

Bib Number List

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Team Name	First Name	Last Name	Bib Number	Age_group (Based on your age on 12/31/2011)
	Janelle	Abad	129	30 - 34
	Kate	Abbott	692	35 - 39
	Mary	Abbott	1172	50 - 54
	Paige	Abernathy	1470	10-14
	Lindsey	Adam	354	20 - 24
	Tara	Adams	104	30 - 34
	Catherine	Adams	121	65 - 69
	Sissy	Adams	130	45 - 49
	barbara	adams	618	40 - 44
	Stephanie	Adams	1058	35 - 39
Capable Crew	Kathleen	Adams	1276	45 - 49
	Geysa	Aldebot	801	35 - 39
	Suzanne	Alioto	432	35 - 39
	Jody	Allen	583	40 - 44
	Shelene	Allen	799	35 - 39
	Mimi	Allen	1213	10-14
	Stacey	Almond	123	40 - 44
Naturally Amazing	Brooklyn	Alvarado	1471	15 - 19
	Windy	Alvarado-Neher	131	40 - 44
	Heather	Ament	927	35 - 39
	Peggy	Ammann	966	65 - 69
ConocoPhillips	Amanda	Amodemo	1445	15 - 19
Chicas de Chugiak	Beth	Amrich	622	40 - 44
	Katie	Anderson	178	20 - 24
	Missy	Anderson	179	50 - 54
ConocoPhillips	Nina	Anderson	924	35 - 39
	Alice	Anderson	958	50 - 54
	Kathy	Anderson	1176	60 - 64
	Riann	Anderson	1219	15 - 19
Valdez Vixens	Lisa	Anderson	1379	35 - 39
	Jeanne	Anderson	1492	50 - 54
	Amy	Andrus	1260	35 - 39
	Crystal	Annett	742	30 - 34
Delta Divas	Kendra	Anyan	1223	20 - 24
	Maggi	Arend	904	55 - 59
	Suzanne	Armentrout	1168	40 - 44
	Nancy	Arrington	604	60 - 64
Gloria's Girls	Matrika	Arrington	1361	25 - 29
	Laura	Asbell	70	40 - 44
	Tobi	Ashby Dunham	875	45 - 49
Capable Crew	Ann	Ashley	1016	30 - 34
	Zellmer	Ashley	1186	25 - 29
World Beanies	Ronda	Aspengren	982	35 - 39
	Marika	Athens	1019	30 - 34
	Joy	Atrops-Kimura	985	40 - 44
Permafrosties	Julie	Austerman	132	35 - 39
	Jennifer	AVERY	1239	30 - 34

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World Beanies	Jessica	Badgley	613	40 - 44
80's Ladies	Meadow	Bailey	356	35 - 39
Team Shazam	BETH	BAKER	101	60 - 64
	Susan	Baker	912	30 - 34
Delta Divas	Brandy	Baker	1248	30 - 34
	LuEmma	Balise	1533	25 - 29
	Joanne	Ballagh	730	25 - 29
	Carey	Ballard	612	40 - 44
	Jennifer	Ballinger	1278	45 - 49
	Elizabeth	Baltensperger Hinson	936	40 - 44
Margarita Motivated	Mary	Banaszak	703	40 - 44
	Paola	Banchero	62	40 - 44
	Melissa	Banker	1409	30 - 34
Sterling Girls 2Fast4U	Naomi	Barker	1056	35 - 39
	Aisha	Barnes	535	55 - 59
On Board to Tri	Diane	Barnett	1178	65 - 69
	Anne	Barnett	1246	30 - 34
	Jan	Barron	1501	45 - 49
	Carolyn	Barry	5	35 - 39
Girlfriends	Cassandra	Barsalou	734	15 - 19
Girlfriends	Jennifer	Barsalou	759	40 - 44
Girlfriends	Madison	Barsalou	784	10-14
ConocoPhillips	Alyssa	Bash	1299	10-14
	Meagan	Bauer	1132	10-14
Swim, Bike, Rum?	Erin	Beam	9	40 - 44
ANTHC Tri-umphers	vanessa	bean	1423	20 - 24
Swim, Bike, Rum?	Martha	Beavers	469	40 - 44
Delta Divas	vanessa	beck	1226	25 - 29
	Emily	Becker	133	35 - 39
	Celine	Becker	396	25 - 29
Soldotna Chicks WTF way too fast	Johna	Beech	1187	30 - 34
	Kate	Beecroft	685	30 - 34
	Heidi	Beer	134	40 - 44
	Abby	Beltz	1225	25 - 29
Soggy Bottom Girls	Jennifer	Benda	244	35 - 39
	Jessie	Benedict	1147	15 - 19
	Erika	Bennett	619	40 - 44
	Riley	Bennett	866	25 - 29
	Karen	Benning	221	45 - 49
	Anna-Marie	Benson	610	40 - 44
Salmon Sisters	collette	Bentz	373	50 - 54
	Cora	Berbig	501	10-14
Victorious Secrets	Natasha	Bergt	13	50 - 54
	April	Berrier	362	25 - 29
	Cara	Bethe	136	40 - 44
	Jessica	Bills	1296	25 - 29
Tri-Winning with Tigers Blood	Dawn	Bird	471	25 - 29

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	Shelley	Biss	1068	35 - 39
	Holly	Bjerke	1015	25 - 29
	Carrie	Bjorn-Roli	128	35 - 39
	jynene	black	428	35 - 39
	Teresa	Blackmore	1274	45 - 49
	Denali	Blackmore	1301	20 - 24
	Kayle	Blackmore	1339	10-14
	Jill	Blackstone	1489	40 - 44
	Tracy	Blais	137	50 - 54
Swim, Bike, Rum?	Jennifer	Blake	1457	35 - 39
	Lydia	Blanchet	701	10-14
	Karen	Blaney	1097	55 - 59
	Deanna	Blazejewski	910	35 - 39
	Mary	Blazina	470	35 - 39
	anne	blount	1487	40 - 44
	Lori	Bodwell	97	45 - 49
Team Begich	clare	boersma	553	25 - 29
	Helen	Bohn	1080	35 - 39
	Tasha	Bolt	152	25 - 29
Capable Crew	christine	bond	1483	35 - 39
	Penny	Booher	937	40 - 44
	Hannah	Booher	1300	10-14
	Heidi	Booher	1341	10-14
	Rena	Bookman	292	35 - 39
Team Trionics	Chera	Boom	102	45 - 49
Heart Throbs	Kendra	Booth	370	35 - 39
	Lisa	Booth	774	35 - 39
	Debbie	Boots	138	45 - 49
	Merrileigh	Boring	139	40 - 44
	Jennifer	Bostick	1205	50 - 54
	Anne	Bott	1334	30 - 34
	Lynn	Botwinick	954	45 - 49
	Robin	Bowers	223	50 - 54
	Jessica	Bowers	600	20 - 24
	Cristin	Bowser	400	25 - 29
Team Capstone	Roma	Boyer	266	55 - 59
	pamela	boyleston	1096	40 - 44
	Elaine	Bozone	220	45 - 49
	Katie	Bozone	504	10-14
	roxanne	bradenburg	113	40 - 44
Team Shazam	Traci	Bradford	1029	40 - 44
	Alison	Bradley	140	30 - 34
	Laurel	Brady	16	40 - 44
	Erika	Braun	498	35 - 39
USKH Inc	Phoebe	Bredlie	371	35 - 39
AK Cakes (ANMC Peds +)	Dona	Brekke	514	45 - 49
ConocoPhillips	Mona	Bremont	959	50 - 54

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	Angie	Brennan	42	35 - 39
World Beanies	Abi	Brock	488	30 - 34
	Karen	Bronga	871	45 - 49
	Kari	Brookover	141	45 - 49
	Heather	BRooks	163	25 - 29
Blair and her minions	regan	brooks	696	35 - 39
	Valerie	Brown	91	45 - 49
	Lindsey	Brown	489	30 - 34
Victorious Secrets	Kim	Brown	884	45 - 49
Victorious Secrets	Morgan	Brown	887	15 - 19
	Molly	Brown	1431	35 - 39
	Amy	Brumbaugh	920	35 - 39
Bryant Girls	Anna	Bryant	876	35 - 39
	Kady	Bryant	1139	10-14
Soggy Bottom Girls	Barbara	Bryson	548	55 - 59
	christina	buchleitner	422	30 - 34
	Stacey	Buckelew	745	30 - 34
	Jeanette	Bulaong	449	25 - 29
	Kate	Buller	550	10-14
	Katrina	Burbage	1249	30 - 34
	Ginni	Burbtidge	649	50 - 54
	Stephanie	Burchell	675	65 - 69
	Pamela	Burlingame	169	35 - 39
80's Ladies	jill	burnett	1414	35 - 39
	Anne	Burr	946	45 - 49
	Mary	Burr	974	10-14
Juneau Kookettes	Jamie	Bursell	44	45 - 49
EZ GOIN GALS	Kristine	Burton	1368	30 - 34
Salmon Sisters	Debby	Burwen	1289	55 - 59
	Susan	Bury	180	70 - 74
	Miranda	Burzinski	755	30 - 34
	Kimberly	Bush	938	40 - 44
	Kimberly	Buskirk	1462	40 - 44
The Winged Vixens	Kathleen	Buss	1459	35 - 39
	Linda	Bustamante	663	55 - 59
	Lisa	Butler	166	40 - 44
	Hilary	Butler	484	15 - 19
	Katia	Buyanova	733	25 - 29
	katrina	cain	1170	45 - 49
	Elizabeth	Calabro	1364	30 - 34
	teena	calkin	1460	40 - 44
	Sarah	Callaway	1427	30 - 34
Alaska Wahines	Rachael	Campbell	505	25 - 29
Alaska Wahines	Alice	Campbell	515	60 - 64
DOWL HKM	Heather	Campfield	1377	35 - 39
	Dedra	Cannon	369	35 - 39
	Kyndall	Carey	1229	25 - 29

