

BIKE RESULTS
 2016 GOLD NUGGET TRIATHLON
 May 15th, 2016
 Bartlett High School - Anchorage, AK

Place	Bib	Name	Town	St	Age	Bike	Rate
1	1	Kinsey Laine	Fairbanks	AK	28	31:30	22.9
2	5	Rebecca McKee	Anchorage	AK	44	32:57	21.9
3	2	Amber Stull	Anchorage	AK	38	33:08	21.7
4	28	Kelly Powers Willi	Eagle River	AK	44	33:09	21.7
5	158	Sheryl loan	Eagle River	AK	57	33:12	21.7
6	10	joleen white	Anchorage	AK	42	33:40	21.4
7	19	Megan Chelf	Anchorage	AK	29	34:11	21.1
8	3	Laura Gardner	Anchorage	AK	34	34:23	20.9
9	18	kinsey loan	Eagle River	AK	24	34:27	20.9
10	7	Danelle Winn	Anchorage	AK	48	34:29	20.9
11	116	Sheryl Mohwinkel-F	Anchorage	AK	44	34:33	20.8
12	16	Jenny Kimball	Anchorage	AK	46	34:36	20.8
13	8	Beth Zirbes	Fairbanks	AK	32	34:44	20.7
14	26	Janet Mamikunian	Anchorage	AK	55	34:59	20.6
15	11	Shannon Titzel	Anchorage	AK	46	35:01	20.6
16	14	Natasha Bergt	Anchorage	AK	56	35:03	20.5
17	13	Kendal Williams	Anchorage	AK	19	35:04	20.5
18	23	LeeAnn Burns	Eagle River	AK	30	35:06	20.5
19	21	Sara Miller	Anchorage	AK	40	35:12	20.5
20	40	Ellie Mitchell	Anchorage	AK	16	35:18	20.4
21	12	Lisa Keller	Anchorage	AK	52	35:26	20.3
22	31	Holly Barclay	Anchorage	AK	39	35:46	20.1
23	34	Kelly Janukajtis	Anchorage	AK	39	35:47	20.1
24	17	Deana Watson	Anchorage	AK	46	35:47	20.1
25	20	Corrie Smith	Anchorage	AK	37	35:47	20.1
26	27	jenifer kohout	Anchorage	AK	52	35:50	20.1
27	33	Jill Simek	Anchorage	AK	43	36:04	20.0
28	1095	lindzey Ruderman	Anchorage	AK	34	36:35	19.7
29	1302	Katra Wedeking	Girdwood	AK	42	36:42	19.6
30	37	Kristina Eaton	Anchorage	AK	34	36:47	19.6
31	22	Jodi McLaughlin	Anchorage	AK	42	36:53	19.5
32	36	Lynn Kent	Girdwood	AK	56	36:56	19.5
33	1086	Pamela Dreyer	Eagle River	AK	35	37:09	19.4
34	32	Hannah Booher	Chugiak	AK	18	37:11	19.4
35	1149	Lauren Hess	Anchorage	AK	25	37:14	19.3
36	1127	Rebecca Jemmings	Anchorage	AK	41	37:18	19.3
37	161	Betsy Lund	Kodiak	AK	39	37:26	19.2
38	1118	Amy Larsen	Anchorage	AK	46	37:27	19.2
39	208	Sarah Moore	Anchorage	AK	40	37:29	19.2
40	47	Dianne Prince	Anchorage	AK	52	37:32	19.2
41	35	Erika Bennett	Anchorage	AK	45	37:33	19.2
42	120	Joanne Allan	Anchorage	AK	39	37:39	19.1
43	125	Kelsey Tranel	Anchorage	AK	27	37:41	19.1
44	261	Rachelle Kanady	Anchorage	AK	27	37:44	19.1
45	1097	Amy Koehn	Anchorage	AK	40	37:46	19.1
46	1101	Darcy Dugan	Anchorage	AK	35	37:47	19.1
47	1614	rose theisen	Anchorage	AK	48	37:51	19.0
48	15	Katelyn Stearns	Anchorage	AK	29	37:54	19.0
49	108	Lori Bodwell	Fairbanks	AK	50	37:54	19.0
50	50	Amy Stielstra	Wasilla	AK	34	37:55	19.0

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Place	Bib	Name	Town	St	Age	Bike	Rate
51	805	Bronwyn Haynes	Anchorage	AK	49	37:56	19.0
52	1318	Marina Krysinski	Eagle River	AK	27	38:02	18.9
53	24	Nancy Meade-Miller	Anchorage	AK	54	38:02	18.9
54	1555	Karissa Gries	Anchorage	AK	43	38:09	18.9
55	46	Kelly Driver	Anchorage	AK	48	38:09	18.9
56	204	Lauren Langford	Anchorage	AK	28	38:13	18.8
57	177	Karina Packer	Anchorage	AK	24	38:20	18.8
58	96	Emily Wiswesser	Girdwood	AK	33	38:22	18.8
59	1296	Valerie Kirk	Anchorage	AK	25	38:23	18.8
60	25	Jennifer Henderson	Anchorage	AK	40	38:29	18.7
61	308	Sarah Freistone	Anchorage	AK	22	38:36	18.7
62	520	Liane Nagata	Anchorage	AK	46	38:39	18.6
63	885	Jessica Nangle	Anchorage	AK	40	38:39	18.6
64	30	Heidi Booher	Chugiak	AK	16	38:40	18.6
65	154	Hallidie Wilt	Anchorage	AK	28	38:44	18.6
66	438	Alyssa Hargis	Eagle River	AK	13	38:51	18.5
67	1121	Shelly Schwenn	Anchorage	AK	47	38:51	18.5
68	163	Bree Witteveen	Kodiak	AK	38	38:59	18.5
69	147	mona bremont	Anchorage	AK	56	39:03	18.4
70	193	Summer Ohlendorf	Wasilla	AK	30	39:09	18.4
71	1211	Susanne Green	Anchorage	AK	48	39:11	18.4
72	1279	Ashley French	Anchorage	AK	30	39:11	18.4
73	95	Stacy Dayley	Anchorage	AK	48	39:19	18.3
74	200	KImberly Bush	Anchorage	AK	47	39:20	18.3
75	128	Elizabeth Calabro	Anchorage	AK	38	39:20	18.3
76	260	Anna Rix	Fairbanks	AK	27	39:21	18.3
77	1122	Deborah Boots	Anchorage	AK	53	39:22	18.3
78	256	Maggie Meeds	Anchorage	AK	17	39:26	18.3
79	41	Heidi Martinson	Anchorage	AK	36	39:28	18.2
80	293	Ericka Mulder	Anchorage	AK	58	39:30	18.2
81	64	Hanna young	Homer	AK	27	39:30	18.2
82	209	Kristi Shea	Wasilla	AK	42	39:31	18.2
83	1099	Kari Wiederkehr	Anchorage	AK	38	39:34	18.2
84	1534	Nicole Holmen	Anchorage	AK	35	39:35	18.2
85	44	Alina Rykaczewski	Anchorage	AK	27	39:38	18.2
86	765	Allison Melocik	Anchorage	AK	44	39:39	18.2
87	259	Naomi Kiekintveld	Anchorage	AK	18	39:40	18.2
88	68	Jennifer Schrage	Anchorage	AK	45	39:44	18.1
89	60	Nancy Spence	Anchorage	AK	43	39:46	18.1
90	1215	Jennifer Slaughter	Anchorage	AK	44	39:46	18.1
91	43	Katie Bisson	Anchorage	AK	41	39:48	18.1
92	121	Morgan Aldridge	Sterling	AK	34	39:53	18.1
93	1399	Amy Engeberg	Anchorage	AK	34	39:56	18.0
94	1463	Misty Pekar	Girdwood	AK	40	39:59	18.0
95	806	Katie Naylor	Wasilla	AK	41	40:03	18.0
96	48	Jennifer Armentrou	ANCHORAGE	AK	38	40:03	18.0
97	1299	Tanya Kirk	Anchorage	AK	49	40:06	18.0
98	1100	Paola Banchemo	Anchorage	AK	46	40:07	17.9
99	810	Victoria Oxentencko	Chugiak	AK	35	40:09	17.9
100	873	lesley yamauchi	Anchorage	AK	63	40:10	17.9

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Place	Bib	Name	Town	St	Age	Bike	Rate
101	314	Heidi Beer	Anchorage	AK	48	40:10	17.9
102	1076	Amy Anderson	Anchorage	AK	32	40:12	17.9
103	312	Kali Glosser	Homer	AK	45	40:15	17.9
104	76	Lora Jorgensen	Anchorage	AK	47	40:15	17.9
105	772	Kristy Estrada	Eagle River	AK	31	40:16	17.9
106	639	Nikki Strzempka	Eagle River	AK	39	40:18	17.9
107	42	Mary Fischer	Kenai	AK	51	40:18	17.9
108	1317	Mary Krysinski	Eagle River	AK	58	40:21	17.8
109	1290	Holly Martinson	Anchorage	AK	32	40:21	17.8
110	264	Hannah Brewster	Anchorage	AK	31	40:22	17.8
111	159	ellyn brown	Anchorage	AK	64	40:23	17.8
112	1003	Karri Sicard	Fairbanks	AK	31	40:26	17.8
113	113	Andrea Tesch	JBER	AK	59	40:27	17.8
114	56	Cynthia Hendel	Eagle River	AK	61	40:30	17.8
115	1520	Suzanne Armentrout	Chugiak	AK	45	40:30	17.8
116	1564	Erika Burr	Fairbanks	AK	31	40:30	17.8
117	879	kathryn wanat	Eagle River	AK	25	40:32	17.8
118	800	Kaylee Heck	Anchorage	AK	16	40:35	17.7
119	45	bridget mcbride	Anchorage	AK	37	40:37	17.7
120	1314	Maggie Donnelly	Girdwood	AK	53	40:40	17.7
121	72	Heather Dekalb	Anchorage	AK	49	40:43	17.7
122	1433	Mireya de la Pena	Anchorage	AK	51	40:45	17.7
123	1154	Anne Marbarger	Encinitas	CA	34	40:47	17.7
124	1146	jennifer hunter	Anchorage	AK	37	40:48	17.6
125	1106	Lauren Smayda	Anchorage	AK	33	40:50	17.6
126	1447	Laura Johnston	Anchorage	AK	45	40:50	17.6
127	62	Karla Taylor-Welch	Fairbanks	AK	61	40:50	17.6
128	874	Melanee Stiassny	Girdwood	AK	40	40:53	17.6
129	216	katie Miller	Anchorage	AK	36	40:54	17.6
130	1142	Sarah Haltness	Anchorage	AK	42	41:00	17.6
131	1111	Ruth Kroona	Anchorage	AK	48	41:02	17.5
132	38	Jess Klain	Anchorage	AK	31	41:09	17.5
133	840	Joey Eski	Anchorage	AK	46	41:11	17.5
134	1612	Amy Reed	Anchorage	AK	38	41:12	17.5
135	1145	Abby Beltz	Anchorage	AK	34	41:12	17.5
136	70	Kacy Hillman	Anchorage	AK	35	41:13	17.5
137	1067	Renee Parsley	Fairbanks	AK	44	41:13	17.5
138	862	Nelda Dodge	Anchorage	AK	54	41:13	17.5
139	190	Hilary Rea	Anchorage	AK	31	41:14	17.5
140	487	Vanessa Duhrsen	Anchorage	AK	16	41:18	17.4
141	151	Ashley Van Hemert	Anchorage	AK	34	41:20	17.4
142	197	hope Austin	Anchorage	AK	44	41:20	17.4
143	1183	Mallory landes	Anchorage	AK	28	41:21	17.4
144	1085	Erin Kohman	Anchorage	AK	31	41:22	17.4
145	1129	Diana Burbank	Anchorage	AK	33	41:22	17.4
146	224	Katherine Sind	Anchorage	AK	27	41:24	17.4
147	807	Julie Merrill	ANCHORAGE	AK	52	41:25	17.4
148	122	Johnna Kohl	Anchorage	AK	44	41:25	17.4
149	1348	Monica Oakley	Anchorage	AK	34	41:26	17.4
150	877	Sara Brubaker	Kodiak	AK	27	41:27	17.4

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151	102	Laura Butcher	Anchorage	AK	42	41:29	17.4
152	254	Emily Evans	Anchorage	AK	19	41:29	17.4
153	83	Caitlin Douglass	Anchorage	AK	46	41:29	17.4
154	1630	Brandy Baker	Delta Junction	AK	37	41:29	17.4
155	302	Ashley Hicks	Chugiak	AK	15	41:30	17.3
156	1311	Amanda Hawes	Girdwood	AK	39	41:32	17.3
157	1431	Christy Jordan	Anchorage	AK	43	41:35	17.3
158	181	Jackie Minge	Anchorage	AK	55	41:39	17.3
159	1467	Kayte Lindsay	Eagle River	AK	25	41:40	17.3
160	29	Beth Paynter	Eagle River	AK	40	41:41	17.3
161	188	Clare Cook	Eagle River	AK	19	41:42	17.3
162	986	Dawn Demko	Anchorage	AK	44	41:44	17.3
163	363	Allison Wieland	Anchorage	AK	44	41:46	17.2
164	1114	Jeanette Legenza	Eagle River	AK	46	41:49	17.2
165	1125	Debika Howard	Issaquah	WA	30	41:51	17.2
166	1455	Lori Guyer	Anchorage	AK	47	41:52	17.2
167	969	Riley Bennett-Vock	Nome	AK	32	41:52	17.2
168	1420	Echo McDonald	Anchorage	AK	52	41:53	17.2
169	39	Anna Fischer	Anchorage	AK	36	41:53	17.2
170	414	Katrina Mejia	Anchorage	AK	37	41:53	17.2
171	1298	Hannah Bauthues	Ketchum	ID	27	41:54	17.2
172	896	Amy Rogers	Anchorage	AK	32	41:56	17.2
173	1235	Elizabeth Floch	Corvallis	OR	35	41:57	17.2
174	717	Kai Sims	Eagle River	AK	36	41:59	17.1
175	1232	Callie Jones	Anchorage	AK	31	41:59	17.1
176	1083	Brooke Therrien	Anchorage	AK	29	42:03	17.1
177	1305	Kris Miller	Anchorage	AK	49	42:05	17.1
178	115	Rashele Kimmel	Eagle River	AK	37	42:08	17.1
179	178	Elizaabeth Packer	Anchorage	AK	61	42:08	17.1
180	234	Yvonne Henrickson	Anchorage	AK	41	42:11	17.1
181	1104	Emily Biering	Anchorage	AK	20	42:11	17.1
182	1072	Haylee Donovan	Eagle River	AK	32	42:12	17.1
183	1220	Holly Krenz	Anchorage	AK	46	42:15	17.0
184	1600	Heather Poe	Anchorage	AK	36	42:16	17.0
185	1406	Theresa Wooten	Anchorage	AK	61	42:17	17.0
186	1552	Stephanie Seward	Anchorage	AK	37	42:20	17.0
187	386	Merrileigh boring	Anchorage	AK	45	42:20	17.0
188	1548	Robin Cope	Anchorage	AK	58	42:21	17.0
189	49	Amie Wu	Anchorage	AK	37	42:22	17.0
190	139	Claire Coppel	Anchorage	AK	57	42:24	17.0
191	439	anne hargis	Eagle River	AK	34	42:25	17.0
192	983	Julie Estey	Palmer	AK	43	42:26	17.0
193	1102	MANDY Casurella	Anchorage	AK	38	42:28	17.0
194	446	Natasha Graham	Anchorage	AK	43	42:29	16.9
195	1403	Mesa Jetton	Anchorage	AK	35	42:29	16.9
196	1418	Ann DuBois	Anchorage	AK	38	42:29	16.9
197	1092	Brandy Stepetin	Eagle River	AK	34	42:31	16.9
198	1634	Margot Ferguson	Anchorage	AK	28	42:32	16.9
199	1344	Kayla Nowak	Anchorage	AK	29	42:32	16.9
200	152	Rachael Kvapil	Fairbanks	AK	42	42:33	16.9

