56.30
660	530	Bonnie Cudnohufsky	Valdez	AK	60	F	11:56.50
661	1323	Shelly Lindell	Anchorage	AK	46	F	11:56.50
662	1206	Nicki Jordan	Anchorage	AK	22	F	11:57.00
663	393	Dana Buchanan	Anchorage	AK	29	F	11:57.20
664	162	Olga Fedorova	Anchorage	AK	27	F	11:57.20
665	411	Claire Anderson	Anchorage	AK	23	F	11:57.80
666	677	Eleanor Morse	Anchorage	AK	24	F	11:58.10
667	1584	Jessica Skripps	eagle river	AK	26	F	11:58.30
668	825	Andrea Ward	Anchorage	AK	46	F	11:59.30
669	1217	Gina Edwards	Anchorage	AK	47	F	11:59.60
670	733	Meredith Yracheta	Eagle River	AK	26	F	12:00.30
671	1195	Krista Staff	Anchorage	AK	38	F	12:00.70
672	319	Sarah Shine	Anchorage	AK	30	F	12:01.10
673	392	Margaret McLane	Anchorage	AK	26	F	12:01.20
674	951	Robyn Elkins	Chugiak	AK	51	F	12:01.30
675	893	Likka McCauley	Anchorage	AK	34	F	12:01.70
676	1061	Helena Hall	Anchorage	AK	45	F	12:01.80
677	818	Audrey Paule	Anchorage	AK	31	F	12:02.40
678	1033	Collette Carpenter	Anchorage	AK	10	F	12:03.00
679	145	Pamela Tittle	Anchorage	AK	50	F	12:03.50
680	561	Stephanie Ferguson	Kenai	AK	42	F	12:04.00
681	942	Katholyn Runnels	Anchorage	AK	38	F	12:04.10
682	810	gretchen Day	Anchorage	AK	53	F	12:04.60
683	1619	Krista Sutherland	Palmer	AK	33	F	12:04.60
684	1130	Lena Palmer	Anchorage	AK	38	F	12:04.70
685	1123	Teri Wooten	Anchorage	AK	58	F	12:04.90
686	1227	Dawn Demko	Anchorage	AK	41	F	12:05.10
687	746	Danielle Laufer	Anchorage	AK	25	F	12:05.50
688	1360	Renee Morhain	Anchorage	AK	28	F	12:06.00
689	1296	Kimberly Chaitoff	Anchorage	AK	41	F	12:06.20
690	797	Holly Weiss-Racine	Anchorage	AK	32	F	12:06.20
691	1159	Van Le	Anchorage	AK	40	F	12:06.50
692	87	Betsy McKitrick	Anchorage	AK	47	F	12:06.60
693	946	Alyson Herman	Anchorage	AK	28	F	12:06.60
694	1579	Jiale Turner	Eagle River	AK	14	F	12:06.70
695	1189	Harmony Wayner	Anchorage	AK	16	F	12:06.80
696	1369	Ella Hoskinson	Anchorage	AK	14	F	12:07.20
697	1040	Martha Service	Anchorage	AK	55	F	12:07.30
698	233	Maria Cox	Nikiski	AK	37	F	12:07.70
699	81	Beth Snyder	Amchorage	AK	58	F	12:07.90
700	1614	Rena Anderson	PALMER	AK	46	F	12:07.90

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Place	No.	Name	Town	St	Age	S	Swim
701	1435	Meghan Clemens	Anchorage	AK	30	F	12:08.10
702	724	Claudia Lara	Anchorage	AK	33	F	12:08.10
703	107	Phyllis Ploudre	Anchorage	AK	61	F	12:08.20
704	1275	Kolina Kini	Anchorage	AK	26	F	12:08.40
705	1591	Mitzi Pendleton	Eagle River	AK	40	F	12:08.90
706	1585	Anne Hargis	Eagle river	AK	32	F	12:09.10
707	1338	Mary Pomeroy	Anchorage	AK	64	F	12:09.30
708	486	Dena Lythgoe	Anchorage	AK	31	F	12:09.40
709	1177	Molly Simasko	Anchorage	AK	34	F	12:09.60
710	1636	Billie Christensen	wasilla	AK	30	F	12:09.90
711	1396	Makeleta Berry	Anchorage	AK	34	F	12:09.90
712	511	Morgan Aldridge	Soldotna	AK	32	F	12:10.30
713	1615	Becca Schneider	Palmer	AK	30	F	12:10.30
714	587	Nicole McCormick	Anchorage	AK	15	F	12:10.30
715	1645	Lu Gallego	Wasilla	AK	35	F	12:10.60
716	782	Mary Murray	Anchorage	AK	42	F	12:11.00
717	754	Christine Krysinsk	Chugiak	AK	28	F	12:11.50
718	1328	Danielle Dillon	Anchorage	AK	28	F	12:11.60
719	1038	Elysia Andrews	Anchorage	AK	24	F	12:12.10
720	1245	Hannah Toomey	Anchorage	AK	25	F	12:12.10
721	1199	Michelle Pike	Anchorage	AK	31	F	12:12.20
722	741	Hilary Morgan	Anchorage	AK	59	F	12:12.60
723	1586	Joni Earp	Eagle River	AK	38	F	12:13.00
724	966	Jackie Triolo	Anchorage	AK	23	F	12:13.40
725	1342	Maura Morson	Anchorage	AK	50	F	12:13.70
726	1023	Jean Sato	Anchorage	AK	45	F	12:14.00
727	481	Darlene Cooper	Anchorage	AK	55	F	12:14.10
728	1437	robin ross	Anchorage	AK	37	F	12:15.00
729	521	Carolyn Downie	Anchorage	AK	47	F	12:15.10
730	1495	Vanessa Hall	Chugiak	AK	27	F	12:15.50
731	111	Rashele Kimmel	Eagle river	AK	34	F	12:15.70
732	1298	Kristy Talbert	Anchorage	AK	36	F	12:15.80
733	253	Karen Divelbiss	Anchorage	AK	51	F	12:15.90
734	795	Stacey Shriner	Anchorage	AK	34	F	12:16.90
735	683	kristy sanderson	Chugiak	AK	28	F	12:17.30
736	266	Amanda Browning	Kenai	AK	34	F	12:17.50
737	1149	Julie Austerman	Anchorage	AK	42	F	12:17.80
738	1371	Angela Mazur	ANCHORAGE	AK	33	F	12:18.00
739	1616	Anne Zink	Palmer	AK	36	F	12:18.10
740	375	Briana Lowen	Anchorage	AK	30	F	12:18.10
741	504	Lori Sivitz	Anchorage	AK	46	F	12:18.20
742	517	Cathy Spence	Eagle river	AK	52	F	12:18.50
743	106	Beth Baker	Eagle River	AK	64	F	12:18.90
744	144	Janet Thibert	Anchorage	AK	55	F	12:19.00
745	1497	cindy worrell	Chugiak	AK	56	F	12:19.10
746	1144	Ruth Kroona	Anchorage	AK	46	F	12:19.20
747	572	Renee Robinson	Anchorage	AK	40	F	12:19.80
748	888	Gia Currier	Anchorage	AK	42	F	12:20.00
749	260	Marti Pausback	Anchorage	AK	52	F	12:20.10
750	1463	kiana Farr	Anchorage	AK	23	F	12:21.30