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	Denise	Carey	1438	50 - 54
	Jessica	Carie	856	25 - 29
Swim, Bike, Rum?	Kerry	Carl	891	40 - 44
	Maya	Carle	1138	10-14
	Julie	Carlson	224	50 - 54
Swim, Bike, Rum?	Caren	Carlson	1106	40 - 44
	Richell	carmichael	1317	25 - 29
	Stacy	Carpenter	1025	35 - 39
	Lisa	Carr	657	50 - 54
Nikiski Chicks	Nicole	Carr	922	35 - 39
	Gretchen	Carrick	674	60 - 64
	Kelly	Carson	735	30 - 34
Southside Triathletes	Katie	Cartee	204	15 - 19
Sisters Moon	Ruth	Carter	810	50 - 54
	Annette R.	Cartier	75	50 - 54
	Marci	Cartier	750	30 - 34
	Jackie	Cason	1493	50 - 54
Team Trionics	felicia	cassel	1502	50 - 54
	Stephanie	Cavedo	1257	35 - 39
	Anna	Cha	176	30 - 34
	Sharon	Chamard	435	40 - 44
Southside Triathletes	Hannah	Chandler	207	15 - 19
	Lauren	Chapman	497	15 - 19
	Melanie	Chapman	677	
	Katee	Chard	194	20 - 24
	Jan	Chard	195	50 - 54
	Rachel	Cheyette	1193	35 - 39
	Mary Ann	Chisholm	174	55 - 59
	Renee	Christensen	683	25 - 29
	Marjory	Christoffers	445	60 - 64
	Shelli	Church	590	45 - 49
Gloria's Girls	Jessica	Clark	1214	15 - 19
	Nicole	Clark	1432	35 - 39
	Gretchen	Clark-Ross	142	35 - 39
	Amanda	Clayton	751	30 - 34
	Alicia	Clemetson	873	15 - 19
	Dianna	Clemetson	890	45 - 49
	Selena	Clemetson	1072	15 - 19
	Gloria	Clendaniel	1078	25 - 29
	Rhonda	Clodfelter	247	50 - 54
	MICHELE	COAD	301	60 - 64
	Shelly	Cochrane	1091	40 - 44
Chugiak High School	Erin	Cockreham	1143	15 - 19
	Rose	Colbern	628	45 - 49
	Madison	Colbern	1134	10-14
	Christianna	Colles	150	30 - 34
	Cassie	Collins	1047	25 - 29

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	Nancy	Collins	1290	60 - 64
Team Shazam	CAROLE	COMEAU	92	65 - 69
Team Shazam	JENNIFER	COMEAU	1230	25 - 29
	Disa	Congdon	151	25 - 29
Capable Crew	Carolyn	Conley	1490	40 - 44
	Sarah	Conn	1428	35 - 39
	Sherrille	Connell	1390	45 - 49
World Beanies	Angela	Conroy	47	45 - 49
	Chloe	Cook	1150	15 - 19
	Ginger	Cooley	725	25 - 29
	Catherine	Coon	907	45 - 49
	Cindy	Cooper	80	50 - 54
	Lauren	Cooper	526	35 - 39
	Katrina	Cooper	986	40 - 44
	Elizabeth	Cooper	1043	45 - 49
Team Shazam	Deborah	Corral	87	60 - 64
	Valarie	Coscia	77	40 - 44
	Christie	Cowee	144	35 - 39
Soggy Bottom Girls	Kristie	Cranor	380	40 - 44
Southside Triathletes	Alexandra	Cress	208	15 - 19
	Dani	Crosby	109	40 - 44
ANTHC Tri-umphers	Kristin	Cross	980	30 - 34
	Fiona	Crowley	1180	10-14
	Kathryn	Cuddy	117	55 - 59
	Bonnie	Cudnohufsky	143	55 - 59
	Paula	Cullenberg	1175	55 - 59
	Rebecca	Cuniberti	1353	25 - 29
	Natalie	Curtiss	410	10-14
	Rachel	Curtiss	547	10-14
	Lucy	Curtiss	589	45 - 49
	Lorelei	Cuthbert	635	45 - 49
Tri-Winning with Tigers Blood	Sarah	Dahlstrom	1125	25 - 29
	Lisa	Dale	35	30 - 34
	Kathleen	Dale	165	65 - 69
	Brandy	Dales	1256	35 - 39
	Summer	Dallman	458	25 - 29
	Danielle	Dalton	34	30 - 34
	Kathryn	Dalton	606	15 - 19
	Faith	Daniels	387	10-14
	Marianne	Daniels	442	55 - 59
	Monique	Daniels	695	35 - 39
	Jessica	Daniels	1115	30 - 34
	Sonja	Daniels	1227	25 - 29
	Regina	Daniels	1258	35 - 39
Nikiski Chicks	Jan	Darch	1264	40 - 44
	sonja	daum	940	40 - 44
	Hanna	Daum	993	10-14

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World Beanies	Sarah	Dauth	1158	35 - 39
	Lori	Davey	59	40 - 44
	Paula	Davies	770	30 - 34
	Marcia	Davis	64	50 - 54
	Mandy	Davis	94	30 - 34
Stroller Strides	Barbara	Davis	464	30 - 34
	Allyssa	Davis	1071	15 - 19
DOWL HKM	Lana	Davis	1262	40 - 44
	Alana	Davis	1269	40 - 44
	Carly	Davis	1314	20 - 24
	Kelly	Day	1384	40 - 44
	Stacy	Dayley	61	40 - 44
	Kara	De Armond	287	30 - 34
	Bronwyn	De Schweinitz	997	25 - 29
	Kristy	De Yong	32	30 - 34
	Holly	Dean	395	25 - 29
	Bonnie	DeArmoun	172	30 - 34
	Roberta	Degenhardt	483	50 - 54
ConocoPhillips	Lynn	DeGeorge	654	50 - 54
ConocoPhillips	Tara	DeGeorge	1130	10-14
ConocoPhillips	Clair	DeGeorge	1136	10-14
ConocoPhillips	Leah	DeGeorge	1140	10-14
Valdez Vixens	Annalisa	DeLozier	147	45 - 49
The Chums	Lisa	Demer	859	50 - 54
	Stephanie	Denman	1271	40 - 44
	Carly	Dennis	617	10-14
	Julie	Denny	926	35 - 39
	Deb	DeProspero	670	55 - 59
	Teresa	Derrickson	706	40 - 44
	Kathy	deSchweinitz	444	60 - 64
	Kasey	Dethlefs	268	25 - 29
	Cinda	Devine	956	45 - 49
	Lauren	Devine	994	10-14
	Allison	Devine	1069	10-14
	Carmen	DeVore	638	45 - 49
	Leisa	DeYarmon	523	35 - 39
	Dana	Dickey	935	40 - 44
	Mary	Dickson	167	30 - 34
	Mary	Diel	149	50 - 54
Speed Divas	Desiree	Dietz	1242	30 - 34
	Ila	Dillon	643	50 - 54
	Amelia	Dillon	727	25 - 29
	Danielle	Dittmer	885	30 - 34
	andrea	dittrich	246	40 - 44
Permafrosties	Karen	Divelbiss	865	45 - 49
	Jennifer	Dobson	1452	30 - 34
	Nelda	Dodge	168	45 - 49

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	Anika	Doehl	757	30 - 34
	Bonnie	Dolgonos	780	35 - 39
On Board to Tri	Shannon	Donley	1	40 - 44
	RHONDA	DONLIN	687	30 - 34
	Heather	Donner	1367	30 - 34
	Haylee	Donovan	1478	25 - 29
	Leah	Doster	1185	25 - 29
	Carolyn	Downie	1028	40 - 44
	Ciana	Dragano	187	10-14
The Gang	Sarah	Dreyer	516	10-14
	Barbara	Dreyer	566	45 - 49
	Kristen	Drummond	1499	25 - 29
	Carrie	Drury	1054	35 - 39
	Heidi	Drygas	1243	30 - 34
	Linda	Duck	81	60 - 64
	Cheryl	Duda	939	40 - 44
	Heather	Duffy	164	15 - 19
God's Girls	Kathleen	DuHadway	528	40 - 44
God's Girls	Regan	DuHadway	551	10-14
God's Girls	Kathryn	DuHadway	559	10-14
Team Shazam	Mary	DuHoux	1398	55 - 59
	Dawniel	Dupee	766	30 - 34
	Madeleine	Dupree	1008	15 - 19
	Kari	Dupree	1034	45 - 49
	Mali	Durbin	1114	25 - 29
Delta Divas	Courtney	Durham	122	30 - 34
	Amanda	Duvall	1495	30 - 34
	Laura	Eakes	1166	40 - 44
	Ivy	Eakes	1524	15 - 19
	Linda	Eason	546	60 - 64
	Jennifer	Eason	860	30 - 34
	Jessica	Eason	1023	30 - 34
	Maggie	Ebeling	382	25 - 29
	Karla	Ebert	793	35 - 39
Southside Triathletes	Angeline	Ebnet	206	15 - 19
	Robin	Eckmann	624	45 - 49
	Laurie	Edge	407	45 - 49
	Erin	Edin	1449	25 - 29
Team Trionics	Linda	Edwards	630	45 - 49
	Michelle	Eicher	262	45 - 49
Girdwood Girls	Erin	Eker	627	45 - 49
Chicas de Chugiak	Robyn	Elkins	898	45 - 49
Girls on the Run Solemates	lindsey	ellingson	146	30 - 34
	Madison	Ellington	1220	15 - 19
USKH Inc.	Kimi	Elliott	726	25 - 29
	Kirstin	Enanoria	145	40 - 44
	Angela	Endres	1191	30 - 34