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Place	Bib	Name	Town	St	Age	Bike	Rate
201	78	Francisca Barnett	Anchorage	AK	35	42:35	16.9
202	1157	Holly Fisk	Littleton	CO	32	42:36	16.9
203	1300	Meredith Johnson	Anchorage	AK	27	42:37	16.9
204	1078	Paige Nelson	Anchorage	AK	38	42:38	16.9
205	925	Jill Faudree	Fairbanks	AK	48	42:39	16.9
206	1131	Emily Poray	Eagle River	AK	37	42:41	16.9
207	1583	Erika Prieksat	Anchorage	AK	29	42:41	16.9
208	479	Harriet Paule	Anchorage	AK	68	42:41	16.9
209	1152	Sarah Harris	Anchorage	AK	18	42:44	16.8
210	437	Shyan Hargis	Eagle River	AK	12	42:45	16.8
211	1445	Davina Kinney	Anchorage	AK	28	42:48	16.8
212	299	Adrianna Proffitt	Chugiak	AK	15	42:49	16.8
213	1367	Ashley Lehman	Anchorage	AK	33	42:54	16.8
214	352	cindy Cooper	Anchorage	AK	59	43:00	16.7
215	307	CINDY FREISTONE	Anchorage	AK	53	43:01	16.7
216	246	Brenna Egeland	Anchorage	AK	27	43:02	16.7
217	982	Rachel Cella	Anchorage	AK	40	43:02	16.7
218	781	Fiona Peichel	Anchorage	AK	49	43:03	16.7
219	854	Krista Cook	JBER	AK	29	43:04	16.7
220	207	Taylor Keegan	Anchorage	AK	28	43:04	16.7
221	238	Kayla Clark	Fairbanks	AK	42	43:04	16.7
222	140	Claire Norton-Cruz	Anchorage	AK	37	43:05	16.7
223	1422	Joan Nelson	Wasilla	AK	54	43:06	16.7
224	1512	Samantha Longacre	Anchorage	AK	27	43:07	16.7
225	680	Diane Mohwinkel	Anchorage	AK	74	43:08	16.7
226	124	Elinor Harrington	Chugiak	AK	32	43:13	16.7
227	1397	Beth Baker	Eagle River	AK	67	43:17	16.6
228	1514	Kelly Parsons	Chugiak	AK	51	43:17	16.6
229	664	Hilary Adams	Delta Junction	AK	24	43:18	16.6
230	123	patty moran	Soldotna	AK	54	43:18	16.6
231	791	Whitney Andersen	Anchorage	AK	26	43:21	16.6
232	247	Madison Smith	Anchorage	AK	17	43:22	16.6
233	1084	Arran Forbes	Anchorage	AK	29	43:25	16.6
234	799	Wendy Heck	Anchorage	AK	48	43:25	16.6
235	1148	Dana Deane	Anchorage	AK	30	43:27	16.6
236	863	Autumn Ball	Soldotna	AK	23	43:31	16.5
237	878	Bonnie Wanat	Eagle River	AK	57	43:32	16.5
238	1448	Shizuka Miyanari	Girdwood	AK	22	43:32	16.5
239	1562	Heather McGarity	Anchorage	AK	27	43:32	16.5
240	1308	Maggie Porter	Girdwood	AK	37	43:33	16.5
241	378	Taryn Oleson	Anchorage	AK	24	43:33	16.5
242	1167	Connie Chevalier	Anchorage	AK	61	43:34	16.5
243	1287	Jessica Diab	Eagle River	AK	38	43:34	16.5
244	1507	Sarah Taygan	Chugiak	AK	44	43:34	16.5
245	698	Linda Homan	Eagle River	AK	56	43:35	16.5
246	856	Iris Matthews	Anchorage	AK	38	43:35	16.5
247	549	Christine Gantz	Anchorage	AK	37	43:35	16.5
248	1622	Stacy Pritts	Eagle River	AK	43	43:36	16.5
249	1284	Stephanie Spring	Anchorage	AK	31	43:39	16.5
250	1576	Jessica Pooler	Anchorage	AK	28	43:41	16.5

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251	1021	Katie Reilly	Anchorage	AK	38	43:42	16.5
252	808	Erin Marbarger	Anchorage	AK	30	43:43	16.5
253	804	Mikki Smith	Anchorage	AK	43	43:43	16.5
254	606	Sheila Swanson	Anchorage	AK	50	43:43	16.5
255	202	Jennifer Hardy	Anchorage	AK	39	43:43	16.5
256	172	Carmen Thomas	Sutton	AK	51	43:43	16.5
257	1426	Svia Rothstein	Anchorage	AK	44	43:43	16.5
258	156	julie Buehler	Girdwood	AK	35	43:44	16.5
259	1231	Hannah Ruff	Palmer	AK	26	43:44	16.5
260	1136	Tara DeGeorge	Anchorage	AK	19	43:50	16.4
261	191	Sarah Kleedeahn	Anchorage	AK	63	43:52	16.4
262	1319	Bethany Zellmer	Girdwood	AK	40	43:52	16.4
263	1597	Claire Torbensen-A	Eagle River	AK	45	43:52	16.4
264	1603	Melissa Goins	Eagle River	AK	36	43:53	16.4
265	865	Sarah Pyhala	Soldotna	AK	39	43:54	16.4
266	1371	Jenna Bridges	Anchorage	AK	29	43:54	16.4
267	1024	Theresa Phillips	Palmer	AK	46	43:54	16.4
268	972	Kayla Miller	Anchorage	AK	24	43:56	16.4
269	1598	Kimberly Osburn	Anchorage	AK	35	43:56	16.4
270	442	Debbie Paine	Anchorage	AK	34	43:58	16.4
271	265	Madison Rosser	Anchorage	AK	27	43:59	16.4
272	1301	Amy Klein	Anchorage	AK	47	43:59	16.4
273	859	Bethany Essary	Anchorage	AK	33	44:00	16.4
274	1225	Danielle Blanchard	Anchorage	AK	33	44:01	16.4
275	429	Kristina Storlie	Anchorage	AK	33	44:01	16.4
276	79	Mary Cox	Anchorage	AK	59	44:01	16.4
277	632	Andra Rasmussen	Eagle River	AK	42	44:01	16.4
278	132	Jennifer Weber	Valdez	AK	39	44:03	16.3
279	435	Diane Brozovsky	Anchorage	AK	56	44:03	16.3
280	1355	claire Smith	Anchorage	AK	36	44:03	16.3
281	1040	Carol Halvorson	Wasilla	AK	47	44:03	16.3
282	989	Lauren Rocco	Anchorage	AK	31	44:09	16.3
283	1580	Nicki Melillo	Anchorage	AK	36	44:09	16.3
284	1544	Kelley Jansen	Anchorage	AK	28	44:10	16.3
285	1412	CHARLA LEE	Wasilla	AK	56	44:11	16.3
286	1062	Michelle Pinson	Anchorage	AK	34	44:12	16.3
287	853	Katie Rigsby	Anchorage	AK	27	44:12	16.3
288	272	Ana Avila	Anchorage	AK	33	44:12	16.3
289	301	Stephanie Proffitt	Chugiak	AK	44	44:13	16.3
290	167	Kristin Butler	Anchorage	AK	29	44:15	16.3
291	1476	Whitney Elliott	Anchorage	AK	35	44:15	16.3
292	579	Lisa Land	Anchorage	AK	54	44:18	16.3
293	251	Alice Michaelson	Anchorage	AK	19	44:20	16.2
294	539	Hope Aldrighette	Anchorage	AK	26	44:23	16.2
295	505	Ryann Dorris	Anchorage	AK	13	44:23	16.2
296	1637	Heather Helzer	Anchorage	AK	30	44:26	16.2
297	295	Mary Vollendorf	Anchorage	AK	47	44:28	16.2
298	1509	Briana Lowen	Anchorage	AK	33	44:29	16.2
299	839	Ivy Eski	Anchorage	AK	14	44:29	16.2
300	1569	Cinda Devine	Chugiak	AK	50	44:32	16.2

BIKE RESULTS
 2016 GOLD NUGGET TRIATHLON
 May 15th, 2016
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Place	Bib	Name	Town	St	Age	Bike	Rate
301	1120	Meghan Cavanaugh	Anchorage	AK	26	44:33	16.2
302	1432	Erin Sivitz	anchorage	AK	17	44:34	16.2
303	1237	Lori Kaltenbach	Anchorage	AK	42	44:35	16.1
304	315	Julie Aurand	Homer	AK	44	44:36	16.1
305	1216	Michelle Humphrey	Anchorage	AK	28	44:37	16.1
306	725	Julie McCormick	Anchorage	AK	46	44:37	16.1
307	306	sonja Anderholm	Westminster	MA	45	44:38	16.1
308	1036	Kelly Lanzarone	Anchorage	AK	38	44:38	16.1
309	793	Heather Courier	Anchorage	AK	45	44:40	16.1
310	953	Dominique Lauten	Anchorage	AK	37	44:40	16.1
311	1022	Marguerite Humm	Chugiak	AK	40	44:41	16.1
312	861	Erin Carrick	Eagle River	AK	31	44:44	16.1
313	1351	Tatiana Askoak	Iliamna	AK	35	44:46	16.1
314	239	Laurie Hueffer	Fairbanks	AK	41	44:46	16.1
315	1291	Mikayla Savikko	Anchorage	AK	32	44:47	16.1
316	1165	Jessie Westin	Anchorage	AK	31	44:50	16.1
317	831	Julie Storlie	Anchorage	AK	26	44:50	16.1
318	392	Tana Stone	Saint Paul	MN	39	44:51	16.1
319	255	Roxanna Reynolds	Anchorage	AK	16	44:53	16.0
320	443	Madeline Ramuglia	Anchorage	AK	29	44:54	16.0
321	1438	Maggi Arend	Anchorage	AK	62	44:55	16.0
322	1369	Sissy Adams	Anchorage	AK	54	44:56	16.0
323	110	Kelly McDevitt	Fairbanks	AK	36	44:57	16.0
324	1618	Kathleen Redmond	Anchorage	AK	54	44:59	16.0
325	478	Audrey Paule	Seattle	WA	33	44:59	16.0
326	1365	Jamie Suttie	Anchorage	AK	30	45:00	16.0
327	173	Barbara Nawrocki	Cocoa Beach	FL	59	45:00	16.0
328	852	collette Bentz	Eagle River	AK	57	45:00	16.0
329	1626	Victoria Hunter	Anchorage	AK	37	45:01	16.0
330	1094	Jeanine Madden	Eagle River	AK	40	45:01	16.0
331	205	Gregoria Reyes	Anchorage	AK	62	45:02	16.0
332	356	Holly Nedens	Hardin	MT	40	45:03	16.0
333	106	Shawna Arend	Chugiak	AK	43	45:03	16.0
334	834	Katrina Garner	Anchorage	AK	45	45:04	16.0
335	1117	Cindy Sykes	Palmer	AK	65	45:04	16.0
336	1533	Sarah Baldwin	Anchorage	AK	29	45:06	16.0
337	1515	Emily Garhart	Anchorage	AK	31	45:06	16.0
338	52	Lia Keller	Anchorage	AK	41	45:08	16.0
339	1186	Kelly Ingram	Anchorage	AK	30	45:09	15.9
340	1523	Mackenzie Morrison	Anchorage	AK	23	45:10	15.9
341	784	Ripple Sato	Anchorage	AK	18	45:10	15.9
342	480	Bridget Paule	Anchorage	AK	37	45:11	15.9
343	374	Amy Brumbaugh	Anchorage	AK	43	45:12	15.9
344	1587	Kelly Foreman	Eagle River	AK	51	45:12	15.9
345	909	Jaena Tranberg	Anchorage	AK	31	45:13	15.9
346	1624	Sierra Carlson	Anchorage	AK	24	45:13	15.9
347	127	Debra Kinn	Anchorage	AK	61	45:18	15.9
348	1473	Jill Kohler	Girdwood	AK	38	45:18	15.9
349	521	Devon Stanford	Anchorage	AK	20	45:18	15.9
350	1558	JANA SEAMAN	Anchorage	AK	35	45:20	15.9