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Place	No.	Name	Town	St	Age	S	Swim
751	255	Katie Bozone	Chugiak	AK	15	F	12:21.50
752	1168	Kathrin Swoboda	anchorage	AK	24	F	12:21.60
753	1398	Echo McDonald	Anchorage	AK	49	F	12:21.80
754	1312	Kimberly Osburn	Anchorage	AK	32	F	12:23.60
755	1313	Laura Burzinski	Anchorage	AK	55	F	12:23.70
756	321	Autumn Ball	Soldotna	AK	20	F	12:23.90
757	1474	Abigail Rusak	Anchorage	AK	27	F	12:24.20
758	324	Justice English	Kenai	AK	17	F	12:24.30
759	995	Heather Donner	Anchorage	AK	35	F	12:24.90
760	326	Alisa Aist	Anchorage	AK	17	F	12:25.60
761	584	Kyah Hogan	Anchorage	AK	11	F	12:25.90
762	515	Sherry Pederson	Homer,	AK	36	F	12:26.60
763	867	Alicia Porter	Anchorage	AK	44	F	12:26.60
764	714	megan parish	Anchorage	AK	17	F	12:27.30
765	901	Brittany Blain	Anchorage	AK	33	F	12:27.70
766	473	Ginger Olson	Eagle River	AK	33	F	12:27.80
767	419	Lynne Conde	JBER	AK	46	F	12:28.10
768	475	Lynda Sladko	Eagle River	AK	45	F	12:28.10
769	1492	Danielle Fay	Chugiak	AK	27	F	12:28.30
770	316	Tracy Lestochi	JBER	AK	46	F	12:28.90
771	1559	Gretchen Carrick	Eagle River	AK	63	F	12:29.20
772	452	Helen Holmes	Clarkston	WA	71	F	12:29.70
773	961	Dede Schwartz	Anchoarge	AK	58	F	12:29.70
774	1355	Mackenzie Morrison	Anchorage	AK	21	F	12:30.20
775	1251	Megan Ritter	Anchorage	AK	50	F	12:30.20
776	469	Kristi Sandberg	North Pole	AK	31	F	12:30.60
777	395	Tanya Weaver	Anchorage	AK	51	F	12:31.20
778	1511	Teanna Hehnlin	Chugiak	AK	31	F	12:31.20
779	1534	Kate Beecroft	Eagle River	AK	37	F	12:31.80
780	248	Joanie Hope	Anchorage	AK	46	F	12:31.90
781	1608	Michelle Richards	PALMER	AK	47	F	12:32.50
782	394	Kathleen George	Seldovia	AK	53	F	12:32.50
783	1026	Lisa Murrell	Anchorage	AK	41	F	12:32.60
784	1555	Julie McDonald	Eagle River	AK	47	F	12:33.00
785	516	Erin McLaughlin Su	Anchorage	AK	31	F	12:33.90
786	1469	Anna Alcorn	Anchorage	AK	24	F	12:34.50
787	758	Bethany Olson	Anchorage	AK	27	F	12:35.10
788	92	Deborah Corral	Eagle River	AK	63	F	12:35.20
789	1648	Morgana Butler	Wasilla	AK	26	F	12:35.80
790	1568	Connie Chevalier	Eagle River	AK	58	F	12:36.10
791	279	Jamie Suttie	Anchorage	AK	28	F	12:36.40
792	1558	Judy Thompson	Eagle River	AK	37	F	12:36.50
793	883	Jessica Johnson	Anchorage	AK	36	F	12:36.70
794	176	Kaitlyn Schwalber	Anchorage	AK	18	F	12:36.70
795	902	Katherine O'Grady	Anchorage	AK	62	F	12:36.90
796	444	Nicole Carr	Kenai	AK	40	F	12:37.20
797	805	Gregoria Reyes	Anchorage	AK	59	F	12:37.50
798	513	Rachel Skime	Anchorage	AK	36	F	12:37.60
799	843	Phillipia Holness	Anchorage	AK	52	F	12:37.80
800	407	Eugenia Merrifield	Wasilla	AK	45	F	12:38.20

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Place	No.	Name	Town	St	Age	S	Swim
801	1282	Jillian Fellman	Anchorage	AK	34	F	12:38.20
802	944	Cascen Ostrander	Anchorage	AK	31	F	12:38.30
803	160	Dolly Eskilida	Anchorage	AK	25	F	12:38.30
804	267	Jennifer O'Neill	Girdwood	AK	44	F	12:38.90
805	1292	Wendy Heck	Anchorage	AK	45	F	12:39.00
806	1015	Karen Heath	Anchorage	AK	52	F	12:39.50
807	1265	Lisa Demer	Anchorage	AK	53	F	12:39.70
808	1181	sue sheard	Anchorage	AK	51	F	12:39.80
809	153	Sarah Kleedeahn	Anchorage	AK	61	F	12:39.80
810	892	Mindy Meyn	Anchorage	AK	55	F	12:40.50
811	1202	Robin Mullen	Anchorage	AK	26	F	12:40.80
812	1115	Joy Merriner	Anchorage	AK	35	F	12:41.00
813	1401	Susannah Harper	Anchorage	AK	45	F	12:42.20
814	939	Tapia Stover	Anchorage	AK	33	F	12:42.40
815	90	Stacey Kolstad	Palmer	AK	42	F	12:43.30
816	1366	Allison Iversen	Anchorage	AK	38	F	12:43.30
817	1242	Nicole Knox	Anchorage	AK	34	F	12:43.50
818	1266	Marti Garrett	anchorage	AK	39	F	12:45.00
819	620	Tracy Storey	Anchorage	AK	32	F	12:45.20
820	1442	Tracey Blain	Anchorage	AK	42	F	12:45.20
821	993	Victoria Devine	Chugiak	AK	11	F	12:45.20
822	609	Lindsay Hall	Anchorage	AK	26	F	12:45.60
823	1462	RaeAnne Hebnes	Anchorage	AK	31	F	12:45.70
824	908	Chantal deAlcuaz	Anchorage	AK	32	F	12:45.80
825	693	Kelly Walker	Fairbanks	AK	24	F	12:46.30
826	1247	Lori Guyer	Anchorage	AK	45	F	12:46.50
827	1188	Trude Rylandsholm	Anchorage	AK	48	F	12:46.60
828	152	Natasha Graham	Anchorage	AK	40	F	12:48.60
829	94	Morgan Parsley	Fairbanks	AK	16	F	12:48.80
830	712	Kylie Neher	Anchorage	AK	12	F	12:48.80
831	1054	Gail Braten	Anchorage	AK	59	F	12:49.30
832	175	Davianna Olert	Anchorage	AK	18	F	12:50.10
833	245	Megan Perkins	Eagle River	AK	53	F	12:50.20
834	654	Kathy McArthur	Anchorage	AK	62	F	12:50.80
835	1638	Lena Lawhead	Wasilla	AK	37	F	12:51.40
836	816	Madeline Goolie	Anchorage	AK	12	F	12:51.40
837	1424	Chloe Peterson	Anchorage	AK	31	F	12:52.30
838	1353	Sandra Cummings	Anchorage	AK	47	F	12:52.80
839	257	Shannon Luna	Chugiak	AK	12	F	12:53.40
840	436	sheri bender	Anchorage	AK	43	F	12:53.40
841	360	Jessica Kauffman	wasilla	AK	40	F	12:53.50
842	1436	Anna Burke	Anchorage	AK	32	F	12:53.60
843	73	Rachael Kvapil	Fairbanks	AK	39	F	12:53.80
844	1351	Sharon Holland	Anchorage	AK	53	F	12:54.10
845	527	amanda miotke	Homer	AK	34	F	12:54.10
846	842	Ailey Hill	palmer	AK	11	F	12:54.50
847	791	Morgan Hegg	Wasilla	AK	31	F	12:55.60
848	1604	Kris Sell-Gullufse	Juneau	AK	45	F	12:55.70
849	1533	Caroline Kirby	Eagle River	AK	31	F	12:55.90
850	827	Carolina Wyatt	Fairbanks	AK	12	F	12:55.90