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	Dona	Endsley	100	50 - 54
	Tanya	Engle	557	40 - 44
	Lois	Epstein	989	50 - 54
	Savannah	Ericksen	1141	15 - 19
	Allison	Erickson	719	35 - 39
	Annaleah	Ernst	1473	15 - 19
	Joey	Eski	1267	40 - 44
	Barbara	Espeland	85	40 - 44
	Jamie	Evans	29	30 - 34
	Emily	Evans	359	10-14
The Gang	Mary	Evans	477	50 - 54
Chicas de Chugiak	Vanessa	Evans	758	30 - 34
	Karin	Evans	1263	40 - 44
	Brook	Evingson	23	15 - 19
	Kathie	Evingson	341	50 - 54
	Sara	Ewers	1426	25 - 29
The Falcones	Melissa	Falcone	404	20 - 24
The Falcones	Sara	Falcone	552	15 - 19
	Lisa	Falon	709	45 - 49
	Rachel	Faria	308	25 - 29
The Posse	Ellie	Farmer	399	25 - 29
	Nicole	Farr	421	30 - 34
Team Genome	Kiana	Farr	1103	20 - 24
	Anessia	Farrell	1030	40 - 44
	JudyAnn	Farris	156	60 - 64
	Ashleigh	Farris	1183	25 - 29
	Jill	Faudree	1031	40 - 44
	Meghan	Fay	416	25 - 29
	Danielle	Fay	1519	25 - 29
	Lauren	Fee	1405	25 - 29
	Theresa	Feighery	401	25 - 29
	Shirleen	Feller	1067	55 - 59
	stephanie	ferguson	309	40 - 44
	Emily	Ferrell	562	30 - 34
Swim, Bike, Rum?	jen	feucht	257	35 - 39
	Lisa	Fiegel	902	30 - 34
Gloria's Girls	Kimberly	Fierley	1360	25 - 29
	Jacquie	Filley	406	35 - 39
	Amber	Finley	1413	35 - 39
	Jeanne	Fischer	161	60 - 64
The Winged Vixens	Anna	Fischer	761	30 - 34
	Mary	Fischer	1117	45 - 49
	Kerynn	Fisher	1255	35 - 39
	Rhonda	Fisk	303	50 - 54
	Kimberlie	Fister	527	40 - 44
	Amanda	Fitzgerald	814	20 - 24
	Marcie	Flagg	571	25 - 29

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	Elaine	Flagg	933	40 - 44
	Claudia	Flaherty	1435	40 - 44
Speed Divas	Jennifer	Flanagan	1123	35 - 39
	Mary	Flanigin	67	60 - 64
ConocoPhillips	Lisa	Fleischer	945	45 - 49
Salmon Sisters	Jojo	Fleischman	948	15 - 19
	Barbara	Fleshman	1075	45 - 49
	Debbie	Flodin	580	40 - 44
	Tiffany	Flowers	998	25 - 29
	Ursula	Fogarty	771	35 - 39
World Beanies	Anne	Fontana	882	40 - 44
	Ann-Marie	Foust	807	40 - 44
	Cyndie	Fox	671	55 - 59
	Colleen	Franks	95	40 - 44
	Cynthia	Franzen	769	30 - 34
	Tiffiney	French	98	30 - 34
	Lauren	Fritz	50	20 - 24
	Whitney	Froehlich	1237	25 - 29
	Kelsey	Fuller	418	25 - 29
	Heather	Fuller	981	35 - 39
	Sonya	Funaro	737	30 - 34
Fab Femmes	Annette	Funk	1433	40 - 44
No Fear Forward	Alaiah	Gaines	479	10-14
Permafrosties	Lauren	Gaither	411	10-14
	Stephanie	Galbraith	1464	45 - 49
	Rebecca	GALL	574	30 - 34
	Lu	Gallego	894	30 - 34
ConocoPhillips	Melissa	Gangl	811	25 - 29
	Amber	Garcia	153	30 - 34
UAA	Adriana	Gardino	310	25 - 29
	Kristila	Gardner	252	30 - 34
	Laura	Gardner	715	25 - 29
	Emily	Garhart	874	25 - 29
	Susan	Garner	96	55 - 59
	Jane	Garrard	661	55 - 59
	Aimee	Gasser	1425	25 - 29
	Kari	Gdula	1356	25 - 29
	Melanie	Gehman	540	30 - 34
	Patricia	Geitz	198	65 - 69
	Adele	George	1280	50 - 54
	Rebecca	Gerik	1389	45 - 49
	audre	gifford	285	30 - 34
	Jennifer	Gilhuly	1474	20 - 24
	Hanna	Gillis	975	15 - 19
	J. Paige	Gingrich	763	30 - 34
	Krysten	Ginochio	996	25 - 29
	Rachel	Glaister	1013	25 - 29

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USKH Inc.	Dara	Glass	222	50 - 54
Delta Divas	Judy	Goins	443	55 - 59
	Tammy	Gongliewski	817	45 - 49
	Karen	GonneHarrell	870	55 - 59
	Engel	Goodnight	311	55 - 59
	Catherine	Goolsby	1443	10-14
	Leslie	Gordon	711	20 - 24
Team Shazam	Dede	Gracey	345	50 - 54
	linda	graham	267	60 - 64
	Victoria	Gralian	1477	20 - 24
	Sherye	Grandy	689	30 - 34
	Beth	Graupmann	1345	20 - 24
	Kristy	Grawunder	72	55 - 59
	Kelly	Grawunder	89	40 - 44
	Carrie	Gray	158	35 - 39
	Lynn	Gray	190	30 - 34
Heart Throbs	Lisa	Gray	988	45 - 49
	Glory	Green	968	35 - 39
	Susanne	Green	1060	40 - 44
	Susan	Greer	275	25 - 29
	melinda	greig	69	50 - 54
	Sharilyn	Greiner	297	40 - 44
	Heather	Greiner	1307	15 - 19
DOWL HKM	Virginia	Groeschel	1164	40 - 44
	Katie	Groff	984	40 - 44
The Chums	Mary	Groot Bluemink	1485	35 - 39
	Dana	Grubb	678	
	Jenna	Gruenstein	1250	30 - 34
	Rosa	Guerra	858	50 - 54
	Michele	Gunkel	1281	50 - 54
	Kathryn	Haas	496	35 - 39
Gloria's Girls	Aurora	Hablett	419	25 - 29
80's Ladies	Jennie	Hafele	1333	30 - 34
	Amy	Hagan	494	30 - 34
ANTHC Tri-umphers	jessica	hagan	461	30 - 34
	Maureen	Haggbloom	1118	50 - 54
On Board to Tri	Betsy	Haines	506	50 - 54
	Amy	Haley	1323	25 - 29
	Rona	Halford	448	45 - 49
Team Trionics	Marietta	Hall	312	40 - 44
	Tania	Hall	394	25 - 29
	Barbara	Hall	664	55 - 59
	Vanessa	Hall	1309	20 - 24
80's Ladies	Trudi	Hallett	363	30 - 34
	Lynn	Hallford	880	55 - 59
	Kimberly	Halstead	1375	35 - 39
	Susan	Halvor	943	40 - 44

Bib Number List

Please note your age group is based on your age at the end of this year.

Team Name	First Name	Last Name	Bib Number	Age_group (Based on your age on 12/31/2011)
Northern Lights Swim Club	Alyssa	Hampton	969	10-14
Permafrosties	Charlene	Hampton	971	40 - 44
	Cheryl	Hannon	537	55 - 59
	DAWN	HANSEN	510	50 - 54
The Posse	Tapia	Hansen	762	30 - 34
	terra	hansen	781	35 - 39
	lori	hansen	1038	50 - 54
	Cortney	Hansen	1292	20 - 24
	Maureen	Hansen	1401	65 - 69
	Julie	Hanson	608	40 - 44
	Jodi	Hanson	1022	30 - 34
	Sarah	Hardin	71	35 - 39
	Abigail	Harding	1053	30 - 34
	maria	harmse	173	45 - 49
	Elinor	Harrington	1320	25 - 29
	Hayley	Harris	313	15 - 19
	Lilly	Harris	314	15 - 19
	Sarah	Harris	315	10-14
	Grace	Harris	1112	15 - 19
	Angela	Harris	1416	45 - 49
World Beanies	Anna	Harrison	105	45 - 49
ConocoPhillips	Beverly	Harrison	1363	30 - 34
	Amy	Hart	561	25 - 29
Nikiski Chicks	Rebekah	Hartley	274	20 - 24
	Laura	Hartz	1050	30 - 34
	Elizabeth	Harvey	294	35 - 39
	Kristy	Harvey	1000	40 - 44
	Charlotte	Harvey	1382	40 - 44
Team Begich	Julie	Hasquet	299	45 - 49
	Michelle	Hawkins	1444	15 - 19
	Andria	Hayes	124	25 - 29
	Bronwyn	Haynes	803	40 - 44
	Lori	Haynes	1394	50 - 54
	Amanda	Hays	1536	30 - 34
USKH Inc.	Lisa	Heath	473	25 - 29
	Olivia	Heath	684	25 - 29
Naturally Amazing	Karen	Heath	1273	45 - 49
	Wendy	Heck	808	40 - 44
Heart Throbs	Amanda	Hegna	1539	30 - 34
	Teanna	Hehnlín	1318	25 - 29
	Debbi	Heinen	820	45 - 49
	Connie	Heinz	1111	60 - 64
	Kelly	Heithold	1037	50 - 54
	Cynthia	Hendel	78	55 - 59
	Jennifer	Henderson	40	35 - 39
	Kate	Henderson	752	30 - 34
	Emily	Henderson	1537	30 - 34

