

T1 RESULTS
 2016 GOLD NUGGET TRIATHLON
 May 15th, 2016
 Bartlett High School - Anchorage, AK

Place	Bib	Name	Town	St	Age	T1
1	1	Kinsey Laine	Fairbanks	AK	28	0:58.31
2	2	Amber Stull	Anchorage	AK	38	0:58.54
3	3	Laura Gardner	Anchorage	AK	34	1:03.55
4	27	jenifer kohout	Anchorage	AK	52	1:04.30
5	19	Megan Chelf	Anchorage	AK	29	1:05.54
6	17	Deana Watson	Anchorage	AK	46	1:07.35
7	7	Danelle Winn	Anchorage	AK	48	1:07.58
8	193	Summer Ohlendorf	Wasilla	AK	30	1:07.85
9	765	Allison Melocik	Anchorage	AK	44	1:09.49
10	8	Beth Zirbes	Fairbanks	AK	32	1:13.33
11	12	Lisa Keller	Anchorage	AK	52	1:13.40
12	24	Nancy Meade-Miller	Anchorage	AK	54	1:14.02
13	20	Corrie Smith	Anchorage	AK	37	1:14.19
14	1296	Valerie Kirk	Anchorage	AK	25	1:15.99
15	33	Jill Simek	Anchorage	AK	43	1:16.13
16	314	Heidi Beer	Anchorage	AK	48	1:16.75
17	22	Jodi McLaughlin	Anchorage	AK	42	1:19.67
18	16	Jenny Kimball	Anchorage	AK	46	1:20.74
19	5	Rebecca McKee	Anchorage	AK	44	1:21.97
20	1448	Shizuka Miyanari	Girdwood	AK	22	1:22.21
21	124	Elinor Harrington	Chugiak	AK	32	1:22.55
22	96	Emily Wiswesser	Girdwood	AK	33	1:24.97
23	1433	Mireya de la Pena	Anchorage	AK	51	1:25.55
24	125	Kelsey Tranel	Anchorage	AK	27	1:26.12
25	36	Lynn Kent	Girdwood	AK	56	1:26.16
26	23	LeeAnn Burns	Eagle River	AK	30	1:26.95
27	13	Kendal Williams	Anchorage	AK	19	1:27.35
28	14	Natasha Bergt	Anchorage	AK	56	1:27.54
29	41	Heidi Martinson	Anchorage	AK	36	1:27.97
30	1083	Brooke Therrien	Anchorage	AK	29	1:28.25
31	18	kinsey loan	Eagle River	AK	24	1:28.79
32	64	Hanna young	Homer	AK	27	1:29.60
33	177	Karina Packer	Anchorage	AK	24	1:29.74
34	873	lesley yamauchi	Anchorage	AK	63	1:29.95
35	10	joleen white	Anchorage	AK	42	1:30.30
36	1119	Carrie Lofts	Anchorage	AK	27	1:30.32
37	639	Nikki Strzempka	Eagle River	AK	39	1:30.55
38	44	Alina Rykaczewski	Anchorage	AK	27	1:31.52
39	26	Janet Mamikunian	Anchorage	AK	55	1:32.11
40	1614	rose theisen	Anchorage	AK	48	1:32.24
41	43	Katie Bisson	Anchorage	AK	41	1:32.27
42	70	Kacy Hillman	Anchorage	AK	35	1:32.29
43	121	Morgan Aldridge	Sterling	AK	34	1:32.33
44	299	Adrianna Proffitt	Chugiak	AK	15	1:32.52
45	1127	Rebecca Jemmings	Anchorage	AK	41	1:33.02
46	520	Liane Nagata	Anchorage	AK	46	1:33.18
47	21	Sara Miller	Anchorage	AK	40	1:33.41
48	34	Kelly Janukajtis	Anchorage	AK	39	1:34.31
49	128	Elizabeth Calabro	Anchorage	AK	38	1:34.78
50	151	Ashley Van Hemert	Anchorage	AK	34	1:34.81

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Place	Bib	Name	Town	St	Age	T1
51	30	Heidi Booher	Chugiak	AK	16	1:35.87
52	1630	Brandy Baker	Delta Junction	AK	37	1:35.95
53	116	Sheryl Mohwinkel-F	Anchorage	AK	44	1:36.04
54	35	Erika Bennett	Anchorage	AK	45	1:36.32
55	1097	Amy Koehn	Anchorage	AK	40	1:36.58
56	293	Ericka Mulder	Anchorage	AK	58	1:37.09
57	1095	lindzey Ruderman	Anchorage	AK	34	1:37.23
58	37	Kristina Eaton	Anchorage	AK	34	1:37.56
59	56	Cynthia Hendel	Eagle River	AK	61	1:37.99
60	28	Kelly Powers Willi	Eagle River	AK	44	1:38.76
61	122	Johnna Kohl	Anchorage	AK	44	1:40.51
62	661	Cadence Stull	Anchorage	AK	12	1:40.67
63	31	Holly Barclay	Anchorage	AK	39	1:41.37
64	15	Katelyn Stearns	Anchorage	AK	29	1:41.74
65	530	Madalyn Gaither	Anchorage	AK	13	1:41.94
66	1290	Holly Martinson	Anchorage	AK	32	1:42.35
67	1039	Hannah Toomey	Anchorage	AK	28	1:43.03
68	1577	Jen Yach	Anchorage	AK	27	1:43.52
69	1509	Briana Lowen	Anchorage	AK	33	1:43.69
70	1299	Tanya Kirk	Anchorage	AK	49	1:43.82
71	298	Layla Beam	Chugiak	AK	15	1:43.85
72	525	Jade Simek	Anchorage	AK	15	1:43.94
73	205	Gregoria Reyes	Anchorage	AK	62	1:44.09
74	805	Bronwyn Haynes	Anchorage	AK	49	1:44.15
75	1211	Susanne Green	Anchorage	AK	48	1:44.17
76	60	Nancy Spence	Anchorage	AK	43	1:44.83
77	46	Kelly Driver	Anchorage	AK	48	1:45.03
78	1215	Jennifer Slaughter	Anchorage	AK	44	1:45.07
79	38	Jess Klain	Anchorage	AK	31	1:45.32
80	874	Melanee Stiassny	Girdwood	AK	40	1:45.44
81	72	Heather Dekalb	Anchorage	AK	49	1:45.72
82	1534	Nicole Holmen	Anchorage	AK	35	1:46.16
83	47	Dianne Prince	Anchorage	AK	52	1:46.34
84	1007	Sarah Belway	Fairbanks	AK	46	1:46.47
85	254	Emily Evans	Anchorage	AK	19	1:46.53
86	1317	Mary Krysinski	Eagle River	AK	58	1:47.04
87	25	Jennifer Henderson	Anchorage	AK	40	1:47.48
88	1128	Jordan Iverson	Anchorage	AK	23	1:47.59
89	45	bridget mcbride	Anchorage	AK	37	1:47.75
90	203	Hanna Wuttig	Fairbanks	AK	15	1:47.77
91	1109	Bonnie DeArmoun	Anchorage	AK	35	1:48.89
92	1102	MANDY Casurella	Anchorage	AK	38	1:48.96
93	1149	Lauren Hess	Anchorage	AK	25	1:49.05
94	224	Katherine Sind	Anchorage	AK	27	1:49.64
95	147	mona bremont	Anchorage	AK	56	1:49.99
96	1464	Lily/ Lian Myers	Anchorage	AK	17	1:50.24
97	480	Bridget Paule	Anchorage	AK	37	1:50.34
98	725	Julie McCormick	Anchorage	AK	46	1:50.38
99	1279	Ashley French	Anchorage	AK	30	1:50.57
100	40	Ellie Mitchell	Anchorage	AK	16	1:50.82

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101	1101	Darcy Dugan	Anchorage	AK	35	1:51.18
102	1114	Jeanette Legenza	Eagle River	AK	46	1:51.31
103	1302	Katra Wedeking	Girdwood	AK	42	1:51.50
104	202	Jennifer Hardy	Anchorage	AK	39	1:51.73
105	261	Rachelle Kanady	Anchorage	AK	27	1:51.82
106	523	Lauren Gaither	Anchorage	AK	19	1:51.96
107	281	Amy Scharpf	Anchorage	AK	37	1:52.12
108	1634	Margot Ferguson	Anchorage	AK	28	1:52.23
109	29	Beth Paynter	Eagle River	AK	40	1:52.32
110	1094	Jeanine Madden	Eagle River	AK	40	1:53.35
111	969	Riley Bennett-Vock	Nome	AK	32	1:53.37
112	1343	Stacey Johnson	Eagle River	AK	37	1:53.44
113	734	Sara Low	Anchorage	AK	29	1:53.94
114	1318	Marina Krysinski	Eagle River	AK	27	1:53.97
115	111	Holly Willman	Anchorage	AK	37	1:54.14
116	140	Claire Norton-Cruz	Anchorage	AK	37	1:54.42
117	127	Debra Kinn	Anchorage	AK	61	1:54.60
118	878	Bonnie Wanat	Eagle River	AK	57	1:55.05
119	1300	Meredith Johnson	Anchorage	AK	27	1:55.51
120	129	Beth Snyder	Anchorage	AK	60	1:55.72
121	113	Andrea Tesch	JBER	AK	59	1:55.74
122	1311	Amanda Hawes	Girdwood	AK	39	1:55.76
123	1580	Nicki Melillo	Anchorage	AK	36	1:56.36
124	1072	Haylee Donovan	Eagle River	AK	32	1:56.72
125	108	Lori Bodwell	Fairbanks	AK	50	1:56.84
126	1116	GRETCHEN CLARK	Anchorage	AK	41	1:57.85
127	132	Jennifer Weber	Valdez	AK	39	1:57.90
128	1106	Lauren Smayda	Anchorage	AK	33	1:58.01
129	188	Clare Cook	Eagle River	AK	19	1:58.06
130	158	Sheryl Ioan	Eagle River	AK	57	1:58.42
131	1142	Sarah Haltness	Anchorage	AK	42	1:58.70
132	1076	Amy Anderson	Anchorage	AK	32	1:59.14
133	1067	Renee Parsley	Fairbanks	AK	44	1:59.16
134	200	Kimberly Bush	Anchorage	AK	47	1:59.82
135	256	Maggie Meeds	Anchorage	AK	17	1:59.97
136	1469	shasta miller	Anchorage	AK	30	2:00.23
137	302	Ashley Hicks	Chugiak	AK	15	2:00.60
138	1008	Naomi Torrance	Anchorage	AK	36	2:00.68
139	50	Amy Stielstra	Wasilla	AK	34	2:01.47
140	1122	Deborah Boots	Anchorage	AK	53	2:01.56
141	374	Amy Brumbaugh	Anchorage	AK	43	2:01.61
142	272	Ana Avila	Anchorage	AK	33	2:01.65
143	238	Kayla Clark	Fairbanks	AK	42	2:01.79
144	700	cassandra smith	Anchorage	AK	43	2:02.31
145	262	Alex Shannon	Anchorage	AK	18	2:02.33
146	161	Betsy Lund	Kodiak	AK	39	2:02.67
147	76	Lora Jorgensen	Anchorage	AK	47	2:03.56
148	1231	Hannah Ruff	Palmer	AK	26	2:03.56
149	84	Wendi Eldridge	Anchorage	AK	45	2:03.76
150	885	Jessica Nangle	Anchorage	AK	40	2:04.11

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151	1046	Grace Morrow	Kenai	AK	13	2:04.18
152	101	Liz Odell	Anchorage	AK	32	2:04.47
153	95	Stacy Dayley	Anchorage	AK	48	2:04.74
154	1086	Pamela Dreyer	Eagle River	AK	35	2:04.76
155	150	Rose Van Hemert	Anchorage	AK	67	2:04.79
156	32	Hannah Booher	Chugiak	AK	18	2:04.99
157	1348	Monica Oakley	Anchorage	AK	34	2:05.10
158	190	Hilary Rea	Anchorage	AK	31	2:05.25
159	1036	Kelly Lanzarone	Anchorage	AK	38	2:05.31
160	1403	Mesa Jetton	Anchorage	AK	35	2:05.52
161	879	kathryn wanat	Eagle River	AK	25	2:05.68
162	173	Barbara Nawrocki	Cocoa Beach	FL	59	2:06.30
163	49	Amie Wu	Anchorage	AK	37	2:06.56
164	562	Tricia Perkins	Anchorage	AK	55	2:06.70
165	39	Anna Fischer	Anchorage	AK	36	2:06.92
166	438	Alyssa Hargis	Eagle River	AK	13	2:07.02
167	1152	Sarah Harris	Anchorage	AK	18	2:07.11
168	115	Rashele Kimmel	Eagle River	AK	37	2:07.44
169	479	Harriet Paule	Anchorage	AK	68	2:07.44
170	1552	Stephanie Seward	Anchorage	AK	37	2:07.46
171	1025	Stefani Bell	Fairbanks	AK	30	2:08.24
172	532	Karen Divelbiss	Anchorage	AK	54	2:08.58
173	146	heidi embley	Anchorage	AK	39	2:08.64
174	1431	Christy Jordan	Anchorage	AK	43	2:08.68
175	717	Kai Sims	Eagle River	AK	36	2:09.00
176	216	katie Miller	Anchorage	AK	36	2:09.32
177	1157	Holly Fisk	Littleton	CO	32	2:10.00
178	378	Taryn Oleson	Anchorage	AK	24	2:10.58
179	804	Mikki Smith	Anchorage	AK	43	2:10.96
180	795	Naomi Oakley	Indian	AK	16	2:10.97
181	1118	Amy Larsen	Anchorage	AK	46	2:11.34
182	1099	Kari Wiederkehr	Anchorage	AK	38	2:11.54
183	301	Stephanie Proffitt	Chugiak	AK	44	2:11.64
184	191	Sarah Kleedehn	Anchorage	AK	63	2:11.66
185	1287	Jessica Diab	Eagle River	AK	38	2:12.42
186	11	Shannon Titzel	Anchorage	AK	46	2:12.68
187	246	Brenna Egeland	Anchorage	AK	27	2:12.70
188	1284	Stephanie Spring	Anchorage	AK	31	2:12.92
189	1329	Erika Kahill	Anchorage	AK	39	2:13.03
190	136	Jamie Brakora	Anchorage	AK	22	2:13.12
191	204	Lauren Langford	Anchorage	AK	28	2:13.82
192	1482	Diane Loopstra	Anchorage	AK	55	2:14.17
193	48	Jennifer Armentrou	ANCHORAGE	AK	38	2:14.28
194	1549	Mackenzie Hawkins	Anchorage	AK	14	2:14.68
195	207	Taylor Keegan	Anchorage	AK	28	2:14.95
196	1019	Lacy Simko	Fairbanks	AK	29	2:15.02
197	493	Julie AUSTERMAN	Anchorage	AK	44	2:15.21
198	1579	Amanda Rowe	Anchorage	AK	33	2:15.25
199	934	Mary Burr	Anchorage	AK	18	2:15.49
200	807	Julie Merrill	ANCHORAGE	AK	52	2:15.88