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Place	No.	Name	Town	St	Age	S	Swim
851	864	Valarie Coscia	Anchorage	AK	45	F	12:56.00
852	1456	Lindsey Shippen	Anchorage	AK	31	F	12:56.10
853	1059	Cassandra Barsalou	Eagle River	AK	21	F	12:56.50
854	545	Beth Daly	Anchorage	AK	35	F	12:56.60
855	792	Rebecca Kisse	Chugiak	AK	32	F	12:57.60
856	891	Jessie Westin	Anchorage	AK	28	F	12:58.20
857	171	Emily Evans	Anchorage	AK	16	F	12:58.30
858	136	Theresa Lee	Anchorage	AK	25	F	12:58.70
859	606	Stephanie Proffitt	Chugiak	AK	41	F	12:58.70
860	1528	Amanda Hays	Eagle River	AK	35	F	12:59.20
861	1014	Emma Potter	Anchorage	AK	15	F	12:59.80
862	48	Sheryl Loan	Eagle River	AK	55	F	13:00.00
863	201	Heather Freistone	Anchorage	AK	24	F	13:00.10
864	191	Joanna Reast	Anchorage	AK	53	F	13:00.50
865	1293	Kaylee Heck	Anchorage	AK	14	F	13:00.70
866	380	Blanca Rendon	Anchorage	AK	39	F	13:00.80
867	1621	theresa phillips	Palmer	AK	43	F	13:01.10
868	222	katie hampton	Anchorage	AK	35	F	13:01.60
869	1011	Tamara Pickett	Anchorage	AK	45	F	13:01.70
870	1461	Elaine Hulse	Anchorage	AK	55	F	13:02.00
871	1535	Alana Davis	Eagle River	AK	43	F	13:02.20
872	994	Elizabeth Donner	Anchorage	AK	10	F	13:02.50
873	802	Tuyet Smallwood	Anchorage	AK	46	F	13:02.60
874	1570	Laura Rosen	Eagle River	AK	49	F	13:02.80
875	806	Tanya Iden	Anchorage	AK	40	F	13:03.40
876	1503	Kristen Lessard	Chugiak	AK	21	F	13:04.30
877	695	Hannah Young	Fairbanks	AK	21	F	13:05.10
878	238	Sarah Jensen	Chugiak	AK	48	F	13:06.10
879	1407	Amber Myers	Anchorage	AK	35	F	13:06.10
880	1567	Emily Clark	eagle river	AK	21	F	13:06.30
881	1471	Stacie Meisner	Anchorage	AK	25	F	13:06.50
882	1029	Victoria Parsons	Chugiak	AK	17	F	13:06.50
883	813	Rita Fay	Eagle River	AK	58	F	13:06.60
884	641	Meagan Nelson	Wasilla	AK	20	F	13:06.60
885	1288	Emily Lucy	Anchorage	AK	33	F	13:08.30
886	602	Lori Velcheff	Anchorage	AK	52	F	13:09.00
887	1103	Leslie Boughton	Anchorage	AK	44	F	13:09.40
888	909	Sarah Phillips	Anchorage	AK	34	F	13:09.40
889	617	Melissa Conley	Anchorage	AK	38	F	13:09.90
890	1278	Heidi Embley	Anchorage	AK	36	F	13:10.00
891	1525	Brittany Keener	Eagle River	AK	31	F	13:10.80
892	400	Patricia Cummings	Delta Junction	AK	27	F	13:10.90
893	697	Cyndie Beale	Fairbanks	AK	54	F	13:11.90
894	241	Holly Beaty	Anchorage	AK	34	F	13:12.60
895	807	Madeline Courrier	Anchorage	AK	16	F	13:12.80
896	232	Ashley Epperheimer	Kenai	AK	19	F	13:13.00
897	1173	Jessica Walsh	Anchorage	AK	32	F	13:13.40
898	526	Alina Rubeo	Wasilla	AK	32	F	13:13.60
899	1093	Elizabeth Ferucci	Anchorage	AK	41	F	13:14.10
900	1470	Hope Meyn	Anchorage	AK	21	F	13:14.90

SWIM RESULTS
 2014 GOLD NUGGET TRIATLON
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 Bartlett Hight School, Anchorage, AK

Place	No.	Name	Town	St	Age	S	Swim
901	275	Amanda Hawes	Girdwood	AK	37	F	13:15.10
902	869	Kristi McLean	Anchorage	AK	37	F	13:15.10
903	1476	Jamie Staudinger	Anchorage	AK	25	F	13:15.30
904	56	Idamarie Piccard	Anchorage	AK	75	F	13:16.30
905	512	Adele Fetter	Anchorage	AK	36	F	13:16.40
906	1631	stephanie adams	wasilla	AK	41	F	13:16.40
907	1514	Dayle Kodama	Drive	AK	43	F	13:17.30
908	678	Jacquelyn Schade	Eagle River	AK	25	F	13:18.70
909	85	Bailey Way	Anchorage	AK	13	F	13:19.20
910	1387	Kate Abbott	Anchorage	AK	41	F	13:19.20
911	299	Nicole Thibodeau	Anchorage	AK	39	F	13:21.00
912	880	mary lynn	Anchorage	AK	50	F	13:21.20
913	1228	Alecia Wood	Anchorage	AK	28	F	13:22.00
914	1135	Abby Beltz	Anchorage	AK	31	F	13:22.20
915	501	Leigh Wright	Eagle River	AK	41	F	13:22.40
916	720	Kala Lyman	Anchorage	AK	27	F	13:22.50
917	437	Lois Epstein	Anchorage	AK	53	F	13:22.80
918	71	Jennifer Hardy	Anchorage	AK	37	F	13:23.00
919	1380	Mari Eaton	Anchorage	AK	45	F	13:23.10
920	1170	Kara McGee	Anchorage	AK	37	F	13:24.20
921	653	Annie Donaldson	Non Hispanic or La	AK	28	F	13:25.60
922	422	katie LaFon	Anchorage	AK	36	F	13:25.60
923	76	Mary Geddes	Anchorage	AK	58	F	13:25.90
924	756	Mandy Kolean	Anchorage	AK	21	F	13:26.30
925	262	Tracy Blais	Delta Junction	AK	53	F	13:26.50
926	1267	Ashly Beckes	Anchorage	AK	26	F	13:26.70
927	159	Keidra Harris	Anchorage	AK	36	F	13:27.00
928	495	Bailey Epperheimer	Kenai	AK	11	F	13:27.90
929	541	Shannon Klein	Anchorage	AK	11	F	13:28.60
930	1373	lori kaltenbach	Anchorage	AK	39	F	13:29.00
931	268	Kris Malecha	Girdwood	AK	47	F	13:29.40
932	236	Ronni Sounart	Kenai	AK	24	F	13:29.70
933	1450	Sinnamon Bovey	Anchorage	AK	43	F	13:30.70
934	1457	Miranda Burzinski	Anchorage	AK	34	F	13:30.70
935	96	Carole Comeau	Eagle River	AK	69	F	13:30.80
936	636	Faith HEWLETT	Anchorage	AK	35	F	13:30.90
937	442	Barbara Smith	Wasilla	AK	57	F	13:31.10
938	309	Shyan Hargis	Eagle river	AK	9	F	13:31.80
939	1629	Holly Kjostad	Wasilla	AK	36	F	13:32.60
940	603	Addie McEwen	Anchorage	AK	54	F	13:32.80
941	637	Marilyn Christians	Anchorage	AK	61	F	13:33.40
942	985	Traci Bradford	Wasilla	AK	46	F	13:34.40
943	879	Marci Troxell	Anchorage	AK	41	F	13:35.10
944	154	Debbi Heinen	Anchorage	AK	51	F	13:35.30
945	313	Molly Conlin	Anchorage	AK	23	F	13:35.70
946	1493	Nicole Rueb	Chugiak	AK	17	F	13:36.30
947	1376	Stephanie Galbrait	Anchorage	AK	50	F	13:36.40
948	1347	Amanda Rowe	Anchorage	AK	31	F	13:36.80
949	1626	Gracie Minnick	Wasilla	AK	15	F	13:37.00
950	447	Ronda Nakoa	Anchorage	AK	46	F	13:37.10

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 Bartlett Hight School, Anchorage, AK

