

2017 GOLD NUGGET TRIATHLON  
May 21, 2017  
Bartlett High School - Anchorage, AK

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OPEN TEAM RESULTS  
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1. 7:12:44 Girdwood Girls Gone Tri (1:26:33)

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1	1:21:19	Katra Wedeking
2	1:24:40	Lauren Grippio
3	1:28:19	Amanda Hawes
4	1:28:37	Maggie Donnelly
5	1:29:49	Erin Leighton

2. 7:24:41 Orange is the new Fast (1:28:57)

=====

1	1:19:15	Jennifer Schrage
2	1:21:02	Jackie Minge
3	1:32:32	Sarah Kleedeahn
4	1:32:38	Ellyn Brown
5	1:39:14	Patricia O'Gorman

3. 7:27:08 Eagle River Mai Tri (1:29:26)

=====

1	1:22:49	Kai Binkley Sims
2	1:24:16	Amanda Hegna
3	1:30:48	Amy Woodward
4	1:33:49	Kaleinani Rupp
5	1:35:26	Lola Woodward

4. 7:30:14 Swim, Bike, Rum? (1:30:03)

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1	1:25:09	claire Coppel
2	1:28:12	Mary Kay Sorich
3	1:31:12	Jennifer Sees
4	1:32:28	Ruth Kroona
5	1:33:13	Suzanne Armentrout

5. 7:33:19 The Alaskan Hardcore Ladies (1:30:40)

=====

1	1:10:47	Megan Chelf
2	1:26:43	Jaena Tranberg
3	1:31:48	Theresa Hampton
4	1:41:30	Mara Cramer
5	1:42:31	Madgell Moore

6. 7:37:33 Aurora Tri Stars (1:31:31)

=====

1	1:29:00	Heather Dekalb
2	1:29:36	Kirsten Valentine
3	1:31:20	Brianne Keifer
4	1:32:01	Mae-Lin Ynacay
5	1:35:36	Laurel Renkert

7. 7:40:24 SBR (1:32:05)

=====

1	1:12:43	Shannon Titzel
2	1:15:05	Kelly Driver
3	1:36:23	Dianna Clemetson
4	1:38:00	Echo McDonald
5	1:58:13	Andrea Ward

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8. 7:42:17 Beadedstream Racing team (1:32:28)

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1	1:20:30	Lynn Kent
2	1:33:51	Debbie Paine
3	1:34:35	Debra Kinn
4	1:36:31	Irina Avtushko
5	1:36:50	Natasha Graham

9. 7:46:27 AKTUFF (1:33:18)

=====

1	1:23:18	Nikki Strzempka
2	1:27:44	Heather Krellner
3	1:29:53	Haylee Donovan
4	1:34:15	Michelle Moore
5	1:51:17	Anna Nolan

10. 7:50:14 Team Nemo (1:34:03)

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1	1:20:10	Bri Lowen
2	1:30:10	Letitia Luch
3	1:34:33	Delia Luch
4	1:40:31	Brittany Portalski
5	1:44:50	Gillian Brinkman

11. 7:51:16 Florist Service (1:34:16)

=====

1	1:20:24	Ashley Lehman
2	1:27:44	Sarah Ellison
3	1:33:20	Katie Rigsby
4	1:38:17	Kate Legner
5	1:51:31	Michelle Gerdes

12. 8:05:38 Permafrosties (1:37:08)

=====

1	1:23:28	Liane Nagata
2	1:35:38	Madalyn Gaither
3	1:39:51	Tricia Perkins
4	1:40:11	Lauren Gaither
5	1:46:30	Rachel Hopkins

13. 8:08:04 Fit Vida Motion (1:37:37)

=====

1	1:31:28	Jenni Marcell
2	1:33:17	Chelsey Fuhrman
3	1:38:21	Ashley Frost
4	1:41:23	Paola Kennah
5	1:43:35	Fabiola Burns

14. 8:08:53 Natural Women (1:37:47)

=====

1	1:27:45	Hannah Bauthues
2	1:31:08	Elysia Andrews
3	1:38:48	Nicole Rogers
4	1:44:49	Brianna Mckeel
5	1:46:23	Constance Service

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15. 8:10:05 Hanshew Middle School (1:38:01)

=====

1	1:15:16	Joleen White
2	1:29:47	Liz Odell
3	1:45:52	Tessa Johrendt
4	1:48:44	Alicia Vernon
5	1:50:26	Wendy Leseman

16. 8:15:30 The Lovelies (1:39:06)

=====

1	1:21:36	Jennifer Armentrout
2	1:35:36	Emily Long
3	1:36:38	Svia Rothstein
4	1:46:07	Sarah Lindsey
5	1:55:33	Jennifer Wehrmann

17. 8:16:17 Salmon Sisters (1:39:16)

=====

1	1:25:38	Carmen Thomas
2	1:28:40	Andrea Tesch
3	1:38:39	Diane Loopstra
4	1:39:00	Cody Block
5	2:04:20	Sherry Wright

18. 8:17:36 Amazed by Grace (1:39:32)

=====

1	1:30:32	Samantha Cole
2	1:40:25	Emily Jensen
3	1:41:06	Rebekah Jensen
4	1:42:04	Hannah Cooper
5	1:43:29	Elizabeth Stuber