BIKE RESULTS
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Place	Bib	Name	Town	St	Age	Bike	Rate
351	493	Julie AUSTERMAN	Anchorage	AK	44	45:20	15.9
352	1337	Molly Just	Anchorage	AK	34	45:24	15.9
353	1208	Catherine Polta	Palmer	AK	29	45:24	15.9
354	562	Tricia Perkins	Anchorage	AK	55	45:27	15.8
355	289	Crystal Miner	Anchorage	AK	36	45:28	15.8
356	129	Beth Snyder	Anchorage	AK	60	45:28	15.8
357	1427	Vanessa Hughes	Anchorage	AK	32	45:29	15.8
358	660	Shannon Morley	Delta Junction	AK	35	45:30	15.8
359	253	Jenni Grunblatt	Anchorage	AK	18	45:31	15.8
360	275	Alaina l Smith	Anchorage	AK	45	45:32	15.8
361	1162	anne blount	Anchorage	AK	49	45:32	15.8
362	1554	Erin McNeil	Anchorage	AK	25	45:33	15.8
363	334	Sarah Christiansen	Anchorage	AK	29	45:34	15.8
364	1081	Mary Michael	Anchorage	AK	62	45:35	15.8
365	1456	Suzzanna Nofsinger	Anchorage	AK	50	45:35	15.8
366	330	Kathryn Roberts	Anchorage	AK	26	45:36	15.8
367	1093	Lisa Ramstad	Eagle River	AK	51	45:36	15.8
368	1636	Shannon Storey	Eagle River	AK	34	45:37	15.8
369	1161	Tapia Stover	Anchorage	AK	36	45:37	15.8
370	1282	Sarah Palenske	Wasilla	AK	32	45:37	15.8
371	1518	Kalyan Westley	Anchorage	AK	36	45:37	15.8
372	1128	Jordan Iverson	Anchorage	AK	23	45:39	15.8
373	1008	Naomi Torrance	Anchorage	AK	36	45:39	15.8
374	1490	Dayle Kodama	Anchorage	AK	46	45:40	15.8
375	441	Paige Ruesch	Fairbanks	AK	36	45:40	15.8
376	350	Lynne Farrington	Anchorage	AK	47	45:41	15.8
377	1109	Bonnie DeArmoun	Anchorage	AK	35	45:44	15.7
378	1606	Jamie Topliff	Chugiak	AK	31	45:45	15.7
379	73	Kristen Droge	Anchorage	AK	32	45:45	15.7
380	884	Deborah Warner	Anchorage	AK	55	45:46	15.7
381	1254	Jordin Thompson	Eagle River	AK	30	45:48	15.7
382	794	Madeleine Oakley	Indian	AK	19	45:50	15.7
383	1011	Heather Huff	Kenai	AK	40	45:51	15.7
384	970	Rachel Butler	Anchorage	AK	33	45:52	15.7
385	1007	Sarah Belway	Fairbanks	AK	46	45:53	15.7
386	1082	Lindsay Ford	Anchorage	AK	37	45:54	15.7
387	1126	Renee Stephens	Anchorage	AK	24	45:54	15.7
388	347	Holly Luiken	Anchorage	AK	32	45:57	15.7
389	1325	Carmen Reese	Anchorage	AK	50	45:58	15.7
390	1408	Kristine Moerlein	Kasilof	AK	58	45:58	15.7
391	59	helen holmes	Anchorage	AK	74	46:00	15.7
392	91	Janet Thibert	Anchorage	AK	58	46:01	15.6
393	1574	Michelle Richards	Palmer	AK	49	46:01	15.6
394	1077	Kathy Rumsey	Anchorage	AK	34	46:02	15.6
395	229	Sandra Music	Anchorage	AK	37	46:03	15.6
396	199	Heather Bottrell	Eagle River	AK	31	46:03	15.6
397	1395	Elizabeth Drewes	Anchorage	AK	31	46:04	15.6
398	594	Amanda Piaskowski	Wasilla	AK	33	46:05	15.6
399	1098	Jennifer Gates	Anchorage	AK	35	46:07	15.6
400	1532	Chelsie Morrison-H	Anchorage	AK	26	46:08	15.6

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Place	Bib	Name	Town	St	Age	Bike	Rate
401	990	Mari Eaton	Anchorage	AK	48	46:08	15.6
402	1381	Jillian Fellman	Chugiak	AK	37	46:09	15.6
403	281	Amy Scharpf	Anchorage	AK	37	46:10	15.6
404	248	Caitlin Bergman	Anchorage	AK	15	46:10	15.6
405	635	Kaleinani Rupp	Eagle River	AK	36	46:12	15.6
406	321	Kate Gallaway	Palmer	AK	31	46:12	15.6
407	869	Danalee Jackson	Anchorage	AK	37	46:12	15.6
408	1293	Meghan Paulson	Anchorage	AK	33	46:13	15.6
409	1513	Nicole Clark	Anchorage	AK	40	46:13	15.6
410	1527	Stacey Ledgerwood	Anchorage	AK	40	46:14	15.6
411	1262	Michele Murphy	Anchorage	AK	52	46:15	15.6
412	1329	Erika Kahill	Anchorage	AK	39	46:15	15.6
413	999	Debbi Heinen	Anchorage	AK	54	46:16	15.6
414	567	Julie English	Kenai	AK	38	46:16	15.6
415	935	anne burr	Anchorage	AK	52	46:17	15.6
416	1191	Jill Hubert	JBER	AK	49	46:19	15.5
417	1411	Theresa Feighery	Anchorage	AK	30	46:20	15.5
418	111	Holly Willman	Anchorage	AK	37	46:20	15.5
419	277	Amy Hollinhead	Anchorage	AK	28	46:21	15.5
420	1581	Jessica Burk	Anchorage	AK	34	46:26	15.5
421	1519	Alana Davis	Eagle River	AK	46	46:26	15.5
422	960	Issa Forrest	Anchorage	AK	50	46:26	15.5
423	1450	Sonja Mackey	Wasilla	AK	41	46:27	15.5
424	461	Keri Conrad	Anchorage	AK	34	46:28	15.5
425	1138	Monique Rapuzzi	Anchorage	AK	38	46:28	15.5
426	1528	Mikelle Forbes	Anchorage	AK	33	46:29	15.5
427	746	Teresa Doerr	Anchorage	AK	32	46:30	15.5
428	830	Jennifer Lindsay	Chugiak	AK	35	46:30	15.5
429	1349	Annie Roberts	Anchorage	AK	30	46:30	15.5
430	1469	shasta miller	Anchorage	AK	30	46:33	15.5
431	155	Jynene Black	Fairbanks	AK	44	46:33	15.5
432	608	Donna Laine	Kelso	WA	56	46:33	15.5
433	934	Mary Burr	Anchorage	AK	18	46:34	15.5
434	1421	Hailey Nelson	Wasilla	AK	26	46:35	15.5
435	417	Emily Fehrenbacher	Anchorage	AK	31	46:35	15.5
436	1103	Lorena Edenfield	Anchorage	AK	33	46:35	15.5
437	150	Rose Van Hemert	Anchorage	AK	67	46:35	15.5
438	101	Liz Odell	Anchorage	AK	32	46:36	15.5
439	1006	Molly McCormick	Douglas	AK	51	46:36	15.5
440	1043	Isabella Watsjold	Eagle River	AK	16	46:37	15.4
441	1352	Jennifer Anderson	Anchorage	AK	27	46:37	15.4
442	1245	Alecia Wood	Anchorage	AK	31	46:38	15.4
443	1363	Diane Firmani	Wasilla	AK	62	46:38	15.4
444	319	Johnna Minemyer	Anchorage	AK	32	46:38	15.4
445	203	Hanna Wuttig	Fairbanks	AK	15	46:39	15.4
446	258	Rosemary Reynolds	Anchorage	AK	18	46:40	15.4
447	825	Diane Foster	Anchorage	AK	48	46:40	15.4
448	432	Megan Norgaard	Eagle River	AK	56	46:40	15.4
449	1252	Sarah Mastroyanis	Anchorage	AK	27	46:44	15.4
450	1506	Taylor Rukes	Eagle River	AK	16	46:46	15.4

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Place	Bib	Name	Town	St	Age	Bike	Rate
451	58	LuAnn Piccard	Anchorage	AK	56	46:46	15.4
452	1430	Abigail Kean	Eagle River	AK	29	46:47	15.4
453	1051	Kimberly Metzger	Anchorage	AK	50	46:48	15.4
454	1470	Lena Lawhead	Wasilla	AK	40	46:49	15.4
455	1187	Cassie Green	Anchorage	AK	30	46:49	15.4
456	1124	Kelly Lessens	Anchorage	AK	35	46:50	15.4
457	211	Theresa Yvett Sout	Juneau	AK	42	46:52	15.4
458	358	Kathleene Simonson	Anchorage	AK	29	46:52	15.4
459	710	cindy worrell	Chugiak	AK	59	46:52	15.4
460	263	Jazelle Nillo	Anchorage	AK	32	46:53	15.4
461	1251	DeLynn James	Anchorage	AK	63	46:54	15.4
462	471	Linda Yarborough	Anchorage	AK	64	46:55	15.3
463	975	Jaylee Brendel	Anchorage	AK	31	46:55	15.3
464	987	Rachelle Alger	Anchorage	AK	48	46:55	15.3
465	1485	Sandra Estenson	Anchorage	AK	71	46:56	15.3
466	490	Julia Eichler	Eagle River	AK	38	46:57	15.3
467	1460	Linda Hoehne	Anchorage	AK	46	46:57	15.3
468	668	Patricia Cummings	Delta Junction	AK	29	46:57	15.3
469	1025	Stefani Bell	Fairbanks	AK	30	46:57	15.3
470	75	Jennifer Doherty	Anchorage	AK	40	46:58	15.3
471	1496	Kathryn Lessard	Chugiak	AK	54	46:59	15.3
472	250	Sabine Olds	Anchorage	AK	15	46:59	15.3
473	1599	Christine Cosby	Anchorage	AK	42	46:59	15.3
474	532	Karen Divelbiss	Anchorage	AK	54	47:00	15.3
475	593	Kari Mystrom	Anchorage	AK	34	47:01	15.3
476	63	Katherine Tompkins	Anchorage	AK	28	47:01	15.3
477	1250	Signe Pignalberi	Anchorage	AK	34	47:02	15.3
478	1188	Krista Miller	Anchorage	AK	30	47:02	15.3
479	700	cassandra smith	Anchorage	AK	43	47:04	15.3
480	485	Miranda Dordan	Eagle River	AK	21	47:04	15.3
481	864	Val McKenney	Soldotna	AK	57	47:05	15.3
482	1504	Marta Mueller	Anchorage	AK	43	47:07	15.3
483	1494	Jo Ballagh	Anchorage	AK	31	47:09	15.3
484	1108	Becky Paul	Anchorage	AK	35	47:09	15.3
485	1424	Jean Moran	Anchorage	AK	56	47:09	15.3
486	523	Lauren Gaither	Anchorage	AK	19	47:10	15.3
487	1229	Heather Sia	Bethel	AK	45	47:11	15.3
488	1019	Lacy Simko	Fairbanks	AK	29	47:15	15.2
489	257	Faren Crow	Anchorage	AK	17	47:16	15.2
490	824	Heather MacAlpine	Anchorage	AK	50	47:16	15.2
491	980	Bev Lewanski	Eagle River	AK	65	47:19	15.2
492	1565	Alexandra Caldelas	Anchorage	AK	29	47:19	15.2
493	146	heidi embley	Anchorage	AK	39	47:21	15.2
494	1591	Emily Jensen	Chugiak	AK	19	47:23	15.2
495	1579	Amanda Rowe	Anchorage	AK	33	47:24	15.2
496	1497	Bettina Chastain	Anchorage	AK	51	47:25	15.2
497	267	Leah Enright	Anchorage	AK	35	47:25	15.2
498	582	Anna Johnson	Anchorage	AK	27	47:28	15.2
499	536	Megan Carle	Anchorage	AK	37	47:28	15.2
500	1089	Jonna Bartlett	Anchorage	AK	43	47:29	15.2

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Place	Bib	Name	Town	St	Age	Bike	Rate
501	1550	Jessy Hilliard	Palmer	AK	36	47:30	15.2
502	1531	Ashly Beckes	Anchorage	AK	29	47:30	15.2
503	595	Kathryn Sutton	Anchorage	AK	29	47:31	15.2
504	1452	Julie McDonald	Eagle River	AK	50	47:31	15.2
505	235	Kristine Hammargre	Fairbanks	AK	52	47:31	15.2
506	1147	Kelly Frost	Anchorage	AK	28	47:35	15.1
507	978	Chantal LeDue	Anchorage	AK	26	47:37	15.1
508	1194	Phillipia Holness	Anchorage	AK	54	47:37	15.1
509	813	Olga Stewart	Anchorage	AK	33	47:39	15.1
510	397	Gia Currier	Anchorage	AK	45	47:39	15.1
511	142	Erin Diel	Anchorage	AK	27	47:39	15.1
512	718	mary LYNN	Anchorage	AK	52	47:40	15.1
513	1248	Linda Wilson	Anchorage	AK	65	47:40	15.1
514	1529	Allison Tyner	Anchorage	AK	24	47:40	15.1
515	1060	Rebekah Raines	Anchorage	AK	32	47:40	15.1
516	1141	Elaina Hveding	Anchorage	AK	41	47:41	15.1
517	695	Audrey Rogers	Anchorage	AK	33	47:42	15.1
518	688	Julia Metzger	Anchorage	AK	29	47:42	15.1
519	736	Cassandra Barsalou	Eagle River	AK	23	47:42	15.1
520	494	Chloe Austerman	Anchorage	AK	13	47:44	15.1
521	1027	Heidi Schulz	Anchorage	AK	57	47:44	15.1
522	675	Gina Lucero	Commerce City	CO	42	47:45	15.1
523	360	alesia Thon	Anchorage	AK	50	47:48	15.1
524	1174	Aviana Sorich	Anchorage	AK	12	47:48	15.1
525	1453	Amy Peloza	Anchorage	AK	46	47:49	15.1
526	1180	Vanessa Hall	Chugiak	AK	29	47:51	15.0
527	968	Deana Glick	Anchorage	AK	28	47:51	15.0
528	979	Katie Barnack	Anchorage	AK	25	47:51	15.0
529	311	Heather White	Anchorage	AK	27	47:52	15.0
530	1343	Stacey Johnson	Eagle River	AK	37	47:53	15.0
531	1227	Jillian Roberts	Wasilla	AK	32	47:53	15.0
532	383	Linnzi Doerr	Wasilla	AK	35	47:54	15.0
533	1472	Michelle Geidl	Eagle River	AK	35	47:54	15.0
534	1163	Gretchen Day	Anchorage	AK	55	47:54	15.0
535	1542	Kathleen Judy	Eagle River	AK	54	47:55	15.0
536	1310	Jacque Wood	Mckinleyville	CA	24	47:55	15.0
537	1039	Hannah Toomey	Anchorage	AK	28	47:55	15.0
538	584	Regina Burzinski	Anchorage	AK	34	47:56	15.0
539	179	Michele Fowler	Anchorage	AK	39	47:56	15.0
540	1306	Elysia Andrews	Anchorage	AK	27	47:57	15.0
541	1595	Jenny Ryan	Anchorage	AK	31	47:58	15.0
542	1567	Helen Carroll	Anchorage	AK	52	47:58	15.0
543	1482	Diane Loopstra	Anchorage	AK	55	47:58	15.0
544	876	Staci Gulsvig	Anchorage	AK	33	47:59	15.0
545	407	Carey Carpenter	Anchorage	AK	40	48:00	15.0
546	249	Hannah Lee	Anchorage	AK	17	48:01	15.0
547	926	Barbara Kagerer	Anchorage	AK	55	48:01	15.0
548	609	Kristy Grawunder	Anchorage	AK	61	48:01	15.0
549	656	Danielle Bunselmei	Delta Junction	AK	25	48:02	15.0
550	1560	Cloe Mead-Wright	Anchorage	AK	31	48:03	15.0