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Place	Bib	Name	Town	St	Age	T1
201	1117	Cindy Sykes	Palmer	AK	65	2:16.19
202	1187	Cassie Green	Anchorage	AK	30	2:16.25
203	91	Janet Thibert	Anchorage	AK	58	2:16.28
204	144	Rhiannon Willard	Anchorage	AK	37	2:16.96
205	831	Julie Storlie	Anchorage	AK	26	2:17.08
206	1145	Abby Beltz	Anchorage	AK	34	2:17.19
207	1063	Korie Hickel	Anchorage	AK	29	2:17.41
208	160	Erin Severns	Fairbanks	AK	31	2:17.42
209	784	Ripple Sato	Anchorage	AK	18	2:18.47
210	1500	Sherry Sedwick	Anchorage	AK	46	2:18.74
211	1555	Karissa Gries	Anchorage	AK	43	2:18.76
212	159	ellyn brown	Anchorage	AK	64	2:18.92
213	1077	Kathy Rumsey	Anchorage	AK	34	2:18.99
214	172	Carmen Thomas	Sutton	AK	51	2:19.01
215	886	Alexis Kaferstein	Seward	AK	39	2:19.02
216	1237	Lori Kaltenbach	Anchorage	AK	42	2:19.22
217	75	Jennifer Doherty	Anchorage	AK	40	2:19.47
218	1131	Emily Poray	Eagle River	AK	37	2:19.48
219	42	Mary Fischer	Kenai	AK	51	2:19.56
220	1520	Suzanne Armentrout	Chugiak	AK	45	2:19.57
221	813	Olga Stewart	Anchorage	AK	33	2:19.59
222	1445	Davina Kinney	Anchorage	AK	28	2:19.59
223	392	Tana Stone	Saint Paul	MN	39	2:19.74
224	1455	Lori Guyer	Anchorage	AK	47	2:19.84
225	1305	Kris Miller	Anchorage	AK	49	2:20.55
226	139	Claire Coppel	Anchorage	AK	57	2:20.68
227	772	Kristy Estrada	Eagle River	AK	31	2:20.72
228	971	Jaime Locke	Anchorage	AK	40	2:21.76
229	1301	Amy Klein	Anchorage	AK	47	2:22.62
230	1081	Mary Michael	Anchorage	AK	62	2:22.79
231	1121	Shelly Schwenn	Anchorage	AK	47	2:22.93
232	1233	Brittany Blain	Anchorage	AK	36	2:23.05
233	1078	Paige Nelson	Anchorage	AK	38	2:23.08
234	1126	Renee Stephens	Anchorage	AK	24	2:23.10
235	208	Sarah Moore	Anchorage	AK	40	2:23.23
236	677	Wendy Moe	Anchorage	AK	45	2:23.28
237	442	Debbie Paine	Anchorage	AK	34	2:23.50
238	1392	Michelle Fehribach	Anchorage	AK	28	2:23.75
239	260	Anna Rix	Fairbanks	AK	27	2:24.23
240	814	Emily Austin	Wasilla	AK	31	2:24.54
241	478	Audrey Paule	Seattle	WA	33	2:24.63
242	1369	Sissy Adams	Anchorage	AK	54	2:24.75
243	443	Madeline Ramuglia	Anchorage	AK	29	2:24.81
244	1600	Heather Poe	Anchorage	AK	36	2:25.05
245	490	Julia Eichler	Eagle River	AK	38	2:25.07
246	563	Rebecca Perkins	Anchorage	AK	19	2:25.10
247	304	Reyna Moore	Chugiak	AK	14	2:25.60
248	1313	Lindsey Butler	Yakima	WA	25	2:25.93
249	1399	Amy Engeberg	Anchorage	AK	34	2:25.95
250	1618	Kathleen Redmond	Anchorage	AK	54	2:26.12

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251	106	Shawna Arend	Chugiak	AK	43	2:26.38
252	1176	Mary Sorich	Anchorage	AK	41	2:26.40
253	567	Julie English	Kenai	AK	38	2:26.68
254	1055	Lois Olson	Palmer	AK	56	2:26.69
255	1612	Amy Reed	Anchorage	AK	38	2:26.73
256	487	Vanessa Duhrsen	Anchorage	AK	16	2:27.22
257	1447	Laura Johnston	Anchorage	AK	45	2:27.28
258	313	catherine coon	Anchorage	AK	52	2:27.46
259	575	Sidney Epperheimer	Kenai	AK	14	2:27.88
260	1398	Tyler Arnold	Anchorage	AK	24	2:27.88
261	1052	kandis Price	Wasilla	AK	29	2:27.90
262	1637	Heather Helzer	Anchorage	AK	30	2:27.92
263	565	Ashley Pruitt	Fairbanks	AK	21	2:28.26
264	1093	Lisa Ramstad	Eagle River	AK	51	2:28.30
265	1518	Kalyan Westley	Anchorage	AK	36	2:28.48
266	62	Karla Taylor-Welch	Fairbanks	AK	61	2:28.60
267	220	Cheri Goodman	Anchorage	AK	57	2:28.71
268	243	Hannah Ingram	Girdwood	AK	21	2:28.82
269	142	Erin Diel	Anchorage	AK	27	2:28.84
270	78	Francisca Barnett	Anchorage	AK	35	2:28.94
271	394	Krista Staff	Anchorage	AK	40	2:29.35
272	877	Sara Brubaker	Kodiak	AK	27	2:29.68
273	104	Eva Hall	Anchorage	AK	52	2:29.74
274	714	Ashley Lang	Eagle River	AK	39	2:30.18
275	1112	Katie Weathers	Anchorage	AK	27	2:30.61
276	521	Devon Stanford	Anchorage	AK	20	2:30.62
277	1033	Kiera Puls	Anchorage	AK	15	2:30.67
278	1522	Alexandra Hewitt	Wasilla	AK	30	2:30.89
279	1154	Anne Marbarger	Encinitas	CA	34	2:31.05
280	152	Rachael Kvapil	Fairbanks	AK	42	2:31.58
281	154	Hallidie Wilt	Anchorage	AK	28	2:31.67
282	1371	Jenna Bridges	Anchorage	AK	29	2:31.70
283	439	anne hargis	Eagle River	AK	34	2:31.74
284	828	Gloria Rasch	Palmer	AK	34	2:32.05
285	249	Hannah Lee	Anchorage	AK	17	2:32.08
286	1173	Donna Van Flein	Anchorage	AK	50	2:32.19
287	1220	Holly Krenz	Anchorage	AK	46	2:32.39
288	1516	Kailey Gates	Eagle River	AK	17	2:32.41
289	312	Kali Glosser	Homer	AK	45	2:32.49
290	800	Kaylee Heck	Anchorage	AK	16	2:32.63
291	1519	Alana Davis	Eagle River	AK	46	2:32.96
292	1603	Melissa Goins	Eagle River	AK	36	2:33.19
293	1381	Jillian Fellman	Chugiak	AK	37	2:33.21
294	363	Allison Wieland	Anchorage	AK	44	2:33.44
295	680	Diane Mohwinkel	Anchorage	AK	74	2:34.27
296	492	Tara Barndt	Eagle River	AK	40	2:34.62
297	120	Joanne Allan	Anchorage	AK	39	2:34.68
298	178	Elizaabeth Packer	Anchorage	AK	61	2:34.84
299	437	Shyan Hargis	Eagle River	AK	12	2:35.07
300	975	Jaylee Brendel	Anchorage	AK	31	2:35.40

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301	163	Bree Witteveen	Kodiak	AK	38	2:35.51
302	176	Elise Driver	Anchorage	AK	14	2:35.51
303	1432	Erin Sivitz	anchorage	AK	17	2:35.81
304	248	Caitlin Bergman	Anchorage	AK	15	2:35.91
305	1310	Jacque Wood	Mckinleyville	CA	24	2:36.10
306	1061	Kaitlynd Ward	Anchorage	AK	25	2:36.32
307	1406	Theresa Wooten	Anchorage	AK	61	2:36.67
308	1488	Christi Pavia	Anchorage	AK	49	2:36.77
309	810	Victoria Oxentenko	Chugiak	AK	35	2:37.08
310	234	Yvonne Henrickson	Anchorage	AK	41	2:37.21
311	1183	Mallory landes	Anchorage	AK	28	2:37.31
312	830	Jennifer Lindsay	Chugiak	AK	35	2:38.02
313	1397	Beth Baker	Eagle River	AK	67	2:38.53
314	791	Whitney Andersen	Anchorage	AK	26	2:38.68
315	746	Teresa Doerr	Anchorage	AK	32	2:38.72
316	1574	Michelle Richards	Palmer	AK	49	2:38.79
317	788	piper sato	Anchorage	AK	16	2:39.13
318	1024	Theresa Phillips	Palmer	AK	46	2:39.14
319	1453	Amy Peloza	Anchorage	AK	46	2:39.39
320	1576	Jessica Pooler	Anchorage	AK	28	2:39.72
321	275	Alaina l Smith	Anchorage	AK	45	2:40.18
322	634	madgell moore	Anchorage	AK	27	2:40.27
323	1130	Amanda Tweed	Fairbanks	AK	31	2:40.48
324	1129	Diana Burbank	Anchorage	AK	33	2:40.48
325	635	Kaleinani Rupp	Eagle River	AK	36	2:40.62
326	1314	Maggie Donnelly	Girdwood	AK	53	2:40.65
327	429	Kristina Storlie	Anchorage	AK	33	2:40.70
328	1558	JANA SEAMAN	Anchorage	AK	35	2:40.71
329	999	Debbi Heinen	Anchorage	AK	54	2:40.85
330	1298	Hannah Bauthues	Ketchum	ID	27	2:41.37
331	73	Kristen Droge	Anchorage	AK	32	2:41.43
332	1199	Lauren Leadbetter	Wasilla	AK	16	2:41.45
333	1293	Meghan Paulson	Anchorage	AK	33	2:41.49
334	980	Bev Lewanski	Eagle River	AK	65	2:41.57
335	229	Sandra Music	Anchorage	AK	37	2:41.69
336	192	Lori Day	Valdez	AK	48	2:41.99
337	358	Kathleene Simonson	Anchorage	AK	29	2:42.37
338	1216	Michelle Humphrey	Anchorage	AK	28	2:42.44
339	1547	Angela Mazur	Anchorage	AK	36	2:42.49
340	1306	Elysia Andrews	Anchorage	AK	27	2:42.55
341	258	Rosemary Reynolds	Anchorage	AK	18	2:42.66
342	1186	Kelly Ingram	Anchorage	AK	30	2:42.66
343	605	Therese Mastrangel	Anchorage	AK	38	2:42.81
344	1108	Becky Paul	Anchorage	AK	35	2:42.84
345	247	Madison Smith	Anchorage	AK	17	2:43.10
346	571	Maria Cox	Nikiski	AK	40	2:43.15
347	1439	Maura Black	Anchorage	AK	13	2:43.31
348	1564	Erika Burr	Fairbanks	AK	31	2:43.53
349	391	Charmaine Timmons	Anchorage	AK	51	2:43.55
350	403	Carlie Shaw	Anchorage	AK	36	2:43.82

T1 RESULTS
 2016 GOLD NUGGET TRIATHLON
 May 15th, 2016
 Bartlett High School - Anchorage, AK

Place	Bib	Name	Town	St	Age	T1
351	264	Hannah Brewster	Anchorage	AK	31	2:44.23
352	352	cindy Cooper	Anchorage	AK	59	2:44.25
353	861	Erin Carrick	Eagle River	AK	31	2:44.50
354	1236	Stacy Carpenter	Anchorage	AK	42	2:45.08
355	1252	Sarah Mastroyanis	Anchorage	AK	27	2:45.60
356	330	Kathryn Roberts	Anchorage	AK	26	2:45.61
357	1476	Whitney Elliott	Anchorage	AK	35	2:45.79
358	1421	Hailey Nelson	Wasilla	AK	26	2:45.81
359	1022	Marguerite Humm	Chugiak	AK	40	2:46.41
360	1034	Katherine Puls	Anchorage	AK	13	2:46.47
361	1420	Echo McDonald	Anchorage	AK	52	2:46.80
362	1291	Mikayla Savikko	Anchorage	AK	32	2:47.14
363	1324	Amy Hart	Anchorage	AK	32	2:47.14
364	1258	Kimberly Dotson	Anchorage	AK	35	2:47.34
365	921	Megan McLaughlin	Anchorage	AK	11	2:47.48
366	68	Jennifer Schrage	Anchorage	AK	45	2:47.64
367	199	Heather Bottrell	Eagle River	AK	31	2:47.81
368	505	Ryann Dorris	Anchorage	AK	13	2:47.86
369	107	Sue Parry	Girdwood	AK	59	2:48.06
370	239	Laurie Hueffer	Fairbanks	AK	41	2:48.29
371	181	Jackie Minge	Anchorage	AK	55	2:48.34
372	547	Cathy Opinsky	Anchorage	AK	43	2:48.71
373	1104	Emily Biering	Anchorage	AK	20	2:48.78
374	1548	Robin Cope	Anchorage	AK	58	2:49.10
375	983	Julie Estey	Palmer	AK	43	2:49.15
376	83	Caitlin Douglass	Anchorage	AK	46	2:49.49
377	606	Sheila Swanson	Anchorage	AK	50	2:49.52
378	52	Lia Keller	Anchorage	AK	41	2:49.59
379	1414	Rosemary Hill	Palmer	AK	58	2:49.76
380	1251	DeLynn James	Anchorage	AK	63	2:50.07
381	1243	Sarah Lindsey	Anchorage	AK	39	2:50.11
382	360	alesia Thon	Anchorage	AK	50	2:50.51
383	326	Cynthia Sparks	Nancy	KY	39	2:50.59
384	441	Paige Ruesch	Fairbanks	AK	36	2:50.95
385	295	Mary Vollendorf	Anchorage	AK	47	2:51.10
386	1177	Amanda Van Flein	Anchorage	AK	14	2:51.11
387	110	Kelly McDevitt	Fairbanks	AK	36	2:51.29
388	157	Zoe Sutton	Fairbanks	AK	31	2:51.47
389	704	payton smith	Anchorage	AK	12	2:51.52
390	1003	Karri Sicard	Fairbanks	AK	31	2:51.54
391	417	Emily Fehrenbacher	Anchorage	AK	31	2:51.61
392	58	LuAnn Piccard	Anchorage	AK	56	2:51.71
393	1459	Lori Hickman	Anchorage	AK	40	2:51.84
394	1092	Brandy Stepetin	Eagle River	AK	34	2:51.86
395	1028	Katherine Beale	Anchorage	AK	28	2:51.91
396	1120	Meghan Cavanaugh	Anchorage	AK	26	2:52.05
397	1562	Heather McGarity	Anchorage	AK	27	2:52.23
398	1334	Courtney Evans	Anchorage	AK	26	2:52.29
399	237	Megan McKay	Anchorage	AK	30	2:52.45
400	1626	Victoria Hunter	Anchorage	AK	37	2:52.71