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Team Name	First Name	Last Name	Bib Number	Age_group (Based on your age on 12/31/2011)
	Amber	Hendrickson	599	40 - 44
Northern Lights Swim Club	Yvonne	Henrickson	1105	35 - 39
	paige	Henslee	457	20 - 24
	DEBORAH	HENTGES	525	35 - 39
	Janet	Hepplewhite	1400	60 - 64
	Mary	Herman	708	45 - 49
	Sandra	Hernandez	490	40 - 44
	Valerie	Herrera	379	35 - 39
	mary	herrick	114	40 - 44
	Vera	Hershey	1494	60 - 64
Southside Triathletes-Adult	Lauren	Hess	219	20 - 24
	Amber	Hess	572	30 - 34
	Faith	Hewlett	1366	30 - 34
	Audrey	Hickman	592	10-14
	Jeanne	Hickman	928	35 - 39
	Molly	Hickox	778	35 - 39
	Rosemary	Hill	646	50 - 54
	Sarah	Hill	1484	35 - 39
	Alma	Hill	1486	35 - 39
	Jennifer	Hillman	1354	25 - 29
DOWL HKM	Kacy	Hillman	1453	30 - 34
	Victoria	Hillwig	713	25 - 29
Delta Divas	Elizabeth	Hilton	565	40 - 44
	Debra	Hinton	658	50 - 54
	Teresa	Hirst	554	45 - 49
	Diddy	Hitchins	676	65 - 69
	Jennifer	hodge	429	35 - 39
Southside Triathletes	Annie	Hoefler	205	15 - 19
Southside Triathletes	Jane	Hoefler	214	15 - 19
	Gail	Hoefler	558	45 - 49
	Renna	Hoener	398	25 - 29
	Heatehr	Hoff	777	35 - 39
	Shannon	Hoffbeck	1324	25 - 29
EZ Goin' Gals	Keryl	Hoffman	1113	25 - 29
	Brandie	Hofmeister	1116	35 - 39
	Caroline	Hogan	699	35 - 39
	Heather	Hogge	1259	35 - 39
	Julie	Holden	316	50 - 54
	Sharon	Holland	1101	50 - 54
	Lila	Hollman	317	30 - 34
	Amy	Hollon	794	35 - 39
	Mary	Holman	1201	40 - 44
	Christina	Holmgren	909	45 - 49
	Charmaine	Holt	119	45 - 49
	Khara	Hood	1018	30 - 34
	Elizabeth	Hooper	46	45 - 49
Permafrosties	Rachel	Hopkins	792	35 - 39

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Team Name	First Name	Last Name	Bib Number	Age_group (Based on your age on 12/31/2011)
Southside Triathletes	Kaitlyn	Hosken	202	15 - 19
No Fear Forward	Marci	Hosken	1177	45 - 49
	Cortni	Hostetler	280	25 - 29
	Sarah	Hotchkiss Flanagan	1095	40 - 44
	Cara	Housh	1063	45 - 49
	Nancy	Housh	1498	15 - 19
	Elizabeth	Housh	1508	20 - 24
	Wendy	Hovden	376	35 - 39
	Lindsey	Hovden	995	20 - 24
	Kate	Huckert	691	35 - 39
	Chasity	Huddleston	56	25 - 29
	Peggie	Huff	403	55 - 59
	Heather	Huff	1094	35 - 39
	Sadie	Huffer	1532	25 - 29
	Amanda	Hughes	414	25 - 29
	Haley	Hughes	1512	20 - 24
	Janet	Hulbert	660	55 - 59
	Christina	Humphries	258	40 - 44
80's Ladies	Heather	Hundrup	1358	25 - 29
	Alice	Hurn	1048	25 - 29
Tri-Winning with Tigers Blood	Stephanie	Huseman	391	25 - 29
	Elaina	Hveding	795	35 - 39
	Paula	Inman	349	40 - 44
Heart Throbs	linda	ireland	1388	40 - 44
Southside Triathletes	Rachel	Irons	201	15 - 19
	Angela	Irvin	348	40 - 44
	Robin	Iverson	816	50 - 54
Northern Lights Swim Club	Jordan	Iverson	991	15 - 19
	Monique	Jackson	739	30 - 34
	Mazzy	Jackson	861	10-14
	Ana	Jager	652	10-14
	Marla	Jakab	702	40 - 44
	DeLynn	James	384	55 - 59
	Dana	James	1081	40 - 44
World Beanies	megan	Jamieson	175	40 - 44
	Lisa	Jamieson	503	50 - 54
	Mari	Jamieson	507	50 - 54
Team Trionics	Cathy	Janigo	182	50 - 54
	Rebecca	Jarnagin	1021	30 - 34
	Jenny	Jemison	1235	25 - 29
	Anna	Jemmings	1151	15 - 19
	Trish	Jenkins	235	55 - 59
	Patricia	Jenkins	867	55 - 59
	Amber	Jenkins	1310	20 - 24
Chicas de Chugiak	Jess	Jennings	688	30 - 34
	Ann	Jennings	1404	20 - 24
Sweat Victory	Myrna	Jensen	249	35 - 39

Bib Number List

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Team Name	First Name	Last Name	Bib Number	Age_group (Based on your age on 12/31/2011)
	Emily	Jensen	318	10-14
	Rebekah	Jensen	319	15 - 19
	Sarah	Jensen	320	45 - 49
	Heather	Jensen	901	10-14
	Angie	Jensen	947	45 - 49
	Cherie	Jernstrom	868	55 - 59
	Katherine	Jernstrom	1321	25 - 29
	Brenda	Johanson	1190	30 - 34
Delta Divas	Alma	john	1014	25 - 29
	Amy	Johns	659	50 - 54
	shelby	johnson	248	15 - 19
Alaska Wahines	Leslie	Johnson	250	50 - 54
	Kirsten	Johnson	288	30 - 34
	Nadia	Johnson	386	10-14
	Diana	Johnson	575	30 - 34
	Amanda	Johnson	603	40 - 44
	Angela	Johnson	743	30 - 34
	Sarah	Johnson	772	35 - 39
	Kate	Johnson	877	25 - 29
Permafrosties	anita	johnson	906	40 - 44
	Anne	Johnson	1337	30 - 34
	Hanna	Johnson	1507	20 - 24
Team Shazam	Val	Jokela	673	60 - 64
	Sara	Jokela	1534	30 - 34
	Oriele	Jones	538	20 - 24
Juneau Kookettes	Nancy	Jones	1291	60 - 64
	leslie	jones	1463	45 - 49
Airport Heights Elementary	Christy	Jordan	694	35 - 39
	Lora	Jorgensen	1032	40 - 44
The Winged Vixens	Kelly	Joytn	824	40 - 44
	Patti	Judd	862	55 - 59
	Kathleen	Judy	899	45 - 49
Southside Triathletes	Elizabeth	June	213	15 - 19
	Amanda	Kailing	375	25 - 29
Southside Triathletes-Adult	Rachelle	Kanady	218	20 - 24
	Julie	Kane	1207	35 - 39
USKH Inc.	Kimberley	Kaplun	1351	25 - 29
	April	Katz	1232	25 - 29
	Pamela	Kauveiyakul	717	25 - 29
	Jodi	Kay	1059	35 - 39
	Gianna	Kay	1129	10-14
	Carina	Kay	1133	10-14
	Alison	Kear	492	45 - 49
	Kathy	Keck	567	50 - 54
	Rikki	Keen	148	
On Board to Tri	Margorie	Keene	189	60 - 64
	Brittany	Keener	1228	25 - 29

Bib Number List

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Team Name	First Name	Last Name	Bib Number	Age_group (Based on your age on 12/31/2011)
On Board to Tri	Trudy	Keller	52	65 - 69
	Lia	Keller	118	35 - 39
	Lisa	Keller	188	45 - 49
	Michelle	Keller	367	35 - 39
Soggy Bottom Girls	Kimberley	Keller	1380	40 - 44
80's Ladies	Kristan	Kelly	934	40 - 44
ANTHC Tri-umphers	Janet	Kelly	1171	50 - 54
	Susanna	Kelly	1312	20 - 24
ANTHC Tri-umphers	Melissa	Kemberling	949	45 - 49
Girdwood Girls	Lynn	Kent	650	50 - 54
	Mandy	Keogh	1162	35 - 39
	Judy	Kesler	634	45 - 49
USKH Inc.	Kay	Kesling	60	45 - 49
	Anne	Kessler	908	60 - 64
	sharon	Klelly	1042	75 - 79
	Zeynep	Kilic	609	40 - 44
	Casey	King	231	25 - 29
	Anna	King	459	30 - 34
	Shannon	King Hamlett	1057	35 - 39
	Carolyn	Kirchner	33	30 - 34
Hen and Chicks	Judy	Kitagawa	381	50 - 54
	Stephanie	Kitchen	647	50 - 54
	Alexandra	Kitchen	1145	15 - 19
	Carol	Kleckner	662	55 - 59
Permafrosties	Sarah	Kleedehn	321	55 - 59
	Kimberly	Klein	1535	30 - 34
	Natalee	Kline	1254	35 - 39
	Lorena	Knapp	1378	35 - 39
	theresa	knoll	1199	35 - 39
	Beth	Knorr	1083	40 - 44
	Brenda	Knorr	1468	40 - 44
	Carolyn	Knowles	586	45 - 49
	Nicole	Knox	1403	30 - 34
	Dale	Kodama	261	40 - 44
	Amy	Kohlhase	942	40 - 44
	Jenifer	Kohout	11	45 - 49
	Stacey	Kolstad	88	35 - 39
	Brooke	Kopecky	744	30 - 34
Nikiski Chicks	Rena	Kornstad	1196	35 - 39
	Kathleen	Kowunna	413	20 - 24
	Nancy	Kragt	804	40 - 44
	Susan	Kramer	343	55 - 59
	Holly	Krenz	1385	40 - 44
	Noelle	Kreofsky	424	30 - 34
	Sabine	Kretschek	322	15 - 19
	Staci	Kruger	185	25 - 29
Team Shazam	Mary	Krysinski	1124	50 - 54