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Place	Bib	Name	Town	St	Age	Bike	Rate
551	1417	Megan Rowland	Anchorage	AK	31	48:04	15.0
552	1155	Elizabeth Hanson	JBER	AK	40	48:04	15.0
553	1577	Jen Yach	Anchorage	AK	27	48:05	15.0
554	1538	Amy Olson	Anchorage	AK	32	48:06	15.0
555	318	Courtney Gallaway	Hillsboro	OR	23	48:06	15.0
556	1055	Lois Olson	Palmer	AK	56	48:06	15.0
557	1616	Molly Simasko	Anchorage	AK	37	48:06	15.0
558	373	Emma Haddix	Anchorage	AK	36	48:07	15.0
559	540	Aliesha RICHARDS	Anchorage	AK	45	48:07	15.0
560	1333	Kathleen Quinn	Anchorage	AK	30	48:08	15.0
561	1545	Beth Daly	Anchorage	AK	38	48:09	15.0
562	1031	Meaghan Rothermel	Anchorage	AK	35	48:09	15.0
563	310	Laura Peek	Homer	AK	47	48:09	15.0
564	206	Ann Lovejoy	Anchorage	AK	42	48:12	14.9
565	1004	April Gehring	Wasilla	AK	24	48:13	14.9
566	1091	Tammy Lucas	Eagle River	AK	46	48:13	14.9
567	126	Jennifer Lancaster	Soldotna	AK	42	48:14	14.9
568	530	Madalyn Gaither	Anchorage	AK	13	48:16	14.9
569	653	Lesley Chase	Anchorage	AK	29	48:16	14.9
570	220	Cheri Goodman	Anchorage	AK	57	48:17	14.9
571	734	Sara Low	Anchorage	AK	29	48:22	14.9
572	1495	Aimee Castle	Anchorage	AK	26	48:22	14.9
573	1159	Madeleine Day	Anchorage	AK	15	48:22	14.9
574	1521	Jessica Johnson	Anchorage	AK	39	48:22	14.9
575	1016	Liz Turner	Eagle River	AK	30	48:26	14.9
576	1347	Ramona Reeves	Fairbanks	AK	58	48:26	14.9
577	1435	Rita McKenzie	Anchorage	AK	51	48:27	14.9
578	1244	Brooke VanVeckhove	Anchorage	AK	40	48:27	14.9
579	744	Thanh Thao Nguyen	Anchorage	AK	27	48:28	14.9
580	1324	Amy Hart	Anchorage	AK	32	48:29	14.9
581	1359	Shannan Mustacci	Eagle River	AK	44	48:30	14.8
582	1158	Ellie Kiser	Glennallen	AK	30	48:31	14.8
583	1028	Katherine Beale	Anchorage	AK	28	48:31	14.8
584	104	Eva Hall	Anchorage	AK	52	48:31	14.8
585	1461	Elizabeth Matthews	Anchorage	AK	24	48:32	14.8
586	109	Kelley Tompkins	Anchorage	AK	28	48:32	14.8
587	1346	Jessica Eason	Wasilla	AK	35	48:32	14.8
588	719	Peggy Gonzalez	Anchorage	AK	41	48:33	14.8
589	1063	Korie Hickel	Anchorage	AK	29	48:34	14.8
590	335	Shelby Brown	Anchorage	AK	24	48:36	14.8
591	707	Jimael Johnson	Anchorage	AK	38	48:37	14.8
592	1409	Erikka Nielsen	Anchorage	AK	29	48:38	14.8
593	1464	Lily/ Lian Myers	Anchorage	AK	17	48:38	14.8
594	1001	Amanda Spangler	JBER	AK	37	48:40	14.8
595	1228	Jill Krueger	Girdwood	AK	39	48:41	14.8
596	1054	Elise Metzger	Anchorage	AK	11	48:43	14.8
597	130	Nichole Gifford	Anchorage	AK	44	48:44	14.8
598	237	Megan McKay	Anchorage	AK	30	48:45	14.8
599	1508	Marci Estalilla	Anchorage	AK	24	48:45	14.8
600	857	Jacqueline Seiffer	Anchorage	AK	43	48:45	14.8

BIKE RESULTS
 2016 GOLD NUGGET TRIATHLON
 May 15th, 2016
 Bartlett High School - Anchorage, AK

Place	Bib	Name	Town	St	Age	Bike	Rate
601	814	Emily Austin	Wasilla	AK	31	48:46	14.8
602	280	Caroline Ahrens	Anchorage	AK	55	48:47	14.8
603	906	Abigail Brennan	Anchorage	AK	29	48:48	14.8
604	1592	Sarah Jensen	Chugiak	AK	51	48:51	14.7
605	661	Cadence Stull	Anchorage	AK	12	48:51	14.7
606	252	Erin McLeod	Anchorage	AK	17	48:52	14.7
607	1398	Tyler Arnold	Anchorage	AK	24	48:52	14.7
608	427	Janet Platt	Eagle River	AK	57	48:52	14.7
609	704	payton smith	Anchorage	AK	12	48:52	14.7
610	1112	Katie Weathers	Anchorage	AK	27	48:53	14.7
611	742	Carol Stanek-Marke	Watertown	SD	58	48:56	14.7
612	1500	Sherry Sedwick	Anchorage	AK	46	48:57	14.7
613	795	Naomi Oakley	Indian	AK	16	48:58	14.7
614	1243	Sarah Lindsey	Anchorage	AK	39	48:59	14.7
615	1047	Kaylee Merrill	Wasilla	AK	15	48:59	14.7
616	1246	Jansy Hansen	Haines	AK	57	48:59	14.7
617	1135	esther hayes	Anchorage	AK	37	49:00	14.7
618	112	Diane Barnett	Anchorage	AK	72	49:00	14.7
619	1087	Jamie Staudinger	Eagle River	AK	27	49:00	14.7
620	1116	GRETCHEN CLARK	Anchorage	AK	41	49:02	14.7
621	1629	Brynn Moe	Anchorage	AK	32	49:02	14.7
622	1633	Rianne Campbell	Anchorage	AK	25	49:03	14.7
623	868	Beta Rae Thompson	Anchorage	AK	28	49:04	14.7
624	1009	Danielle Reed	Palmer	AK	33	49:06	14.7
625	1481	Kimberly Buskirk	Anchorage	AK	46	49:08	14.7
626	809	Shannon Laubenthal	Anchorage	AK	31	49:08	14.7
627	1414	Rosemary Hill	Palmer	AK	58	49:09	14.6
628	714	Ashley Lang	Eagle River	AK	39	49:10	14.6
629	1436	Valli Peterson	Anchorage	AK	40	49:12	14.6
630	583	Cassi Campbell	Eagle River	AK	27	49:13	14.6
631	1239	Darla Bacher	Anchorage	AK	50	49:14	14.6
632	1357	Brittney Hogan	Anchorage	AK	25	49:15	14.6
633	755	Kristen Rutledge	Anchorage	AK	31	49:16	14.6
634	135	Elizabeth Bow	Anchorage	AK	33	49:16	14.6
635	506	Lauren Dorris	Anchorage	AK	11	49:17	14.6
636	88	Anna Bjorn Roli	Anchorage	AK	11	49:17	14.6
637	1492	Lindsay Gibson	Anchorage	AK	42	49:18	14.6
638	1020	Amy Alderfer	Anchorage	AK	41	49:19	14.6
639	185	Toni Swearingen	Anchorage	AK	57	49:19	14.6
640	309	TAMARA FREISTONE	Anchorage	AK	20	49:19	14.6
641	1236	Stacy Carpenter	Anchorage	AK	42	49:20	14.6
642	243	Hannah Ingram	Girdwood	AK	21	49:20	14.6
643	629	Carrie Gray	Eagle River	AK	41	49:20	14.6
644	605	Therese Mastrangel	Anchorage	AK	38	49:21	14.6
645	504	Joey Caterinichio	Anchorage	AK	46	49:21	14.6
646	164	DeAnna Roering	Anchorage	AK	31	49:23	14.6
647	1134	Molly Conlin	Anchorage	AK	26	49:23	14.6
648	1272	Michelle Thomas	Anchorage	AK	54	49:25	14.6
649	67	Carolyn Harley	Anchorage	AK	38	49:26	14.6
650	375	Maria Weiss	Anchorage	AK	21	49:27	14.6

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Place	Bib	Name	Town	St	Age	Bike	Rate
651	131	Amanda Calhoon	Anchorage	AK	34	49:28	14.6
652	274	Bobbi Bobby	Eagle River	AK	48	49:28	14.6
653	176	Elise Driver	Anchorage	AK	14	49:30	14.5
654	559	Eden Lunsford	Anchorage	AK	43	49:30	14.5
655	84	Wendi Eldridge	Anchorage	AK	45	49:30	14.5
656	1530	Makenna Rhodes	Anchorage	AK	24	49:34	14.5
657	788	piper sato	Anchorage	AK	16	49:34	14.5
658	563	Rebecca Perkins	Anchorage	AK	19	49:35	14.5
659	1392	Michelle Fehribach	Anchorage	AK	28	49:37	14.5
660	1241	Kyndall Carey	Anchorage	AK	33	49:38	14.5
661	230	Emilee Sawyer	Seward	AK	31	49:40	14.5
662	1605	Stacie Gracey	Chugiak	AK	40	49:40	14.5
663	1032	Lisa Evans	Anchorage	AK	26	49:44	14.5
664	1144	Sarah Buhr	Anchorage	AK	32	49:46	14.5
665	955	Shelley Biss	Anchorage	AK	40	49:49	14.5
666	1524	Sara Lopez	Anchorage	AK	34	49:49	14.5
667	631	Lena Schultze	Chugiak	AK	37	49:51	14.4
668	1377	Dawn Hansen	Anchorage	AK	55	49:51	14.4
669	1105	Kelsey Cartwright	Anchorage	AK	26	49:52	14.4
670	995	Karen Sallee	Eagle River	AK	37	49:52	14.4
671	399	Sandra Ault	Palmer	AK	58	49:53	14.4
672	1505	Sabrina Swanson-Ru	Eagle River	AK	39	49:55	14.4
673	1462	cassie Ostrander	Anchorage	AK	34	49:56	14.4
674	279	Kara Moore	Eagle River	AK	36	49:57	14.4
675	581	Melissa Burningham	Palmer	AK	33	49:57	14.4
676	1018	Rachel Pompe	Eagle River	AK	44	49:57	14.4
677	1360	Stacie Meisner	Anchorage	AK	28	49:58	14.4
678	1510	Katherine OGrady	Anchorage	AK	64	49:58	14.4
679	783	Regina Frazer	North Pole	AK	44	50:01	14.4
680	1260	Teanna Hehnlin	Chugiak	AK	34	50:02	14.4
681	580	Pamela Finch	Eagle River	AK	41	50:03	14.4
682	107	Sue Parry	Girdwood	AK	59	50:03	14.4
683	1073	Shauna Booton	Anchorage	AK	26	50:04	14.4
684	431	melissa millar	Anchorage	AK	40	50:05	14.4
685	790	Lorinda Jensen	Anchorage	AK	27	50:05	14.4
686	148	Valerie Flynn	Anchorage	AK	48	50:10	14.4
687	359	Lindsay Duncan	Anchorage	AK	32	50:11	14.3
688	1370	Rebecca Jarnagin	Anchorage	AK	38	50:11	14.3
689	1479	Michelle Taylor	Anchorage	AK	23	50:11	14.3
690	776	Kyndall Powers	Fairbanks	AK	34	50:12	14.3
691	985	Sabra Marchand	Anchorage	AK	37	50:12	14.3
692	1525	Karen Heath	Anchorage	AK	54	50:12	14.3
693	137	Jackie Morrison	Anchorage	AK	53	50:12	14.3
694	170	Candy Purcell	Anchorage	AK	31	50:13	14.3
695	183	malia sutphin	Anchorage	AK	28	50:14	14.3
696	304	Reyna Moore	Chugiak	AK	14	50:15	14.3
697	576	Michelle Wilson	Eagle River	AK	23	50:16	14.3
698	477	Tessa Johrendt	Anchorage	AK	32	50:16	14.3
699	564	Erin Smulick	Anchorage	AK	30	50:16	14.3
700	1046	Grace Morrow	Kenai	AK	13	50:18	14.3

BIKE RESULTS
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Place	Bib	Name	Town	St	Age	Bike	Rate
701	811	Kristie Gavitt	Anchorage	AK	34	50:18	14.3
702	816	Amber Hahn	Anchorage	AK	35	50:19	14.3
703	1261	Jacquelyn Schade	Eagle River	AK	27	50:25	14.3
704	702	susan bradley	Anchorage	AK	75	50:25	14.3
705	1048	Kristin Morrow	Kenai	AK	44	50:25	14.3
706	428	Mia Weiss	Palmer	AK	12	50:26	14.3
707	1526	tiffany pratt	Snohomish	WA	38	50:27	14.3
708	426	Melissa Kemberling	Palmer	AK	52	50:27	14.3
709	1292	laura zettler	Anchorage	AK	51	50:28	14.3
710	866	sandy stevens	Sterling	AK	64	50:29	14.3
711	449	Jessica Faulkner	Anchorage	AK	32	50:30	14.3
712	1393	Lisa An	Anchorage	AK	39	50:31	14.3
713	724	Megan Ritter	Anchorage	AK	52	50:35	14.2
714	313	catherine coon	Anchorage	AK	52	50:41	14.2
715	1312	Hannah Kragt	Anchorage	AK	13	50:42	14.2
716	1052	kandis Price	Wasilla	AK	29	50:44	14.2
717	1388	Likka McCauley	Anchorage	AK	37	50:46	14.2
718	1405	melissa anderson	Eagle River	AK	53	50:46	14.2
719	1401	brandi white	Eagle River	AK	37	50:47	14.2
720	1140	Caroline Sauerbrey	Anchorage	AK	21	50:47	14.2
721	1012	Karen Cushman	Anchorage	AK	61	50:49	14.2
722	1217	Brittany Portalski	Anchorage	AK	28	50:50	14.2
723	1593	Amy Kenter	Chugiak	AK	25	50:50	14.2
724	519	amy nicolet	Anchorage	AK	38	50:51	14.2
725	430	Isabella Weiss	Palmer	AK	15	50:52	14.2
726	770	Joan Ryan	Anchorage	AK	32	50:52	14.2
727	1002	Linda Ulrich	Anchorage	AK	43	50:53	14.2
728	1278	Katriina Timm	Anchorage	AK	37	50:54	14.1
729	394	Krista Staff	Anchorage	AK	40	50:54	14.1
730	525	Jade Simek	Anchorage	AK	15	50:57	14.1
731	1210	Nora Morse	Anchorage	AK	26	50:57	14.1
732	993	Kate Brinkley	Eagle River	AK	32	50:58	14.1
733	723	Sara Rottman	Anchorage	AK	35	50:59	14.1
734	138	Anna Bryant	Anchorage	AK	44	50:59	14.1
735	484	Julee Duhrsen	Anchorage	AK	48	50:59	14.1
736	1522	Alexandra Hewitt	Wasilla	AK	30	51:04	14.1
737	117	Alex Post	Anchorage	AK	37	51:04	14.1
738	1113	Sylvia Gates	Eagle River	AK	22	51:06	14.1
739	196	Jennie Sodergren	Valdez	AK	33	51:06	14.1
740	1233	Brittany Blain	Anchorage	AK	36	51:07	14.1
741	1271	Traci Bradford	Wasilla	AK	49	51:07	14.1
742	1061	Kaitlynd Ward	Anchorage	AK	25	51:08	14.1
743	1200	Jackie Leadbetter	Wasilla	AK	45	51:08	14.1
744	424	Asya Stivers	Anchorage	AK	39	51:09	14.1
745	1391	Deborah Corral	Eagle River	AK	65	51:10	14.1
746	1222	Brenda Bowles	Anchorage	AK	47	51:10	14.1
747	1617	Shea Niebur	Anchorage	AK	30	51:12	14.1
748	298	Layla Beam	Chugiak	AK	15	51:13	14.1
749	1451	Caye Moberg	Wasilla	AK	51	51:13	14.1
750	1130	Amanda Tweed	Fairbanks	AK	31	51:13	14.1