T1 RESULTS
 2016 GOLD NUGGET TRIATHLON
 May 15th, 2016
 Bartlett High School - Anchorage, AK

Place	Bib	Name	Town	St	Age	T1
401	1146	jennifer hunter	Anchorage	AK	37	2:53.05
402	1544	Kelley Jansen	Anchorage	AK	28	2:53.44
403	447	Nina moore	Anchorage	AK	15	2:53.93
404	235	Kristine Hammargre	Fairbanks	AK	52	2:54.04
405	1597	Claire Torbensen-A	Eagle River	AK	45	2:54.14
406	1043	Isabella Watsjold	Eagle River	AK	16	2:54.72
407	863	Autumn Ball	Soldotna	AK	23	2:55.10
408	1111	Ruth Kroona	Anchorage	AK	48	2:55.12
409	123	patty moran	Soldotna	AK	54	2:55.13
410	651	Erin Byrne	Anchorage	AK	30	2:55.19
411	1200	Jackie Leadbetter	Wasilla	AK	45	2:55.19
412	990	Mari Eaton	Anchorage	AK	48	2:55.23
413	102	Laura Butcher	Anchorage	AK	42	2:55.44
414	289	Crystal Miner	Anchorage	AK	36	2:55.55
415	491	Bree McCarthy	Eagle River	AK	35	2:55.84
416	1391	Deborah Corral	Eagle River	AK	65	2:55.94
417	1514	Kelly Parsons	Chugiak	AK	51	2:55.97
418	407	Carey Carpenter	Anchorage	AK	40	2:56.03
419	595	Kathryn Sutton	Anchorage	AK	29	2:56.19
420	1174	Aviana Sorich	Anchorage	AK	12	2:56.22
421	1367	Ashley Lehman	Anchorage	AK	33	2:56.41
422	435	Diane Brozovsky	Anchorage	AK	56	2:56.43
423	1308	Maggie Porter	Girdwood	AK	37	2:56.54
424	397	Gia Currier	Anchorage	AK	45	2:57.05
425	1245	Alecia Wood	Anchorage	AK	31	2:57.06
426	1438	Maggi Arend	Anchorage	AK	62	2:57.18
427	1590	Rebekah Jensen	Chugiak	AK	20	2:57.28
428	1320	ruth allison lonse	Anchorage	AK	43	2:57.43
429	494	Chloe Austerman	Anchorage	AK	13	2:57.77
430	1254	Jordin Thompson	Eagle River	AK	30	2:57.91
431	1141	Elaina Hveding	Anchorage	AK	41	2:58.28
432	446	Natasha Graham	Anchorage	AK	43	2:58.42
433	206	Ann Lovejoy	Anchorage	AK	42	2:58.49
434	653	Lesley Chase	Anchorage	AK	29	2:58.92
435	672	Rena Kornstad	Kenai	AK	42	2:59.02
436	308	Sarah Freistone	Anchorage	AK	22	2:59.08
437	1497	Bettina Chastain	Anchorage	AK	51	2:59.13
438	59	helen holmes	Anchorage	AK	74	2:59.21
439	1006	Molly McCormick	Douglas	AK	51	2:59.31
440	1441	Cassandra Dale	Anchorage	AK	29	2:59.33
441	1091	Tammy Lucas	Eagle River	AK	46	2:59.35
442	1372	Allison Devine	Chugiak	AK	19	2:59.55
443	1352	Jennifer Anderson	Anchorage	AK	27	2:59.59
444	1605	Stacie Gracey	Chugiak	AK	40	2:59.72
445	593	Kari Mystrom	Anchorage	AK	34	3:00.31
446	1250	Signe Pignalberi	Anchorage	AK	34	3:00.59
447	386	Merrileigh boring	Anchorage	AK	45	3:00.61
448	1325	Carmen Reese	Anchorage	AK	50	3:01.25
449	1595	Jenny Ryan	Anchorage	AK	31	3:01.30
450	755	Kristen Rutledge	Anchorage	AK	31	3:01.46

T1 RESULTS
 2016 GOLD NUGGET TRIATHLON
 May 15th, 2016
 Bartlett High School - Anchorage, AK

Place	Bib	Name	Town	St	Age	T1
451	1163	Gretchen Day	Anchorage	AK	55	3:01.53
452	214	Juliette Benson	Fairbanks	AK	13	3:01.60
453	549	Christine Gantz	Anchorage	AK	37	3:01.78
454	1004	April Gehring	Wasilla	AK	24	3:01.79
455	57	Angela Piccard	Anchorage	AK	22	3:02.12
456	1533	Sarah Baldwin	Anchorage	AK	29	3:02.17
457	859	Bethany Essary	Anchorage	AK	33	3:02.33
458	109	Kelley Tompkins	Anchorage	AK	28	3:02.34
459	489	Kerry Reifel	Eagle River	AK	48	3:02.38
460	1125	Debika Howard	Issaquah	WA	30	3:02.92
461	794	Madeleine Oakley	Indian	AK	19	3:03.20
462	608	Donna Laine	Kelso	WA	56	3:03.28
463	63	Katherine Tompkins	Anchorage	AK	28	3:03.44
464	209	Kristi Shea	Wasilla	AK	42	3:03.62
465	641	Christin Streif	Eagle River	AK	31	3:03.76
466	67	Carolyn Harley	Anchorage	AK	38	3:04.00
467	1567	Helen Carroll	Anchorage	AK	52	3:04.04
468	1531	Ashly Beckes	Anchorage	AK	29	3:04.51
469	375	Maria Weiss	Anchorage	AK	21	3:04.68
470	1175	Heidi Van Flein	Anchorage	AK	11	3:04.79
471	522	nicole weir	Palmer	AK	26	3:05.32
472	935	anne burr	Anchorage	AK	52	3:05.53
473	1238	Ella Hoskinson	Anchorage	AK	17	3:05.61
474	989	Lauren Rocco	Anchorage	AK	31	3:06.00
475	1241	Kyndall Carey	Anchorage	AK	33	3:06.07
476	1636	Shannon Storey	Eagle River	AK	34	3:06.09
477	1100	Paola Banchemo	Anchorage	AK	46	3:06.27
478	1591	Emily Jensen	Chugiak	AK	19	3:06.33
479	846	Adryahn Bodyfelt	Fairbanks	AK	14	3:06.37
480	1463	Misty Pekar	Girdwood	AK	40	3:06.37
481	1030	Malia Klein	Anchorage	AK	37	3:06.49
482	1082	Lindsay Ford	Anchorage	AK	37	3:06.53
483	362	Kira Hewlett	Anchorage	AK	15	3:07.07
484	135	Elizabeth Bow	Anchorage	AK	33	3:07.48
485	1303	Alyssa Johnson	Eagle River	AK	28	3:07.52
486	1422	Joan Nelson	Wasilla	AK	54	3:07.79
487	1013	Rebekah Haussner	Anchorage	AK	39	3:08.12
488	909	Jaena Tranberg	Anchorage	AK	31	3:08.34
489	1014	Kristine Dunker	Anchorage	AK	38	3:08.73
490	1138	Monique Rapuzzi	Anchorage	AK	38	3:08.76
491	735	Kayla Mays	Anchorage	AK	22	3:08.97
492	399	Sandra Ault	Palmer	AK	58	3:09.16
493	1227	Jillian Roberts	Wasilla	AK	32	3:09.27
494	631	Lena Schultze	Chugiak	AK	37	3:09.36
495	398	Carin Currier	Anchorage	AK	15	3:09.97
496	1032	Lisa Evans	Anchorage	AK	26	3:10.11
497	164	DeAnna Roering	Anchorage	AK	31	3:10.15
498	179	Michele Fowler	Anchorage	AK	39	3:10.19
499	359	Lindsay Duncan	Anchorage	AK	32	3:10.23
500	979	Katie Barnack	Anchorage	AK	25	3:10.23

T1 RESULTS
 2016 GOLD NUGGET TRIATHLON
 May 15th, 2016
 Bartlett High School - Anchorage, AK

Place	Bib	Name	Town	St	Age	T1
501	908	Sandra Lowther	Anchorage	AK	53	3:10.33
502	1492	Lindsay Gibson	Anchorage	AK	42	3:11.06
503	77	Patricia Geitz	Anchorage	AK	70	3:11.07
504	1158	Ellie Kiser	Glennallen	AK	30	3:11.22
505	1631	Heidi Andrus	Anchorage	AK	20	3:11.37
506	880	Amy Woodward	Eagle River	AK	39	3:11.75
507	1248	Linda Wilson	Anchorage	AK	65	3:11.85
508	1335	Samantha Matsuoka	Anchorage	AK	28	3:12.48
509	186	Kayla Anderson	Wasilla	AK	22	3:12.75
510	852	collette Bentz	Eagle River	AK	57	3:13.11
511	1316	Constance Service	Wasilla	AK	29	3:13.16
512	881	Lola Woodward	Eagle River	AK	10	3:13.19
513	1105	Kelsey Cartwright	Anchorage	AK	26	3:13.28
514	664	Hilary Adams	Delta Junction	AK	24	3:13.40
515	1569	Cinda Devine	Chugiak	AK	50	3:13.40
516	265	Madison Rosser	Anchorage	AK	27	3:13.48
517	1507	Sarah Taygan	Chugiak	AK	44	3:13.66
518	675	Gina Lucero	Commerce City	CO	42	3:13.88
519	1159	Madeleine Day	Anchorage	AK	15	3:14.41
520	853	Katie Rigsby	Anchorage	AK	27	3:14.64
521	1017	cody Block	Anchorage	AK	25	3:14.70
522	640	Lucy Teaford	Anchorage	AK	16	3:14.82
523	156	julie Buehler	Girdwood	AK	35	3:14.84
524	1581	Jessica Burk	Anchorage	AK	34	3:15.04
525	1449	Mara Hill	Anchorage	AK	26	3:15.06
526	1021	Katie Reilly	Anchorage	AK	38	3:15.07
527	904	Susan Oakley	Indian	AK	51	3:15.18
528	738	Valerie Quinn	Anchorage	AK	44	3:15.24
529	584	Regina Burzinski	Anchorage	AK	34	3:15.26
530	1355	claire Smith	Anchorage	AK	36	3:15.27
531	1304	Erin Klein	Anchorage	AK	13	3:15.28
532	1473	Jill Kohler	Girdwood	AK	38	3:15.35
533	974	GRETCHEN COURTNEY	Chugiak	AK	37	3:15.44
534	1462	cassie Ostrander	Anchorage	AK	34	3:15.64
535	252	Erin McLeod	Anchorage	AK	17	3:16.16
536	79	Mary Cox	Anchorage	AK	59	3:16.21
537	335	Shelby Brown	Anchorage	AK	24	3:16.69
538	1467	Kayte Lindsay	Eagle River	AK	25	3:16.90
539	1124	Kelly Lessens	Anchorage	AK	35	3:17.20
540	469	Margaret Obermeyer	Anchorage	AK	30	3:17.38
541	1330	Melissa Dearborn	Anchorage	AK	43	3:17.39
542	1167	Connie Chevalier	Anchorage	AK	61	3:17.41
543	1244	Brooke VanVeckhove	Anchorage	AK	40	3:17.57
544	1496	Kathryn Lessard	Chugiak	AK	54	3:17.71
545	609	Kristy Grawunder	Anchorage	AK	61	3:17.77
546	336	Tasha Peterman	Palmer	AK	29	3:18.11
547	915	Lesli Olson	Anchorage	AK	36	3:18.42
548	580	Pamela Finch	Eagle River	AK	41	3:18.44
549	361	Faith Hewlett	Anchorage	AK	38	3:19.24
550	808	Erin Marbarger	Anchorage	AK	30	3:19.39

T1 RESULTS
 2016 GOLD NUGGET TRIATHLON
 May 15th, 2016
 Bartlett High School - Anchorage, AK