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Team Name	First Name	Last Name	Bib Number	Age_group (Based on your age on 12/31/2011)
	Kristen	Kuehl	487	25 - 29
	Dana	Kujala	1216	15 - 19
	Vicke	Kukowski	666	55 - 59
	Tara	Kulin	495	30 - 34
	Jessica	Kulm		30 - 34
	Cindy	Kupczynski	1393	50 - 54
	Meg	Kurtagh	848	60 - 64
	Tamsin	Kurth	925	35 - 39
Valdez Vixens	Colette	LaBonte	427	35 - 39
	Trish	Lacey	1066	50 - 54
	Cherith	Lafferty	1020	30 - 34
	Katharine	LaForest	181	45 - 49
	Julie	LaFrance	1387	40 - 44
	Melissa	Lamebull Ingram	1327	30 - 34
	JENNIFER	LANCASTER-JACKSON	1455	35 - 39
	Elizabeth	Lane	393	25 - 29
	Karen	Lane	633	45 - 49
	theresa	langberg	555	55 - 59
	Kjirsten	Langland	1253	35 - 39
	Anne	Lanier	358	70 - 74
	Jennifer	LaPlante	486	25 - 29
	Sarah	LarimoreOlson	1472	15 - 19
	Brittany	LaRock	1448	20 - 24
	Erica	Larson	361	20 - 24
	LeAnn	Larson	1335	30 - 34
Soldotna Chicks WTF way too fast	Tanya	Lautaret	1026	35 - 39
	Lena	Lawhead	800	35 - 39
	Sandra	Lawrence	298	40 - 44
	Terilyn	Lawson	605	20 - 24
	Karen	Lawton	1285	50 - 54
	Danielle	Laybourn	521	30 - 34
	Van	Le	383	35 - 39
	Linda	Leary	651	50 - 54
	Sarah	Leavitt	1514	30 - 34
	Charla	Lee	1395	50 - 54
Team Shazam	Maryann	Leenstra	1098	55 - 59
	DeeAnn	Lees	953	45 - 49
80's Ladies	Allie	Lees	1011	20 - 24
	Jeanette	Legenza	467	40 - 44
Nikiski Chicks	Cory	Lehl	30	30 - 34
	Megan	LeMasters	1197	35 - 39
	Tashina	Lemons	1154	30 - 34
	Megan	LeNorman	1315	20 - 24
	Stephanie	Lentfer	1165	40 - 44
Salmon Sisters	Emily	Lescak	731	25 - 29
	Jody	Levernier	788	35 - 39
	colleen	libbey	785	35 - 39

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Team Name	First Name	Last Name	Bib Number	Age_group (Based on your age on 12/31/2011)
	Christina	Libert	916	30 - 34
	Jennifer	Liepa	1386	40 - 44
	Lynda	Limón	815	45 - 49
	Meghan	Lind	281	25 - 29
	Christina	Lindh	27	30 - 34
	Emily	Lindsey	160	30 - 34
	Krista	Linegar	878	30 - 34
	Lauri	Lingafelt	636	45 - 49
	Annie	Liotta	22	15 - 19
	Patty	Liotta	903	50 - 54
	Kinsey	Loan	10	15 - 19
	Larrell	Lockard	3	35 - 39
	Lara	Lockard	186	10-14
	Brooklyn	Logan	346	20 - 24
	Christina	Logan	805	40 - 44
	Tracy	Lohman	588	45 - 49
Team Shazam	Emily	Longbrake	323	25 - 29
Salmon Sisters	Diane	Loopstra	1002	50 - 54
	Diane	LoRusso	225	55 - 59
	Andra	Love	1159	35 - 39
USKH Inc.	Kimberly	Lovejoy	700	35 - 39
Stroller Strides	Ann	Lovejoy	1027	35 - 39
	Stephanie	Lowe	415	25 - 29
	Sandra	Lowther	511	45 - 49
	Paxson	Lowther	512	10-14
	Tamar	Lubitsh	324	50 - 54
	Lita	LubitshWhite	533	50 - 54
	Kelly	Luck	987	45 - 49
	Abigail	Luck	1208	10-14
	Amy	Lucke	289	35 - 39
	Emily	Lucy	462	30 - 34
	Susan	Luetters	1119	50 - 54
Chicas de Chugiak	Tana	Luna	782	35 - 39
	Ronda	Lund	1272	40 - 44
	Christine	Lundgren	951	45 - 49
	Kathleen	Lynch	963	55 - 59
	Laurie	Macchello	1173	45 - 49
	Kimberly	Mack	1437	45 - 49
No Fear Forward	Lara	Madden	353	40 - 44
	Lee	Madison Gravel	110	35 - 39
	Valerie	Maeker	482	40 - 44
Delta Divas	Heather	Magee	1329	30 - 34
Southside Triathletes	Tsaina	Mahlen	210	15 - 19
	barbara	mahoney	529	45 - 49
	Sandra	Mahoney	1279	45 - 49
	Alana	Malloy	738	30 - 34
AK Cakes (ANMC Peds +)	Samantha	Maloney	1372	35 - 39

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Team Name	First Name	Last Name	Bib Number	Age_group (Based on your age on 12/31/2011)
	Katie	Malotky	1234	25 - 29
	Kimberly	Mancuso	1108	40 - 44
	Cheryl	Mandala	82	35 - 39
Nikiski Chicks	Lori	Manion	48	45 - 49
	Wendy	Manninen	405	30 - 34
	Karen	Marcey	669	55 - 59
	Jodi	Marcum	930	35 - 39
	lisa	marin	1001	50 - 54
	Jayne	Markiewicz	932	40 - 44
	Candi	Markle	598	40 - 44
	Martha	Marlow	31	30 - 34
	Enzinah	Marrari	679	
Chicas de Chugiak	Colette	Marshall	450	50 - 54
	Sarah	Martin	58	30 - 34
Capable Crew	Monica	Martin	581	40 - 44
	Gayle	Martin	667	55 - 59
	September	Martin	1121	25 - 29
	Jessica	Martine	1079	30 - 34
	Heidi	Martinson	232	30 - 34
	Alicia	Marvin	1100	25 - 29
Delta Divas	danielle	mason	1454	35 - 39
Naturally Amazing	Elizabeth	Matthews	1215	15 - 19
	lisa	may	1465	50 - 54
	Kathy	Mcarthur	1041	60 - 64
	Erica	McCall Valentine	1240	30 - 34
	magdalena	mccay	790	35 - 39
	April	McClain	242	30 - 34
Salmon Sisters	Megan	Mcclaren	1506	20 - 24
	Joyce	McCollum	534	50 - 54
	Megan	Mccomick	1181	10-14
	Mary	McCormick	825	35 - 39
	Nicole	McCormick	1076	10-14
	Sara	McCormick	1189	30 - 34
Chugiak High School	Brittany	McCormick	1302	15 - 19
	Julie	McCormick	1082	40 - 44
	Stephanie	McCoy	530	45 - 49
The Chums	Kathleen	McCoy	1174	55 - 59
The Hotties	Mindy	McCulley	639	45 - 49
The Posse	Holly	McCune	233	25 - 29
	Julie	McDonald	1392	45 - 49
	Jolene	McDowell	1198	35 - 39
	Jamie	McElwain	460	30 - 34
	ginny	mcgill	798	35 - 39
	Karin	McGillivray	760	30 - 34
	Maureen	McGlone	1040	55 - 59
	Angela	McKee	690	30 - 34
	val	mckenney	648	50 - 54

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Team Name	First Name	Last Name	Bib Number	Age_group (Based on your age on 12/31/2011)
	Jennifer	McKinnon	893	45 - 49
	Jodi	Mclaughlin	65	35 - 39
	Catherine	McLaughlin	1418	10-14
	Maria	McLaughlin	1420	15 - 19
	Laura	McLaughlin	1429	35 - 39
	Johana	McMahan	1293	30 - 34
	Marna	McMurry	1062	40 - 44
Team Trionics	Beth	McNaughton	1381	40 - 44
	sheila	mcneil	251	50 - 54
	Monica	McTeague	304	30 - 34
	Nancy	Meade-Miller	43	45 - 49
	Rosa	Meehan	1518	55 - 59
	Katy	Meek	1447	20 - 24
	Tori	Mejia	680	
	Jessica	Melchior	596	30 - 34
DOWL HKM	Allison	Melocik	37	35 - 39
	Krista	Mendiola	517	25 - 29
	Nina	Menghini	1521	50 - 54
Team Trionics	Kristi	Mercer	1374	35 - 39
	Kelly	Merrick	368	35 - 39
	Lea	Messelheiser	295	35 - 39
	Lana	Metcalf	1163	35 - 39
	Kimberly	Metzger	826	45 - 49
	Kyra	Meyer	1352	25 - 29
	Teresa	Miksch	451	55 - 59
	Lindsay	Miksch	481	25 - 29
	Renata	Milatova	433	35 - 39
	Heidi	Miles	545	45 - 49
Southside Triathletes-Adult	Sara	Miller	39	35 - 39
	Sandra	Miller	116	60 - 64
Nordic girls	Jenny	Miller	591	55 - 59
Sisters Moon	Elizabeth	Miller	623	45 - 49
	Crystal	Miller	716	25 - 29
Valdez Vixens	Sharry	Miller	1099	40 - 44
Naturally Amazing	Danielle	Miller	1231	25 - 29
	cheryl	milline	668	55 - 59
Heart Throbs	Victoria	Miltersen	437	45 - 49
	Jackie	Minge	99	50 - 54
Southside Triathletes	Emma	Minge	209	15 - 19
	Laura	Minski	256	30 - 34
USKH Inc.	Ellie	Mitchell	412	10-14
USKH Inc.	Joann	Mitchell	438	45 - 49
	Susan	Mitchell	911	40 - 44
	Stephanie	Mnning	569	20 - 24
	Carol	Mock	446	60 - 64
	Roneille	Modaffari	931	35 - 39
Team Jacobs	Brynn	Moe	979	25 - 29

