

2018 GOLD NUGGET TRIATHLON
May 20, 2018
Bartlett High School - Anchorage, AK

OPEN TEAM RESULTS

1. 6:50:10 Girdwood Girls Gone Tri (1:22:02)

=====

1	1:16:02	Katra Wedeking
2	1:18:18	Lauren Grippo
3	1:22:22	Julie Martyn
4	1:24:55	Karen Loso
5	1:28:33	Kris Miller

2. 6:55:42 PerSisters (1:23:09)

=====

1	1:12:23	Ashley Lehman
2	1:17:59	Ashley Van Hemert
3	1:20:53	Sarah Ellison
4	1:28:33	Katie Rigsby
5	1:35:54	Amy Rayess

3. 7:03:13 Mountain Mamas (1:24:39)

=====

1	1:12:17	Ruth Cvancara
2	1:22:39	Tara Warren
3	1:24:36	Heather Poe
4	1:28:36	Sarah Nicholas
5	1:35:05	Connie Brown

4. 7:03:18 Orange is the new fast (1:24:40)

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1	1:14:33	Nancy Meade
2	1:19:58	Jackie Minge
3	1:24:46	jennifer Schrage
4	1:29:02	Ellyn Brown
5	1:34:59	Patricia O'Gorman

5. 7:04:40 Fit Vida Motion (1:24:56)

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1	1:11:59	Bri Lowen
2	1:23:47	Jenni Marcell
3	1:27:14	Chelsey Fuhrman
4	1:27:27	Joy Britt
5	1:34:13	Fabiola Burns

6. 7:08:00 Aurora tri stars (1:25:36)

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1	1:12:13	Brianne Keifer
2	1:20:56	Mae-Lin Ynacay
3	1:22:02	Heather Dekalb
4	1:34:47	Renee Whitesell
5	1:38:02	Beta Rae Thompson

7. 7:08:30 Beadedstream (1:25:42)

=====

1	1:15:25	Lynn Kent
2	1:18:27	Rachelle Kanady
3	1:25:07	Natasha Graham
4	1:31:39	Debbie Paine
5	1:37:52	Sue Parry

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8. 7:08:58 Swim, Bike, Run (1:25:48)

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1	1:20:38	Mary Kay Sorich
2	1:22:00	Claire Coppel
3	1:27:43	Merrileigh Boring
4	1:28:44	Ruth Kroona
5	1:29:53	Suzanne Armentrout

9. 7:12:59 Team Wesley (1:26:36)

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1	1:14:01	Taryn Oleson
2	1:24:53	Terri Lemons
3	1:24:55	Lori Guyer
4	1:28:07	Amy Brumbaugh
5	1:41:03	Maria Weiss

10. 7:20:19 Xtra Tuff Alaskan Ladies (1:28:04)

=====

1	1:19:59	Katherine Kelly
2	1:24:58	Jaena Tranberg
3	1:26:46	Theresa Hampton
4	1:33:36	Mara Cramer
5	1:35:00	Letty Hingtgen

11. 7:27:20 Permafrosties (1:29:28)

=====

1	1:19:36	Liane Nagata
2	1:28:45	Hannah Ingram
3	1:31:50	Madalyn Gaither
4	1:32:53	Devon Stanford
5	1:34:16	Lauren Gaither

12. 7:46:14 Team Shazam (1:33:15)

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1	1:21:23	Mary Krysinski
2	1:25:04	Bronwyn Haynes
3	1:27:24	Emily Longbrake
4	1:45:51	Brandi White
5	1:46:32	Megan Perkins-Norgaar

13. 7:47:18 Amazed by Grace (1:33:28)

=====

1	1:25:37	Samantha Cole
2	1:30:12	Aeia Davis
3	1:35:08	Hannah Cooper
4	1:37:46	Gabrielle Vassar
5	1:38:35	Sarah Jensen

14. 8:03:19 The Young & the Breathless (1:36:40)

=====

1	1:29:42	Breena Weller
2	1:34:55	Heidi Loranger
3	1:37:52	Ella Bailey
4	1:39:31	Jahnna Hajdukovich
5	1:41:19	Jennie Hafele

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15. 8:04:06 Tri & Stop Us (1:36:50)

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1	1:27:09	Sara Lopez
2	1:36:48	Katriina Timm
3	1:37:56	Ashley Weaver
4	1:38:11	Samantha Mellen
5	1:44:02	Ashly Beckes

16. 8:04:43 The Stragglers (1:36:57)

=====

1	1:24:55	Katie Puls
2	1:34:04	Kiana Gates
3	1:38:22	Kailey Gates
4	1:42:25	Kiya Gates
5	1:44:57	Kiera Puls

17. 8:09:00 Chugiak Mustangs (1:37:48)