Place	Bib	Name	Town	St	Age	T1
551	251	Alice Michaelson	Anchorage	AK	19	3:19.47
552	430	Isabella Weiss	Palmer	AK	15	3:19.53
553	1479	Michelle Taylor	Anchorage	AK	23	3:19.92
554	126	Jennifer Lancaster	Soldotna	AK	42	3:19.95
555	793	Heather Courrier	Anchorage	AK	45	3:20.18
556	1195	Jessica Horwatt	Anchorage	AK	42	3:20.21
557	1556	Kerstin Lamberson	Anchorage	AK	28	3:20.37
558	255	Roxanna Reynolds	Anchorage	AK	16	3:20.39
559	1144	Sarah Buhr	Anchorage	AK	32	3:20.50
560	1312	Hannah Kragt	Anchorage	AK	13	3:20.52
561	718	mary LYNN	Anchorage	AK	52	3:20.76
562	1417	Megan Rowland	Anchorage	AK	31	3:20.82
563	1188	Krista Miller	Anchorage	AK	30	3:21.16
564	579	Lisa Land	Anchorage	AK	54	3:21.34
565	1270	Hannah Thomas	Anchorage	AK	13	3:21.36
566	1225	Danielle Blanchard	Anchorage	AK	33	3:21.37
567	1148	Dana Deane	Anchorage	AK	30	3:21.47
568	1540	Tracy Ross	Anchorage	AK	45	3:21.57
569	1337	Molly Just	Anchorage	AK	34	3:21.61
570	402	Amanda Day	Eagle River	AK	38	3:21.71
571	1319	Bethany Zellmer	Girdwood	AK	40	3:21.92
572	315	Julie Aurand	Homer	AK	44	3:22.09
573	1191	Jill Hubert	JBER	AK	49	3:22.10
574	1202	Laura Rosen	Eagle River	AK	52	3:22.59
575	1512	Samantha Longacre	Anchorage	AK	27	3:23.02
576	1136	Tara DeGeorge	Anchorage	AK	19	3:23.22
577	1358	June Gardner	Anchorage	AK	35	3:23.30
578	727	Kathrin Swoboda	Anchorage	AK	26	3:23.72
579	1593	Amy Kenter	Chugiak	AK	25	3:23.96
580	257	Faren Crow	Anchorage	AK	17	3:24.16
581	1257	Amanda Moser	Anchorage	AK	34	3:24.17
582	267	Leah Enright	Anchorage	AK	35	3:24.25
583	1224	Kari Gdula	Eagle River	AK	33	3:24.85
584	1297	Brianna Mckeel	Wasilla	AK	13	3:25.11
585	883	Julia Todd	Anchorage	AK	15	3:25.41
586	280	Caroline Ahrens	Anchorage	AK	55	3:25.58
587	840	Joey Eski	Anchorage	AK	46	3:25.80
588	318	Courtney Gallaway	Hillsboro	OR	23	3:26.20
589	1583	Erika Prieksat	Anchorage	AK	29	3:26.22
590	968	Deana Glick	Anchorage	AK	28	3:26.69
591	506	Lauren Dorris	Anchorage	AK	11	3:27.16
592	88	Anna Bjorn Roli	Anchorage	AK	11	3:27.32
593	337	Lenna Michener	Eagle River	AK	47	3:27.33
594	1515	Emily Garhart	Anchorage	AK	31	3:27.89
595	1256	Rosalie Hohnstein	Anchorage	AK	41	3:27.95
596	1103	Lorena Edenfield	Anchorage	AK	33	3:28.23
597	978	Chantal LeDue	Anchorage	AK	26	3:28.39
598	710	cindy worrell	Chugiak	AK	59	3:28.51
599	114	Heather Davis	Anchorage	AK	60	3:28.64
600	321	Kate Gallaway	Palmer	AK	31	3:28.65

T1 RESULTS
 2016 GOLD NUGGET TRIATHLON
 May 15th, 2016
 Bartlett High School - Anchorage, AK

Place	Bib	Name	Town	St	Age	T1
601	1523	Mackenzie Morrison	Anchorage	AK	23	3:28.92
602	1470	Lena Lawhead	Wasilla	AK	40	3:29.37
603	1511	Aeia Davis	Eagle River	AK	12	3:29.61
604	288	Angelina Gonzales	Anchorage	AK	14	3:30.33
605	1282	Sarah Palenske	Wasilla	AK	32	3:30.70
606	1499	Penny Towne	Tucson	AZ	47	3:30.73
607	660	Shannon Morley	Delta Junction	AK	35	3:30.96
608	1598	Kimberly Osburn	Anchorage	AK	35	3:31.08
609	1359	Shannan Mustacci	Eagle River	AK	44	3:31.20
610	1430	Abigail Kean	Eagle River	AK	29	3:31.67
611	1259	KATHERYN Powers	Anchorage	AK	29	3:31.74
612	414	Katrina Mejia	Anchorage	AK	37	3:31.78
613	726	Megan McCormick	Anchorage	AK	16	3:31.79
614	982	Rachel Cella	Anchorage	AK	40	3:31.97
615	1295	Jousette McKeel	Wasilla	AK	36	3:31.97
616	918	Nicole Hayes	Anchorage	AK	39	3:32.13
617	89	Carrie Bjorn-Roli	Anchorage	AK	44	3:32.46
618	855	Mary Pomeroy	Anchorage	AK	67	3:32.49
619	551	Tanya Hutchison	Anchorage	AK	33	3:32.70
620	1450	Sonja Mackey	Wasilla	AK	41	3:32.70
621	1601	Jan Prouty	Palmer	AK	40	3:32.97
622	1505	Sabrina Swanson-Ru	Eagle River	AK	39	3:33.12
623	1513	Nicole Clark	Anchorage	AK	40	3:33.87
624	196	Jennie Sodergren	Valdez	AK	33	3:34.14
625	501	Michelle Hensel	Anchorage	AK	49	3:34.18
626	269	Mari Rueter	Anchorage	AK	29	3:34.37
627	1550	Jessy Hilliard	Palmer	AK	36	3:34.53
628	513	Anh Smallwood	Anchorage	AK	49	3:34.57
629	1261	Jacquelyn Schade	Eagle River	AK	27	3:34.59
630	1280	Lydia Sullivan	Anchorage	AK	57	3:34.68
631	1485	Sandra Estenson	Anchorage	AK	71	3:34.68
632	781	Fiona Peichel	Anchorage	AK	49	3:34.85
633	1521	Jessica Johnson	Anchorage	AK	39	3:35.35
634	1147	Kelly Frost	Anchorage	AK	28	3:35.49
635	1044	Jennifer Sees	Eagle River	AK	42	3:35.52
636	1423	Meagan Nelson	Wasilla	AK	22	3:35.72
637	230	Emilee Sawyer	Seward	AK	31	3:35.76
638	1016	Liz Turner	Eagle River	AK	30	3:35.80
639	993	Kate Brinkley	Eagle River	AK	32	3:35.83
640	1451	Caye Moberg	Wasilla	AK	51	3:35.87
641	854	Krista Cook	JBER	AK	29	3:35.91
642	1629	Brynn Moe	Anchorage	AK	32	3:36.11
643	1613	Ruth Merriner	Anchorage	AK	47	3:36.86
644	963	Molly Estes	Eagle River	AK	15	3:37.14
645	1045	Samantha Sees	Eagle River	AK	12	3:37.30
646	51	Trudy Keller	Anchorage	AK	71	3:37.31
647	1408	Kristine Moerlein	Kasilof	AK	58	3:37.84
648	155	Jynene Black	Fairbanks	AK	44	3:38.02
649	423	Heidi Miles	Eagle River	AK	51	3:38.05
650	1418	Ann DuBois	Anchorage	AK	38	3:38.31

T1 RESULTS
 2016 GOLD NUGGET TRIATHLON
 May 15th, 2016
 Bartlett High School - Anchorage, AK

Place	Bib	Name	Town	St	Age	T1
651	1351	Tatiana Askoak	Iliamna	AK	35	3:38.78
652	427	Janet Platt	Eagle River	AK	57	3:38.86
653	1565	Alexandra Caldelas	Anchorage	AK	29	3:39.51
654	1365	Jamie Suttie	Anchorage	AK	30	3:39.58
655	603	stephanie paquette	Anchorage	AK	27	3:39.88
656	1385	karen Witthoeft	Anchorage	AK	38	3:40.09
657	753	Virginia Cook	Anchorage	AK	13	3:40.10
658	564	Erin Smulick	Anchorage	AK	30	3:40.33
659	1084	Arran Forbes	Anchorage	AK	29	3:40.33
660	471	Linda Yarborough	Anchorage	AK	64	3:40.43
661	1571	Elizabeth Neeser	Anchorage	AK	13	3:40.52
662	972	Kayla Miller	Anchorage	AK	24	3:40.73
663	1165	Jessie Westin	Anchorage	AK	31	3:40.99
664	253	Jenni Grunblatt	Anchorage	AK	18	3:41.10
665	1292	laura zettler	Anchorage	AK	51	3:41.31
666	1384	Danielle Laufer	Anchorage	AK	27	3:41.43
667	740	Sarah Shoffstall-C	Anchorage	AK	38	3:41.65
668	951	Cheryl Herrick	Anchorage	AK	33	3:41.79
669	1160	Mary Alice Blount	Anchorage	AK	65	3:42.01
670	539	Hope Aldrighette	Anchorage	AK	26	3:42.45
671	1527	Stacey Ledgerwood	Anchorage	AK	40	3:42.62
672	1456	Suzzanna Nofsinger	Anchorage	AK	50	3:42.90
673	1370	Rebecca Jarnagin	Anchorage	AK	38	3:42.98
674	825	Diane Foster	Anchorage	AK	48	3:43.45
675	1098	Jennifer Gates	Anchorage	AK	35	3:43.62
676	347	Holly Luiken	Anchorage	AK	32	3:43.79
677	906	Abigail Brennan	Anchorage	AK	29	3:43.82
678	923	Kylie Perry	Anchorage	AK	25	3:44.20
679	1401	brandi white	Eagle River	AK	37	3:45.61
680	1026	Jessi Morris	Anchorage	AK	35	3:45.64
681	1230	Rachel Stone	Anchorage	AK	38	3:45.72
682	992	katerina wessels	Anchorage	AK	50	3:46.07
683	1203	Jessica Crisp	Chugiak	AK	36	3:46.21
684	981	Megan Hawkins	Anchorage	AK	19	3:46.59
685	733	Jennifer Barsalou	Eagle River	AK	49	3:46.61
686	1049	Kellie Merrill	Wasilla	AK	43	3:46.61
687	1529	Allison Tyner	Anchorage	AK	24	3:46.67
688	1481	Kimberly Buskirk	Anchorage	AK	46	3:46.90
689	1273	alexandra thomas	Anchorage	AK	16	3:46.93
690	1510	Katherine OGrady	Anchorage	AK	64	3:47.01
691	1239	Darla Bacher	Anchorage	AK	50	3:47.10
692	912	Deborah Barker	Anchorage	AK	45	3:47.20
693	933	Alexis Williams	Anchorage	AK	20	3:47.39
694	844	Ella Bailey	Fairbanks	AK	14	3:47.52
695	1393	Lisa An	Anchorage	AK	39	3:47.95
696	112	Diane Barnett	Anchorage	AK	72	3:48.27
697	799	Wendy Heck	Anchorage	AK	48	3:48.40
698	1194	Phillipia Holness	Anchorage	AK	54	3:48.59
699	1322	Julie Lina	Anchorage	AK	53	3:48.68
700	1272	Michelle Thomas	Anchorage	AK	54	3:49.06

T1 RESULTS
 2016 GOLD NUGGET TRIATHLON
 May 15th, 2016
 Bartlett High School - Anchorage, AK

Place	Bib	Name	Town	St	Age	T1
701	167	Kristin Butler	Anchorage	AK	29	3:49.07
702	1347	Ramona Reeves	Fairbanks	AK	58	3:49.74
703	1222	Brenda Bowles	Anchorage	AK	47	3:49.80
704	81	Cameron Compton	Anchorage	AK	35	3:49.96
705	806	Katie Naylor	Wasilla	AK	41	3:50.04
706	1217	Brittany Portalski	Anchorage	AK	28	3:50.62
707	1413	Brandy Atkins	Anchorage	AK	37	3:50.96
708	307	CINDY FREISTONE	Anchorage	AK	53	3:50.98
709	1210	Nora Morse	Anchorage	AK	26	3:51.08
710	444	Lea Rueter	Anchorage	AK	31	3:51.38
711	1229	Heather Sia	Bethel	AK	45	3:51.54
712	1289	Katherine Capozzi	Eagle River	AK	34	3:51.58
713	629	Carrie Gray	Eagle River	AK	41	3:52.05
714	1344	Kayla Nowak	Anchorage	AK	29	3:52.22
715	250	Sabine Olds	Anchorage	AK	15	3:52.56
716	670	Amanda Oliver	Delta Junction	AK	26	3:52.74
717	872	Kate Heath	Anchorage	AK	24	3:52.77
718	1162	anne blount	Anchorage	AK	49	3:53.18
719	1407	Pamela Youngmun	Anchorage	AK	53	3:53.43
720	1139	Kayla Guerrero	Anchorage	AK	26	3:54.61
721	1331	Ivory Mulholland	Pinehurst	NC	36	3:54.73
722	1400	Laura McLaughlin	Anchorage	AK	44	3:54.98
723	797	Madeline Courriert	Anchorage	AK	19	3:55.05
724	1278	Katriina Timm	Anchorage	AK	37	3:55.22
725	1474	Kelly Walker	Fairbanks	AK	26	3:55.33
726	1064	Kelsey Burroughs	Anchorage	AK	23	3:55.51
727	1592	Sarah Jensen	Chugiak	AK	51	3:55.53
728	1242	Kelly Day	Anchorage	AK	46	3:56.11
729	240	Oceana Gamel Howe	Anchorage	AK	16	3:56.41
730	1424	Jean Moran	Anchorage	AK	56	3:56.57
731	985	Sabra Marchand	Anchorage	AK	37	3:57.11
732	882	amanda todd	Anchorage	AK	18	3:57.20
733	723	Sara Rottman	Anchorage	AK	35	3:57.91
734	1388	Likka McCauley	Anchorage	AK	37	3:58.19
735	1460	Linda Hoehne	Anchorage	AK	46	3:58.76
736	1263	holly boston	Anchorage	AK	31	3:59.41
737	637	Lisa Murrell	Anchorage	AK	44	3:59.56
738	703	Abigail Bigelow	Anchorage	AK	17	3:59.60
739	856	Iris Matthews	Anchorage	AK	38	4:00.04
740	903	Demi Goddard	Wasilla	AK	21	4:00.25
741	1075	Anna Nolan	Anchorage	AK	28	4:00.27
742	1047	Kaylee Merrill	Wasilla	AK	15	4:00.43
743	365	Renae Bookman	Anchorage	AK	41	4:00.52
744	702	susan bradley	Anchorage	AK	75	4:00.67
745	1617	Shea Niebur	Anchorage	AK	30	4:01.25
746	69	Carey Gray	Anchorage	AK	48	4:01.26
747	540	Aliesha RICHARDS	Anchorage	AK	45	4:01.28
748	932	Antoinette Bogart	Anchorage	AK	45	4:01.84
749	1161	Tapia Stover	Anchorage	AK	36	4:02.01
750	802	Chloe Larson	Anchorage	AK	14	4:02.42