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Team Name	First Name	Last Name	Bib Number	Age_group (Based on your age on 12/31/2011)
	Wendy	Moe-Willis	896	40 - 44
	Diane	Mohwinkel	103	65 - 69
	Keely	Moon	364	30 - 34
Swim, Bike, Run?	Cary	Moore	474	35 - 39
	Kara	Moore	827	30 - 34
	Jenny	Moore	955	45 - 49
	Selena	Moore	1355	25 - 29
	Maddy	Moore	1504	15 - 19
Naturally Amazing	Maria	Moreno	1525	15 - 19
	Amber	Morey	1467	35 - 39
Delta Divas	Shannon	Morley	1051	30 - 34
	Kerri	Morris	568	50 - 54
	Zoe	Morris	1344	15 - 19
	Tracy	Morrison	797	35 - 39
Naturally Amazing	Mackenzie	Morrison-Heath	1217	15 - 19
	JANET	MORRONE	90	35 - 39
Heart Throbs	Susan	Morrow	409	55 - 59
	Kristin	Morrow	1481	35 - 39
	Ashley	Mortenson	1479	25 - 29
	Siri	Moss	120	55 - 59
	Brenna	Moss	542	10-14
	Katrina	Moss	544	40 - 44
	Sierra	Motsinger	1045	20 - 24
	Jill	Motz	282	30 - 34
Sweat Victory	Marta	Mueller	347	35 - 39
Airport Heights Elementary	Leah	Mullenbach	764	30 - 34
	Nancy	Murphy	1283	50 - 54
Northern Lights Swim Club	Sarah	Murray	849	30 - 34
AK Cakes (ANMC Peds +)	Michelle	Myers	1035	45 - 49
Permafrosties	Liane	Nagata	513	40 - 44
Solemates	Ati	Nasiah	425	30 - 34
	AUTUMN	NECESSARY	305	10-14
	CRYSTAL	NECESSARY	306	30 - 34
	Cynthia	Neff	888	30 - 34
	Heather	Nelles	1268	40 - 44
	Karen	Nelson	55	30 - 34
Girdwood Girls	Anna	Nelson	284	30 - 34
Sweat Victory	Kristine	Nelson	1084	40 - 44
	Hailey	Nelson	1350	20 - 24
Chicas de Chugiak	Kristen	Newcomer	897	25 - 29
	Colleen	Newgaard	962	55 - 59
Newhouse Girls	Beth	Newhouse	170	50 - 54
Newhouse Girls	Tena	Newhouse	1421	15 - 19
Newhouse Girls	Morgan	Newhouse	1458	10-14
Newhouse Girls	Sadie	Newhouse	1509	20 - 24
	Terise	n'ha Caitriona	631	45 - 49
	Sarah	Nicholson	828	40 - 44

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Please note your age group is based on your age at the end of this year.

Team Name	First Name	Last Name	Bib Number	Age_group (Based on your age on 12/31/2011)
	Lynette	Nish	1036	50 - 54
	Jan	Nofsinger	637	45 - 49
	Nathania	Norman	829	35 - 39
On Board to Tri	Claire	Norton-Cruz	28	30 - 34
	Tiffanie	Novakovich	24	30 - 34
	Jenny	Nugent	779	35 - 39
	Madeleine	Oakley	1522	10-14
Team Begich	clare	o'connell	485	20 - 24
	Kira	ODonoghue	1446	15 - 19
	mandy	O'Farrell	749	30 - 34
AK Cakes (ANMC Peds +)	Anna	Ogena	66	40 - 44
	Patricia	O'Gorman	192	60 - 64
Northern Lights Swim Club	Makenn	Okeson	1298	10-14
	Alex	Okeson	1305	15 - 19
	Pam	Okeson	508	45 - 49
Southside Triathletes	Davianna	Olert	212	15 - 19
Salmon Sisters	Carmen	Olito	1397	55 - 59
Permafrosties	Megan	Olson	620	40 - 44
	Kirsten	Olson	830	35 - 39
	Lois	Olson	960	50 - 54
	Ariel	Olson	1044	15 - 19
	Lori	Olson	1049	30 - 34
	Anne	Olson	1206	55 - 59
ANTHC Tri-umphers	Laurie	Orell	740	30 - 34
Southside Triathletes	colleen	ormberg	216	15 - 19
	Kimberly	Osburn	831	30 - 34
	Julie	Osgood	86	45 - 49
	Erica	Otten	917	30 - 34
	Karyn	Overturf	366	35 - 39
	Courtney	Owen	1349	20 - 24
	Kenya	Pace	746	30 - 34
Southside Triathletes	Karina	Packer	21	15 - 19
Juneau Kookettes	Sandi	Pahlke	832	45 - 49
	Susie	Paine	1399	55 - 59
The Hotties	Wendy	Pallozzi	889	40 - 44
	Rebecca	Palsha	1497	30 - 34
	Annette	Pankoski	191	50 - 54
World Beanies	Cindi	Pannone	656	50 - 54
Naturally Amazing	Hannah	Papa	1182	15 - 19
Hen and Chicks	Kristin	Papp	1371	30 - 34
Permafrosties	Alia	Parker	157	25 - 29
Permafrosties	Patrice	Parker	961	55 - 59
	jessequa	parker	1127	45 - 49
	Jennifer	Parkhurst	417	25 - 29
	Brenda	Parnell	1169	45 - 49
	Felicia	Parrish	704	40 - 44
Girdwood Girls	Sue	Parry	644	50 - 54

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Team Name	First Name	Last Name	Bib Number	Age_group (Based on your age on 12/31/2011)
80's Ladies	Renee	Parsley	1482	35 - 39
	Brittany	Partridge	360	10-14
	Thea	Paschall	789	35 - 39
	Secora	Patterson	1365	30 - 34
	Jamie	Patterson-Simes	1110	45 - 49
	Leah	Patton	818	35 - 39
	Harriet	Paule	238	60 - 64
Permafrosties	Audrey	Paule	241	25 - 29
	Bridget	Paule	1247	30 - 34
	Laura	Peek	260	40 - 44
World Beanies	Fiona	Peichel	1441	40 - 44
	Dayna	Pendergraft	914	30 - 34
	Mary	Pennino	430	35 - 39
	Michelle	Pentecost	1261	40 - 44
Permafrosties	Tricia	Perkins	972	50 - 54
Permafrosties	Rebecca	Perkins	1417	10-14
	Jennie	Perry	1055	35 - 39
	Julie	Perry	1167	40 - 44
	Irene	Persson-Gamble	478	60 - 64
	Sarah	Peters	549	10-14
	Christine	Petersen	1469	10-14
	Janet	Petersen	1491	45 - 49
	Donna	Peterson	108	55 - 59
	Chloe	Peterson	570	25 - 29
	Kristy	Peterson	765	30 - 34
	Sara	Pfau	276	25 - 29
EZ Goin' Gals	Mary	Pflughoft	440	50 - 54
	Janett	Phelps	1195	35 - 39
	Patti	Phillips	863	55 - 59
	Idamarie	Piccard	125	70 - 74
	Luann	Piccard	126	50 - 54
	Angela	Piccard	127	15 - 19
	Eileen	Pickett	1093	50 - 54
	Gretta	Pickett	1419	10-14
	Tammy	Pickett	1488	40 - 44
	Natasha	Pierce-Slive	728	25 - 29
	Melissa	Pike	463	30 - 34
Delta Divas	Lindsay	Pinkelman	714	25 - 29
	Michelle	Pitner	919	35 - 39
	Tracy	Pitts	832	25 - 29
	Sherri	Poling	245	50 - 54
	Mary	Pollack	493	55 - 59
	Veronica	Pope	307	30 - 34
	Emily	Poray	748	30 - 34
	Alexia	Portney	253	10-14
	Laura	Portney	255	30 - 34
	Lucy	Potter	293	35 - 39

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Team Name	First Name	Last Name	Bib Number	Age_group (Based on your age on 12/31/2011)
	Wendy	Poulos	879	40 - 44
	Katie	Povolo	36	35 - 39
	Angela	Powell	915	30 - 34
80's Ladies	Kelli	Powers	377	35 - 39
	Kelly	Powers	773	35 - 39
	Kandis	Price	1222	20 - 24
	Eva	Prieto	597	30 - 34
	Dianne	Prince	76	45 - 49
	Alaina	Prince	1009	15 - 19
	Ann	Pruszenski	1046	20 - 24
	Jordan	Pruszenski	1303	15 - 19
	Aleshia	Quennell	1319	25 - 29
Sterling Girls 2Fast4U	Jennifer	Quimby	1297	30 - 34
	Najeeby	Quinn	14	30 - 34
	Mara	Rabinowitz	640	45 - 49
Southside Triathletes	Tristan	Ramey	203	15 - 19
	Diane	Ramey	821	55 - 59
	Maria	Ramirez	1338	10-14
On Board to Tri	Kikkan	Randall	4	25 - 29
Margarita Motivated	Ingrid	Rasmussen	595	25 - 29
	Janet	Rasmussen	1122	70 - 74
	Kelsey	Ratcliffe	1077	15 - 19
	Deborah	Ratcliffe	1270	40 - 44
	Kristen	Ratcliffe	1306	15 - 19
	Aimee	Rathbun	834	25 - 29
Bearded Seal Sport and Social Club	Jessica	Rauchenstein	1369	30 - 34
	Elizabeth	Rawlins	895	35 - 39
	Kayla	ray	408	10-14
Team Shazam	Bethany	Ray	1012	20 - 24
ConocoPhillips	Caryn	Rea	265	55 - 59
ConocoPhillips	Emily	Reast	1073	15 - 19
ConocoPhillips	Joanna	Reast	1440	50 - 54
	Dawn	Rebisch	1074	30 - 34
	Kathleen	Redmond	1275	45 - 49
	Tarrin	Reed	41	35 - 39
	Leland	Reed	254	25 - 29
	Carol	Reed	374	55 - 59
Girlfriends	susan	reeves	63	60 - 64
	Susan	Reeves	809	35 - 39
	Karen	Reid	372	40 - 44
	Heather	Reier	900	35 - 39
On Board to Tri	Sheila	Reilly	51	45 - 49
Permafrosties	Lora	Reinbold	1515	45 - 49
	Kendra	Remsen	1527	20 - 24
	Laurel	Renkert	1505	20 - 24
	Cassandra	Rense	857	25 - 29
	Kimberly	Resheske	594	25 - 29