Place	No.	Name	Town	St	Age	S	Swim
951	941	Amanda Rothbarth	Anchorage	AK	37	F	13:37.30
952	158	Sarah Belway	Fairbanks	AK	43	F	13:37.60
953	764	Kayse Hinrichsen	anchorage	AK	28	F	13:37.70
954	1121	Kelly Janukajtis	Anchorage	AK	37	F	13:37.80
955	604	Dawn Hansen	Anchorage	AK	53	F	13:37.90
956	732	Mallary Lyon	Anchorage	AK	27	F	13:38.30
957	1099	Erin Graves	anchorage	AK	44	F	13:39.30
958	809	anne Burr	Anchorage	AK	50	F	13:39.60
959	911	Heather Cohen	Anchorage	AK	31	F	13:39.70
960	1019	June Gardner	Anchorage	AK	32	F	13:40.20
961	1236	Jeannie Mackie	Anchorage	AK	45	F	13:40.30
962	387	Cindy Coughlin	Anchorage	AK	45	F	13:42.10
963	1498	Shawna Arend	Chugiak	AK	40	F	13:42.80
964	1611	LuAnn Bower	Palmer	AK	33	F	13:43.00
965	52	Trudy Keller	Anchorage	AK	69	F	13:45.30
966	193	MaryEllen Summer	Soldotna	AK	56	F	13:45.50
967	1283	Jennifer Avery	Anchorage	AK	37	F	13:45.90
968	1610	Alexandra Packa	Palmer	AK	26	F	13:46.20
969	278	Holly Grant	Indian	AK	31	F	13:46.80
970	1035	Debbie Flodin	Chugiak	AK	45	F	13:47.10
971	558	Kathy Robinson	Homer	AK	61	F	13:47.20
972	667	Lindsey Honemann	Anchorage	AK	27	F	13:47.30
973	984	Barbara Kagerer	Anchorage	AK	53	F	13:47.50
974	277	Brenda Cox	Anchorage	AK	52	F	13:47.90
975	1341	Kari Dupree	ANCHORAGE	AK	52	F	13:48.10
976	1598	Andrea Tesch	JBER	AK	56	F	13:48.30
977	1067	Heidi Moore	Anchorage	AK	16	F	13:49.30
978	408	Valerie Lindsay	Eagle River	AK	35	F	13:49.50
979	1524	Hilary Archer	Eagle River	AK	34	F	13:49.70
980	703	Anna Bryant	Anchorage	AK	41	F	13:49.80
981	1368	Mary Lee Petersen	Anchorage	AK	33	F	13:49.80
982	156	Leslie Freelove	Anchorage	AK	43	F	13:50.10
983	1612	Jessy Hilliard	Palmer	AK	34	F	13:50.40
984	492	Lisa Solomonson	Eagle River	AK	38	F	13:50.40
985	704	Kady Bryant	Anchorage	AK	13	F	13:51.00
986	890	Jessica Horwatt	Anchorage	AK	39	F	13:51.70
987	873	Lacy Simko	Fairbanks	AK	26	F	13:51.80
988	200	Penny Booher	Chugiak	AK	44	F	13:52.40
989	120	Carolyn Harley	Anchorage	AK	36	F	13:52.80
990	1166	Heidi Clement	Anchorage	AK	32	F	13:54.80
991	571	Barbara Eberhart	Anchorage	AK	56	F	13:55.40
992	619	Meaghan Rothermel	Anchorage	AK	33	F	13:55.50
993	435	Jessica Gaulke	Anchorage	AK	34	F	13:55.60
994	1209	Chelsea Ashton	Anchorage	AK	26	F	13:55.70
995	709	sherrille van Horn	wasilla	AK	49	F	13:55.80
996	1464	Gail Hoefler	Anchorage	AK	52	F	13:56.10
997	640	Joan Nelson	Wasilla	AK	51	F	13:56.70
998	382	Holly McDaniel	Anchorage	AK	30	F	13:57.10
999	740	Sara Lopez	Anchorage	AK	31	F	13:57.40
1000	1008	Bernadette McLaugh	Anchorage	AK	14	F	13:57.80

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Place	No.	Name	Town	St	Age	S	Swim
1001	1357	Ingrid Lindberg	Anchorage	AK	52	F	13:58.90
1002	533	Teresa Blackmore	Anchorage	AK	51	F	13:59.70
1003	811	Claire Day	Anchorage	AK	13	F	13:59.90
1004	769	Joanna Roth	Anchorage	AK	29	F	14:00.10
1005	670	Tisha Valentine	Anchorage	AK	31	F	14:00.70
1006	1057	Madison Barsalou	Eagle River	AK	16	F	14:01.10
1007	564	collette Bentz	eagle river	AK	55	F	14:01.10
1008	1438	Kalysta Schmidt	Anchorage	AK	25	F	14:01.90
1009	371	Christi Ireland	Fort Worth	TX	36	F	14:02.70
1010	272	Emily Fehrenbacher	Anchorage	AK	28	F	14:02.80
1011	862	Seanna Gunn	Homer	AK	40	F	14:02.80
1012	540	Erin Klein	Anchorage	AK	11	F	14:03.10
1013	771	Patricia Howard	Anchorage	AK	33	F	14:03.20
1014	280	Robin Dublin	Anchorage	AK	52	F	14:03.20
1015	853	CHARLA LEE	WASILLA	AK	53	F	14:03.60
1016	672	Kathryn Dueber	Anchorage	AK	30	F	14:03.60
1017	659	Linda Ziegler	Anchorage	AK	64	F	14:04.10
1018	1578	Amber Morey	EAGLE RIVER	AK	37	F	14:04.30
1019	1569	Mary DeCourcey	Eagle River	AK	32	F	14:04.80
1020	51	Diane Barnett	Anchorage	AK	69	F	14:05.40
1021	1393	DeLynn James	Anchorage	AK	60	F	14:05.90
1022	878	arianna humphrey	Eagle River	AK	44	F	14:06.00
1023	600	Paula Davis	Anchorage	AK	61	F	14:06.50
1024	415	Hannah Armbrust	Anchorage	AK	12	F	14:07.50
1025	1325	Rennea Goff	Anchorage	AK	35	F	14:07.70
1026	1452	ROSA GUERRA	ANCHORAGE	AK	57	F	14:08.40
1027	729	Tammy Morton	Anchorage	AK	45	F	14:09.30
1028	377	Andrea Steward	Anchorage	AK	41	F	14:09.40
1029	502	Anna Widman	Kenia	AK	30	F	14:09.40
1030	737	candi markle	Wasiila	AK	46	F	14:09.90
1031	460	Toni Taylor	Anchorage	AK	18	F	14:10.10
1032	1485	Meghan Owens	Anchorage	AK	27	F	14:10.50
1033	568	Angela Kale	Eagle river	AK	30	F	14:11.30
1034	1447	Nina Schwinghammer	Anchorage	AK	27	F	14:11.30
1035	499	Lisa Land	Anchorage	AK	51	F	14:11.40
1036	1003	Christianna Colles	Eagle River	AK	36	F	14:11.70
1037	1459	Rachel goertz	Anchorage	AK	30	F	14:13.60
1038	54	Judy Sedwick	Anchorage	AK	66	F	14:13.70
1039	1203	Samantha Case	Anchorage	AK	24	F	14:14.10
1040	1303	joan cullinane	anchorage	AK	54	F	14:15.30
1041	1138	Lindsey Brown	Anchorage	AK	33	F	14:15.70
1042	406	Claire Torbensen-A	Eagle River	AK	43	F	14:16.60
1043	701	Mary Witthus-Erstr	Soldotna	AK	42	F	14:16.80
1044	781	Reanne Honemann	Anchorage	AK	25	F	14:17.40
1045	494	Marta Mueller	Anchorage	AK	40	F	14:18.20
1046	948	Pamela O'Brien	ANCHORAGE	AK	37	F	14:18.70
1047	1204	Diane Blakey	Anchorage	AK	46	F	14:18.80
1048	1331	Bettina Chastain	Anchorage	AK	49	F	14:19.20
1049	1127	Dawn Carmichael	Anchorage	AK	49	F	14:19.60
1050	1335	Emma White	Anchorage	AK	16	F	14:19.80