=====

1	1:14:51	Erin Beam
2	1:24:36	Ashley Hicks
3	1:30:28	Layla Beam
4	1:33:59	Reyna Moore
5	2:25:06	Angela Horn

18. 8:11:52 Nikiski Chicks (1:38:23)

=====

1	1:34:43	Gail Freed
2	1:35:20	Gina Miller
3	1:38:24	Rena Kornstad
4	1:40:28	Jill Evoy
5	1:42:57	Ryan Lundstrom

19. 8:15:28 AK Wonder-ing Women (1:39:06)

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1	1:23:47	Meredith Johnson
2	1:37:36	Brittany Allen
3	1:41:02	Jacqueline Wood
4	1:41:06	Constance Service
5	1:51:57	Jousette Mckeel

20. 8:18:25 Scrambled Legs & Achin' (1:39:41)

=====

1	1:33:20	Bailey Epperheimer
2	1:38:09	Heather Huff
3	1:38:37	Sidney Epperheimer
4	1:42:07	Julie English
5	1:46:12	Crystal Cox

21. 8:35:04 GH Amigas (1:43:01)

=====

1	1:20:53	Paola Banchemo
2	1:30:50	Kalima Glascott
3	1:37:51	Sami Glascott
4	1:52:33	Rebekah Land
5	2:12:57	Eden Elliott

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22. 8:38:18 AK Ladies (1:43:40)

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1	1:24:26	Jessica Nangle
2	1:28:15	Jen Kueter
3	1:49:55	Gina Perry
4	1:55:02	Nicole Holta
5	2:00:40	Judi Westfall

23. 8:40:33 Tri-Ing With My Besties (1:44:07)

=====

1	1:28:36	Molly Lee Foster
2	1:37:15	Abigail Bigelow
3	1:45:57	Karen Ottenweller
4	1:51:18	Brenna Bigelow
5	1:57:27	Kelly Bigelow

24. 9:02:39 Team Five (1:48:32)

=====

1	1:38:29	Jenette Maxon
2	1:39:33	Melani Huckabay
3	1:51:44	Wendy Morgan
4	1:55:57	Michele Murphy
5	1:56:56	Linda Hoehne

25. 9:06:39 Your Pace or Mine (1:49:20)

=====

1	1:40:28	Linnea Mario
2	1:41:26	Kristin Tkac
3	1:42:34	Ruth O'Neal
4	2:00:56	Serine Reeves
5	2:01:15	Laura Orenge de Gaffo

26. 9:32:41 We're Back (1:54:33)

=====

1	1:35:47	mikki smith
2	1:43:26	Heather Courrier
3	1:58:38	Chloe Larson
4	2:06:32	Madeline Courrier
5	2:08:18	Xanthe Larson

27. 9:54:30 The Breast Friends (1:58:54)

=====

1	1:22:41	Jessie Westin
2	1:51:45	Ellie Kiser
3	1:52:31	Tapia Stover
4	2:14:41	Larissia Weckesser
5	2:32:52	Holly Fisk

28. 9:55:11 Tri Chicas (1:59:03)

=====

1	1:50:40	Julia Eichler
2	1:57:22	Bree McCarthy
3	1:57:45	Lara VanHoozer
4	2:02:00	Sydney McCarthy
5	2:07:24	Chris Wendler

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29. 10:00:23 Sara Made Me Do It (2:00:05)

=====

1	1:42:44	Amy Thomson Utley
2	1:51:29	Laura Potter
3	1:53:39	Andrea Johnson
4	2:09:14	Elizabeth Roberts
5	2:23:17	Lydia Frankenburger

30. 10:13:05 Girls in the Hood (2:02:37)

=====

1	1:52:40	Kimberly Chaitoff
2	1:56:36	Nikki Allen
3	1:59:46	Angeline Jensen
4	2:11:14	Brandy Phares
5	2:12:49	Amanda Thomas

31. 10:22:42 Tri-Tried-Triumphant's (2:04:33)

=====

1	1:37:13	Amber McGlasson
2	1:49:09	Lori Wagoner
3	2:00:40	Michelle McGlasson
4	2:11:04	Margaret McGarry
5	2:44:36	Yana Cater

32. 10:55:51 Kaleo Women (2:11:11)

=====

1	1:31:52	Emily Steele
2	1:55:32	Anna Cha
3	2:19:45	Jacqueline (J Yi
4	2:28:34	Melanie Watkins
5	2:40:08	Nayoung Kim

33. 13:01:35 Let Every Woman Know (2:36:19)

=====

1	1:24:25	Michelle Richards
2	1:52:48	Teresa Sellers
3	2:16:51	Melissa Hardesty
4	3:00:43	Dawn Burns
5	4:26:48	Morgean Carlson

RESULTS BY: Skinny Raven Events and Timing