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Team Name	First Name	Last Name	Bib Number	Age_group (Based on your age on 12/31/2011)
	Sarah	Resseguie	1480	25 - 29
	Valerie	Rettmann	835	60 - 64
	Kyla	Retzer	786	35 - 39
	Cierra	Reynolds	1086	10-14
	Cydney	Reynolds	1087	15 - 19
	Janis	Reynolds	1090	40 - 44
Sterling Girls 2Fast4U	Tasha	Reynolds	1328	30 - 34
	Fauna	Reynvaan	1500	30 - 34
	Kassidy	Rhodes	1148	15 - 19
	Klaire	Rhodes	1340	10-14
Naturally Amazing	Makenna	Rhodes	1342	15 - 19
	Laura	Rhyner	1513	25 - 29
	LAURA	RICHARDSON	472	30 - 34
	Audrey	Ricks	1434	40 - 44
	Maggie	Ridges	614	40 - 44
	megan	ritter	193	45 - 49
	kristen	ritter	712	20 - 24
	Andrea	Ritter	1252	35 - 39
Juneau Kookettes	Kim	Rivera	115	50 - 54
	dynasti	roark	456	20 - 24
ConocoPhillips	Sherri	Roberds	1092	45 - 49
	Tawnya	Roberts	1325	25 - 29
Girdwood Girls	Cassia	Roe	1088	25 - 29
	DeAnna	Roering	278	25 - 29
	Liz	Rohloff	967	20 - 24
	Karissa	Rollman	1439	30 - 34
	Senya	Roscovius	183	35 - 39
	Samantha	Roscovius	184	15 - 19
	Laura	Rose	351	50 - 54
	Katherine	Rose	722	25 - 29
	Mary	Rosenfield	913	50 - 54
	Emily	Rosenfield	1003	10-14
80's Ladies	Karma	Roth	611	40 - 44
	Meaghan	Rothermel	1089	30 - 34
	svia	rothstein	1157	35 - 39
	Sara	Rottman	768	30 - 34
	Celia	Rozen	836	55 - 59
	Leslie	Runyon	970	35 - 39
God's Girls	Liane	Ryan	290	35 - 39
	Chelsea	Ryan	1233	25 - 29
	Kelly	Rygh	465	35 - 39
World Beanies	Trude	Rylandsholm	872	45 - 49
	Cecilia	Ryman	476	40 - 44
	Ashley	Rymer	1346	20 - 24
	Misty	Samuel	1052	30 - 34
	Mayra	Sanchez	1442	35 - 39
	Justine	Sanders	886	20 - 24

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Team Name	First Name	Last Name	Bib Number	Age_group (Based on your age on 12/31/2011)
AK Cakes (ANMC Peds +)	Angela	Santiago	754	30 - 34
Capable Crew	renae	Sather	509	40 - 44
	Jean	Sato	806	40 - 44
	Ripple	Sato	1131	10-14
	Rachel	Saul	1153	20 - 24
	Melissa	Saunders	1415	35 - 39
UAA	Summer	Sauve	892	50 - 54
	Anna	Scanlan	693	35 - 39
	Ashley	Schaber	767	30 - 34
	Jonel	Schenk	234	40 - 44
	marti	scherbert	441	55 - 59
The Hotties	Jamie	Scherffius	1430	35 - 39
	Misti	Schiewe	736	30 - 34
	laura	schneller	420	30 - 34
	Anne	Schnering	344	25 - 29
On Board to Tri	Jennifer	Schrage	864	40 - 44
	Stephanie	Schroeder	837	40 - 44
	Jennie	Schroll	723	25 - 29
	Emily	Schultz	453	25 - 29
	Julie	Schultz	1161	35 - 39
	Laura	Schulz	1251	35 - 39
	Erin	Schumacher	1294	40 - 44
ConocoPhillips	Dede	Schwartz	665	55 - 59
	Jessica	Schwartz	724	25 - 29
	Michelle	Schwenn	1383	40 - 44
Scott	Teresa	Scott	466	35 - 39
	SueSue	Scott	524	35 - 39
	Lauren	Scott	539	25 - 29
	Sherri	Scott	584	45 - 49
Girdwood Girls	Leah	Scott	1142	15 - 19
	Chelsea	Seagars	73	25 - 29
	Marika	Sears	756	30 - 34
	Katie	Sechrist	1362	30 - 34
On Board to Tri	Judy	Sedwick	53	60 - 64
	Jennifer	Sees	838	35 - 39
	Ivonne	Segura	390	20 - 24
	Shaina	Seidner	721	25 - 29
	Elizabeth	Senaga	57	30 - 34
Chugiak High School	Kristi	Senden	1373	35 - 39
	Carrie	Setian	25	30 - 34
	Teri	Seward	839	35 - 39
	Stephanie	Seward	1336	30 - 34
	Kathy	Seybert	196	45 - 49
	Katie	Seybert	197	10-14
USKH Inc.	Victoria	Shanklin	518	25 - 29
Southside Triathletes	Cierra	Sharp	200	15 - 19
Soggy Bottom Girls	Noelle	Sharrai	560	40 - 44

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Team Name	First Name	Last Name	Bib Number	Age_group (Based on your age on 12/31/2011)
	Marilyn	Shaurette	672	60 - 64
	Rheanna	Shaw	1450	30 - 34
	Jenny	Sheasley	1149	15 - 19
	Anne	Sheehy	840	30 - 34
	carol	sheldon	1155	35 - 39
	Coral	Sheldon-Hess	423	30 - 34
	lark	shellhamer	1061	40 - 44
	Elizabeth	Shen	710	50 - 54
	Colleen	Shendow	1146	20 - 24
	Kathleen	Shepro	964	60 - 64
	Rachel	Shercliffe	1144	15 - 19
	Sarah	Sheshunoff	776	35 - 39
ConocoPhillips	Jeannette	Shifflett	787	35 - 39
	Cherie	Shirey	983	35 - 39
	Sarah	Shoffstall	522	30 - 34
	mary	shreves	1288	55 - 59
	Jill	Simek	841	35 - 39
ANTHC Tri-umphers	Desiree	Simeon	302	30 - 34
	Graylin	Simes	1006	10-14
	Carol	Simmons	350	45 - 49
	Karen	Simmons	352	40 - 44
	Iona	sims	819	45 - 49
	Jill	Singleton	236	35 - 39
	Elisa	Singleton	1194	35 - 39
	rhonda	sizemore	269	35 - 39
	Jessica	Skripps	1311	20 - 24
	Jennifer	Slaughter	1024	35 - 39
	Terry	Slaven	881	60 - 64
	Kimberly	Sledgister	1451	30 - 34
Delta Divas	Samantha	Sloan	842	25 - 29
	Lisa	Small	436	45 - 49
	Janet	Smalley	1287	55 - 59
	tuyet	smallwood	802	40 - 44
Team Trionics	joleen	smith	26	35 - 39
	Corrie	Smith	38	30 - 34
DOWL HKM	Alicia	Smith	519	25 - 29
	Sharon	Smith	587	45 - 49
	Kathryn	Smith	615	45 - 49
	Sadie	Smith	616	15 - 19
	Durelle	Smith	621	40 - 44
	Kelly	Smith	851	40 - 44
God's Girls	Ella	Smith	1102	10-14
Bearded Seal Sport and Social Club	Bonnie	Smith	1107	40 - 44
	Michelle	Smith	1126	40 - 44
God's Girls	Pamela	Smith	1156	35 - 39
	Ali	Smith	1179	10-14
	rachel	smith	1238	30 - 34

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Team Name	First Name	Last Name	Bib Number	Age_group (Based on your age on 12/31/2011)
	Jana	Smith	1277	45 - 49
	Sarah	Smith	1357	25 - 29
USKH Inc.	Linda	Smith	1410	35 - 39
The Chums	Veronica	Smith	1412	35 - 39
	Hannah	Smith	1531	25 - 29
The Winged Vixens	Allison	Snow	905	30 - 34
Valdez Vixens	Jennie	Sodergren	392	25 - 29
	Jayne	Sontag	536	65 - 69
	Natasha	Sorenson	593	20 - 24
	Amy	Spargo	1109	45 - 49
	Sarah	Sparks	1104	25 - 29
	Alicia	Spencer	286	30 - 34
	Michelle	Spillane	1160	35 - 39
	Jessica	Spuhler	1528	25 - 29
	mari	stasco	111	35 - 39
	Julie	Stayden	468	40 - 44
	Jeri	Stenberg	843	25 - 29
	Jennifer	Stenberg	999	30 - 34
	Angela	Sterling	1128	40 - 44
Capable Crew	Angela	Stewart	775	35 - 39
80's Ladies	Laura	Stewart	1221	20 - 24
	Leah	Stoehr	355	25 - 29
	Jessica	Stolp	541	35 - 39
	Rachel	Stone	271	10-14
	Laree	Stone	500	40 - 44
	Jennifer	Stone	543	35 - 39
	Tana	Stone	741	30 - 34
Heart Throbs	Amy	Stone	1202	40 - 44
	Nicole	Stopa	1422	20 - 24
	Kourtney	Straight	389	15 - 19
	Jennifer	Straight	707	40 - 44
	Anna	Straka	1192	30 - 34
	Melissa	Strauss	563	30 - 34
	Jenny	Stucky	259	40 - 44
	Amber	Stull	2	30 - 34
Soldotna Chicks WTF way too fast	Robyn	Sullens	1265	40 - 44
	Mary Ellen	Summer	645	50 - 54
	Tisha	Sutton	1456	35 - 39
	Ashley	Swanson	520	25 - 29
	Kristina	Swanson	698	35 - 39
Girdwood Girls	Annette	Swanson	1064	50 - 54
	Kirsten	Swanson	1313	20 - 24
	Katelyn	Sweeney	273	15 - 19
	Nicole	Sweeney	291	35 - 39
	kristina	Swenor	1224	25 - 29
	Anne	Swentik	1211	20 - 24
	Cindy	Sykes	1466	60 - 64