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Place	No.	Name	Town	St	Age	S	Swim
1051	1171	Kristina Storlie	Anchorage	AK	30	F	14:20.30
1052	717	Bonnie Vega	Eagle River	AK	32	F	14:20.40
1053	544	Jamie Patterson-Si	Anchorage	AK	48	F	14:20.40
1054	633	Lauri Lingafelt	Soldonta	AK	48	F	14:21.00
1055	1548	Liz Turner	Eagle River	AK	28	F	14:21.50
1056	1058	Jennifer Barsalou	Eagle River	AK	47	F	14:21.70
1057	624	Mary Hammes	Anchorage	AK	65	F	14:21.90
1058	1417	Allison Biastock	Anchorage	AK	35	F	14:22.00
1059	583	Jill Hogan	Anchorage	AK	39	F	14:22.70
1060	1613	rebecca gall	palmer	AK	33	F	14:23.40
1061	1382	Carolyn Rudzinski	Anchorage	AK	43	F	14:23.50
1062	705	Mary Johannes	ANCHORAGE	AK	50	F	14:23.90
1063	363	Alissa Engelby	Anchorage	AK	37	F	14:24.60
1064	74	Nancy Spence	Anchorage	AK	40	F	14:26.30
1065	830	kuyaas Young	Anchorage	AK	10	F	14:26.30
1066	1200	Amanda Dunlap	Anchorage	AK	32	F	14:27.10
1067	555	Quincy Donley	Anchorage	AK	11	F	14:27.30
1068	859	Varina Zinno	ANCHORAGE	AK	33	F	14:27.50
1069	340	Jonna Gerboth	Anchorage	AK	46	F	14:27.80
1070	361	Olivia Percle	Eagle River	AK	37	F	14:27.90
1071	455	Abigail Beveridge	Anchorage	AK	13	F	14:29.10
1072	503	Jennifer Waltenbau	Kodiak	AK	42	F	14:29.70
1073	470	Jessica Harvill	Anchorage	AK	31	F	14:29.80
1074	872	Justine Nelson	Anchorage	AK	28	F	14:30.50
1075	750	Gretchen Courtney	Chugiak	AK	34	F	14:30.50
1076	1510	Chrissie Babin	Chugiak	AK	42	F	14:30.70
1077	459	Natalee Kline	Anchorage	AK	41	F	14:30.80
1078	1000	Yeghsa Vartanian	Anchorage	AK	36	F	14:31.00
1079	1508	Val Jokela	Chugiak	AK	63	F	14:31.70
1080	786	Terri Dreeszen	Anchorage	AK	34	F	14:34.30
1081	1439	Jacqueline Seiffer	Anchorage	AK	41	F	14:34.50
1082	815	Mary Goolie	Anchorage	AK	46	F	14:35.30
1083	282	Melissa Hardesty	Alaska	AK	37	F	14:36.10
1084	796	Kristen Gilbert	Anchorage	AK	37	F	14:38.30
1085	1440	Sandra Estenson	Anchorage	AK	68	F	14:39.20
1086	711	Windy Alvarado-Neh	Anchorage	AK	45	F	14:39.70
1087	1480	Amy Thompson	Anchorage	AK	47	F	14:39.90
1088	1137	Rebecca Carroll	Anchorage	AK	32	F	14:40.00
1089	800	Cathy Brandal	HOMER	AK	56	F	14:40.80
1090	117	Cheryl Mandala	Anchorage	AK	39	F	14:40.80
1091	814	Katie Bloom	Eagle River	AK	31	F	14:40.90
1092	508	Patricia Moreth	homer	AK	62	F	14:41.00
1093	342	Caroline Proulx	Anchorage	AK	22	F	14:41.70
1094	391	Meghan Steenburgh	Anchorage	AK	42	F	14:41.90
1095	336	Jennie Schroll	Chugiak	AK	29	F	14:42.20
1096	972	Judy Krier	Chugiak	AK	57	F	14:42.30
1097	707	Charlene Juliussen	Anchorage	AK	43	F	14:43.70
1098	1541	Emily Gorham	Eagle River	AK	30	F	14:45.00
1099	680	Robin Cope	Anchorage	AK	55	F	14:45.30
1100	478	Esther Lim	Anchorage	AK	30	F	14:45.70

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Place	No.	Name	Town	St	Age	S	Swim
1101	300	Yvonne Henrickson	Anchorage	AK	39	F	14:46.40
1102	765	Debbie Duque	wasilla	AK	57	F	14:47.00
1103	702	Antoinette Bogart	Anchorage	AK	43	F	14:48.70
1104	1547	Pamela Finch	Eagle River	AK	38	F	14:48.90
1105	446	Amy Zimmrman	Anchorage	AK	41	F	14:49.10
1106	212	Holly Mitchell	Anchorage	AK	43	F	14:50.40
1107	1577	Whitney Williams	Eagle River	AK	28	F	14:50.60
1108	1016	Jan Darch	Kenai	AK	45	F	14:52.20
1109	1233	Donna Pedersen	Anchorage	AK	62	F	14:52.70
1110	1036	Noelle Flodin	Chugiak	AK	14	F	14:52.80
1111	626	Judy Bachicha	JBER	AK	25	F	14:53.20
1112	832	Crystal Miller	Anchorage	AK	31	F	14:54.30
1113	836	Johnna Minemyer	Anchorage	AK	30	F	14:54.30
1114	474	Laurel Renkert	Anchorage	AK	26	F	14:54.50
1115	599	Alexis Williams	Anchorage	AK	17	F	14:54.60
1116	1455	Tracy Lohman	Anchorage	AK	48	F	14:55.20
1117	187	renae sather	Eagle River	AK	42	F	14:55.50
1118	510	Stephanie Manning	Anchorage	AK	38	F	14:56.00
1119	949	Erin Campbell	Anchorage	AK	26	F	14:56.80
1120	1402	Melanie Melendez	Anchorage	AK	47	F	14:57.10
1121	1412	Delana Wesen	Anchorage	AK	14	F	14:57.30
1122	105	Naomi Zurba	Anchorage	AK	43	F	14:58.00
1123	1635	Terry Slaven	Wasilla	AK	62	F	14:58.30
1124	660	Elizabeth Cannon	Anchorage	AK	39	F	14:58.70
1125	1032	Graylin Simes	Anchorage	AK	15	F	14:58.80
1126	163	Katrina Garner	Anchorage	AK	42	F	14:59.50
1127	482	Erin Wade-Hemphill	Anchorage	AK	30	F	14:59.60
1128	190	Whitney Todd	Fairbanks	AK	29	F	15:00.80
1129	68	Brooke Lizotte	Fairbanks	AK	18	F	15:02.30
1130	708	Hannah Gibbs	Anchorage	AK	12	F	15:02.40
1131	841	Rosemary Hill	Palmer	AK	55	F	15:02.50
1132	1272	Rachel Brandt	Anchorage	AK	29	F	15:02.80
1133	1403	Jessi Morris	Anchorage	AK	33	F	15:03.50
1134	715	Kathleen Judy	Eagle River	AK	51	F	15:03.80
1135	1256	Holly Chinn	Anchorage	AK	34	F	15:05.20
1136	567	Heidi Ober	Eagle River	AK	30	F	15:05.60
1137	458	Carol Halvorson	Wasilla	AK	44	F	15:05.60
1138	1410	Robyn Valentine	Anchorage	AK	33	F	15:06.10
1139	493	Jackie Leadbetter	Wasilla	AK	43	F	15:08.30
1140	938	VIRGINIA GROESCHEL	Anchorage	AK	45	F	15:09.30
1141	254	babette mcilroy	Anchorage	AK	34	F	15:10.00
1142	881	Karen Wolski	Anchorage	AK	47	F	15:10.30
1143	1034	Ginette Raygor	Eagle River	AK	70	F	15:11.00
1144	1234	Lynne Opstad	Anchorage	AK	59	F	15:11.30
1145	710	alexandrea van hor	wasilla	AK	11	F	15:11.60
1146	320	Amie Wu	Anchorage	AK	34	F	15:12.20
1147	971	Jennifer McKinnon	Anchorage	AK	49	F	15:13.00
1148	376	Erin Westfall	Anchorage	AK	34	F	15:13.30
1149	865	Rachel Kemp	Anchorage	AK	28	F	15:13.40
1150	1142	Bronwyn Haynes	Anchorage	AK	46	F	15:14.00