T1 RESULTS
 2016 GOLD NUGGET TRIATHLON
 May 15th, 2016
 Bartlett High School - Anchorage, AK

Place	Bib	Name	Town	St	Age	T1
751	1363	Diane Firmani	Wasilla	AK	62	4:02.48
752	948	Ava Von Gemmingen	Anchorage	AK	11	4:02.60
753	1235	Elizabeth Floch	Corvallis	OR	35	4:02.69
754	450	Gina Perry	Anchorage	AK	36	4:02.84
755	1368	Vanessa Youngmun	Anchorage	AK	23	4:02.87
756	857	Jacqueline Seiffer	Anchorage	AK	43	4:02.95
757	294	emalyn peterson	Anchorage	AK	13	4:03.03
758	221	Alison McCarrey	Anchorage	AK	37	4:03.32
759	1201	Kathryn Kenes	Bethel	AK	26	4:03.49
760	488	Kayla Reifel	Eagle River	AK	13	4:03.66
761	997	Dana Aasland	Anchorage	AK	45	4:03.69
762	283	Stacey Schubert	Anchorage	AK	45	4:03.91
763	834	Katrina Garner	Anchorage	AK	45	4:04.13
764	1560	Cloe Mead-Wright	Anchorage	AK	31	4:04.39
765	769	Katie Bledsoe	Anchorage	AK	31	4:04.61
766	1178	Heather Jensen	Anchorage	AK	17	4:04.90
767	1495	Aimee Castle	Anchorage	AK	26	4:04.92
768	1193	Leah Parks	Eagle River	AK	40	4:05.71
769	305	Sherry Pederson	Homer	AK	38	4:06.15
770	329	Gail Hoefler	Anchorage	AK	54	4:06.19
771	1366	Rennea Goff	Anchorage	AK	38	4:06.21
772	1192	Danielle Holness	Anchorage	AK	23	4:06.31
773	1390	Val Jokela	Chugiak	AK	66	4:06.66
774	1486	Bonnie Vega	Eagle River	AK	35	4:06.79
775	744	Thanh Thao Nguyen	Anchorage	AK	27	4:06.88
776	1115	Katie Bozone	Chugiak	AK	18	4:06.94
777	1232	Callie Jones	Anchorage	AK	31	4:07.23
778	263	Jazelle Nillo	Anchorage	AK	32	4:07.57
779	1416	Lori Davey	Anchorage	AK	46	4:07.84
780	1249	Cortney Foos	Anchorage	AK	29	4:08.12
781	770	Joan Ryan	Anchorage	AK	32	4:08.30
782	1624	Sierra Carlson	Anchorage	AK	24	4:08.67
783	1009	Danielle Reed	Palmer	AK	33	4:08.73
784	884	Deborah Warner	Anchorage	AK	55	4:08.80
785	1040	Carol Halvorson	Wasilla	AK	47	4:08.92
786	1271	Traci Bradford	Wasilla	AK	49	4:09.49
787	1140	Caroline Sauerbrey	Anchorage	AK	21	4:09.57
788	119	Desiree Fisher	Eagle River	AK	38	4:09.65
789	1554	Erin McNeil	Anchorage	AK	25	4:10.10
790	1491	Victoria Shanklin	Anchorage	AK	32	4:10.21
791	1168	Melani Huckabay	Anchorage	AK	42	4:10.28
792	1207	Agatha Erickson	Anchorage	AK	30	4:10.33
793	1623	Lisa Hartford	Anchorage	AK	39	4:10.33
794	211	Theresa Yvett Sout	Juneau	AK	42	4:10.34
795	1356	Millie Spezialy	Anchorage	AK	79	4:10.37
796	1607	Meghan Card	Eagle River	AK	31	4:11.02
797	986	Dawn Demko	Anchorage	AK	44	4:11.07
798	790	Lorinda Jensen	Anchorage	AK	27	4:11.16
799	133	Aisha Barnes	Anchorage	AK	63	4:11.18
800	485	Miranda Dordan	Eagle River	AK	21	4:11.27

T1 RESULTS
 2016 GOLD NUGGET TRIATHLON
 May 15th, 2016
 Bartlett High School - Anchorage, AK

Place	Bib	Name	Town	St	Age	T1
801	356	Holly Nedens	Hardin	MT	40	4:11.56
802	1011	Heather Huff	Kenai	AK	40	4:11.62
803	583	Cassi Campbell	Eagle River	AK	27	4:11.89
804	890	Kayla Marsh	Anchorage	AK	28	4:11.90
805	896	Amy Rogers	Anchorage	AK	32	4:11.90
806	376	Bonnie Dolgonos	Anchorage	AK	42	4:12.29
807	259	Naomi Kiekintveld	Anchorage	AK	18	4:12.34
808	1012	Karen Cushman	Anchorage	AK	61	4:12.38
809	499	Chris Wendler	Eagle River	AK	37	4:12.49
810	749	Kiah Widener	Anchorage	AK	14	4:12.68
811	1213	heather Cohen	Anchorage	AK	33	4:13.13
812	582	Anna Johnson	Anchorage	AK	27	4:13.15
813	536	Megan Carle	Anchorage	AK	37	4:13.75
814	1134	Molly Conlin	Anchorage	AK	26	4:13.80
815	54	Idamarie Piccard	Anchorage	AK	77	4:13.89
816	87	Judy Sedwick	Anchorage	AK	68	4:14.31
817	1113	Sylvia Gates	Eagle River	AK	22	4:14.61
818	1326	Katie Hecker	Wheat Ridge	CO	34	4:14.67
819	373	Emma Haddix	Anchorage	AK	36	4:14.96
820	1333	Kathleen Quinn	Anchorage	AK	30	4:15.00
821	742	Carol Stanek-Marke	Watertown	SD	58	4:15.19
822	719	Peggy Gonzalez	Anchorage	AK	41	4:15.80
823	942	Madison pawlak	Anchorage	AK	11	4:17.06
824	914	Jessica Anderson	Anchorage	AK	34	4:17.09
825	1528	Mikelle Forbes	Anchorage	AK	33	4:17.12
826	925	Jill Faudree	Fairbanks	AK	48	4:17.27
827	279	Kara Moore	Eagle River	AK	36	4:18.00
828	809	Shannon Laubenthal	Anchorage	AK	31	4:18.32
829	1546	Jessica Johnson	Anchorage	AK	31	4:18.55
830	833	Lori Wagoner	Kenai	AK	47	4:18.95
831	1475	Sandra Halstead	Eagle River	AK	53	4:19.04
832	100	Sondra Tompkins	Anchorage	AK	50	4:19.28
833	964	Sadie Huffer	Eagle River	AK	31	4:20.06
834	518	Karen Harris	Fairbanks	AK	53	4:20.72
835	1087	Jamie Staudinger	Eagle River	AK	27	4:20.92
836	970	Rachel Butler	Anchorage	AK	33	4:21.74
837	350	Lynne Farrington	Anchorage	AK	47	4:21.88
838	1568	Rebekah Auld	Anchorage	AK	30	4:22.00
839	671	Elizabeth Beavers	Denali National Pa	AK	34	4:22.18
840	768	penny furnish	Kenai	AK	52	4:22.19
841	484	Julee Duhrsen	Anchorage	AK	48	4:22.23
842	138	Anna Bryant	Anchorage	AK	44	4:22.55
843	143	Leann Roering	Anchorage	AK	25	4:22.61
844	1606	Jamie Topliff	Chugiak	AK	31	4:22.85
845	1345	Kathleen Doherty	Anchorage	AK	35	4:22.92
846	1427	Vanessa Hughes	Anchorage	AK	32	4:23.04
847	708	Mary Janis	Anchorage	AK	52	4:23.36
848	1525	Karen Heath	Anchorage	AK	54	4:23.85
849	1038	Susan Halvor	Anchorage	AK	46	4:23.90
850	449	Jessica Faulkner	Anchorage	AK	32	4:23.95

T1 RESULTS
 2016 GOLD NUGGET TRIATHLON
 May 15th, 2016
 Bartlett High School - Anchorage, AK

Place	Bib	Name	Town	St	Age	T1
851	149	debra hart	Fairbanks	AK	61	4:24.00
852	420	Kristina Willard	Anchorage	AK	23	4:24.14
853	1429	Cheyenne Smith	Anchorage	AK	20	4:24.33
854	1405	melissa anderson	Eagle River	AK	53	4:24.54
855	1170	Katherine Taylor	Anchorage	AK	28	4:24.64
856	803	Xanthe Larson	Anchorage	AK	17	4:24.74
857	632	Andra Rasmussen	Eagle River	AK	42	4:24.81
858	1085	Erin Kohman	Anchorage	AK	31	4:25.06
859	1349	Annie Roberts	Anchorage	AK	30	4:25.12
860	585	Sara McCormick	Eagle River	AK	38	4:25.16
861	1461	Elizabeth Matthews	Anchorage	AK	24	4:25.48
862	339	Mary DeCoursey	Eagle River	AK	34	4:25.52
863	654	Katherine Colquhou	Fairbanks	AK	28	4:25.74
864	1155	Elizabeth Hanson	JBER	AK	40	4:26.53
865	656	Danielle Bunselmei	Delta Junction	AK	25	4:26.70
866	130	Nichole Gifford	Anchorage	AK	44	4:26.77
867	1223	Stacey Shriner	Anchorage	AK	36	4:26.81
868	170	Candy Purcell	Anchorage	AK	31	4:26.90
869	328	Summer Wheeler	Anchorage	AK	39	4:26.93
870	1062	Michelle Pinson	Anchorage	AK	34	4:27.14
871	327	cheryl hannon	Anchorage	AK	60	4:27.60
872	1135	esther hayes	Anchorage	AK	37	4:27.64
873	1309	Nancy Kragt	Anchorage	AK	48	4:27.77
874	1247	Jenette Maxon	Anchorage	AK	42	4:28.28
875	1060	Rebekah Raines	Anchorage	AK	32	4:28.40
876	1262	Michele Murphy	Anchorage	AK	52	4:28.86
877	1315	Abby Kragt	Anchorage	AK	11	4:28.92
878	1395	Elizabeth Drewes	Anchorage	AK	31	4:28.95
879	658	Ashley Frost	Nome	AK	31	4:29.55
880	1212	Bethany Olson	Anchorage	AK	29	4:29.80
881	306	sonja Anderholm	Westminster	MA	45	4:29.95
882	754	Heather Donner	Anchorage	AK	37	4:30.19
883	1490	Dayle Kodama	Anchorage	AK	46	4:30.26
884	1615	AMY SLINKER	Anchorage	AK	38	4:30.35
885	1228	Jill Krueger	Girdwood	AK	39	4:30.98
886	1489	Ali Wykis	Anchorage	AK	29	4:31.11
887	1020	Amy Alderfer	Anchorage	AK	41	4:31.14
888	604	Aida Szekely	JBER	AK	44	4:31.38
889	504	Joey Caterinichio	Anchorage	AK	46	4:31.63
890	998	Angie Jensen	Anchorage	AK	52	4:32.10
891	832	Selena Moore	Fairbanks	AK	33	4:32.22
892	477	Tessa Johrendt	Anchorage	AK	32	4:32.53
893	1246	Jansy Hansen	Haines	AK	57	4:32.62
894	1436	Valli Peterson	Anchorage	AK	40	4:32.78
895	1018	Rachel Pompe	Eagle River	AK	44	4:33.07
896	1508	Marci Estalilla	Anchorage	AK	24	4:33.13
897	1426	Svia Rothstein	Anchorage	AK	44	4:33.31
898	574	kelsey burzinski	Anchorage	AK	12	4:33.46
899	512	Sarah Weimer	Eagle River	AK	37	4:33.59
900	117	Alex Post	Anchorage	AK	37	4:33.73

T1 RESULTS
 2016 GOLD NUGGET TRIATHLON
 May 15th, 2016
 Bartlett High School - Anchorage, AK