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Place	Bib	Name	Town	St	Age	Bike	Rate
751	749	Kiah Widener	Anchorage	AK	14	51:14	14.1
752	1331	Ivory Mulholland	Pinehurst	NC	36	51:14	14.1
753	672	Rena Kornstad	Kenai	AK	42	51:19	14.0
754	1499	Penny Towne	Tucson	AZ	47	51:19	14.0
755	1242	Kelly Day	Anchorage	AK	46	51:19	14.0
756	1620	Gianna Foltz	Anchorage	AK	27	51:21	14.0
757	1247	Jenette Maxon	Anchorage	AK	42	51:21	14.0
758	565	Ashley Pruitt	Fairbanks	AK	21	51:21	14.0
759	918	Nicole Hayes	Anchorage	AK	39	51:23	14.0
760	473	Alicia vernon	Chugiak	AK	46	51:23	14.0
761	1177	Amanda Van Flein	Anchorage	AK	14	51:25	14.0
762	1030	Malia Klein	Anchorage	AK	37	51:26	14.0
763	1320	ruth allison lonse	Anchorage	AK	43	51:26	14.0
764	933	Alexis Williams	Anchorage	AK	20	51:27	14.0
765	618	Molly Brenner	Anchorage	AK	30	51:29	14.0
766	1516	Kailey Gates	Eagle River	AK	17	51:30	14.0
767	573	Crystal Epperheime	Kenai	AK	18	51:30	14.0
768	1428	Yereth Rosen	Anchorage	AK	57	51:30	14.0
769	1404	Jeanne Fischer	Anchorage	AK	68	51:35	14.0
770	1488	Christi Pavia	Anchorage	AK	49	51:38	13.9
771	872	Kate Heath	Anchorage	AK	24	51:39	13.9
772	997	Dana Aasland	Anchorage	AK	45	51:41	13.9
773	1326	Katie Hecker	Wheat Ridge	CO	34	51:42	13.9
774	372	Keri Nutter	Anchorage	AK	34	51:43	13.9
775	846	Adryahn Bodyfelt	Fairbanks	AK	14	51:44	13.9
776	1240	kristen lewis	Anchorage	AK	32	51:44	13.9
777	1441	Cassandra Dale	Anchorage	AK	29	51:46	13.9
778	518	Karen Harris	Fairbanks	AK	53	51:47	13.9
779	701	Kelly Bigelow	Anchorage	AK	50	51:49	13.9
780	1257	Amanda Moser	Anchorage	AK	34	51:49	13.9
781	1270	Hannah Thomas	Anchorage	AK	13	51:52	13.9
782	100	Sondra Tompkins	Anchorage	AK	50	51:55	13.9
783	1327	Tasha Corinth	Eagle River	AK	32	51:55	13.9
784	1385	karen Witthoeft	Anchorage	AK	38	51:56	13.9
785	1223	Stacey Shriner	Anchorage	AK	36	51:56	13.9
786	214	Juliette Benson	Fairbanks	AK	13	52:00	13.8
787	952	Anna Ogena	Anchorage	AK	45	52:01	13.8
788	728	Alisha Klingenmeyer	Anchorage	AK	40	52:02	13.8
789	1549	Mackenzie Hawkins	Anchorage	AK	14	52:03	13.8
790	444	Lea Rueter	Anchorage	AK	31	52:04	13.8
791	1474	Kelly Walker	Fairbanks	AK	26	52:04	13.8
792	376	Bonnie Dolgonos	Anchorage	AK	42	52:04	13.8
793	735	Kayla Mays	Anchorage	AK	22	52:04	13.8
794	789	Shannon Sonnenberg	North Pole	AK	35	52:06	13.8
795	1345	Kathleen Doherty	Anchorage	AK	35	52:07	13.8
796	1123	Ebony Starr	JBER	AK	36	52:07	13.8
797	950	holly rinehart	Anchorage	AK	50	52:07	13.8
798	658	Ashley Frost	Nome	AK	31	52:08	13.8
799	637	Lisa Murrell	Anchorage	AK	44	52:08	13.8
800	201	Anna-Marie Benson	Fairbanks	AK	46	52:10	13.8

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Place	Bib	Name	Town	St	Age	Bike	Rate
801	492	Tara Barndt	Eagle River	AK	40	52:10	13.8
802	623	Teresa Sellers	Eagle River	AK	48	52:10	13.8
803	912	Deborah Barker	Anchorage	AK	45	52:10	13.8
804	468	Shera Kim	Anchorage	AK	30	52:12	13.8
805	382	Adele Fetter	Anchorage	AK	38	52:13	13.8
806	589	Yassamin Shahnazar	Anchorage	AK	28	52:15	13.8
807	1000	Leeann Taylor	Eagle River	AK	52	52:15	13.8
808	677	Wendy Moe	Anchorage	AK	45	52:15	13.8
809	740	Sarah Shoffstall-C	Anchorage	AK	38	52:16	13.8
810	329	Gail Hoefler	Anchorage	AK	54	52:18	13.8
811	114	Heather Davis	Anchorage	AK	60	52:19	13.8
812	886	Alexis Kaferstein	Seward	AK	39	52:19	13.8
813	403	Carlie Shaw	Anchorage	AK	36	52:22	13.7
814	1459	Lori Hickman	Anchorage	AK	40	52:23	13.7
815	1439	Maura Black	Anchorage	AK	13	52:23	13.7
816	1273	alexandra thomas	Anchorage	AK	16	52:27	13.7
817	166	Nicole Maddamma	Anchorage	AK	30	52:27	13.7
818	1511	Aeia Davis	Eagle River	AK	12	52:28	13.7
819	1074	Nichole Haller	Anchorage	AK	31	52:28	13.7
820	462	Elizabeth Marlow	Anchorage	AK	27	52:28	13.7
821	1489	Ali Wykis	Anchorage	AK	29	52:29	13.7
822	81	Cameron Compton	Anchorage	AK	35	52:29	13.7
823	905	Ellen Kirchner	Anchorage	AK	65	52:29	13.7
824	1026	Jessi Morris	Anchorage	AK	35	52:32	13.7
825	597	Shari Showalter	Anchorage	AK	45	52:32	13.7
826	1493	Sarah Morehouse	Anchorage	AK	38	52:32	13.7
827	882	amanda todd	Anchorage	AK	18	52:33	13.7
828	547	Cathy Opinsky	Anchorage	AK	43	52:33	13.7
829	679	Jan Darch	Kenai	AK	48	52:33	13.7
830	1466	Nadia Anders	Kenai	AK	44	52:34	13.7
831	738	Valerie Quinn	Anchorage	AK	44	52:34	13.7
832	1486	Bonnie Vega	Eagle River	AK	35	52:36	13.7
833	716	Elana habib	Anchorage	AK	33	52:39	13.7
834	268	Sarah Sauerbrey	ANCHORAGE	AK	23	52:39	13.7
835	962	Christiane Maye	Anchorage	AK	68	52:41	13.7
836	1613	Ruth Merriner	Anchorage	AK	47	52:41	13.7
837	402	Amanda Day	Eagle River	AK	38	52:42	13.7
838	406	Breanna Day	Eagle River	AK	15	52:43	13.7
839	870	Diane Aldrighette	Anchorage	AK	62	52:43	13.7
840	337	Lenna Michener	Eagle River	AK	47	52:44	13.7
841	1400	Laura McLaughlin	Anchorage	AK	44	52:45	13.6
842	600	Wendy Morgan	Anchorage	AK	42	52:46	13.6
843	785	Katie Peichel	Anchorage	AK	14	52:48	13.6
844	1423	Meagan Nelson	Wasilla	AK	22	52:49	13.6
845	676	Savannah Willis	Anchorage	AK	11	52:50	13.6
846	1416	Lori Davey	Anchorage	AK	46	52:53	13.6
847	919	Diane O'Neill	Anchorage	AK	55	52:54	13.6
848	1322	Julie Lina	Anchorage	AK	53	52:54	13.6
849	1258	Kimberly Dotson	Anchorage	AK	35	52:56	13.6
850	1041	Sharon Holland	Anchorage	AK	55	52:58	13.6

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Place	Bib	Name	Town	St	Age	Bike	Rate
851	1407	Pamela Youngmun	Anchorage	AK	53	52:59	13.6
852	262	Alex Shannon	Anchorage	AK	18	52:59	13.6
853	491	Bree McCarthy	Eagle River	AK	35	53:00	13.6
854	1457	Amber Wells	Fairbanks	AK	32	53:01	13.6
855	1182	Lauren Bennett	Anchorage	AK	32	53:04	13.6
856	715	Krista Sandhoefner	Anchorage	AK	38	53:09	13.5
857	1358	June Gardner	Anchorage	AK	35	53:10	13.5
858	1212	Bethany Olson	Anchorage	AK	29	53:10	13.5
859	450	Gina Perry	Anchorage	AK	36	53:10	13.5
860	89	Carrie Bjorn-Roli	Anchorage	AK	44	53:11	13.5
861	833	Lori Wagoner	Kenai	AK	47	53:13	13.5
862	99	Kathy Keck	Anchorage	AK	58	53:14	13.5
863	524	Cally Grado	Anchorage	AK	27	53:17	13.5
864	149	debra hart	Fairbanks	AK	61	53:19	13.5
865	971	Jaime Locke	Anchorage	AK	40	53:19	13.5
866	1038	Susan Halvor	Anchorage	AK	46	53:22	13.5
867	469	Margaret Obermeyer	Anchorage	AK	30	53:23	13.5
868	495	tawni eubank	Kenai	AK	44	53:24	13.5
869	575	Sidney Epperheimer	Kenai	AK	14	53:24	13.5
870	119	Desiree Fisher	Eagle River	AK	38	53:24	13.5
871	1444	Catherine Latimer	Anchorage	AK	36	53:26	13.5
872	531	Rebecca Gitzen	Anchorage	AK	31	53:30	13.5
873	144	Rhiannon Willard	Anchorage	AK	37	53:33	13.4
874	577	Bailey Epperheimer	Kenai	AK	14	53:35	13.4
875	626	Sandra May	Anchorage	AK	39	53:36	13.4
876	641	Christin Streif	Eagle River	AK	31	53:36	13.4
877	526	Stephanie Galbrait	Anchorage	AK	53	53:37	13.4
878	1402	Amanda Kobussen	Eagle River	AK	37	53:37	13.4
879	355	AMANDA BEDROSIAN	Eagle River	AK	28	53:40	13.4
880	1294	Martha Service	Anchorage	AK	57	53:41	13.4
881	578	Hannah Laird	Anchorage	AK	26	53:41	13.4
882	1068	Danielle Bigelow	Anchorage	AK	32	53:43	13.4
883	694	Abby Thomas	Anchorage	AK	15	53:46	13.4
884	1429	Cheyenne Smith	Anchorage	AK	20	53:46	13.4
885	988	Bernadette Boreali	Anchorage	AK	43	53:48	13.4
886	1199	Lauren Leadbetter	Wasilla	AK	16	53:53	13.4
887	1540	Tracy Ross	Anchorage	AK	45	53:54	13.4
888	1303	Alyssa Johnson	Eagle River	AK	28	53:54	13.4
889	212	Jolene Campbell	Wasilla	AK	42	53:56	13.3
890	283	Stacey Schubert	Anchorage	AK	45	53:56	13.3
891	944	alicia porter	Anchorage	AK	47	53:56	13.3
892	907	Elizabeth Ross	Eagle River	AK	37	53:56	13.3
893	1321	samantha lonser	Anchorage	AK	11	53:56	13.3
894	659	Sheavon Brunelle	Anchorage	AK	42	53:57	13.3
895	640	Lucy Teaford	Anchorage	AK	16	53:57	13.3
896	192	Lori Day	Valdez	AK	48	53:59	13.3
897	1189	Muriel Adams	Eagle River	AK	27	54:00	13.3
898	187	Courtney Burrill	Eagle River	AK	35	54:00	13.3
899	1193	Leah Parks	Eagle River	AK	40	54:02	13.3
900	1559	Vera Hershey	Wasilla	AK	67	54:02	13.3

BIKE RESULTS
 2016 GOLD NUGGET TRIATHLON
 May 15th, 2016
 Bartlett High School - Anchorage, AK

Place	Bib	Name	Town	St	Age	Bike	Rate
901	404	Madisyn Day	Eagle River	AK	15	54:03	13.3
902	1615	AMY SLINKER	Anchorage	AK	38	54:03	13.3
903	812	Renee Rudd	Anchorage	AK	55	54:03	13.3
904	883	Julia Todd	Anchorage	AK	15	54:06	13.3
905	489	Kerry Reifel	Eagle River	AK	48	54:06	13.3
906	722	Leigh Wright	Eagle River	AK	44	54:09	13.3
907	929	Victoria Backa	Anchorage	AK	45	54:13	13.3
908	820	Shirley Enzor	Anchorage	AK	42	54:14	13.3
909	815	Anne Balcom	Anchorage	AK	28	54:14	13.3
910	1139	Kayla Guerrero	Anchorage	AK	26	54:15	13.3
911	1382	Ximena Williams Ol	Anchorage	AK	32	54:15	13.3
912	1368	Vanessa Youngmun	Anchorage	AK	23	54:15	13.3
913	1379	Chelsea Arnold	Anchorage	AK	29	54:15	13.3
914	1017	cody Block	Anchorage	AK	25	54:16	13.3
915	703	Abigail Bigelow	Anchorage	AK	17	54:17	13.3
916	778	Marcia Cassino	North Pole	AK	51	54:18	13.3
917	1263	holly boston	Anchorage	AK	31	54:22	13.2
918	55	Sarah Mixsell	Anchorage	AK	14	54:23	13.2
919	1178	Heather Jensen	Anchorage	AK	17	54:26	13.2
920	488	Kayla Reifel	Eagle River	AK	13	54:27	13.2
921	447	Nina moore	Anchorage	AK	15	54:29	13.2
922	557	Monica Terrones	Anchorage	AK	35	54:29	13.2
923	932	Antoinette Bogart	Anchorage	AK	45	54:31	13.2
924	1335	Samantha Matsuoka	Anchorage	AK	28	54:31	13.2
925	1330	Melissa Dearborn	Anchorage	AK	43	54:32	13.2
926	908	Sandra Lowther	Anchorage	AK	53	54:33	13.2
927	409	Roseanne Voyles	Anchorage	AK	26	54:34	13.2
928	649	Keidra Harris	Anchorage	AK	39	54:34	13.2
929	553	Molly VanderWeit	Anchorage	AK	29	54:34	13.2
930	1487	Kaylee Johnson	Anchorage	AK	27	54:35	13.2
931	388	Erica Nutter	Anchorage	AK	33	54:35	13.2
932	1033	Kiera Puls	Anchorage	AK	15	54:37	13.2
933	991	Vicki Lundgren	Anchorage	AK	54	54:37	13.2
934	1477	Melissa Falcone	Anchorage	AK	29	54:42	13.2
935	1475	Sandra Halstead	Eagle River	AK	53	54:44	13.2
936	153	Katy Grant	Anchorage	AK	50	54:46	13.1
937	1570	McKenna Fuller	Anchorage	AK	33	54:47	13.1
938	921	Megan McLaughlin	Anchorage	AK	11	54:49	13.1
939	1259	KATHERYN Powers	Anchorage	AK	29	54:53	13.1
940	880	Amy Woodward	Eagle River	AK	39	54:57	13.1
941	1465	Irina Avtushko	Anchorage	AK	27	55:00	13.1
942	1295	Jousette McKeel	Wasilla	AK	36	55:00	13.1
943	1013	Rebekah Haussner	Anchorage	AK	39	55:00	13.1
944	1339	Varina Zinno	Anchorage	AK	35	55:01	13.1
945	780	Kimberly Chaitoff	Anchorage	AK	43	55:02	13.1
946	881	Lola Woodward	Eagle River	AK	10	55:04	13.1
947	981	Megan Hawkins	Anchorage	AK	19	55:05	13.1
948	835	Terri Mayeur	Wasilla	AK	52	55:08	13.1
949	391	Charmaine Timmons	Anchorage	AK	51	55:09	13.1
950	222	Katie Miller	Anchorage	AK	39	55:09	13.1