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Place	No.	Name	Town	St	Age	S	Swim
1151	632	Amy Baxter	Soldotna	AK	41	F	15:15.30
1152	1285	Andrea Dittrich	Anchorage	AK	46	F	15:15.50
1153	783	Tabitha Gregory	Valdez	AK	46	F	15:15.70
1154	133	Stephanie Griffin	Anchorage	AK	34	F	15:16.80
1155	1419	Caryn Rea	Anchorage	AK	57	F	15:18.20
1156	790	melissa Strauss	Anchorage	AK	32	F	15:18.60
1157	263	Joy Clark	Anchorage	AK	17	F	15:20.20
1158	359	Valerie Wynne	Chugiak	AK	42	F	15:20.70
1159	1295	Marlys Morton	anchorage	AK	45	F	15:20.70
1160	1643	Kristila Gardner	Wasilla	AK	37	F	15:20.90
1161	837	Erika Quinn	Anchorage	AK	20	F	15:22.20
1162	1291	Danalee Jackson	Anchorage	AK	35	F	15:22.70
1163	451	Beth Beveridge	Anchorage	AK	49	F	15:22.90
1164	775	Paulette Ramage	JBER	AK	46	F	15:23.40
1165	114	Jennifer Baudhuin	Ridgecrest	CA	30	F	15:23.60
1166	1006	Hannah Kragt	Anchorage	AK	11	F	15:24.50
1167	824	Kathryn Wanat	Eagle River	AK	23	F	15:25.20
1168	793	Kate Wedemeyer	Anchorage	AK	63	F	15:26.20
1169	1336	Stacey Ledgerwood	Anchorage	AK	38	F	15:27.60
1170	270	Mo Miller	Anchorage	AK	47	F	15:28.70
1171	745	Jill Motz	Wasilla	AK	37	F	15:29.00
1172	614	Emily McMahan	ANCHORAGE	AK	31	F	15:29.60
1173	149	Verneese Maney	Anchorage	AK	42	F	15:29.60
1174	970	Hallie McKinnon	Anchorage	AK	18	F	15:31.10
1175	207	Laura Butcher	Anchorage	AK	40	F	15:31.40
1176	635	Frances Zars	Anchorage	AK	23	F	15:32.40
1177	749	Brenda Johnson	Chugiak	AK	43	F	15:32.60
1178	1343	Cortney Foos	Anchorage	AK	27	F	15:32.70
1179	343	Tammy Gongliewski	Eagle river	AK	47	F	15:32.80
1180	177	Savannah Ulrich	Anchorage	AK	15	F	15:33.10
1181	410	Debbie Morgan	Anchorage	AK	58	F	15:33.60
1182	1554	Angie Kaltschnee	Eagle River	AK	37	F	15:35.10
1183	549	Katherine Takak	Anchorage	AK	17	F	15:35.40
1184	904	Lindsay Reese	Anchorage	AK	37	F	15:35.60
1185	1307	Christi Meyn	Anchorage	AK	23	F	15:35.90
1186	936	Esther Hayes	Anchorage	AK	35	F	15:36.20
1187	1229	Melinda Miles	Anchorage	AK	51	F	15:36.50
1188	264	Kellie Fagan	Eagle River	AK	58	F	15:37.50
1189	829	Crystal Young	Anchorage	AK	35	F	15:37.50
1190	927	Jennifer Clark	Anchorage	AK	39	F	15:37.50
1191	386	Nikki Strzempka	Eagle river	AK	37	F	15:37.70
1192	312	Jeanne Fischer	Anchorage	AK	65	F	15:37.90
1193	520	Liahona Taylor	Anchorage	AK	27	F	15:38.30
1194	658	Adren Setian	Huntington Beach	CA	12	F	15:38.40
1195	1550	Cassi Campbell	Eagle River	AK	24	F	15:39.00
1196	334	Shannan Baergen	Anchorage	AK	41	F	15:40.10
1197	1250	Eileen Toso	Anchorage	AK	46	F	15:40.10
1198	612	Lisa Heath	Anchorage	AK	29	F	15:41.70
1199	471	Nicole Lee	Anchorage	AK	32	F	15:44.10
1200	1502	Kathryn Lessard	Chugiak	AK	51	F	15:44.60

SWIM RESULTS
 2014 GOLD NUGGET TRIATLON
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 Bartlett Hight School, Anchorage, AK

Place	No.	Name	Town	St	Age	S	Swim
1201	1318	Lisa DeCora	Anchorage	AK	48	F	15:44.60
1202	1634	Jessica Dean	Wasilla	AK	36	F	15:45.00
1203	538	Savannah Walters	Anchorage	AK	15	F	15:45.10
1204	1575	Corey Frazier	Eagle River	AK	14	F	15:47.30
1205	768	Krista Sandhoefner	Anchorage	AK	35	F	15:47.50
1206	766	Nichole Gifford	Anchorage	AK	41	F	15:48.00
1207	563	Penny Towne	Tucson	AR	45	F	15:48.10
1208	570	Hannah Johnston	Eagle River	AK	30	F	15:49.00
1209	1582	Cheryl Valley	Eagle River	AK	43	F	15:49.20
1210	789	Kristin Papp	Anchorage	AK	32	F	15:50.90
1211	250	Penny Furnish	Kenai	AK	50	F	15:51.40
1212	1415	Bonnie Dolgonos	Anchorage	AK	40	F	15:52.80
1213	731	michele coad	SEATTLE	WA	64	F	15:53.50
1214	780	Saree Timmons	Eagle River	AK	52	F	15:53.60
1215	472	Jacqueline Garcia	Anchorage	AK	35	F	15:53.60
1216	122	Barbara Wong	Anchorage	AK	67	F	15:53.60
1217	736	Robin Hewitt	Eagle River	AK	55	F	15:54.00
1218	674	Christianne Morgan	Anchorage	AK	37	F	15:54.40
1219	1097	Carol Waters	Anchorage	AK	67	F	15:54.90
1220	542	Thera Mullet	Soldotna	AK	15	F	15:57.50
1221	559	Rachel Allmendinge	Homer	AK	30	F	15:58.80
1222	833	Elizabeth Larson	Anchorage	AK	40	F	15:59.10
1223	383	Elizabeth Walden	Eagle River	AK	45	F	15:59.30
1224	913	Shannon Sonnenberg	North Pole	AK	33	F	15:59.60
1225	615	Karen Blaney	palmer	AK	59	F	15:59.60
1226	318	Erica Wilson	Anchorage	AK	31	F	16:01.50
1227	608	Helen Hamner	Anchorage	AK	62	F	16:02.00
1228	534	Jill Burke	anchorage	AK	44	F	16:02.20
1229	491	Jennifer Doherty	Anchorage	AK	37	F	16:02.50
1230	80	Claudette Yemant	Anchorage	AK	56	F	16:03.60
1231	550	julie taylor	Anchorage	AK	51	F	16:03.70
1232	744	Jane Martin	Eagle River	AK	52	F	16:04.70
1233	1020	Theresia Strawn	Anchorage	AK	35	F	16:05.00
1234	369	Robin Ford	Anchorage	AK	28	F	16:05.50
1235	432	Jessica Crisp	Chugiak	AK	34	F	16:06.90
1236	556	Jade Simek	Anchorage	AK	12	F	16:09.10
1237	675	vanessa blake	Anchorage	AK	45	F	16:13.20
1238	249	Jodi Kay	Anchorage	AK	40	F	16:13.40
1239	690	Ivory Whitley	Fairbanks	AK	33	F	16:13.50
1240	490	Jennifer Huss	Anchorage	AK	37	F	16:13.80
1241	1590	Ryan Isaacson	Eagle River	AK	39	F	16:14.70
1242	580	Linda Yarborough	Anchorage	AK	61	F	16:17.20
1243	573	Courtney Smith	Anchorage	AK	30	F	16:17.40
1244	875	Michelle Stultz	Anchorage	AK	28	F	16:19.00
1245	753	Gina Lucas	Wasilla	AK	54	F	16:19.90
1246	332	Marnie Kaler	Anchorage	AK	41	F	16:21.00
1247	921	Veronica Huckabay	Anchorage	AK	32	F	16:22.70
1248	286	Meg Criss	Wasilla	AK	52	F	16:22.90
1249	975	Kathy Dale	Anchorage	AK	71	F	16:24.40
1250	289	Yvonne Oren	Kenai	AK	43	F	16:25.50

SWIM RESULTS
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 Bartlett Hight School, Anchorage, AK