Place	Bib	Name	Town	St	Age	T1
901	1029	Gwen Welch	Anchorage	AK	43	4:34.20
902	689	Elaine Hulse	Anchorage	AK	58	4:34.51
903	679	Jan Darch	Kenai	AK	48	4:34.71
904	1542	Kathleen Judy	Eagle River	AK	54	4:34.72
905	404	Madisyn Day	Eagle River	AK	15	4:34.76
906	354	Elisabeth McClary	Anchorage	AK	25	4:34.95
907	938	Paige Sullivan	Anchorage	AK	44	4:35.20
908	939	Tierney Sullivan	Anchorage	AK	12	4:35.80
909	103	Lee Miller	Eagle River	AK	56	4:36.62
910	1504	Marta Mueller	Anchorage	AK	43	4:36.62
911	1260	Teanna Hehnlin	Chugiak	AK	34	4:37.01
912	453	Amy Campbell	Wasilla	AK	34	4:37.10
913	1444	Catherine Latimer	Anchorage	AK	36	4:37.93
914	685	ROSA GUERRA	Anchorage	AK	59	4:38.25
915	428	Mia Weiss	Palmer	AK	12	4:39.00
916	865	Sarah Pyhala	Soldotna	AK	39	4:39.08
917	1205	Sarah Fryslie	Anchorage	AK	33	4:39.11
918	1587	Kelly Foreman	Eagle River	AK	51	4:39.17
919	426	Melissa Kemberling	Palmer	AK	52	4:39.50
920	503	Kaia Reeg	Anchorage	AK	11	4:39.89
921	296	Marisa Glieco	Anchorage	AK	35	4:40.20
922	722	Leigh Wright	Eagle River	AK	44	4:40.57
923	452	Judi Westfall	Anchorage	AK	48	4:40.59
924	596	RaeAnne Hebnes	Anchorage	AK	34	4:40.61
925	1001	Amanda Spangler	JBER	AK	37	4:40.76
926	954	Linnea Ward	Anchorage	AK	28	4:40.79
927	902	Johna Beech	Kenai	AK	39	4:40.92
928	377	Courtney Maillet	Anchorage	AK	29	4:40.96
929	626	Sandra May	Anchorage	AK	39	4:41.20
930	721	Nicole Ullman	Anchorage	AK	43	4:41.48
931	569	Melodie Epperheime	Kenai	AK	60	4:41.66
932	406	Breanna Day	Eagle River	AK	15	4:41.86
933	559	Eden Lunsford	Anchorage	AK	43	4:42.03
934	1294	Martha Service	Anchorage	AK	57	4:42.37
935	618	Molly Brenner	Anchorage	AK	30	4:42.38
936	926	Barbara Kagerer	Anchorage	AK	55	4:42.53
937	1234	Susan Fison	Anchorage	AK	69	4:42.61
938	824	Heather MacAlpine	Anchorage	AK	50	4:42.74
939	311	Heather White	Anchorage	AK	27	4:43.07
940	434	Alexi Walker	Seward	AK	11	4:43.14
941	1197	Kerry Carl	Eagle River	AK	47	4:43.35
942	433	Michele Walker	Seward	AK	46	4:43.40
943	1321	samantha lonser	Anchorage	AK	11	4:44.27
944	514	Kailyn Tabor	Anchorage	AK	13	4:44.35
945	1633	Rianne Campbell	Anchorage	AK	25	4:44.71
946	728	Alisha Klingemeye	Anchorage	AK	40	4:44.96
947	1394	Teri Grove	Phoenix	AZ	54	4:45.04
948	960	Issa Forrest	Anchorage	AK	50	4:45.84
949	827	Kristin Humphrey	Palmer	AK	26	4:46.21
950	483	Emily Matthies	Anchorage	AK	28	4:46.47

T1 RESULTS
 2016 GOLD NUGGET TRIATHLON
 May 15th, 2016
 Bartlett High School - Anchorage, AK

Place	Bib	Name	Town	St	Age	T1
951	74	Alexxa Schubert	Anchorage	AK	13	4:46.59
952	1357	Brittney Hogan	Anchorage	AK	25	4:46.77
953	676	Savannah Willis	Anchorage	AK	11	4:46.80
954	1169	Annie Markle	Anchorage	AK	25	4:46.82
955	553	Molly VanderWeit	Anchorage	AK	29	4:46.99
956	1557	Robin Miller	Anchorage	AK	30	4:47.54
957	451	Colleen Weikel	Wasilla	AK	54	4:47.85
958	380	Betsy Haines	Anchorage	AK	56	4:48.54
959	798	Terri Dreeszen	Anchorage	AK	37	4:48.63
960	955	Shelley Biss	Anchorage	AK	40	4:49.02
961	55	Sarah Mixsell	Anchorage	AK	14	4:49.35
962	1412	CHARLA LEE	Wasilla	AK	56	4:49.77
963	105	Carrie Ann Landgra	Eagle River	AK	53	4:49.91
964	839	Ivy Eski	Anchorage	AK	14	4:49.91
965	366	Holly Weiss-Racine	Anchorage	AK	34	4:50.08
966	864	Val McKenney	Soldotna	AK	57	4:50.08
967	531	Rebecca Gitzen	Anchorage	AK	31	4:50.73
968	197	hope Austin	Anchorage	AK	44	4:50.90
969	382	Adele Fetter	Anchorage	AK	38	4:51.34
970	577	Bailey Epperheimer	Kenai	AK	14	4:51.78
971	1545	Beth Daly	Anchorage	AK	38	4:52.17
972	557	Monica Terrones	Anchorage	AK	35	4:53.60
973	907	Elizabeth Ross	Eagle River	AK	37	4:53.60
974	86	Mary Herrick	Anchorage	AK	49	4:54.13
975	611	Kelley Appelo	Eagle River	AK	54	4:55.01
976	866	sandy stevens	Sterling	AK	64	4:55.21
977	1532	Chelsie Morrison-H	Anchorage	AK	26	4:55.29
978	917	Mia Hayes	Anchorage	AK	15	4:55.36
979	277	Amy Hollinhead	Anchorage	AK	28	4:55.48
980	607	Samantha Campbell	Eagle River	AK	34	4:55.82
981	148	Valerie Flynn	Anchorage	AK	48	4:55.85
982	820	Shirley Enzor	Anchorage	AK	42	4:55.86
983	1559	Vera Hershey	Wasilla	AK	67	4:57.10
984	594	Amanda Piaskowski	Wasilla	AK	33	4:57.28
985	1454	Kate Abbott	Anchorage	AK	44	4:57.30
986	1466	Nadia Anders	Kenai	AK	44	4:57.93
987	1396	maryann leenstra	Tempe	AZ	60	4:58.27
988	526	Stephanie Galbrait	Anchorage	AK	53	4:58.70
989	801	Natalie Larson	Anchorage	AK	40	4:59.06
990	548	Sinnamon Bovey	Anchorage	AK	45	4:59.07
991	1002	Linda Ulrich	Anchorage	AK	43	4:59.08
992	889	Jessica Cler	Anchorage	AK	33	4:59.15
993	85	Ceyda Ertekin	Anchorage	AK	12	4:59.67
994	812	Renee Rudd	Anchorage	AK	55	4:59.86
995	1073	Shauna Booton	Anchorage	AK	26	5:00.16
996	612	Chelsea Casey	Anchorage	AK	30	5:00.27
997	1123	Ebony Starr	JBER	AK	36	5:00.31
998	153	Katy Grant	Anchorage	AK	50	5:00.60
999	1288	Rebecca Kisse	Chugiak	AK	34	5:00.62
1000	869	Danalee Jackson	Anchorage	AK	37	5:00.71

T1 RESULTS
 2016 GOLD NUGGET TRIATHLON
 May 15th, 2016
 Bartlett High School - Anchorage, AK

Place	Bib	Name	Town	St	Age	T1
1001	887	Michelle McGlasson	Kenai	AK	51	5:01.02
1002	419	Carol Willard	Bethel	AK	56	5:01.54
1003	785	Katie Peichel	Anchorage	AK	14	5:01.71
1004	502	Mary Hensel	Anchorage	AK	79	5:02.11
1005	276	Eugenia Benavides	Anchorage	AK	35	5:02.19
1006	1442	Katie Porter	Anchorage	AK	30	5:02.66
1007	724	Megan Ritter	Anchorage	AK	52	5:02.85
1008	743	Shelly Cochrane	Anchorage	AK	46	5:03.42
1009	137	Jackie Morrison	Anchorage	AK	53	5:03.55
1010	767	Beth Fitzgerald	Eagle River	AK	50	5:03.93
1011	745	Ellen Cochrane	Anchorage	AK	12	5:03.95
1012	870	Diane Aldrighette	Anchorage	AK	62	5:05.24
1013	458	Deanna Wlad	Anchorage	AK	47	5:05.29
1014	736	Cassandra Barsalou	Eagle River	AK	23	5:06.26
1015	268	Sarah Sauerbrey	ANCHORAGE	AK	23	5:06.39
1016	826	Sherri Poling	Eagle River	AK	59	5:06.45
1017	573	Crystal Epperheime	Kenai	AK	18	5:06.52
1018	811	Kristie Gavitt	Anchorage	AK	34	5:09.37
1019	367	Teagan Hanlon	Anchorage	AK	25	5:10.15
1020	1023	Yasmin Thompson	Anchorage	AK	29	5:10.30
1021	1171	Mallory Morton	Fairbanks	AK	28	5:10.52
1022	309	TAMARA FREISTONE	Anchorage	AK	20	5:11.92
1023	905	Ellen Kirchner	Anchorage	AK	65	5:11.96
1024	581	Melissa Burningham	Palmer	AK	33	5:11.99
1025	1503	Melanie Armstrong	Anchorage	AK	42	5:13.26
1026	1269	Mallory Bradford	Wasilla	AK	17	5:13.35
1027	761	Trinity Markel	Watertown	SD	16	5:13.43
1028	995	Karen Sallee	Eagle River	AK	37	5:14.04
1029	752	Elizabeth Donner	Anchorage	AK	12	5:14.06
1030	816	Amber Hahn	Anchorage	AK	35	5:14.08
1031	1353	Michelle Flores	Anchorage	AK	49	5:14.33
1032	1274	Lindsay Reese	Anchorage	AK	40	5:14.61
1033	93	Cheryl Mandala	Anchorage	AK	42	5:14.62
1034	659	Sheavon Brunelle	Anchorage	AK	42	5:17.27
1035	778	Marcia Cassino	North Pole	AK	51	5:17.51
1036	459	Anika Beighle	Anchorage	AK	13	5:18.28
1037	1524	Sara Lopez	Anchorage	AK	34	5:18.57
1038	614	carole Comeau	Eagle River	AK	71	5:18.86
1039	236	Brooke Cooper	Anchorage	AK	38	5:19.50
1040	543	Erika Holliday	Anchorage	AK	23	5:19.71
1041	334	Sarah Christiansen	Anchorage	AK	29	5:19.88
1042	958	Melanie Clark	Anchorage	AK	54	5:20.71
1043	310	Laura Peek	Homer	AK	47	5:21.24
1044	1409	Erikka Nielsen	Anchorage	AK	29	5:21.31
1045	1377	Dawn Hansen	Anchorage	AK	55	5:22.16
1046	662	Jennifer Fast	Nome	AK	29	5:23.33
1047	1327	Tasha Corinth	Eagle River	AK	32	5:23.71
1048	1584	Elizabeth Palmer	Anchorage	AK	47	5:23.88
1049	1066	Morgan Parsley	Fairbanks	AK	19	5:24.47
1050	692	kristila gardner	Wasilla	AK	39	5:24.79

T1 RESULTS
 2016 GOLD NUGGET TRIATHLON
 May 15th, 2016
 Bartlett High School - Anchorage, AK

Place	Bib	Name	Town	St	Age	T1
1051	860	Caitlin Ward	Anchorage	AK	26	5:25.16
1052	372	Keri Nutter	Anchorage	AK	34	5:25.51
1053	1265	Meredith Nelson	Palmer	AK	30	5:26.93
1054	368	Kimberly Markovich	Anchorage	AK	12	5:27.63
1055	688	Julia Metzger	Anchorage	AK	29	5:28.25
1056	1493	Sarah Morehouse	Anchorage	AK	38	5:28.26
1057	901	Sarah Engstrom	Palmer	AK	28	5:28.39
1058	987	Rachelle Alger	Anchorage	AK	48	5:29.30
1059	578	Hannah Laird	Anchorage	AK	26	5:29.66
1060	940	susie dietz	Anchorage	AK	48	5:30.46
1061	1411	Theresa Feighery	Anchorage	AK	30	5:30.47
1062	454	Mya Campbell	Wasilla	AK	10	5:30.50
1063	215	Danielle LaFon	Fairbanks	AK	31	5:31.07
1064	228	Marley Hamlett	Anchorage	AK	11	5:31.77
1065	1622	Stacy Pritts	Eagle River	AK	43	5:32.12
1066	94	Kristi McLean	Anchorage	AK	40	5:32.23
1067	783	Regina Frazer	North Pole	AK	44	5:33.41
1068	227	Shannon Hamlett	Anchorage	AK	42	5:33.83
1069	473	Alicia vernon	Chugiak	AK	46	5:33.94
1070	1506	Taylor Rukes	Eagle River	AK	16	5:34.02
1071	1340	Jill Contreras	Anchorage	AK	24	5:34.06
1072	775	Patsy Perkins	Fairbanks	AK	64	5:34.21
1073	732	Mary Evans	Anchorage	AK	55	5:34.58
1074	1530	Makenna Rhodes	Anchorage	AK	24	5:34.97
1075	1410	Angela Horn	Eagle River	AK	38	5:38.77
1076	691	Ashley Weaver	Anchorage	AK	30	5:38.91
1077	868	Beta Rae Thompson	Anchorage	AK	28	5:39.08
1078	911	Gina Gorski	Eagle River	AK	50	5:39.14
1079	1027	Heidi Schulz	Anchorage	AK	57	5:39.43
1080	1074	Nichole Haller	Anchorage	AK	31	5:40.44
1081	425	Megan Miles	Eagle River	AK	14	5:40.55
1082	1458	Hannah Carlson	Wasilla	AK	25	5:41.15
1083	468	Shera Kim	Anchorage	AK	30	5:41.18
1084	586	Elena Stutzer	Anchorage	AK	24	5:41.24
1085	461	Keri Conrad	Anchorage	AK	34	5:41.25
1086	1402	Amanda Kobussen	Eagle River	AK	37	5:41.37
1087	1189	Muriel Adams	Eagle River	AK	27	5:41.66
1088	319	Johnna Minemyer	Anchorage	AK	32	5:42.58
1089	1221	Chelsy Passmore	Anchorage	AK	26	5:43.00
1090	867	Calla Willett	JBER	AK	42	5:43.41
1091	1570	McKenna Fuller	Anchorage	AK	33	5:43.51
1092	486	Melissa Hardesty	Anchorage	AK	40	5:43.96
1093	894	Lynsey Takavitz	Anchorage	AK	34	5:44.71
1094	1338	Annika Shin	Anchorage	AK	11	5:44.71
1095	1360	Stacie Meisner	Anchorage	AK	28	5:44.79
1096	1350	Kate Jackson	Anchorage	AK	26	5:44.92
1097	619	Addie McEwen	Anchorage	AK	57	5:45.71
1098	99	Kathy Keck	Anchorage	AK	58	5:45.92
1099	1214	Grace Conway	Anchorage	AK	11	5:46.28
1100	524	Cally Grado	Anchorage	AK	27	5:46.44