BIKE RESULTS
 2016 GOLD NUGGET TRIATHLON
 May 15th, 2016
 Bartlett High School - Anchorage, AK

Place	Bib	Name	Town	St	Age	Bike	Rate
951	269	Mari Rueter	Anchorage	AK	29	55:10	13.1
952	1202	Laura Rosen	Eagle River	AK	52	55:11	13.0
953	946	Rebecca Graham	Palmer	AK	50	55:11	13.0
954	678	Carly Speegle	Anchorage	AK	23	55:12	13.0
955	1297	Brianna Mckeel	Wasilla	AK	13	55:12	13.0
956	366	Holly Weiss-Racine	Anchorage	AK	34	55:12	13.0
957	215	Danielle LaFon	Fairbanks	AK	31	55:12	13.0
958	1288	Rebecca Kisse	Chugiak	AK	34	55:12	13.0
959	1238	Ella Hoskinson	Anchorage	AK	17	55:13	13.0
960	1556	Kerstin Lamberson	Anchorage	AK	28	55:16	13.0
961	1607	Meghan Card	Eagle River	AK	31	55:20	13.0
962	1029	Gwen Welch	Anchorage	AK	43	55:21	13.0
963	69	Carey Gray	Anchorage	AK	48	55:22	13.0
964	74	Alexxa Schubert	Anchorage	AK	13	55:22	13.0
965	339	Mary DeCoursey	Eagle River	AK	34	55:22	13.0
966	57	Angela Piccard	Anchorage	AK	22	55:23	13.0
967	844	Ella Bailey	Fairbanks	AK	14	55:27	13.0
968	958	Melanie Clark	Anchorage	AK	54	55:28	13.0
969	1353	Michelle Flores	Anchorage	AK	49	55:29	13.0
970	1207	Agatha Erickson	Anchorage	AK	30	55:30	13.0
971	612	Chelsea Casey	Anchorage	AK	30	55:30	13.0
972	1491	Victoria Shanklin	Anchorage	AK	32	55:34	13.0
973	890	Kayla Marsh	Anchorage	AK	28	55:36	12.9
974	323	Adriana Chastain	JBER	AK	41	55:37	12.9
975	344	Adrienne Takak	Anchorage	AK	22	55:38	12.9
976	1280	Lydia Sullivan	Anchorage	AK	57	55:39	12.9
977	1328	Susan Burgess	Anchorage	AK	54	55:39	12.9
978	753	Virginia Cook	Anchorage	AK	13	55:40	12.9
979	198	Sara Garsha	Anchorage	AK	36	55:40	12.9
980	474	Jennifer Gilhuly	Anchorage	AK	28	55:43	12.9
981	727	Kathrin Swoboda	Anchorage	AK	26	55:43	12.9
982	1249	Cortney Foos	Anchorage	AK	29	55:43	12.9
983	827	Kristin Humphrey	Palmer	AK	26	55:44	12.9
984	586	Elena Stutzer	Anchorage	AK	24	55:47	12.9
985	1265	Meredith Nelson	Palmer	AK	30	55:48	12.9
986	460	Lisa Witzleben	Anchorage	AK	39	55:49	12.9
987	1546	Jessica Johnson	Anchorage	AK	31	55:49	12.9
988	1224	Kari Gdula	Eagle River	AK	33	55:53	12.9
989	1340	Jill Contreras	Anchorage	AK	24	55:53	12.9
990	1269	Mallory Bradford	Wasilla	AK	17	55:54	12.9
991	1547	Angela Mazur	Anchorage	AK	36	55:54	12.9
992	961	Julie Nelson	Wasilla	AK	40	55:54	12.9
993	1230	Rachel Stone	Anchorage	AK	38	55:56	12.9
994	1064	Kelsey Burroughs	Anchorage	AK	23	55:56	12.9
995	413	Heidi Voeller	Anchorage	AK	38	55:57	12.9
996	726	Megan McCormick	Anchorage	AK	16	55:58	12.9
997	1631	Heidi Andrus	Anchorage	AK	20	56:00	12.9
998	165	Christina Wilson	Anchorage	AK	31	56:01	12.9
999	692	kristila gardner	Wasilla	AK	39	56:01	12.9
1000	1176	Mary Sorich	Anchorage	AK	41	56:02	12.8

BIKE RESULTS
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Place	Bib	Name	Town	St	Age	Bike	Rate
1001	604	Aida Szekely	JBER	AK	44	56:03	12.8
1002	1590	Rebekah Jensen	Chugiak	AK	20	56:06	12.8
1003	761	Trinity Markel	Watertown	SD	16	56:08	12.8
1004	954	Linnea Ward	Anchorage	AK	28	56:08	12.8
1005	648	Fabiola Burns	Anchorage	AK	30	56:12	12.8
1006	305	Sherry Pederson	Homer	AK	38	56:19	12.8
1007	571	Maria Cox	Nikiski	AK	40	56:22	12.8
1008	336	Tasha Peterman	Palmer	AK	29	56:23	12.8
1009	751	Rebecca Cook	Anchorage	AK	45	56:24	12.8
1010	1058	Rebecca Overturf	Chugiak	AK	23	56:25	12.8
1011	348	Kimberly Evans	Eagle River	AK	33	56:25	12.8
1012	136	Jamie Brakora	Anchorage	AK	22	56:27	12.8
1013	418	Kadence Brinkman	Fairbanks	AK	12	56:32	12.7
1014	910	Karen Blaney	Palmer	AK	61	56:35	12.7
1015	887	Michelle McGlasson	Kenai	AK	51	56:37	12.7
1016	732	Mary Evans	Anchorage	AK	55	56:38	12.7
1017	1356	Millie Spezialy	Anchorage	AK	79	56:40	12.7
1018	603	stephanie paquette	Anchorage	AK	27	56:43	12.7
1019	767	Beth Fitzgerald	Eagle River	AK	50	56:43	12.7
1020	236	Brooke Cooper	Anchorage	AK	38	56:46	12.7
1021	729	Faye Frazee	Anchorage	AK	34	56:46	12.7
1022	801	Natalie Larson	Anchorage	AK	40	56:48	12.7
1023	1571	Elizabeth Neeser	Anchorage	AK	13	56:48	12.7
1024	769	Katie Bledsoe	Anchorage	AK	31	56:50	12.7
1025	87	Judy Sedwick	Anchorage	AK	68	56:51	12.7
1026	354	Elisabeth McClary	Anchorage	AK	25	56:56	12.6
1027	1205	Sarah Fryslie	Anchorage	AK	33	56:56	12.6
1028	998	Angie Jensen	Anchorage	AK	52	56:58	12.6
1029	294	emalyn peterson	Anchorage	AK	13	56:58	12.6
1030	974	GRETCHEN COURTNEY	Chugiak	AK	37	56:59	12.6
1031	1372	Allison Devine	Chugiak	AK	19	57:00	12.6
1032	959	Emily Gill	Anchorage	AK	33	57:00	12.6
1033	548	Sinamon Bovey	Anchorage	AK	45	57:05	12.6
1034	888	Lindsey Holmes	Anchorage	AK	43	57:05	12.6
1035	86	Mary Herrick	Anchorage	AK	49	57:12	12.6
1036	691	Ashley Weaver	Anchorage	AK	30	57:15	12.6
1037	1384	Danielle Laufer	Anchorage	AK	27	57:17	12.6
1038	551	Tanya Hutchison	Anchorage	AK	33	57:17	12.6
1039	949	catherine von gemm	Anchorage	AK	54	57:17	12.6
1040	836	Sara Sharpe	Eagle River	AK	33	57:18	12.6
1041	951	Cheryl Herrick	Anchorage	AK	33	57:19	12.6
1042	858	Wendy Demers	Fairbanks	AK	47	57:19	12.6
1043	512	Sarah Weimer	Eagle River	AK	37	57:22	12.6
1044	1056	Karyn Overturf	Chugiak	AK	44	57:24	12.5
1045	1049	Kellie Merrill	Wasilla	AK	43	57:25	12.5
1046	1410	Angela Horn	Eagle River	AK	38	57:25	12.5
1047	186	Kayla Anderson	Wasilla	AK	22	57:25	12.5
1048	1366	Rennea Goff	Anchorage	AK	38	57:27	12.5
1049	1201	Kathryn Kenes	Bethel	AK	26	57:27	12.5
1050	619	Addie McEwen	Anchorage	AK	57	57:29	12.5

BIKE RESULTS
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Place	Bib	Name	Town	St	Age	Bike	Rate
1051	651	Erin Byrne	Anchorage	AK	30	57:33	12.5
1052	1195	Jessica Horwatt	Anchorage	AK	42	57:35	12.5
1053	221	Alison McCarrey	Anchorage	AK	37	57:35	12.5
1054	914	Jessica Anderson	Anchorage	AK	34	57:35	12.5
1055	1383	Angie Kaltschnee	Eagle River	AK	40	57:36	12.5
1056	1334	Courtney Evans	Anchorage	AK	26	57:36	12.5
1057	322	tina gallaway	Palmer	AK	55	57:39	12.5
1058	855	Mary Pomeroy	Anchorage	AK	67	57:39	12.5
1059	1413	Brandy Atkins	Anchorage	AK	37	57:40	12.5
1060	1192	Danielle Holness	Anchorage	AK	23	57:46	12.5
1061	1586	samantha cole	Eagle River	AK	16	57:46	12.5
1062	685	ROSA GUERRA	Anchorage	AK	59	57:48	12.5
1063	240	Oceana Gamel Howe	Anchorage	AK	16	57:53	12.4
1064	535	Maria Harmse	Anchorage	AK	50	57:54	12.4
1065	654	Katherine Colquhou	Fairbanks	AK	28	57:55	12.4
1066	1213	heather Cohen	Anchorage	AK	33	57:56	12.4
1067	682	Kristi Davis	Anchorage	AK	32	57:58	12.4
1068	361	Faith Hewlett	Anchorage	AK	38	57:58	12.4
1069	458	Deanna Wlad	Anchorage	AK	47	58:00	12.4
1070	452	Judi Westfall	Anchorage	AK	48	58:01	12.4
1071	1316	Constance Service	Wasilla	AK	29	58:04	12.4
1072	797	Madeline Courriert	Anchorage	AK	19	58:06	12.4
1073	671	Elizabeth Beavers	Denali National Pa	AK	34	58:07	12.4
1074	365	Renae Bookman	Anchorage	AK	41	58:09	12.4
1075	501	Michelle Hensel	Anchorage	AK	49	58:09	12.4
1076	1221	Chelsy Passmore	Anchorage	AK	26	58:11	12.4
1077	1536	Amy Oney	Anchorage	AK	46	58:11	12.4
1078	522	nicole weir	Palmer	AK	26	58:15	12.4
1079	326	Cynthia Sparks	Nancy	KY	39	58:16	12.4
1080	398	Carin Currier	Anchorage	AK	15	58:19	12.3
1081	585	Sara McCormick	Eagle River	AK	38	58:22	12.3
1082	1173	Donna Van Flein	Anchorage	AK	50	58:23	12.3
1083	1035	Danielle Weaver	Chugiak	AK	33	58:24	12.3
1084	1197	Kerry Carl	Eagle River	AK	47	58:26	12.3
1085	601	Dayna Butcher	Anchorage	AK	26	58:27	12.3
1086	1053	Madeline Goolie	Anchorage	AK	15	58:29	12.3
1087	1075	Anna Nolan	Anchorage	AK	28	58:33	12.3
1088	1034	Katherine Puls	Anchorage	AK	13	58:33	12.3
1089	1172	Angelina Myers	Eagle River	AK	31	58:34	12.3
1090	898	Rebecca Moorman	Anchorage	AK	54	58:36	12.3
1091	965	Alissa Engelby	Anchorage	AK	40	58:37	12.3
1092	1449	Mara Hill	Anchorage	AK	26	58:38	12.3
1093	683	Jodi Walton	Anchorage	AK	55	58:41	12.3
1094	162	Laura Slater	Kodiak	AK	38	58:43	12.3
1095	614	carole Comeau	Eagle River	AK	71	58:44	12.3
1096	842	Avery Hafele	Fairbanks	AK	11	58:45	12.3
1097	118	Connie Heinz	Wasilla	AK	66	58:47	12.2
1098	1175	Heidi Van Flein	Anchorage	AK	11	58:48	12.2
1099	841	Jennie Hafele	Fairbanks	AK	38	58:48	12.2
1100	1309	Nancy Kragt	Anchorage	AK	48	58:49	12.2