Place	No.	Name	Town	St	Age	S	Swim
1251	761	Gail Heineman	Anchorage	AK	59	F	16:26.30
1252	1352	Misty Eisel	Anchorage	AK	26	F	16:28.60
1253	390	Kaela Harrison	Anchorage	AK	25	F	16:28.70
1254	1566	Kayla Mays	Eagle river	AK	19	F	16:30.70
1255	349	Sue Armstrong	Anchorage	AK	37	F	16:31.60
1256	439	Carol Willard	Anchorage	AK	53	F	16:31.90
1257	621	Olivia Grant	Anchorage	AK	16	F	16:32.30
1258	1004	Jaylee Brendel	Anchorage	AK	29	F	16:33.20
1259	385	Jocelyn Bendijo	Ramsey	MN	26	F	16:33.30
1260	348	Nikita Comstock	Anchorage	AK	33	F	16:33.70
1261	1504	Helen Bohn	Chugiak	AK	38	F	16:34.50
1262	719	Nicole Ullman	Anchorage	AK	41	F	16:35.80
1263	689	Kristine Hammargre	Fairbanks	AK	49	F	16:36.30
1264	566	Melody Martin	Anchorage	AK	32	F	16:37.50
1265	937	Marissa Amor- Hegn	Anchorage	AK	20	F	16:39.00
1266	726	Mayra Sanchez	Valdez	AK	37	F	16:40.30
1267	870	Leslie Johnson	Anchorage	AK	55	F	16:40.50
1268	479	Kimberly Howell	Anchorage	AK	45	F	16:40.80
1269	1152	Kirstin Enanoria	Anchorage	AK	43	F	16:41.00
1270	1333	Sharity Sommer	Anchorage	AK	28	F	16:43.50
1271	365	Melody Moen	Eagle River	AK	39	F	16:43.80
1272	607	Tina Tweedley	Anchorage	AK	30	F	16:44.50
1273	331	Anika Beighle	Anchorage	AK	10	F	16:46.10
1274	1340	Ingrid Rasmussen	Anchorage	AK	28	F	16:46.80
1275	523	Danielle Shack	Anchorage	AK	34	F	16:47.00
1276	730	Kamerin Karp	Anchorage	AK	23	F	16:49.70
1277	1211	Rory Bryant	Anchorage	AK	32	F	16:51.00
1278	649	Sofia martinez	Anchorage	AK	11	F	16:51.50
1279	861	Keri Nutter	Anchorage	AK	32	F	16:51.90
1280	1334	Margorie Keene	Anchorage	AK	63	F	16:54.10
1281	1527	Courtney Vandegrif	Eagle River	AK	27	F	16:56.00
1282	413	Mary Blount	Anchorage	AK	62	F	16:57.40
1283	788	Sarah Holland	Anchorage	AK	27	F	16:57.90
1284	734	Lea Filippi	Anchorage	AK	40	F	16:59.30
1285	925	Erin Austin	Anchorage	AK	32	F	17:00.00
1286	477	HOLLIE BEEBY	Anchorage	AK	34	F	17:00.10
1287	1623	jan prouty	Palmer	AK	37	F	17:00.10
1288	665	Jacqueline Van Hat	Kenai	AK	44	F	17:00.90
1289	1639	Whitney Cordell	Wasilla	AK	29	F	17:01.00
1290	431	Jolene Campbell	Wasilla	AK	39	F	17:02.20
1291	1361	Michele Hendrickso	Anchorage	AK	51	F	17:02.50
1292	1641	Linda Markus	Wasilla	AK	60	F	17:05.50
1293	986	Mallory Bradford	Wasilla	AK	14	F	17:05.50
1294	673	Heidi Brittain	chugiak	AK	38	F	17:08.00
1295	722	Krista Rychetnik	Anchorage	AK	31	F	17:08.40
1296	285	Katrina Arledge	Eagle River	AK	49	F	17:08.50
1297	1065	Christine Moore	Anchorage	AK	46	F	17:09.00
1298	644	Sandra Lowther	Anchorage	AK	50	F	17:10.90
1299	323	Melodie Epperheime	Kenai	AK	57	F	17:11.00
1300	426	kristina barnes	Anchorage	AK	27	F	17:13.70

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Place	No.	Name	Town	St	Age	S	Swim
1301	1479	mikki smith	anchorage	AK	40	F	17:14.10
1302	330	Deanna Wlad	Anchorage	AK	44	F	17:16.20
1303	548	Teresa Takak	Anchorage	AK	45	F	17:19.90
1304	656	Amanda Hutchins	Anchorage	AK	29	F	17:20.70
1305	367	Karen Weiland	Valdez	AK	62	F	17:21.40
1306	887	Beth Shumway	Anchorage	AK	47	F	17:23.10
1307	265	Abby Tichenor	Eagle River	AK	32	F	17:23.70
1308	884	Michelle Vincent	anchorage	AK	37	F	17:24.90
1309	384	Catherine Bollinge	Anchorage	AK	45	F	17:25.10
1310	664	Kelsey Hanson	Anchorage	AK	22	F	17:25.40
1311	926	Alecia Pike	Wasilla	AK	30	F	17:25.60
1312	461	Stacey Schubert	Anchorage	AK	42	F	17:26.30
1313	1420	Shawna Bailey	Anchorage	AK	41	F	17:28.20
1314	727	Jessica Cler	Anchorage	AK	31	F	17:28.20
1315	1287	Lisa Erickson	Anchorage	AK	32	F	17:28.70
1316	924	Tawni Eubank	KENAI	AK	42	F	17:30.20
1317	188	Christine bond	Eagle River	AK	40	F	17:32.00
1318	589	Wendy Leseman	Anchorage	AK	57	F	17:32.10
1319	581	Ellie Kiser	Glennallen	AK	28	F	17:33.00
1320	650	Sheri Skantz	Eden Prairie	MN	44	F	17:35.30
1321	577	Vanessa Hiratsuka	Anchorage	AK	36	F	17:37.30
1322	613	Mary Hensel	Anchorage	AK	76	F	17:38.90
1323	910	Kristine Kincaid	Anchorage	AK	52	F	17:39.80
1324	1178	Melissa Becker	Anchorage	AK	36	F	17:44.20
1325	251	Faith Clark	Anchorage	AK	10	F	17:48.20
1326	915	Faye McNew	Anchorage	AK	38	F	17:48.20
1327	645	Paxson Lowther	Anchorage	AK	17	F	17:48.50
1328	1540	Karen Voris	Eagle River	AK	63	F	17:49.20
1329	856	TRINA DEE SCHACHLE	WASILLA	AK	28	F	17:50.20
1330	364	Mikie Manrique	Palmer	AK	44	F	17:50.70
1331	433	Sonia Lipker	Anchorage	AK	36	F	17:51.60
1332	416	Charity Carmody	Anchorage	AK	38	F	17:52.20
1333	863	Shannon Dosko	Kenai	AK	42	F	17:52.60
1334	638	Kira HEWLETT	Anchorage	AK	12	F	17:52.60
1335	259	Makenna Boring	Anchorage	AK	13	F	17:53.00
1336	759	Victoria Knapp	Big Lake	AK	53	F	17:53.50
1337	1574	Michele Welch	Eagle River	AK	30	F	17:59.60
1338	593	KRISTA-MARIE LINEG	ANCHORAGE	AK	34	F	18:01.80
1339	462	Alexxa Schubert	Anchorage	AK	11	F	18:02.70
1340	889	Kathryn Ireland	Eagle River	AK	36	F	18:02.80
1341	427	Caye moberg	Wasilla	AK	48	F	18:02.80
1342	579	Maryann Leenstra	Tempe	AZ	57	F	18:04.40
1343	202	Patsy Perkins	Fairbanks	AK	61	F	18:05.30
1344	1017	Charlene Hampton	Anchorage	AK	45	F	18:11.00
1345	794	Lisa Weston	Anchorage	AK	53	F	18:11.50
1346	723	sara Kirkpatrick	Chino Hills	CA	39	F	18:13.70
1347	1448	Anne Stephens-Demn	Anchorage	AK	48	F	18:14.40
1348	1317	Heather MacAlpine	Anchorage	AK	47	F	18:22.70
1349	899	Thao Le	Anchorage	AK	30	F	18:26.40
1350	739	Katie Roche	Eagle River	AK	25	F	18:27.60