T1 RESULTS
 2016 GOLD NUGGET TRIATHLON
 May 15th, 2016
 Bartlett High School - Anchorage, AK

Place	Bib	Name	Town	St	Age	T1
1101	1206	Heidi Conway	Anchorage	AK	48	5:46.99
1102	796	Joan Haskell	Anchorage	AK	54	5:47.34
1103	693	Betsy Eisses	Anchorage	AK	57	5:47.36
1104	748	Rylie Widener	Anchorage	AK	11	5:47.95
1105	711	Gerri Tokar-Hines	Wasilla	AK	41	5:48.13
1106	931	Noelle Backa	Anchorage	AK	13	5:48.31
1107	1336	Sonja Vantveer	Anchorage	AK	49	5:48.85
1108	134	Naomi Zurba	Anchorage	AK	46	5:49.78
1109	1068	Danielle Bigelow	Anchorage	AK	32	5:49.94
1110	750	Erin Widener	Anchorage	AK	45	5:50.07
1111	876	Staci Gulsvig	Anchorage	AK	33	5:50.33
1112	333	Marilyn Christians	Anchorage	AK	64	5:50.35
1113	1578	Laura Peterson	Anchorage	AK	53	5:50.72
1114	780	Kimberly Chaitoff	Anchorage	AK	43	5:51.00
1115	694	Abby Thomas	Anchorage	AK	15	5:51.61
1116	432	Megan Norgaard	Eagle River	AK	56	5:51.79
1117	695	Audrey Rogers	Anchorage	AK	33	5:51.91
1118	1240	kristen lewis	Anchorage	AK	32	5:52.06
1119	636	Madelyn Beecroft	Eagle River	AK	11	5:52.45
1120	322	tina gallaway	Palmer	AK	55	5:52.76
1121	1604	Andrea Ward	Anchorage	AK	49	5:53.92
1122	837	Breeayne Dinius	Eagle River	AK	37	5:54.12
1123	682	Kristi Davis	Anchorage	AK	32	5:54.80
1124	836	Sara Sharpe	Eagle River	AK	33	5:55.09
1125	1054	Elise Metzger	Anchorage	AK	11	5:55.19
1126	930	Myah Precie	Anchorage	AK	17	5:55.31
1127	776	Kyndall Powers	Fairbanks	AK	34	5:57.66
1128	898	Rebecca Moorman	Anchorage	AK	54	5:58.36
1129	1051	Kimberly Metzger	Anchorage	AK	50	5:58.80
1130	773	Jennifer Moulton	Eagle River	AK	33	5:58.87
1131	952	Anna Ogena	Anchorage	AK	45	5:59.53
1132	405	Sofia Bryntheson	Anchorage	AK	18	6:00.24
1133	66	Lea Filippi	Anchorage	AK	43	6:00.95
1134	1089	Jonna Bartlett	Anchorage	AK	43	6:00.97
1135	383	Linnzi Doerr	Wasilla	AK	35	6:01.26
1136	1620	Gianna Foltz	Anchorage	AK	27	6:01.44
1137	1364	kelila terrones	Anchorage	AK	32	6:01.92
1138	961	Julie Nelson	Wasilla	AK	40	6:02.19
1139	1494	Jo Ballagh	Anchorage	AK	31	6:02.73
1140	219	Lisa Shaw	Anchorage	AK	31	6:05.63
1141	946	Rebecca Graham	Palmer	AK	50	6:06.18
1142	684	Rebecca Agalawatta	Eagle River	AK	37	6:06.94
1143	1452	Julie McDonald	Eagle River	AK	50	6:07.78
1144	818	Kristin Anderson	Anchorage	AK	26	6:08.58
1145	1457	Amber Wells	Fairbanks	AK	32	6:08.73
1146	957	Kristen Kupperman	Anchorage	AK	29	6:09.46
1147	533	Kamryn Tabor	Anchorage	AK	13	6:10.27
1148	1536	Amy Oney	Anchorage	AK	46	6:10.35
1149	1599	Christine Cosby	Anchorage	AK	42	6:10.93
1150	185	Toni Swearingen	Anchorage	AK	57	6:11.20

T1 RESULTS
 2016 GOLD NUGGET TRIATHLON
 May 15th, 2016
 Bartlett High School - Anchorage, AK

Place	Bib	Name	Town	St	Age	T1
1151	496	Lara VanHoozer	Eagle River	AK	41	6:11.74
1152	379	Allison Haines	Anchorage	AK	21	6:12.13
1153	1478	Helen Bohn	Chugiak	AK	41	6:12.16
1154	815	Anne Balcom	Anchorage	AK	28	6:12.35
1155	713	Lori Rucksdashel	Anchorage	AK	39	6:12.40
1156	953	Dominique Lauten	Anchorage	AK	37	6:12.60
1157	61	Emily Bentti	Eagle River	AK	29	6:12.73
1158	411	Tracie Timmerman	JBER	AK	45	6:13.19
1159	973	Judy Krier	Chugiak	AK	60	6:13.20
1160	1182	Lauren Bennett	Anchorage	AK	32	6:15.92
1161	1379	Chelsea Arnold	Anchorage	AK	29	6:16.22
1162	395	Amy Hollon	Anchorage	AK	41	6:16.76
1163	324	Phoebe Bredlie	Fairbanks	AK	40	6:16.86
1164	390	Heidi valantas	Anchorage	AK	46	6:18.21
1165	511	Riley Simes	Anchorage	AK	14	6:18.71
1166	687	Mary Fleming	Anchorage	AK	31	6:18.75
1167	388	Erica Nutter	Anchorage	AK	33	6:19.56
1168	1058	Rebecca Overturf	Chugiak	AK	23	6:19.62
1169	645	paola kennah	Anchorage	AK	29	6:20.47
1170	561	Kim Neill	Palmer	AK	53	6:20.58
1171	212	Jolene Campbell	Wasilla	AK	42	6:22.41
1172	393	Stephanie Burchell	Wasilla	AK	72	6:23.46
1173	941	grace pawlak	Anchorage	AK	13	6:24.22
1174	1005	Margi Petersen	Anchorage	AK	52	6:24.76
1175	589	Yassamin Shahnazar	Anchorage	AK	28	6:25.33
1176	777	Amanda Thomas	Anchorage	AK	12	6:26.60
1177	171	Sarah Bellville	Anchorage	AK	37	6:27.36
1178	431	melissa millar	Anchorage	AK	40	6:28.07
1179	460	Lisa Witzleben	Anchorage	AK	39	6:28.24
1180	991	Vicki Lundgren	Anchorage	AK	54	6:29.07
1181	949	catherine von gemm	Anchorage	AK	54	6:30.46
1182	712	Rebekah Muehsam	Anchorage	AK	39	6:30.82
1183	936	sherrille van horn	Wasilla	AK	51	6:31.28
1184	131	Amanda Calhoon	Anchorage	AK	34	6:32.80
1185	766	Mystelle Butterfie	Anchorage	AK	34	6:33.40
1186	1538	Amy Olson	Anchorage	AK	32	6:33.82
1187	371	Susan Greer	Anchorage	AK	32	6:33.97
1188	1000	Leeann Taylor	Eagle River	AK	52	6:34.17
1189	841	Jennie Hafele	Fairbanks	AK	38	6:34.40
1190	897	Ingrid Rasmussen	Anchorage	AK	31	6:34.56
1191	842	Avery Hafele	Fairbanks	AK	11	6:36.07
1192	576	Michelle Wilson	Eagle River	AK	23	6:40.05
1193	871	Katherine Dawson	Anchorage	AK	45	6:40.64
1194	1404	Jeanne Fischer	Anchorage	AK	68	6:41.46
1195	413	Heidi Voeller	Anchorage	AK	38	6:42.57
1196	705	Jacqueline Garcia	Anchorage	AK	38	6:42.64
1197	737	Cindy Chaput	Anchorage	AK	46	6:42.88
1198	1543	shonda porter	JBER	AK	37	6:42.95
1199	416	Lori Bishop	Fairbanks	AK	36	6:42.98
1200	741	Elise Chaput	Anchorage	AK	11	6:44.18

T1 RESULTS
 2016 GOLD NUGGET TRIATHLON
 May 15th, 2016
 Bartlett High School - Anchorage, AK

Place	Bib	Name	Town	St	Age	T1
1201	389	Cirrus Bunn	Anchorage	AK	10	6:45.09
1202	385	Lalia Bunn	Anchorage	AK	35	6:46.33
1203	162	Laura Slater	Kodiak	AK	38	6:46.35
1204	464	Linda Eason	Wasilla	AK	67	6:46.56
1205	1185	Shelley Greenwood	Anchorage	AK	41	6:47.15
1206	424	Asya Stivers	Anchorage	AK	39	6:48.02
1207	633	Kate Beecroft	Eagle River	AK	39	6:48.15
1208	900	Ashley Arehart	Anchorage	AK	33	6:48.30
1209	537	Kassidy Barclay	Anchorage	AK	11	6:48.49
1210	409	Roseanne Voyles	Anchorage	AK	26	6:49.55
1211	1419	Kami Karp	Anchorage	AK	26	6:51.02
1212	673	robyn novak	Anchorage	AK	34	6:51.11
1213	1035	Danielle Weaver	Chugiak	AK	33	6:51.56
1214	1041	Sharon Holland	Anchorage	AK	55	6:51.75
1215	715	Krista Sandhoefner	Anchorage	AK	38	6:53.03
1216	667	Tracy Blais	Delta Junction	AK	56	6:53.21
1217	1465	Irina Avtushko	Anchorage	AK	27	6:53.25
1218	274	Bobbi Bobby	Eagle River	AK	48	6:56.72
1219	168	Tamar Lubitsh-Wite	Anchorage	AK	55	6:57.05
1220	550	Cari Witte	Eagle River	AK	41	6:57.25
1221	668	Patricia Cummings	Delta Junction	AK	29	6:57.46
1222	924	Therese Brennan	Anchorage	AK	35	6:59.71
1223	937	Alexandrea van hor	Wasilla	AK	13	7:00.60
1224	325	Trina Schachle	Wasilla	AK	31	7:00.76
1225	346	Teresa Takak	Anchorage	AK	48	7:01.39
1226	701	Kelly Bigelow	Anchorage	AK	50	7:01.51
1227	739	Madison Barsalou	Eagle River	AK	18	7:03.17
1228	1428	Yereth Rosen	Anchorage	AK	57	7:03.51
1229	764	Cindi Parsons	Anchorage	AK	57	7:04.27
1230	649	Keidra Harris	Anchorage	AK	39	7:04.69
1231	482	Anne Kessler	Anchorage	AK	69	7:07.71
1232	145	Courtney Grant	Anchorage	AK	27	7:07.95
1233	862	Nelda Dodge	Anchorage	AK	54	7:08.01
1234	1208	Catherine Polta	Palmer	AK	29	7:08.91
1235	622	Kelly Hughes	Palmer	AK	49	7:09.14
1236	984	Sara Marshall	Fairbanks	AK	31	7:09.82
1237	462	Elizabeth Marlow	Anchorage	AK	27	7:10.21
1238	519	amy nicolet	Anchorage	AK	38	7:11.32
1239	959	Emily Gill	Anchorage	AK	33	7:12.34
1240	965	Alissa Engelby	Anchorage	AK	40	7:13.99
1241	1059	Jennifer Midlo	Eagle River	AK	45	7:17.31
1242	716	Elana habib	Anchorage	AK	33	7:18.52
1243	535	Maria Harmse	Anchorage	AK	50	7:18.60
1244	1275	Allie Reese	Anchorage	AK	17	7:19.95
1245	789	Shannon Sonnenberg	North Pole	AK	35	7:20.99
1246	945	Shelby Bates	Anchorage	AK	15	7:21.00
1247	600	Wendy Morgan	Anchorage	AK	42	7:22.06
1248	474	Jennifer Gilhuly	Anchorage	AK	28	7:23.18
1249	348	Kimberly Evans	Eagle River	AK	33	7:23.99
1250	495	tawni eubank	Kenai	AK	44	7:24.05

T1 RESULTS
 2016 GOLD NUGGET TRIATHLON
 May 15th, 2016
 Bartlett High School - Anchorage, AK