BIKE RESULTS
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Place	Bib	Name	Town	St	Age	Bike	Rate
1101	1289	Katherine Capozzi	Eagle River	AK	34	58:49	12.2
1102	1315	Abby Kragt	Anchorage	AK	11	58:49	12.2
1103	421	Taylor Brinkman	Fairbanks	AK	14	58:50	12.2
1104	1044	Jennifer Sees	Eagle River	AK	42	58:50	12.2
1105	353	Shannon Dosko	Kenai	AK	44	58:56	12.2
1106	897	Ingrid Rasmussen	Anchorage	AK	31	58:56	12.2
1107	405	Sofia Bryntheson	Anchorage	AK	18	58:59	12.2
1108	276	Eugenia Benavides	Anchorage	AK	35	59:02	12.2
1109	328	Summer Wheeler	Anchorage	AK	39	59:04	12.2
1110	169	Vicki Paddock	Anchorage	AK	48	59:04	12.2
1111	327	cheryl hannon	Anchorage	AK	60	59:05	12.2
1112	1168	Melani Huckabay	Anchorage	AK	42	59:07	12.2
1113	527	Anne Lanier	Anchorage	AK	76	59:08	12.2
1114	1336	Sonja Vantveer	Anchorage	AK	49	59:12	12.2
1115	1543	shonda porter	JBER	AK	37	59:14	12.2
1116	1338	Annika Shin	Anchorage	AK	11	59:15	12.2
1117	1442	Katie Porter	Anchorage	AK	30	59:20	12.1
1118	911	Gina Gorski	Eagle River	AK	50	59:21	12.1
1119	1160	Mary Alice Blount	Anchorage	AK	65	59:21	12.1
1120	1023	Yasmin Thompson	Anchorage	AK	29	59:22	12.1
1121	499	Chris Wendler	Eagle River	AK	37	59:22	12.1
1122	457	jennifer Wilson	Anchorage	AK	34	59:23	12.1
1123	503	Kaia Reeg	Anchorage	AK	11	59:31	12.1
1124	973	Judy Krier	Chugiak	AK	60	59:35	12.1
1125	1014	Kristine Dunker	Anchorage	AK	38	59:35	12.1
1126	867	Calla Willett	JBER	AK	42	59:37	12.1
1127	1304	Erin Klein	Anchorage	AK	13	59:41	12.1
1128	333	Marilyn Christians	Anchorage	AK	64	59:42	12.1
1129	596	RaeAnne Hebnes	Anchorage	AK	34	59:44	12.1
1130	902	Johna Beech	Kenai	AK	39	59:45	12.1
1131	1045	Samantha Sees	Eagle River	AK	12	59:47	12.0
1132	1169	Annie Markle	Anchorage	AK	25	59:49	12.0
1133	1185	Shelley Greenwood	Anchorage	AK	41	59:49	12.0
1134	992	katerina wessels	Anchorage	AK	50	59:49	12.0
1135	1115	Katie Bozone	Chugiak	AK	18	59:53	12.0
1136	1256	Rosalie Hohnstein	Anchorage	AK	41	59:54	12.0
1137	645	paola kennah	Anchorage	AK	29	1:00:02	12.0
1138	850	Marci Troxell	Anchorage	AK	43	1:00:05	12.0
1139	1621	Allison Strickland	Anchorage	AK	34	1:00:08	12.0
1140	537	Kassidy Barclay	Anchorage	AK	11	1:00:08	12.0
1141	622	Kelly Hughes	Palmer	AK	49	1:00:11	12.0
1142	697	Stephanie McCoy	Wasilla	AK	52	1:00:11	12.0
1143	509	Graylin Simes	Anchorage	AK	17	1:00:12	12.0
1144	66	Lea Filippi	Anchorage	AK	43	1:00:12	12.0
1145	1266	Merisue Bowerfind	Eagle River	AK	60	1:00:17	11.9
1146	849	Sarah Lowry	Anchorage	AK	13	1:00:18	11.9
1147	945	Shelby Bates	Anchorage	AK	15	1:00:20	11.9
1148	768	penny furnish	Kenai	AK	52	1:00:25	11.9
1149	145	Courtney Grant	Anchorage	AK	27	1:00:25	11.9
1150	379	Allison Haines	Anchorage	AK	21	1:00:26	11.9

BIKE RESULTS
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Place	Bib	Name	Town	St	Age	Bike	Rate
1151	1584	Elizabeth Palmer	Anchorage	AK	47	1:00:28	11.9
1152	851	Madeline Troxell	Anchorage	AK	14	1:00:29	11.9
1153	380	Betsy Haines	Anchorage	AK	56	1:00:30	11.9
1154	1578	Laura Peterson	Anchorage	AK	53	1:00:31	11.9
1155	964	Sadie Huffer	Eagle River	AK	31	1:00:33	11.9
1156	928	Jolene Hotho	Anchorage	AK	54	1:00:34	11.9
1157	920	Sarah Yoder	Anchorage	AK	29	1:00:34	11.9
1158	963	Molly Estes	Eagle River	AK	15	1:00:34	11.9
1159	1503	Melanie Armstrong	Anchorage	AK	42	1:00:36	11.9
1160	1390	Val Jokela	Chugiak	AK	66	1:00:41	11.9
1161	705	Jacqueline Garcia	Anchorage	AK	38	1:00:41	11.9
1162	803	Xanthe Larson	Anchorage	AK	17	1:00:43	11.9
1163	496	Lara VanHoozer	Eagle River	AK	41	1:00:44	11.9
1164	1585	elene cole	Eagle River	AK	51	1:00:49	11.8
1165	561	Kim Neill	Palmer	AK	53	1:00:49	11.8
1166	730	Dawn Lindsay	Anchorage	AK	49	1:00:51	11.8
1167	687	Mary Fleming	Anchorage	AK	31	1:00:51	11.8
1168	464	Linda Eason	Wasilla	AK	67	1:00:52	11.8
1169	143	Leann Roering	Anchorage	AK	25	1:00:55	11.8
1170	371	Susan Greer	Anchorage	AK	32	1:00:59	11.8
1171	924	Therese Brennan	Anchorage	AK	35	1:01:01	11.8
1172	903	Demi Goddard	Wasilla	AK	21	1:01:05	11.8
1173	569	Melodie Epperheime	Kenai	AK	60	1:01:06	11.8
1174	743	Shelly Cochrane	Anchorage	AK	46	1:01:09	11.8
1175	508	Kathryn Jaronitzky	Anchorage	AK	24	1:01:10	11.8
1176	745	Ellen Cochrane	Anchorage	AK	12	1:01:13	11.8
1177	1170	Katherine Taylor	Anchorage	AK	28	1:01:17	11.7
1178	684	Rebecca Agalawatta	Eagle River	AK	37	1:01:22	11.7
1179	1623	Lisa Hartford	Anchorage	AK	39	1:01:22	11.7
1180	486	Melissa Hardesty	Anchorage	AK	40	1:01:27	11.7
1181	782	Jean Sato	Anchorage	AK	48	1:01:34	11.7
1182	984	Sara Marshall	Fairbanks	AK	31	1:01:43	11.7
1183	233	Lilia Stiller	Anchorage	AK	19	1:01:44	11.7
1184	324	Phoebe Bredlie	Fairbanks	AK	40	1:01:51	11.6
1185	832	Selena Moore	Fairbanks	AK	33	1:01:52	11.6
1186	71	Jodi Kay	Anchorage	AK	43	1:01:54	11.6
1187	917	Mia Hayes	Anchorage	AK	15	1:01:55	11.6
1188	689	Elaine Hulse	Anchorage	AK	58	1:01:57	11.6
1189	219	Lisa Shaw	Anchorage	AK	31	1:01:57	11.6
1190	634	madgell moore	Anchorage	AK	27	1:01:59	11.6
1191	599	Kimberlie Fister	Anchorage	AK	49	1:02:03	11.6
1192	1557	Robin Miller	Anchorage	AK	30	1:02:04	11.6
1193	463	Amy Robinson	Anchorage	AK	41	1:02:05	11.6
1194	936	sherrille van horn	Wasilla	AK	51	1:02:06	11.6
1195	590	Melinda Rocheleau	Anchorage	AK	41	1:02:08	11.6
1196	231	Anna Stiller	Anchorage	AK	48	1:02:08	11.6
1197	1234	Susan Fison	Anchorage	AK	69	1:02:08	11.6
1198	1166	amber tread way	Eagle River	AK	28	1:02:11	11.6
1199	93	Cheryl Mandala	Anchorage	AK	42	1:02:12	11.6
1200	1594	Lori Paajanen	Eagle River	AK	27	1:02:14	11.6

BIKE RESULTS
 2016 GOLD NUGGET TRIATHLON
 May 15th, 2016
 Bartlett High School - Anchorage, AK

Place	Bib	Name	Town	St	Age	Bike	Rate
1201	931	Noelle Backa	Anchorage	AK	13	1:02:16	11.6
1202	733	Jennifer Barsalou	Eagle River	AK	49	1:02:16	11.6
1203	1589	Helen Paajanen	Eagle River	AK	70	1:02:19	11.6
1204	483	Emily Matthies	Anchorage	AK	28	1:02:21	11.5
1205	837	Breeayne Dinius	Eagle River	AK	37	1:02:22	11.5
1206	232	Lacey Stiller	Anchorage	AK	14	1:02:34	11.5
1207	92	Nicolette Palmer	JBER	AK	48	1:02:45	11.5
1208	948	Ava Von Gemmingen	Anchorage	AK	11	1:02:55	11.4
1209	455	Jessie Wilson	Anchorage	AK	65	1:02:56	11.4
1210	160	Erin Severns	Fairbanks	AK	31	1:02:57	11.4
1211	1394	Teri Grove	Phoenix	AZ	54	1:02:58	11.4
1212	297	Amy Engman	Westminster	MA	72	1:02:58	11.4
1213	288	Angelina Gonzales	Anchorage	AK	14	1:03:02	11.4
1214	395	Amy Hollon	Anchorage	AK	41	1:03:03	11.4
1215	103	Lee Miller	Eagle River	AK	56	1:03:04	11.4
1216	1601	Jan Prouty	Palmer	AK	40	1:03:09	11.4
1217	94	Kristi McLean	Anchorage	AK	40	1:03:09	11.4
1218	915	Lesli Olson	Anchorage	AK	36	1:03:10	11.4
1219	61	Emily Bentti	Eagle River	AK	29	1:03:13	11.4
1220	420	Kristina Willard	Anchorage	AK	23	1:03:15	11.4
1221	393	Stephanie Burchell	Wasilla	AK	72	1:03:18	11.4
1222	390	Heidi valantas	Anchorage	AK	46	1:03:22	11.4
1223	1568	Rebekah Auld	Anchorage	AK	30	1:03:22	11.4
1224	667	Tracy Blais	Delta Junction	AK	56	1:03:22	11.4
1225	448	Jennifer Wilson	Fairbanks	AK	50	1:03:24	11.4
1226	482	Anne Kessler	Anchorage	AK	69	1:03:25	11.4
1227	607	Samantha Campbell	Eagle River	AK	34	1:03:28	11.3
1228	828	Gloria Rasch	Palmer	AK	34	1:03:29	11.3
1229	798	Terri Dreeszen	Anchorage	AK	37	1:03:34	11.3
1230	502	Mary Hensel	Anchorage	AK	79	1:03:35	11.3
1231	1350	Kate Jackson	Anchorage	AK	26	1:03:41	11.3
1232	1458	Hannah Carlson	Wasilla	AK	25	1:03:43	11.3
1233	754	Heather Donner	Anchorage	AK	37	1:03:46	11.3
1234	937	Alexandrea van hor	Wasilla	AK	13	1:03:48	11.3
1235	416	Lori Bishop	Fairbanks	AK	36	1:03:49	11.3
1236	670	Amanda Oliver	Delta Junction	AK	26	1:03:50	11.3
1237	752	Elizabeth Donner	Anchorage	AK	12	1:03:52	11.3
1238	171	Sarah Bellville	Anchorage	AK	37	1:03:53	11.3
1239	860	Caitlin Ward	Anchorage	AK	26	1:03:56	11.3
1240	528	Elise Moore	Anchorage	AK	19	1:04:00	11.3
1241	916	Melissa Kelly	Anchorage	AK	41	1:04:03	11.2
1242	611	Kelley Appelo	Eagle River	AK	54	1:04:05	11.2
1243	904	Susan Oakley	Indian	AK	51	1:04:07	11.2
1244	750	Erin Widener	Anchorage	AK	45	1:04:07	11.2
1245	748	Rylie Widener	Anchorage	AK	11	1:04:11	11.2
1246	939	Tierney Sullivan	Anchorage	AK	12	1:04:12	11.2
1247	617	Ashley Webb	Anchorage	AK	30	1:04:15	11.2
1248	1203	Jessica Crisp	Chugiak	AK	36	1:04:16	11.2
1249	226	Kerry Clark	Anchorage	AK	40	1:04:16	11.2
1250	693	Betsy Eisses	Anchorage	AK	57	1:04:17	11.2

BIKE RESULTS
 2016 GOLD NUGGET TRIATHLON
 May 15th, 2016
 Bartlett High School - Anchorage, AK

Place	Bib	Name	Town	St	Age	Bike	Rate
1251	823	Heather Howell	Anchorage	AK	42	1:04:19	11.2
1252	938	Paige Sullivan	Anchorage	AK	44	1:04:19	11.2
1253	766	Mystelle Butterfie	Anchorage	AK	34	1:04:19	11.2
1254	1119	Carrie Lofts	Anchorage	AK	27	1:04:24	11.2
1255	133	Aisha Barnes	Anchorage	AK	63	1:04:24	11.2
1256	218	Kristin Whitson	Anchorage	AK	41	1:04:36	11.1
1257	818	Kristin Anderson	Anchorage	AK	26	1:04:38	11.1
1258	1070	Rebecca Van Wyck	Anchorage	AK	39	1:04:40	11.1
1259	673	robyn novak	Anchorage	AK	34	1:04:43	11.1
1260	757	Mckinley Hoff	Anchorage	AK	14	1:04:46	11.1
1261	1478	Helen Bohn	Chugiak	AK	41	1:04:47	11.1
1262	241	Kristine Kincaid	Anchorage	AK	55	1:04:48	11.1
1263	510	Jamie Patterson-Si	Anchorage	AK	51	1:04:49	11.1
1264	708	Mary Janis	Anchorage	AK	52	1:04:50	11.1
1265	270	Katherine Cronk	Girdwood	AK	30	1:04:52	11.1
1266	1209	Clare Boersma	Anchorage	AK	30	1:05:01	11.1
1267	1066	Morgan Parsley	Fairbanks	AK	19	1:05:03	11.1
1268	346	Teresa Takak	Anchorage	AK	48	1:05:08	11.1
1269	362	Kira Hewlett	Anchorage	AK	15	1:05:13	11.0
1270	331	Carolyn Downie	Anchorage	AK	49	1:05:19	11.0
1271	1454	Kate Abbott	Anchorage	AK	44	1:05:24	11.0
1272	871	Katherine Dawson	Anchorage	AK	45	1:05:30	11.0
1273	538	Dawn Brayfield	Anchorage	AK	56	1:05:31	11.0
1274	760	Whitney Hoff	Anchorage	AK	14	1:05:32	11.0
1275	572	Nicole Gdula	Wasilla	AK	42	1:05:37	11.0
1276	739	Madison Barsalou	Eagle River	AK	18	1:05:39	11.0
1277	223	Janet Gill	Anchorage	AK	70	1:05:41	11.0
1278	940	susie dietz	Anchorage	AK	48	1:05:41	11.0
1279	77	Patricia Geitz	Anchorage	AK	70	1:05:57	10.9
1280	560	Sonya Ramstad	Fairbanks	AK	45	1:06:03	10.9
1281	90	Susan Garner	Anchorage	AK	63	1:06:06	10.9
1282	1204	Angela Schleyer	Anchorage	AK	42	1:06:11	10.9
1283	957	Kristen Kupperman	Anchorage	AK	29	1:06:19	10.9
1284	630	Sheila O'Neill	Lacey	WA	63	1:06:20	10.9
1285	1264	Mari Jamieson	Anchorage	AK	56	1:06:23	10.8
1286	1253	Lisa Jamieson	Anchorage	AK	59	1:06:29	10.8
1287	1582	Hadley Remele	Palmer	AK	31	1:06:44	10.8
1288	802	Chloe Larson	Anchorage	AK	14	1:06:45	10.8
1289	737	Cindy Chaput	Anchorage	AK	46	1:06:53	10.8
1290	826	Sherri Poling	Eagle River	AK	59	1:06:53	10.8
1291	54	Idamarie Piccard	Anchorage	AK	77	1:06:55	10.8
1292	343	JoAnne Johnson	Anchorage	AK	41	1:06:59	10.7
1293	1468	Jill Burke	Anchorage	AK	47	1:07:00	10.7
1294	893	Karen Voris	Eagle River	AK	66	1:07:01	10.7
1295	533	Kamryn Tabor	Anchorage	AK	13	1:07:01	10.7
1296	1171	Mallory Morton	Fairbanks	AK	28	1:07:09	10.7
1297	377	Courtney Maillet	Anchorage	AK	29	1:07:09	10.7
1298	764	Cindi Parsons	Anchorage	AK	57	1:07:13	10.7
1299	80	Marnie Kaler	Anchorage	AK	44	1:07:20	10.7
1300	627	Wendy Wiltfong	Raymond	WA	50	1:07:21	10.7