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Place	No.	Name	Town	St	Age	S	Swim
1351	66	Aisha Barnes	Anchorage	AK	60	F	18:27.70
1352	281	Anne Lanier	anchorage	AK	74	F	18:31.60
1353	928	Lisa An	Anchorage	AK	37	F	18:32.10
1354	1562	Ana Diaz	Eagle River	AK	53	F	18:37.00
1355	918	Millie Spezialy	Anchorage	AK	76	F	18:38.70
1356	438	Teri Reed	Anchorage	AK	44	F	18:43.00
1357	651	Andrea Sands	JBER	AK	25	F	18:45.50
1358	430	Cheri Goodman	Anchorage	AK	55	F	18:46.60
1359	1316	Katie Sechrist	Anchorage	AK	37	F	18:46.70
1360	424	Angela rick	Anchorage	AK	52	F	18:46.80
1361	283	Samantha Heathingt	JBER	AK	34	F	18:47.20
1362	969	Lorinda Jensen	Anchorage	AK	25	F	18:47.20
1363	489	Carey Gray	ANCHORAGE	AK	45	F	18:49.30
1364	325	Jennifer Aist	Anchorage	AK	44	F	18:51.90
1365	932	Teresa Severson	Anchorage	AK	51	F	18:52.20
1366	327	Rebecca Aist	anchorage	AK	11	F	18:53.70
1367	418	Olivia Carmody	anchorage	AK	13	F	18:55.10
1368	221	DeAnna Roering	Anchorage	AK	28	F	18:55.60
1369	743	Julia Seymour	Eagle River	AK	32	F	18:56.90
1370	1001	Kathryn Haas	Anchorage	AK	38	F	18:57.10
1371	576	Shelley Fielder	Wasilla	AK	42	F	18:57.50
1372	611	Christina Wilder	Anchorage	AK	34	F	19:02.70
1373	1286	Katie Sigward	Anchorage	AK	24	F	19:02.80
1374	261	Elaine Bozone	Chugiak	AK	50	F	19:04.50
1375	849	Fiona Peichel	Anchorage	AK	47	F	19:05.10
1376	235	Sidney Epperheimer	Kenai	AK	24	F	19:06.80
1377	339	Christina Brown	Anchorage	AK	32	F	19:11.10
1378	352	Gina Gorski	Eagle River	AK	47	F	19:11.40
1379	779	Lesli Olson	Anchorage	AK	33	F	19:11.50
1380	161	Joyce Dever	JBER	AK	42	F	19:14.30
1381	574	Michelle McIntyre	Anchorage	AK	26	F	19:15.70
1382	876	Mary Fleming	Anchorage	AK	28	F	19:18.90
1383	1583	Jennifer Ruiz	Eagle River	AK	33	F	19:35.20
1384	669	Tanya Beck	Eagle River	AK	57	F	19:39.60
1385	389	Alicia Woods	Chugiak	AK	45	F	19:41.10
1386	480	Susan Vander Marti	Anchorage	AK	47	F	19:46.40
1387	923	Alisha Hilde	Anchorage	AK	31	F	19:49.50
1388	354	Vera Hershey	Wasilla	AK	64	F	19:50.20
1389	132	Kathy Binder	Anchorage	AK	34	F	19:50.40
1390	379	bonnie vaughn	anchorage	AK	53	F	19:52.50
1391	484	Laura Clement	Anchorage	AK	56	F	19:53.00
1392	205	Bonnie Bausch	Anchorage	AK	34	F	19:53.60
1393	378	Robin Lutz	Anchorage	AK	37	F	19:54.50
1394	543	Monica Mullet	Soldotna	AK	35	F	19:55.70
1395	935	Kathryn Giardino	Anchorage	AK	24	F	19:57.10
1396	747	Tamara Von Gemming	Anchorage	AK	40	F	19:59.50
1397	799	Sarah Kovacs	North Pole	AK	35	F	20:07.00
1398	457	Cyndee Hanna	Pomona	CA	61	F	20:07.60
1399	661	Paulette Compton	Eagle River	AK	61	F	20:08.60
1400	1544	Tara Barndt	Eagle River	AK	37	F	20:09.80

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Place	No.	Name	Town	St	Age	S	Swim
1401	838	Anna Ogena	Anchorage	AK	42	F	20:10.40
1402	666	Lindsay St Peter	Delta Junction	AK	27	F	20:19.40
1403	735	Christina McSorley	Anchorage	AK	38	F	20:19.80
1404	569	Jessica Bjornstad	Eagle River	AK	24	F	20:19.80
1405	464	Kjersti Parker	Anchorage	AK	33	F	20:20.90
1406	679	lynne farrington	Anchorage	AK	44	F	20:21.60
1407	1248	Emily DeGroot	Anchorage	AK	28	F	20:22.80
1408	931	keri parsons	Anchorage	AK	30	F	20:30.40
1409	374	Sue Fedro	Eagle River	AK	50	F	20:30.50
1410	350	emma jerome	Fairbanks	AK	13	F	20:34.70
1411	716	Nicole Walker	Wasilla	AK	35	F	20:36.10
1412	547	Carol Patterson	Anchorage	AK	73	F	20:41.80
1413	933	Ashley Blatchford	Kenai	AK	29	F	20:43.10
1414	1633	Terri Mayeur	Wasilla	AK	50	F	20:48.00
1415	773	Erin Gibson	Fairbanks	AK	33	F	20:49.00
1416	1467	Roberta Quintavell	Anchorage	AK	52	F	20:53.10
1417	652	Mary Alice Donalds	Anchorage	AK	61	F	20:53.30
1418	315	Christine Opland	Anchorage	AK	57	F	20:54.70
1419	333	Beth Knorr	ANCHORAGE	AK	43	F	20:58.90
1420	871	Helena Spector	Anchorage	AK	69	F	21:01.70
1421	346	Anna King	Anchorage	AK	36	F	21:09.60
1422	738	Calliandra Donn	Wasilla	AK	31	F	21:15.30
1423	347	Teri Lindseth	Anchorage	AK	33	F	21:22.00
1424	104	Nicolette Palmer	JBER	AK	45	F	21:34.30
1425	592	Courtney Fleischma	Anchorage	AK	29	F	21:35.50
1426	575	Lavonne Hess	Anchorage	AK	33	F	21:39.50
1427	314	Linda Horstmann	Willow	AK	64	F	21:43.20
1428	362	Kimberly Duke	Anchorage	AK	49	F	21:44.60
1429	50	Susan Reeves	Anchorage	AK	65	F	21:49.20
1430	356	Teresa Miksch	Eagle River	AK	58	F	21:51.20
1431	877	Kimberly Neill	Palmer	AK	51	F	21:59.70
1432	725	Diana Boyd	Anchorage	AK	41	F	22:01.00
1433	929	Priscilla Miles	Anchorage	AK	43	F	22:17.10
1434	917	Janeen Herr	anchorage	AK	57	F	22:26.70
1435	839	Molly Hickox	Girdwood	AK	40	F	22:30.80
1436	1050	joey Eski	Anchorage	AK	44	F	22:34.70
1437	840	Emily HIckox	Girdwood	AK	11	F	22:37.60
1438	868	Evangelyn Dotomain	Anchorage	AK	37	F	23:14.40
1439	886	Katherine Dawson	Anchorage	AK	43	F	23:31.00
1440	417	Cheryl Armbrust	Anchorage	AK	47	F	24:27.70
1441	919	Kerrisa Yarnot	Wasilla	AK	33	F	24:33.70
1442	373	Rebecka Mestas	Anchorage	AK	35	F	24:34.70
1443	466	Kimberly Osbourn	Eagle River	AK	47	F	24:43.40
1444	113	Danette Schloeder	Anchorage	AK	50	F	24:58.50
1445	311	Ann marie Garber	Anchorage	AK	38	F	25:09.10
1446	372	Peggy Martinez	Anchorage	AK	56	F	25:17.40
1447	934	Patricia Gallardo	Anchorage	AK	23	F	25:20.40
1448	1025	Audrey Sato	Pleasanton	CA	75	F	25:22.30
1449	497	Kathryn Epperheime	Kenai	AK	37	F	25:40.20
1450	101	Susan Garner	Anchorage	AK	60	F	26:06.70

SWIM RESULTS
2014 GOLD NUGGET TRIATLON
May 18th, 2014
Bartlett Hight School, Anchorage, AK

Place	No.	Name	Town	St	Age	S	Swim
1451	648	Maria Martinez	Anchorage	AK	38	F	26:46.20
1452	421	Lewellyn Irwin	Anchorage	AK	59	F	26:49.10
1453	358	Lorna Roberts	Anchorage	AK	55	F	28:48.70
1454	453	Susana Wong	Anchorage	AK	31	F	28:55.60
1455	532	Phi Tran	ANchorage	AK	32	F	29:14.00
1456	835	Cindi Parsons	Anchorage	AK	54	F	30:01.40
1457	310	KHAMPHENG SCOTT	EAGLE RIVER	AK	40	F	32:50.90

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RESULTS BY: Skinny Raven Events and Timing