Place	Bib	Name	Town	St	Age	T1
1251	317	Heather Helgeson	Anchorage	AK	43	7:25.45
1252	950	holly rinehart	Anchorage	AK	50	7:26.29
1253	1346	Jessica Eason	Wasilla	AK	35	7:29.11
1254	418	Kadence Brinkman	Fairbanks	AK	12	7:30.97
1255	1487	Kaylee Johnson	Anchorage	AK	27	7:32.59
1256	707	Jimael Johnson	Anchorage	AK	38	7:33.51
1257	71	Jodi Kay	Anchorage	AK	43	7:33.87
1258	1180	Vanessa Hall	Chugiak	AK	29	7:35.05
1259	241	Kristine Kincaid	Anchorage	AK	55	7:35.73
1260	270	Katherine Cronk	Girdwood	AK	30	7:36.40
1261	763	Keri Parsons	Anchorage	AK	32	7:38.09
1262	617	Ashley Webb	Anchorage	AK	30	7:39.24
1263	1048	Kristin Morrow	Kenai	AK	44	7:41.65
1264	165	Christina Wilson	Anchorage	AK	31	7:42.85
1265	1378	Kathleen Adams	Chugiak	AK	53	7:43.39
1266	1172	Angelina Myers	Eagle River	AK	31	7:44.61
1267	590	Melinda Rocheleau	Anchorage	AK	41	7:46.19
1268	80	Marnie Kaler	Anchorage	AK	44	7:47.43
1269	456	Kathryn Epperheime	Kenai	AK	40	7:47.46
1270	1031	Meaghan Rothermel	Anchorage	AK	35	7:47.65
1271	344	Adrienne Takak	Anchorage	AK	22	7:50.38
1272	962	Christiane Maye	Anchorage	AK	68	7:51.37
1273	929	Victoria Backa	Anchorage	AK	45	7:51.78
1274	919	Diane ONeill	Anchorage	AK	55	7:53.43
1275	817	Corie Stanley	Anchorage	AK	37	7:53.63
1276	353	Shannon Dosko	Kenai	AK	44	7:53.93
1277	819	Anika Stanley	Anchorage	AK	10	7:54.27
1278	323	Adriana Chastain	JBER	AK	41	7:55.68
1279	1594	Lori PaaJanen	Eagle River	AK	27	7:55.76
1280	1264	Mari Jamieson	Anchorage	AK	56	7:56.42
1281	174	Chelsea Farrell	Anchorage	AK	24	7:58.44
1282	422	Judy Stivers	Anchorage	AK	62	7:58.82
1283	678	Carly Speegle	Anchorage	AK	23	7:59.49
1284	183	malia sutphin	Anchorage	AK	28	7:59.70
1285	541	Mary Waltz	Anchorage	AK	59	7:59.98
1286	920	Sarah Yoder	Anchorage	AK	29	8:00.87
1287	822	Roxanne Peter	Anchorage	AK	32	8:02.58
1288	1065	nancy sander	Anchorage	AK	65	8:02.92
1289	1069	Catherine Bollinge	Anchorage	AK	48	8:03.83
1290	838	Liahona Taylor	Anchorage	AK	30	8:05.82
1291	1585	elene cole	Eagle River	AK	51	8:06.30
1292	1266	Merisue Bowerfind	Eagle River	AK	60	8:07.19
1293	699	Monica Sterchi-Low	Anchorage	AK	39	8:08.20
1294	697	Stephanie McCoy	Wasilla	AK	52	8:11.08
1295	1070	Rebecca Van Wyck	Anchorage	AK	39	8:12.86
1296	1255	Sheena Tuck	Anchorage	AK	32	8:13.95
1297	1586	samantha cole	Eagle River	AK	16	8:14.04
1298	558	Karen Saena	Anchorage	AK	32	8:14.34
1299	400	Chantal Davis	Anchorage	AK	35	8:14.75
1300	510	Jamie Patterson-Si	Anchorage	AK	51	8:18.72

T1 RESULTS
 2016 GOLD NUGGET TRIATHLON
 May 15th, 2016
 Bartlett High School - Anchorage, AK

Place	Bib	Name	Town	St	Age	T1
1301	599	Kimberlie Fister	Anchorage	AK	49	8:21.70
1302	1053	Madeline Goolie	Anchorage	AK	15	8:21.85
1303	730	Dawn Lindsay	Anchorage	AK	49	8:22.65
1304	118	Connie Heinz	Wasilla	AK	66	8:24.90
1305	1383	Angie Kaltschnee	Eagle River	AK	40	8:25.56
1306	345	Katherine Takak	Anchorage	AK	20	8:29.17
1307	1382	Ximena Williams Ol	Anchorage	AK	32	8:31.02
1308	560	Sonya Ramstad	Fairbanks	AK	45	8:34.35
1309	1572	Sophie Neeser	Anchorage	AK	12	8:35.96
1310	1435	Rita McKenzie	Anchorage	AK	51	8:36.64
1311	1582	Hadley Remele	Palmer	AK	31	8:38.45
1312	858	Wendy Demers	Fairbanks	AK	47	8:42.32
1313	782	Jean Sato	Anchorage	AK	48	8:42.73
1314	1328	Susan Burgess	Anchorage	AK	54	8:43.09
1315	1501	Virginia Groeschel	Anchorage	AK	48	8:44.72
1316	698	Linda Homan	Eagle River	AK	56	8:44.94
1317	613	Amelia Marshburn	Anchorage	AK	11	8:47.03
1318	223	Janet Gill	Anchorage	AK	70	8:47.66
1319	92	Nicolette Palmer	JBER	AK	48	8:47.84
1320	899	Windy Alvarado	Anchorage	AK	47	8:48.85
1321	528	Elise Moore	Anchorage	AK	19	8:51.87
1322	1477	Melissa Falcone	Anchorage	AK	29	8:53.06
1323	690	Melissa Card	Palmer	AK	35	8:54.99
1324	771	ANGELE BELL	Eagle River	AK	34	8:57.37
1325	1468	Jill Burke	Anchorage	AK	47	8:58.62
1326	572	Nicole Gdula	Wasilla	AK	42	9:01.30
1327	463	Amy Robinson	Anchorage	AK	41	9:02.68
1328	233	Lilia Stiller	Anchorage	AK	19	9:05.49
1329	232	Lacey Stiller	Anchorage	AK	14	9:06.76
1330	623	Teresa Sellers	Eagle River	AK	48	9:08.12
1331	509	Graylin Simes	Anchorage	AK	17	9:08.46
1332	829	Hazel Hibpshman	Chugiak	AK	29	9:09.18
1333	421	Taylor Brinkman	Fairbanks	AK	14	9:10.40
1334	1339	Varina Zinno	Anchorage	AK	35	9:10.66
1335	231	Anna Stiller	Anchorage	AK	48	9:11.45
1336	408	Ella Blakey	Anchorage	AK	11	9:14.62
1337	412	Alexa Blakey	Anchorage	AK	11	9:16.62
1338	928	Jolene Hotho	Anchorage	AK	54	9:18.84
1339	1166	amber tread way	Eagle River	AK	28	9:21.28
1340	944	alicia porter	Anchorage	AK	47	9:23.81
1341	1209	Clare Boersma	Anchorage	AK	30	9:24.32
1342	650	Jeanne Kemp	Anchorage	AK	61	9:24.53
1343	893	Karen Voris	Eagle River	AK	66	9:25.22
1344	369	Marianne Wieland	Anchorage	AK	75	9:25.35
1345	201	Anna-Marie Benson	Fairbanks	AK	46	9:27.46
1346	90	Susan Garner	Anchorage	AK	63	9:27.72
1347	410	Diane Blakey	Anchorage	AK	49	9:29.50
1348	843	Meadow Bailey	Fairbanks	AK	43	9:30.48
1349	342	Gabrielle Ledoux	Anchorage	AK	68	9:33.17
1350	729	Faye Frazee	Anchorage	AK	34	9:34.24

T1 RESULTS
 2016 GOLD NUGGET TRIATHLON
 May 15th, 2016
 Bartlett High School - Anchorage, AK

Place	Bib	Name	Town	St	Age	T1
1351	652	Davina Grant	Anchorage	AK	17	9:37.93
1352	597	Shari Showalter	Anchorage	AK	45	9:39.01
1353	1253	Lisa Jamieson	Anchorage	AK	59	9:39.95
1354	648	Fabiola Burns	Anchorage	AK	30	9:45.19
1355	1472	Michelle Geidl	Eagle River	AK	35	9:45.84
1356	184	Theresa Peters	Anchorage	AK	36	9:47.99
1357	592	Hannah Grothe	Wasilla	AK	21	9:50.22
1358	683	Jodi Walton	Anchorage	AK	55	9:50.52
1359	751	Rebecca Cook	Anchorage	AK	45	9:51.83
1360	845	Elizabeth Bailey	Fairbanks	AK	11	9:53.74
1361	343	JoAnne Johnson	Anchorage	AK	41	9:53.90
1362	198	Sara Garsha	Anchorage	AK	36	9:54.19
1363	1589	Helen Paajanen	Eagle River	AK	70	9:55.42
1364	706	Hannah Flores	Anchorage	AK	20	9:55.68
1365	218	Kristin Whitson	Anchorage	AK	41	9:58.32
1366	1526	tiffany pratt	Snohomish	WA	38	10:02.24
1367	331	Carolyn Downie	Anchorage	AK	49	10:02.55
1368	720	Debra Kivi	Anchorage	AK	45	10:04.03
1369	646	Hannah Kemp	Anchorage	AK	10	10:04.37
1370	527	Anne Lanier	Anchorage	AK	76	10:04.62
1371	1588	Danielle Potton	Anchorage	AK	11	10:04.84
1372	644	Rachel Kemp	Anchorage	AK	30	10:05.25
1373	285	Gwendolyn Carlson	Anchorage	AK	63	10:05.59
1374	187	Courtney Burrill	Eagle River	AK	35	10:07.30
1375	621	Heidi Moore	Anchorage	AK	18	10:13.06
1376	757	Mckinley Hoff	Anchorage	AK	14	10:14.22
1377	601	Dayna Butcher	Anchorage	AK	26	10:15.19
1378	384	Jennifer Aist	Anchorage	AK	46	10:18.35
1379	222	Katie Miller	Anchorage	AK	39	10:20.31
1380	169	Vicki Paddock	Anchorage	AK	48	10:29.14
1381	538	Dawn Brayfield	Anchorage	AK	56	10:30.11
1382	570	Laura Burzinski	Anchorage	AK	58	10:33.46
1383	787	Brandy Phares	Anchorage	AK	35	10:36.98
1384	297	Amy Engman	Westminster	MA	72	10:40.77
1385	508	Kathryn Jaronitzky	Anchorage	AK	24	10:51.02
1386	598	Tiffany Traynor	JBER	AK	26	10:53.72
1387	1621	Allison Strickland	Anchorage	AK	34	11:03.53
1388	910	Karen Blaney	Palmer	AK	61	11:05.61
1389	847	Katie Hampton	Anchorage	AK	37	11:11.57
1390	445	Paula Green	Anchorage	AK	54	11:13.00
1391	436	Courtney Brozovsky	Anchorage	AK	29	11:13.95
1392	1057	Ashley Midlo	Eagle River	AK	11	11:18.38
1393	627	Wendy Wiltfong	Raymond	WA	50	11:21.65
1394	916	Melissa Kelly	Anchorage	AK	41	11:26.02
1395	850	Marci Troxell	Anchorage	AK	43	11:26.62
1396	1181	Lee Gahm	Eagle River	AK	58	11:27.77
1397	245	jennifer kilfoyle	Anchorage	AK	55	11:28.32
1398	943	melanie DITTRICH	Anchorage	AK	45	11:31.35
1399	610	Heather Marshburn	Anchorage	AK	42	11:44.23
1400	888	Lindsey Holmes	Anchorage	AK	43	11:44.47

T1 RESULTS
 2016 GOLD NUGGET TRIATHLON
 May 15th, 2016
 Bartlett High School - Anchorage, AK

Place	Bib	Name	Town	St	Age	T1
1401	466	Jessica Bury	Anchorage	AK	45	11:46.81
1402	271	Carol Lindeke	Saint Paul	MN	61	11:55.80
1403	166	Nicole Maddamma	Anchorage	AK	30	11:59.23
1404	655	Leilani Tufaga	Anchorage	AK	42	12:00.06
1405	988	Bernadette Boreali	Anchorage	AK	43	12:04.09
1406	625	Christine Moore	Anchorage	AK	49	12:04.85
1407	851	Madeline Troxell	Anchorage	AK	14	12:27.43
1408	630	Sheila O'Neill	Lacey	WA	63	12:30.15
1409	1056	Karyn Overturf	Chugiak	AK	44	12:31.30
1410	440	Jacqueline Monagha	Anchorage	AK	27	12:31.74
1411	401	Madison Davis	Anchorage	AK	10	12:35.85
1412	602	Rebecca Kilfoyle	Anchorage	AK	29	12:51.64
1413	349	Katherine Ellison	Anchorage	AK	29	13:01.64
1414	779	Audrey Sato	Pleasanton	CA	77	13:08.46
1415	568	Melissa Wanamaker	Anchorage	AK	45	13:10.34
1416	848	Karen Lowry	Anchorage	AK	38	13:11.17
1417	823	Heather Howell	Anchorage	AK	42	13:16.25
1418	457	jennifer Wilson	Anchorage	AK	34	13:17.45
1419	475	Courtney Fleischma	Anchorage	AK	31	13:23.03
1420	476	Wendy Leseman	Anchorage	AK	60	13:24.46
1421	762	Heather Alvarado	Anchorage	AK	43	13:35.74
1422	615	Molly McCarthy	Anchorage	AK	56	13:41.68
1423	616	Kelsey McCarthy-Ke	Anchorage	AK	17	13:48.35
1424	472	Debbie Anderson	Aumsville	OR	59	13:49.80
1425	507	Lisa Jaronitzky	Anchorage	AK	51	14:03.66
1426	821	RONTINA DEGRAFFENR	Anchorage	AK	36	14:07.43
1427	624	amber Garcia	Anchorage	AK	38	14:16.27
1428	97	Shirley Coulson	Anchorage	AK	59	14:43.86
1429	455	Jessie Wilson	Anchorage	AK	65	14:45.55
1430	448	Jennifer Wilson	Fairbanks	AK	50	14:45.95
1431	669	Linda Harrison	Nome	AK	56	15:01.20
1432	415	Nora Housey	Wasilla	AK	32	15:12.35
1433	628	Nancy Arrington	Anchorage	AK	68	15:14.49
1434	760	Whitney Hoff	Anchorage	AK	14	15:32.43
1435	835	Terri Mayeur	Wasilla	AK	52	15:57.62
1436	552	Patti Irwin	Anchorage	AK	58	16:05.13
1437	774	Dena Thomas	Anchorage	AK	41	16:05.35
1438	1616	Molly Simasko	Anchorage	AK	37	16:26.55
1439	278	Elizabeth Larson	Anchorage	AK	43	16:40.32
1440	620	Krista-Marie Lineg	Anchorage	AK	36	16:47.25
1441	1204	Angela Schleyer	Anchorage	AK	42	16:53.07
1442	217	Lisa Kangas	Fairbanks	AK	31	16:56.34
1443	849	Sarah Lowry	Anchorage	AK	13	17:06.26
1444	642	Anna Sliwinski	Anchorage	AK	17	19:17.65
1445	643	Kellyn Sliwinski	Anchorage	AK	46	19:19.34
1446	226	Kerry Clark	Anchorage	AK	40	19:31.14
1447	666	Jenni Marcell	Nome	AK	31	19:51.17
1448	355	AMANDA BEDROSIAN	Eagle River	AK	28	24:03.78
1449	387	Becca Aist	Anchorage	AK	14	27:40.34
1450	284	Morgean Carlson	Anchorage	AK	31	36:53.14