BIKE RESULTS
 2016 GOLD NUGGET TRIATHLON
 May 15th, 2016
 Bartlett High School - Anchorage, AK

Place	Bib	Name	Town	St	Age	Bike	Rate
1301	419	Carol Willard	Bethel	AK	56	1:07:27	10.7
1302	384	Jennifer Aist	Anchorage	AK	46	1:07:29	10.7
1303	157	Zoe Sutton	Fairbanks	AK	31	1:07:41	10.6
1304	543	Erika Holliday	Anchorage	AK	23	1:07:44	10.6
1305	1396	maryann leenstra	Tempe	AZ	60	1:07:46	10.6
1306	451	Colleen Weikel	Wasilla	AK	54	1:07:49	10.6
1307	721	Nicole Ullman	Anchorage	AK	43	1:07:52	10.6
1308	1378	Kathleen Adams	Chugiak	AK	53	1:07:56	10.6
1309	459	Anika Beighle	Anchorage	AK	13	1:08:05	10.6
1310	568	Melissa Wanamaker	Anchorage	AK	45	1:08:07	10.6
1311	105	Carrie Ann Landgra	Eagle River	AK	53	1:08:12	10.6
1312	848	Karen Lowry	Anchorage	AK	38	1:08:12	10.6
1313	550	Cari Witte	Eagle River	AK	41	1:08:19	10.5
1314	1364	kelila terrones	Anchorage	AK	32	1:08:21	10.5
1315	847	Katie Hampton	Anchorage	AK	37	1:08:22	10.5
1316	889	Jessica Cler	Anchorage	AK	33	1:08:25	10.5
1317	762	Heather Alvarado	Anchorage	AK	43	1:08:26	10.5
1318	741	Elise Chaput	Anchorage	AK	11	1:08:30	10.5
1319	387	Becca Aist	Anchorage	AK	14	1:08:31	10.5
1320	621	Heidi Moore	Anchorage	AK	18	1:08:32	10.5
1321	570	Laura Burzinski	Anchorage	AK	58	1:08:33	10.5
1322	456	Kathryn Epperheime	Kenai	AK	40	1:08:34	10.5
1323	787	Brandy Phares	Anchorage	AK	35	1:08:36	10.5
1324	900	Ashley Arehart	Anchorage	AK	33	1:08:45	10.5
1325	699	Monica Sterchi-Low	Anchorage	AK	39	1:08:46	10.5
1326	228	Marley Hamlett	Anchorage	AK	11	1:08:51	10.5
1327	227	Shannon Hamlett	Anchorage	AK	42	1:08:53	10.5
1328	625	Christine Moore	Anchorage	AK	49	1:08:56	10.4
1329	829	Hazel Hibpshman	Chugiak	AK	29	1:09:02	10.4
1330	574	kelsey burzinski	Anchorage	AK	12	1:09:02	10.4
1331	690	Melissa Card	Palmer	AK	35	1:09:13	10.4
1332	445	Paula Green	Anchorage	AK	54	1:09:19	10.4
1333	711	Gerri Tokar-Hines	Wasilla	AK	41	1:09:48	10.3
1334	899	Windy Alvarado	Anchorage	AK	47	1:09:53	10.3
1335	1604	Andrea Ward	Anchorage	AK	49	1:10:02	10.3
1336	720	Debra Kivi	Anchorage	AK	45	1:10:14	10.3
1337	433	Michele Walker	Seward	AK	46	1:10:25	10.2
1338	434	Alexi Walker	Seward	AK	11	1:10:26	10.2
1339	1588	Danielle Potton	Anchorage	AK	11	1:10:31	10.2
1340	901	Sarah Engstrom	Palmer	AK	28	1:10:36	10.2
1341	1572	Sophie Neeser	Anchorage	AK	12	1:10:44	10.2
1342	541	Mary Waltz	Anchorage	AK	59	1:10:48	10.2
1343	511	Riley Simes	Anchorage	AK	14	1:10:56	10.2
1344	894	Lynsey Takavitz	Anchorage	AK	34	1:10:57	10.1
1345	278	Elizabeth Larson	Anchorage	AK	43	1:11:01	10.1
1346	453	Amy Campbell	Wasilla	AK	34	1:11:02	10.1
1347	616	Kelsey McCarthy-Ke	Anchorage	AK	17	1:11:03	10.1
1348	615	Molly McCarthy	Anchorage	AK	56	1:11:08	10.1
1349	1059	Jennifer Midlo	Eagle River	AK	45	1:11:15	10.1
1350	454	Mya Campbell	Wasilla	AK	10	1:11:19	10.1

BIKE RESULTS
 2016 GOLD NUGGET TRIATHLON
 May 15th, 2016
 Bartlett High School - Anchorage, AK

Place	Bib	Name	Town	St	Age	Bike	Rate
1351	773	Jennifer Moulton	Eagle River	AK	33	1:11:31	10.1
1352	415	Nora Housey	Wasilla	AK	32	1:11:31	10.1
1353	134	Naomi Zurba	Anchorage	AK	46	1:11:34	10.1
1354	440	Jacqueline Monagha	Anchorage	AK	27	1:11:41	10.0
1355	822	Roxanne Peter	Anchorage	AK	32	1:11:46	10.0
1356	85	Ceyda Ertekin	Anchorage	AK	12	1:11:47	10.0
1357	1057	Ashley MIDlo	Eagle River	AK	11	1:11:55	10.0
1358	930	Myah Precie	Anchorage	AK	17	1:12:07	10.0
1359	662	Jennifer Fast	Nome	AK	29	1:12:20	10.0
1360	941	grace pawlak	Anchorage	AK	13	1:12:30	9.9
1361	1005	Margi Petersen	Anchorage	AK	52	1:12:32	9.9
1362	1313	Lindsey Butler	Yakima	WA	25	1:12:45	9.9
1363	217	Lisa Kangas	Fairbanks	AK	31	1:12:59	9.9
1364	633	Kate Beecroft	Eagle River	AK	39	1:13:07	9.8
1365	245	jennifer kilfoyle	Anchorage	AK	55	1:13:17	9.8
1366	1274	Lindsay Reese	Anchorage	AK	40	1:13:18	9.8
1367	296	Marisa Glieco	Anchorage	AK	35	1:13:19	9.8
1368	368	Kimberly Markovich	Anchorage	AK	12	1:13:36	9.8
1369	367	Teagan Hanlon	Anchorage	AK	25	1:13:37	9.8
1370	598	Tiffany Traynor	JBER	AK	26	1:13:39	9.8
1371	669	Linda Harrison	Nome	AK	56	1:13:45	9.8
1372	620	Krista-Marie Lineg	Anchorage	AK	36	1:14:09	9.7
1373	317	Heather Helgeson	Anchorage	AK	43	1:14:20	9.7
1374	513	Anh Smallwood	Anchorage	AK	49	1:14:20	9.7
1375	97	Shirley Coulson	Anchorage	AK	59	1:14:21	9.7
1376	1501	Virginia Groeschel	Anchorage	AK	48	1:14:31	9.7
1377	636	Madelyn Beecroft	Eagle River	AK	11	1:14:36	9.7
1378	423	Heidi Miles	Eagle River	AK	51	1:14:48	9.6
1379	610	Heather Marshburn	Anchorage	AK	42	1:14:48	9.6
1380	712	Rebekah Muehsam	Anchorage	AK	39	1:14:51	9.6
1381	602	Rebecca Kilfoyle	Anchorage	AK	29	1:15:52	9.5
1382	706	Hannah Flores	Anchorage	AK	20	1:16:32	9.4
1383	943	melanie DITTRICH	Anchorage	AK	45	1:17:41	9.3
1384	942	Madison pawlak	Anchorage	AK	11	1:17:41	9.3
1385	771	ANGELE BELL	Eagle River	AK	34	1:17:44	9.3
1386	476	Wendy Leseman	Anchorage	AK	60	1:17:45	9.3
1387	475	Courtney Fleischma	Anchorage	AK	31	1:17:45	9.3
1388	613	Amelia Marshburn	Anchorage	AK	11	1:17:46	9.3
1389	775	Patsy Perkins	Fairbanks	AK	64	1:17:59	9.2
1390	666	Jenni Marcell	Nome	AK	31	1:18:17	9.2
1391	271	Carol Lindeke	Saint Paul	MN	61	1:18:19	9.2
1392	342	Gabrielle Ledoux	Anchorage	AK	68	1:18:20	9.2
1393	1181	Lee Gahm	Eagle River	AK	58	1:18:24	9.2
1394	774	Dena Thomas	Anchorage	AK	41	1:18:26	9.2
1395	777	Amanda Thomas	Anchorage	AK	12	1:18:34	9.2
1396	650	Jeanne Kemp	Anchorage	AK	61	1:18:58	9.1
1397	923	Kylie Perry	Anchorage	AK	25	1:18:59	9.1
1398	817	Corie Stanley	Anchorage	AK	37	1:19:08	9.1
1399	819	Anika Stanley	Anchorage	AK	10	1:19:09	9.1
1400	369	Marianne Wieland	Anchorage	AK	75	1:19:20	9.1

BIKE RESULTS
 2016 GOLD NUGGET TRIATHLON
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 Bartlett High School - Anchorage, AK

Place	Bib	Name	Town	St	Age	Bike	Rate
1401	1255	Sheena Tuck	Anchorage	AK	32	1:19:28	9.1
1402	779	Audrey Sato	Pleasanton	CA	77	1:19:31	9.1
1403	514	Kailyn Tabor	Anchorage	AK	13	1:20:29	8.9
1404	507	Lisa Jaronitzky	Anchorage	AK	51	1:20:48	8.9
1405	422	Judy Stivers	Anchorage	AK	62	1:21:36	8.8
1406	284	Morgean Carlson	Anchorage	AK	31	1:21:49	8.8
1407	1275	Allie Reese	Anchorage	AK	17	1:22:07	8.8
1408	408	Ella Blakey	Anchorage	AK	11	1:22:32	8.7
1409	349	Katherine Ellison	Anchorage	AK	29	1:22:43	8.7
1410	425	Megan Miles	Eagle River	AK	14	1:23:00	8.7
1411	472	Debbie Anderson	Aumsville	OR	59	1:23:01	8.7
1412	644	Rachel Kemp	Anchorage	AK	30	1:23:05	8.7
1413	646	Hannah Kemp	Anchorage	AK	10	1:23:05	8.7
1414	796	Joan Haskell	Anchorage	AK	54	1:23:30	8.6
1415	763	Keri Parsons	Anchorage	AK	32	1:24:17	8.5
1416	643	Kellyn Sliwinski	Anchorage	AK	46	1:24:35	8.5
1417	642	Anna Sliwinski	Anchorage	AK	17	1:24:41	8.5
1418	713	Lori Rucksdashel	Anchorage	AK	39	1:24:53	8.5
1419	843	Meadow Bailey	Fairbanks	AK	43	1:25:01	8.5
1420	845	Elizabeth Bailey	Fairbanks	AK	11	1:25:03	8.5
1421	51	Trudy Keller	Anchorage	AK	71	1:25:26	8.4
1422	412	Alexa Blakey	Anchorage	AK	11	1:25:54	8.4
1423	410	Diane Blakey	Anchorage	AK	49	1:25:58	8.4
1424	1069	Catherine Bollinge	Anchorage	AK	48	1:26:00	8.4
1425	1065	nancy sander	Anchorage	AK	65	1:26:26	8.3
1426	1206	Heidi Conway	Anchorage	AK	48	1:26:57	8.3
1427	1214	Grace Conway	Anchorage	AK	11	1:26:59	8.3
1428	652	Davina Grant	Anchorage	AK	17	1:27:08	8.3
1429	655	Leilani Tufaga	Anchorage	AK	42	1:27:44	8.2
1430	174	Chelsea Farrell	Anchorage	AK	24	1:27:55	8.2
1431	325	Trina Schachle	Wasilla	AK	31	1:28:24	8.1
1432	168	Tamar Lubitsh-Wite	Anchorage	AK	55	1:29:31	8.0
1433	385	Lalia Bunn	Anchorage	AK	35	1:30:12	8.0
1434	389	Cirrus Bunn	Anchorage	AK	10	1:30:14	8.0
1435	552	Patti Irwin	Anchorage	AK	58	1:30:31	8.0
1436	592	Hannah Grothe	Wasilla	AK	21	1:31:11	7.9
1437	838	Liahona Taylor	Anchorage	AK	30	1:31:14	7.9
1438	1419	Kami Karp	Anchorage	AK	26	1:34:22	7.6
1439	184	Theresa Peters	Anchorage	AK	36	1:34:59	7.6
1440	436	Courtney Brozovsky	Anchorage	AK	29	1:35:49	7.5
1441	624	amber Garcia	Anchorage	AK	38	1:40:01	7.2
1442	558	Karen Saena	Anchorage	AK	32	1:41:41	7.1
1443	345	Katherine Takak	Anchorage	AK	20	1:43:02	7.0
1444	285	Gwendolyn Carlson	Anchorage	AK	63	1:44:12	6.9
1445	400	Chantal Davis	Anchorage	AK	35	1:45:12	6.8
1446	401	Madison Davis	Anchorage	AK	10	1:45:13	6.8
1447	411	Tracie Timmerman	JBER	AK	45	1:46:24	6.8
1448	628	Nancy Arrington	Anchorage	AK	68	1:51:16	6.5
1449	821	RONTINA DEGRAFFENR	Anchorage	AK	36	2:10:13	5.5
1450	466	Jessica Bury	Anchorage	AK	45	3:04:55	3.9