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Team Name	First Name	Last Name	Bib Number	Age_group (Based on your age on 12/31/2011)
Girls on the Run Solemates	Saralyn	Tabachnick	992	50 - 54
	Olivia	Tafs	388	10-14
	Cristina	Tafs	705	40 - 44
	Kristina	Talbert	283	30 - 34
	Jeri	Tallant	577	35 - 39
Nikiski Chicks	Jeanette	Tapley	1236	25 - 29
DOWL HKM	Laura	Tauke	1529	25 - 29
	Toni	Taylor	973	15 - 19
Salmon Sisters	Andrea	Tesch	1517	50 - 54
	Michelle	Theriaux	1184	25 - 29
	christina	therrien	576	30 - 34
	Janet	Thibert	199	50 - 54
Team Begich	schawna	thoma	941	40 - 44
	Anita	Thomas	439	45 - 49
	Alexandra	Thomas	454	10-14
	michelle	thomas	625	45 - 49
	Tiffany	Thomas	923	35 - 39
Salmon Sisters	Carmen	Thomas	950	45 - 49
	Diane	Thomas	1065	50 - 54
	Allison	Thomas	1304	15 - 19
	Stacy	Thompson	579	35 - 39
	Emily	Thompson	1359	25 - 29
	Jordin	Thompson	1402	25 - 29
	judy	thompson	1406	30 - 34
Victorious Secrets	Alesia	Thon	49	45 - 49
	shauna	thornton	585	45 - 49
Soggy Bottom Girls	Gianna	Thornton	1510	30 - 34
Team Genome	Victoria	Thorson	1424	20 - 24
Tri-Winning with Tigers Blood	Carly	Tibbetts	1316	25 - 29
	Crystal	Timmcke	112	30 - 34
	Charmaine	Timmons	357	45 - 49
	Temperance	Tinker	237	30 - 34
	Pam	Tittle	629	45 - 49
	Shannon	Titzel	18	40 - 44
Bearded Seal Sport and Social Club	Samantha	Tocchini	1245	30 - 34
	Monique	Todd	296	40 - 44
	Amanda	Todd	1209	10-14
	Katherine	Tompkins	1347	20 - 24
	Kelley	Tompkins	1348	20 - 24
	Claire	Torbensen-Armstrong	944	40 - 44
Girls on the Run Solemates	Kathryn (Swarupa)	Toth	264	55 - 59
	Kelsey	Tranel	1475	20 - 24
	Alexis	Traxinger	455	15 - 19
	Kimberly	Traxinger	531	45 - 49
	Amber	Treadway	452	20 - 24
	Dorene	Treadway	532	50 - 54
	Anna	Trujillo	977	15 - 19

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Team Name	First Name	Last Name	Bib Number	Age_group (Based on your age on 12/31/2011)
	Claire	Trujillo	978	15 - 19
	Colny	Tucker	844	60 - 64
	Jane	Tuomi	822	35 - 39
	Sara	Turner	852	30 - 34
Southside Triathletes	Jennifer	Tuttle	217	15 - 19
Naturally Amazing	Allison	Tyner	1070	15 - 19
	Carleen	Ulbrich	19	40 - 44
	Niki	Underwood	718	25 - 29
	suanne	unger	641	45 - 49
Team Shazam	Katherine	Updegraff	1540	30 - 34
	Amy	Utley	681	
	Myrinel	Uwekoolani	243	35 - 39
	Heidi	Valantas	653	40 - 44
Team Shazam	Kirsten	Valentine	853	20 - 24
	Donna	Van Flein	1516	45 - 49
On Board to Tri	Rose	Van Hemert	850	60 - 64
Victorious Secrets	Kelly	van Hoek	45	45 - 49
	Rebecca	Van Wyck	1188	30 - 34
	Shawnee	Vanderpool	426	30 - 34
Team Trionics	Veronica	Vania	626	45 - 49
	Cheree	Vasquez	578	35 - 39
	Lisa	Venner-gill	1391	45 - 49
Tri-Winning with Tigers Blood	Carisa	Verdoia	854	25 - 29
	Erikka	Viehman	1526	20 - 24
	Charlotte	Vilce	263	55 - 59
	Mary	Vollendorf	607	40 - 44
	Tamara	Von Gemmingen	697	35 - 39
	Nicole	Votaw	1332	30 - 34
	Jessica	Waalkes	480	20 - 24
Juneau Kookettes	Stephanie	Walden	93	45 - 49
	DuPree	Walker	812	10-14
	Lucero	Walker	813	10-14
	Elizabeth	Walker	990	50 - 54
	Amye	Wallace	1203	40 - 44
	Kristina	Walters	1244	30 - 34
Capable Crew	Betti	Walters	1538	30 - 34
	Mary	Waltz	642	50 - 54
	Bonnie	Wanat	1282	50 - 54
	Shiway	Wang	783	35 - 39
Victorious Secrets	Andrea	Ward	17	40 - 44
	Kim	Ward	791	35 - 39
	Alissa	Wardwell	1408	30 - 34
Chicas de Chugiak	sheryl	warmbold	1039	55 - 59
	Deborah	Warner	1396	50 - 54
	Lynnette	Warren	1204	45 - 49
	carol	Waters	83	65 - 69
	Christina	Waters	84	20 - 24

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Team Name	First Name	Last Name	Bib Number	Age_group (Based on your age on 12/31/2011)
	Valerie	Watkins	378	35 - 39
	Jennifer	Watkins	499	35 - 39
	Deana	Watson	15	40 - 44
Girls on the Run Solemates	Jennifer	Watson	74	35 - 39
	April	Watts	1520	35 - 39
	Katie	Way	106	40 - 44
	Taylor	Way	107	15 - 19
Victorious Secrets	Kristi	Waythomas	7	40 - 44
	Kimberly	Webb	397	25 - 29
USKH Inc.	Molly	Webb	1407	30 - 34
	Frankie	Weber	564	40 - 44
	Grace	Weidemaier	556	15 - 19
	morgan	weimer	1120	15 - 19
	Lisa	Weimer	1212	45 - 49
	amber	weimer	1218	15 - 19
	Kalena	Weimer	1308	15 - 19
Capable Crew	Linette	Weinzirl	1286	50 - 54
	Carina	Welker	1005	10-14
	Averie	Wells	1137	10-14
	Sophie	Wenzel	1511	35 - 39
The Posse	Jessie	Westin	732	25 - 29
	Lisa	Weston	1284	50 - 54
	Linda	Westwick	632	45 - 49
	Julia	Westwick	1135	10-14
	Emma	Westwick	1503	10-14
	Maura	Wharton	1496	20 - 24
Victorious Secrets	Suzanne	Wheatall	6	50 - 54
	Tami	Wheeler	655	50 - 54
	Summer	Wheeler	1017	30 - 34
Juneau Kookettes	Melanie	White	68	55 - 59
	Emma	White	270	10-14
ANTHC Tri-umphers	sadie	white	502	40 - 44
	Erica	White	846	30 - 34
	Madeline	White	1210	10-14
	brandi	white	1295	30 - 34
Soldotna Chicks WTF way too fast	Amy	White-Baxter	475	35 - 39
	Susan	Whiton	965	60 - 64
Southside Triathletes	Cristina	Whitworth	215	15 - 19
	Erin	Widener	1436	40 - 44
	Anna	Widman	1530	25 - 29
	Allison	Wieland	365	35 - 39
	Helena	Wierzbicki	720	25 - 29
80's Ladies	Magan	Wiggs	1200	35 - 39
Southside Triathletes	Quinlyn skye	Wika	211	15 - 19
	Sarah	Wiles	1322	25 - 29
	Melinda	Wilhelm	747	30 - 34
	kristin	wilkinson	177	35 - 39

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Please note your age group is based on your age at the end of this year.

Team Name	First Name	Last Name	Bib Number	Age_group (Based on your age on 12/31/2011)
	Susannah	Willahan	434	40 - 44
	Charlene	Williams	602	40 - 44
	Barb	Williams	823	40 - 44
	Alicia	Williams	921	35 - 39
	Camryn	Williams	976	10-14
	Kendal	Williams	1004	10-14
	Carla	Williams	1033	40 - 44
	Jessica	Williams	1241	30 - 34
	Aurora	Williams`	1523	10-14
	Judith	Williamson	957	50 - 54
	Taylor	Wilson	682	
	Heather	Wilson	929	35 - 39
ConocoPhillips	Beth	Wilson	1085	25 - 29
	Pamela	Winders	918	30 - 34
	Rebecca	Windt	171	30 - 34
	Jennifer	Wingard	491	40 - 44
Team Trionics	Nancy	Wingate	845	40 - 44
	amber	winkel	402	30 - 34
	Elizabeth	Winkle	1343	15 - 19
	Danelle	Winn	8	40 - 44
	Arline	Winn	447	40 - 44
	Kathryn	Winsor	1266	40 - 44
Delta Divas	sondra	winters	855	30 - 34
	Loretta	Winton	342	50 - 54
Sisters Moon	Jennifer	Witt	385	45 - 49
Chicas de Chugiak	Dana	Witucki	1331	30 - 34
	Kristin	Wognild	1376	35 - 39
	Barbara	Wong	79	60 - 64
	Christina	Wood	277	25 - 29
	Alecia	Wood	729	25 - 29
Juneau Kookettes	Sandra	Woods	847	50 - 54
	Amy	Woodward	1330	30 - 34
Team Begich	Savannah	Woolston	272	15 - 19
	Fiona	Worcester	1010	20 - 24
Juneau Kookettes	melissa	Worden	54	40 - 44
	Michele	Worm	300	55 - 59
	Michelle	Worthington	431	35 - 39
	Lecia	Wright	601	40 - 44
	Anita	Wright	952	45 - 49
	Tayvia	Wright	1476	20 - 24
Emma's Birthday	Emma	Wrigley	1007	10-14
Emma's Birthday	Julie	Wrigley	1411	35 - 39
AK Cakes (ANMC Peds +)	Amie	Wu	753	30 - 34
	Samantha	Wuttig	20	40 - 44
	Alina	Wyatt	869	40 - 44
Permafrosties	Lesley	Yamauchi	162	55 - 59
	Kerrisa	Yarnot	573	30 - 34

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Team Name	First Name	Last Name	Bib Number	Age_group (Based on your age on 12/31/2011)
	Shannon	Yates	279	25 - 29
	Paula	York	1461	40 - 44
	Megan	Young	1370	30 - 34
	Laura	Zamborsky	796	35 - 39
	Jaclyn	Zeznock	1152	20 - 24
	Michelle	Ziegler	686	30 - 34
	Beth	Zirbes	12	25 - 29
	Leah	Zumwalt	883	25 - 29
	Naomi	Zurba	582	40 - 44
Swim, Bike, Run?	Heidi	Zwiefel	1326	35 - 39