19. 8:23:39 Chasing Rae (1:40:44)

=====

1	1:26:47	Kaylee Heck
2	1:33:22	Whitney Andersen
3	1:37:11	mikki smith
4	1:50:17	Heather Courrier
5	1:56:02	Wendy Heck

20. 8:30:00 Wolverine Wonder Women (1:42:00)

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1	1:33:34	Stephanie Seward
2	1:40:13	Heidi Loranger
3	1:41:57	Shasta Miller
4	1:46:47	Amy Utley
5	1:47:29	Lara wayt

21. 8:30:45 Wii (not) Fit (1:42:09)

=====

1	1:28:05	Callie Jones
2	1:37:43	Anna Johnson
3	1:42:05	Shauna Boquist
4	1:49:31	Lindsay Surnin
5	1:53:21	Cassi Campbell

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22. 8:44:11 Babes in Tri Land (1:44:51)

=====

1	1:30:27	Jennifer Weber
2	1:39:46	Gianna McCune
3	1:40:47	Kate Goudreau
4	1:44:14	Jennie Sodergren
5	2:08:57	Lori Day

23. 8:50:46 Team Shazam (1:46:10)

=====

1	1:24:18	Mary Krysinski
2	1:48:13	Christine Krysinski
3	1:49:22	Lorelei Hass
4	1:50:44	mary duhoux
5	1:58:09	Brandi White

24. 8:58:05 Scrambled Legs and Achin (1:47:37)

=====

1	1:42:21	Bailey Epperheimer
2	1:42:36	Heather Huff
3	1:43:35	Sidney Epperheimer
4	1:50:58	Maria Cox
5	1:58:35	Ashley Pruitt

25. 9:01:58 She Persisted (1:48:24)

=====

1	1:22:42	Nicki Holmen
2	1:28:24	Tiffany Hall
3	1:39:06	Bridget Paule
4	2:09:48	Brooke Wood
5	2:21:58	Kelly Ingram

26. 9:24:24 Mountain Mamas (1:52:53)

=====

1	1:31:09	Heather Poe
2	1:41:34	Kimberly Osburn
3	1:58:46	Karena Bartlett
4	2:00:21	Elianna Kniegge
5	2:12:34	Shelley Biss

27. 9:40:31 The Red Lanterns (1:56:07)

=====

1	1:39:02	Rena Kornstad
2	1:55:07	Sara Boersma
3	1:58:34	Stacy Tronnier
4	2:03:45	Jan Darch
5	2:04:03	Ryan Lundstrom

28. 9:49:07 Worth a Tri (1:57:50)

=====

1	1:49:03	Marisa Tikka
2	1:53:59	Erin Smulick
3	1:56:32	Brooke Shasby
4	1:59:49	Kristi Davis
5	2:09:44	robyn novak

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29. 9:59:28 Tri Chicas (1:59:54)

=====

1	1:47:29	Bree McCarthy
2	1:57:42	Tara Barndt
3	2:00:33	Grace Dunn
4	2:05:07	Lara VanHoozer
5	2:08:37	Heather Calcaterra

30. 10:07:54 GH Amigas (2:01:35)

=====

1	1:26:07	Paola Banchemo
2	1:44:42	Kalima Glascott
3	1:57:37	Sami Glascott
4	2:22:48	Laura Tufi-Gho
5	2:36:40	Eden Elliott

31. 10:15:10 Young and the Breathless (2:03:02)

=====

1	1:54:08	Ella Bailey
2	1:58:36	Meadow Bailey
3	2:06:15	Avery Hafele
4	2:07:31	Elizabeth Bailey
5	2:08:40	Jennie Hafele

32. 10:18:38 Dicey Divas (2:03:44)

=====

1	1:31:13	Ashley Lang
2	1:50:11	Krista sandhoefner
3	2:13:57	Jamie Robinson
4	2:16:13	Keturah Phillips
5	2:27:04	Sarah Knechtel

33. 10:26:52 Hell Hath No Fury (2:05:23)

=====

1	1:42:20	Victoria Smith
2	1:53:11	Ashley Weaver
3	2:09:12	Mary Tesche
4	2:16:23	Ginny Kinne
5	2:25:46	Kathy Nava

34. 10:58:30 BUNS ON THE RUN (2:11:42)

=====

1	1:53:18	Alexis Williams
2	1:54:50	Paxson Lowther
3	2:06:55	Sandra Lowther
4	2:16:58	Antoinette Bogart
5	2:46:29	Jenny Sedor

35. 11:16:17 Sweat Victory (2:15:16)

=====

1	2:01:09	Marta Mueller
2	2:03:06	Melanie Armstrong
3	2:15:50	Claire Sumner
4	2:16:11	Shannon Oelkers
5	2:40:01	Anna Bryant

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36. 12:15:13 Alaska Birth Collective (2:27:03)

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1	1:40:42	Liz Turner
2	2:06:12	Jamie Sceaux
3	2:38:45	Shanna Switzer
4	2:52:32	Anika Stanley
5	2:57:02	Corie Stanley

RESULTS BY: Skinny Raven Events and Timing